

CHALICE & CHIMES

Unitarian Universalist Society of Bangor



SEPTEMBER SERVICE HIGHLIGHTS

This month's theme is Building Belonging.

This month, we celebrate the UU Society of Bangor's 30th anniversary. We will also share our annual Water Communion.

And, as we explore Building Belonging, we'll look at what belonging means for our congregation and community.

now, as shown by this harvest from Kara Starr.

SEPTEMBER EVENT HIGHLIGHTS

Above: 47 people attended our First Annual Day at the Lake at

Peaks-Kenny State Park. Fun was had by everyone, of all ages. Photo by Connie McVey. Right: Gardens are bountiful

Shawl Ministry 9/2

Showing Up for Racial Equity 9/7

Mindfulness Meditation Group 9/9, 9/16, 9/23, 9/30

3rd Annual Book Sale 9/13

Spirit of Drumming 9/14 & 9/28

Guild Meeting 9/17

Justice Now 9/21

Cruunes 9/26

Bean Supper 9/27

Chat with Rev. Drew 9/28

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120 PARK ST BANGOR, ME 04401 SUNDAYS AT 10:00 AM (207) 947-7009 WWW.UUBANGOR.ORG UUBANGOR@GMAIL.COM



SEPTEMBER SERVICES

This year, we will be using the same Zoom meeting information every Sunday. If there is a change, it will be announced in the weekly e-news and Sunday service emails.

Sunday Service Zoom Information:

Meeting ID: 965 7817 0239 Passcode: 666892 Zoom Link

September 7: "The Consolidation" with Sue McKay

This year, we celebrate the 30th Anniversary of the Unitarian and Universalist congregations of Bangor merging to create the Unitarian Universalist Society that we so love today. Sue will recount some of the history from this time, remembering how we came together.

This week's worship team is: Sue McKay, Laurie Cartier, John Arimond, , and Atticus Foster. Music will be provided by Sojourner Crowley.

September 14: "Water Communion" with Rev. Drew & Worship Committee *Please note*: Before and after the service we will be collecting food for our Second Sunday food collection to support the Ecumenical Food Cupboard.

Water is the universal substance that supports all life as we know it. In keeping with our UUSB Tradition, we will kick off our new program year with our annual ritual of Water Communion. Everyone attending is encouraged to bring a sample of water from a place they found spiritual connection or wisdom over the summer.

If you wish to contribute your water to our communal bowl, please bring it on Sunday. Alternatively, drop your water sample off in a designated bucket outside the Dorothy Memorial entrance. The drop-off period is between Friday, September 12, and noon on Saturday, September 13. Please include a note with your water sample, which will be read during the Sunday service.

This week's worship team is: Rev. Drew Moeller, Phyllis Havens, Worship Committee Members, and Atticus Foster. Music will be provided by Sojourner Crowley and the UUSB Choir.

September 21: "Where There Is Welcome, Is There Belonging?" with Rev. Drew Moeller As a congregation, we strive to be a place where all are welcome, but is that the same as being a place where people feel they belong? This service will explore the difference between welcoming and belonging.

This week's worship team is: Rev. Drew Moeller, John Arimond, and Atticus Foster. Music will be provided by Sojourner Crowley and the UUSB Choir.

September 28: "Keeping Connected" with Rev. Drew Moeller

We often see and hear people talking about having a deep sense of belonging to a group, Spirit, Nature, or God. The question is, what does it take to maintain that connection? Is something that happens automatically, or is there something it is required of us to keep that connection alive, vibrant, and engaging?

This week's worship team is: Rev. Drew Moeller, Laurie Cartier, Sue McKay, and Hannah Wunderli.

Worship Welcomes Your Suggestions!

The experience of worship is greatly enhanced with personal experiences and connections. This is why the worship committee encourages your suggestions of poems, readings, music selections, stories and, personal experiences, that enhance the worship experience for all. If you have a favorite piece of music, poem or music selection that you wish to share with our worship committee please share it with Rev. Drew, Sojourner or a member of our worship committee (John Arimond, Laurie Cartier, Phyllis Havens, and Sue McKay). We love incorporating your suggestions into our worship planning.

Again this year we will use Soul Matters' monthly topics as a general guide for our worship themes. Typically worship planning including selection of music starts the second week of the proceeding, though sometimes readings and stories can be incorporated on shorter schedule.

Worship Lab on September 14

We will have our first worship lab in Rev. Drew's office on Sunday, September 14 after the service. This time is for the congregation to contribute to and help form the worship experiences for the following month. This Worship Lab will focus on "Cultivating Compassion" for our October services. We look forward to you joining us!

Worship Themes for 2025-2026

September "Building Belonging" October "Cultivating Compassion" "Nurturing Gratitude" November December "Choosing Hope" "Practicing Resistance" January "Embodying Resistance" February "Paying Attention" March April "Embracing Possibility" "Awakening Curiosity" May June "Flourishing Together"

STAFF

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DREW'S VIEWS

Greetings Dear Ones,

As we return from our summer break and head into our new program year - I am aware of the change in energy and dynamic. Summer for me is about making connections with loved ones and self at a slower rate - of savoring relationships and immersing myself in the beauty of nature in and around the waters of the Great Lakes and the Maine Coast.

On one of my recent journeys down Penobscot Bay I reflected on the difference between 'the summer pace and the pace of the rest of the year - so filled with tasks and deadlines. Sometimes it feels like these two paradigms are so far apart - like they are different planets or separate and not so parallel universes. I noticed that even in my relaxed cruising mode there was the tyranny of the deadline of making it from one port or destination to another and how in trying to maintain a schedule often means that we don't have time to spend time in one place and build a relationship with it. It means that we often get so busy keeping our schedules that we lose connection with the things that matter and the things that renew our spirits.

In his book *Together*, former US Surgeon General Vivek H. Murthy talks about how that in our fast-pace technological society where we have so many ways to communicate and connect, we have instead become a society of separation and loneliness. We thirst and long for a community of intimate connection with others, yet, we don't have the time in space to do all that we are expected to do to lead productive lives.

The newest iPhone can help us send a text message with the simple actional information about remembering to pick up the milk on the way home. But the more important question is, does it allow us to "be." Does it allow us to connect with others in an intimate way? Does it affirm who we are outside of our abilities of do-ing? Does it answer our yearning to be noticed, held, listened to and recognized as a person of importance and value?

Our theme for this month is Building Belonging. Perhaps it might better be "Creating the connection and meaning that matters without striving but simply allowing space where we don't have to do and instead allowing ourselves to enjoy the connection of being present to creation including one another."

Earlier this month forty-seven UUSB'ers met up at Peak's Kenny State Park on Sebec Lake. To just be – and swim and chat, eat good food and simply enjoy each other's company. What a precious gift that was in the midst of all that is happening in the world – just to know that being is still a meaningful and nourishing answer to all that tries to separate us from each other and stress us out. Thanks to our Membership Fellowship team for organizing the event.

My hopes and prayers for all of us as we head into the program year - is that we find more opportunities "to just be" and

enjoy the beauty of each other and the seasons. So that we can enjoy our being together. That is the much-needed gift of grace that is the antidote to the whirlwind of doing and reacting to the latest news cycle.

Already some plans are afoot in creating more opportunities this coming year with some intergenerational worship and perhaps some more fun actives where we can listen, support and encourage each other to pause in

the moments of life unfolding and savor our joy in being together. Finding the joy and happiness being and be-longing for the world we wish to live in and be part of.

Will you join me?

I'll meet you there!

Love, Peace, and Namasté,

Rev. Drew

MINISTER'S SCHEDULE

Sunday

- 10:00 AM UUSB Service
- Afternoon/Evening by Appointment

Monday

- Minister's Sabbath: Unavailable

Tuesday

- 10:00-1:00 Open Office Hours
- 2:00-4:00 By Appointment

Wednesday

- 10:00-1:00 Open Office Hours
- 2:00-4:00 By Appointment

Thursday

- Writing Day: Unavailable

Friday

- 10:00-1:00 Open Office Hours
- 2:00-4:00 By Appointment
- Not Available After 4:30

Saturday

- By Appointment Only

Please Note:

Rev. Drew's program year schedule beings on Tuesday, September 9. Before that, he is available by appointment.

Rev. Drew will be out of the office on Tuesday, September 23.

COUNCIL

Zach Falcon, Chair
Kim Boucher, Vice Chair
Tom Armstrong, Clerk
Marci Gaglione, Treasurer
Catherine Foxson
Tracy Haskell
Tim Martin
Sue McKay
Erin Seavey

COUNCIL CRIER

Dear UUSB Community,

I woke to cloudy skies and a brief answering of my prayers for rain.

However, as I sit down to type this message, my heart feels heavy with the burden of an unpredictable and, for many, unfriendly world. It is times such as this that I feel immense gratitude for our Beloved Community.

The Solar Project, skillfully ushered by Mark McCollough, continues to move forward. Mark presented the project to the Historic Preservation Committee and maintains regular contact with Versant and ReVision, as well as providing regular updates to UUSB Council and our Buildings and Grounds Committee. Another HUGE thank you Mark!

As Council had previously discussed, the end of year budget has allowed UUSB to give longevity bonus for both Rev. Drew and Christine. Council unanimously approved these bonuses.

Council had a lively discussion around a request by a wider-community member to receive a reduction in the rental fee as she begins a support group for LGBTQ+ people. The reduction is a means to assist the burden of starting the group. Council passed the proposal with one member abstaining and one member opposed to the proposal as presented.

Discussions continued around developing protocols for administrative coverage during staff absences as well as a need for a Personnel Committee.

A proposal to erect a Little Library on UUSB grounds was discussed. Buildings and Grounds has suggested a site and Joe Z. mentioned that he might have time in the new year to build the structure. Further details are needed prior to Council approval. Also discussed was the positioning of a bicycle rack on UUSB grounds in consultation with Buildings and Grounds.

Council accepted an invitation from Needlepoint Sanctuary to co-sponsor their Overdose Awareness Day.

Phyllis Havens and Tracy Haskell reported they will begin a small group to further explore our monthly worship themes. The group - Creativity Matters - will meet in person on October 19 from 11:30 to 12:30 and following that the group will meet monthly via ZOOM. Phyllis and Tracy encourage all interested to accept their invitation to let your right brain dance with your left brain! See more information in *Chalice & Chimes*.

Lastly, once again, a message of gratitude and thanks for our Beloved UUSB Community. Council is grateful for everyone for pitching in, in whatever way you have done; from participating in Fellowship Hour, helping with a clean up day, working on a fundraiser, participating in a committee, greeting a visitor, smiling as you pass in the hallway or for simply showing up and being with us.

A reminder that all are welcome to attend Council meetings, our next will be held on September 17, 2025 at 6:30 pm., if interested please email uusbclerk@gmail.com for the ZOOM link. Also, Council minutes are posted on the bulletin board in the Dorothy.

In Faith,

Tracy Haskell

TREASURER'S REPORT

Pledges: FY '25: Based on Budget of \$151,959, 98.89%, received \$150,271

Pledges: FY '26: Prepaid and pledges in July: Based on Budget of \$158,917.20, 31.29%, received \$49,723.10

FY '25 ended with a \$10,418 excess. The FY '26 Budget has a \$6,158 deficit.

- The deficit amount for the current FY will be covered by excess from FY 25
- Council approved a onetime longevity bonus for Rev. Drew and Christine Sprague.
 - The funds will come from the excess along with taking into consideration the increase for Retirement, FICA, etc.

After covering the FY 26 deficit and paying out the longevity bonuses, we'll have less than \$1,000 to carry over on the balance sheet. Final numbers will be available for the September report.

Capital Fund: \$6,404.17 will be carried over to the \$10,000 allocated for this year.

THE OFFICE ORGANIZER

Find all your UUSB Church Office Updates in this space. You can find publication deadlines, office hours, as well as important building updates and more!

September Office Hours & Closures

The in-person office hours are generally 10:00 to 2:00 on Tuesday, Wednesday, and Friday.

The office is closed on Thursdays, though I do check emails and voicemails.

The office will be closed on Friday, September 5 for my observance of Labor Day.

The office will open late on Tuesday, September 2 and Tuesday, September 9 due to meetings.



What's Happening at UUSB

In July and August, we welcomed Ten Bucks Theatre Company, AA, Needlepoint Sanctuary, Bangor Contradance, a BIPOC Arts & Crafts Meetup, Peace & Justice Center, Women With Wings, and a smattering of personal events.

In September, all our regular renters will continue on, including New Renaissance Singers returning after their Summer break. We will also welcome the Paths to Dignity event on September 6, our 3rd Annual Book Sale, a Needle Felting Workshop (I'm going and hope to see you there! Tracy is a great artist and teacher!), Ten Bucks Theatre Company's 24-Hour Play Festival, a new Safe Space group for community members under the trans umbrella, and more.

If you are looking to schedule an in-person meeting or event at UUSB, please email the offices for the Facility Use forms. You can also request physical copies during office hours or mailed to you.

Important Deadlines

The **Chalice & Chimes** submission deadline for FY2026 will be the **20th of each month**. Late submissions can be posted on the website, in the e-news, or the Sunday announcements.

To have an announcement read on Sunday morning, it must be submitted to Rev. Drew or the office by Friday before the service.

E-News submissions must be received by 10am on Thursdays.







Chalice & Chimes Deadline: Saturday, September 20

Weekly E-News Deadline: Thursdays @10:00

In-Person Office Hours: 10:00-2:00 Tuesday, Wednesday, Friday

MEMBERSHIP-FELLOWSHIP

Welcome Fall! This is always an exciting time at UUSB. As the summer winds down and the days grow short, things start to liven up as young people, and oldsters alike, return to a new year of spiritual exploration. Indeed, in many ways, September seems like a new beginning.

Looking Back at UUSB's Summer

Before launching into what's coming up, let's revisit the ways fellowship was enjoyed over the summer. As always, following the Sunday worship services, **Fellowship Hour** provided light refreshments and the opportunity for conversation. The only difference, really, between Fellowship Hour during the summer months and those at other times, is that not as much hot coffee is consumed!

There were no worship services on August 3 and August 10. This year, the Membership Fellowship Committee planned an event to be held, rain or shine, on August 10. Thankfully, it didn't rain, and 47 UUSBer's of all ages braved the heat to attend **UUSB'S First Annual Day at the Lake**. Held at Peaks-Kenny State Park in Dover-Foxcroft, a good time was had by all. Picnicking, swimming, kayaking, and socializing were enjoyed well into the afternoon. Thank you to all who participated! You can find photos from the event scattered throughout the *Chalice & Chimes*. We look forward to making this an annual event, so mark your calendars now for August 9, 2026.

Upcoming Dates to Remember

New to UU Class on Saturday, November 1. This will be in person at UUSB in the morning. Register by emailing uubangor@gmail.com.

New Member Sunday on November 23.

Not a Member, But You Want to Be?

Here's what's required:

- 1. Attend a Chat with the Minister or a New to UU class.
- 2. Read our self-study guide, Getting to Know Us, available on our website or by emailing the office.
- 3. Complete a Request for Membership form and a pledge form, also on our website.
- 4. Sign the UUSB Membership Book

Questions? E-mail UUSB at: <u>uubangor@gmail.com</u> or call 207-947-7009.

Fellowship Hour

We continue to enjoy robust Fellowship Hours following the 10:00 worship service on Sundays. Fellowship Hours are hosted by teams of volunteers who provide the refreshments, make all the preparations and clean up afterwards. The following teams and their leaders will be hosting in September:

September 7 Team G Bill Lagerstrom September 14 Team F Cathy Elliott September 21 Team J Patty Alcott September 28 Team I Rob Spreng

A big THANK YOU to all who make our Fellowship Hour so enjoyable! If you'd like to join a team, please contact Cathy Elliott at cathyelliott25@gmail.com.

The next Membership/Fellowship Committee meeting will be Wednesday, September 24, 6:30pm, at Linda Sisson's house.

The Membership/Fellowship Committee would love to hear from you! Please get in touch with us with your suggestions, questions or whatever is on your mind.

Linda Sisson <u>contrabanjo@gmail.com</u> C Evan Richert <u>evenrichert771@gmail.com</u> E

Cathy Elliott <u>cathyelliott25@gmail.com</u> Eleanor Steele <u>elsteele99@gmail.com</u>

Kim Boucher <u>kboucher@prexar.com</u>

SOCIAL JUSTICE

Justice Now

This is a new opportunity for leadership and focus for Social Justice work at UUSB. As one of the leaders of the Social Justice Committee for the last let's say 20 years, Suzanne Kelly is looking forward to selecting a few SJ items to work on: participating in and encouraging others to join our Tuesday "No Kings" rallies for as long as it takes to be part of welcoming in a more democratic future and leadership in our precious, though not perfect by any means, country; continuing to deliver Second Sunday food to the Bangor Food Cupboard; and being the best chair possible of Faith Linking in Action (until next June) and their food justice issue team. So many options for our UUSB congregation and social justice committee to take on: supporting voting rights and participation, both state and nationwide; working for legislation and leadership on the local, state and national stage that allow all of us the right to practice being who we are and want to be; being part of helping those who experience poverty in our community; and the list goes on.

Come to our regular monthly 3rd Sunday monthly Justice Now committee meeting on September 21 to see what part you would like to play: lead meetings? Organize postcard events to support democracy? Head up the UUSB Pride Festival table? I, for one, would love to work on someone else's team and see what direction and projects are possible.

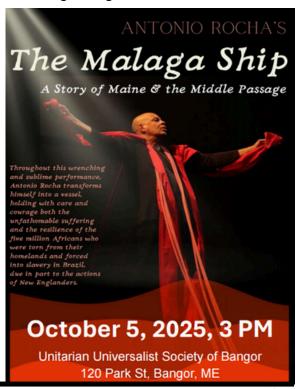
Joy in Justice, Suzanne

Showing Up for Racial Equity (S.U.R.E.)

SURE is sponsoring two very important events coming up at the beginning of October.

The Malaga Ship: A Story of Maine and the Middle Passage - Sunday, October 5 @3:00

On Sunday, October 5, we are excited to be bringing Antonio Rocha's performance of *The Malaga Ship: A Story of Maine and the Middle Passage* to Bangor! By following the link, you can find out so much more. Here's a nutshell: The Malaga Ship Story is a tour de force performance. Using his entire body and voice, Antonio sings, narrates, and mimes his way through this poetically toned historical tale told mostly from the perspective of the ship. The story vividly explores the reality and impact of the slave industry, which was the largest industry in the world in the 1800s. The story also has a deep connection to the performer, for Malaga goes to Rio de Janeiro, Brazil in 1845, where Antonio was raised in a biracial household over a century later. The story even originates in Maine!



We are so excited to be the first to bring this performance to the Bangor area. Antonio has been around the world with this and other creative performances. He's a force! We are co-sponsoring the Malaga Ship with the Greater Bangor area NAACP, FLIA (Faith Linking in Action), The Wilson Center at UMaine, and David Patrick. There is a sliding scale cost of \$12 to \$35 (pay what you can) and if cost is prohibitive, talk to Laurie Cartier about a scholarship. We won't turn anyone away, but we do have to pay the performer! There will also be tickets at the door.

This event will start at 3 pm. The performance is 45 minutes and then there will be about 30 minutes for a Q&A session. If you can help with adding some refreshments for after the performance, let Laurie know. This is going to be something you won't want to miss! It's not for children under 12 as it's pretty intense, but childcare will be provided in the Dorothy Memorial Hall by members of the NAACP.

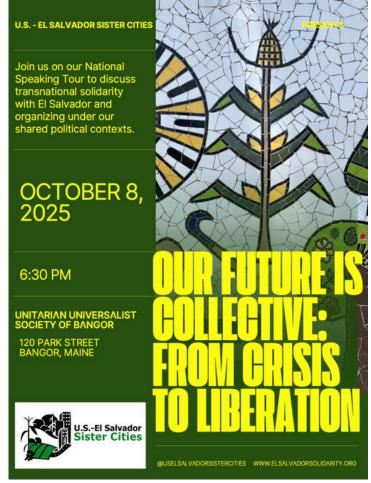
Our Future Is Collective: From Crisis to Liberation - Wednesday, October 8 @6:30

On Wednesday, October 8, at 6:30 pm, SURE is partnering with the U.S.-El Salvador Sister Cities group for the first in their speaking tour around the US. Their National representative will be here to discuss what is happening is El Salvador and how it parallels what is happening in the United States. This talk, "Our Future is Collective: From Crisis to Liberation," is another wonderful event you will not want to miss! See Joanie Ellis for more information on this important opportunity. This event is free.

September S.U.R.E. Meeting -Sunday, September 7 @11:00

The next SURE meeting will be September 7 at 11:30 in the Community Cafe. We will be discussing logistics of the October 5 presentation, the October 8 presentation, and we will continue our discussion of Sheri Mitchell's book Sacred Instructions. We are up to Chapter 11, but if you haven't read it yet, or haven't read that far, you are still more than welcome for the discussion. We will NOT have a meeting on October 5 as that is the day of The Malaga Ship event.

For more information on SURE, contact cofacilitators Laurie Cartier, Joanie Ellis, or Ann Hartman.



Other Local Social Justice Opportunities

Canvases of Change - Friday, September 5 & Saturday, September 6

<u>Dignity First</u> and <u>Paths to Dignity</u> collaborated to plan a series of events to celebrate how the arts and music connect all of us, no matter our housing status, and aims to uplift the voices and stories of our unhoused neighbors. We have created two days full of powerful expression, creativity, and community connection that we can't wait to share with you! Canvases of Change will bring together artists of all kinds - painters, musicians, and creators from all different backgrounds celebrating untold stories through movement, sound, and visual art.

On Friday 9/5, in partnership with the Bangor First Fridays Art Walks, art from individuals with lived experience of homelessness, substance use, mental health challenges, and recovery will be highlighted at several downtown businesses. We will have a small gallery area with refreshments set up in the Clark building, as well as art displayed in windows throughout downtown. Maps will be available! Visit this link for event specific details: bit.ly/CanvasesofChangeArtWalk

Saturday 9/6 from 12-3, we will be at the Bangor Public Library to create various types of art together, enjoy music, and spend time building community together. Weaving, drawing, and painting will be part of what is available, with guest speakers and music artists presenting throughout the time. Visit this link for event specific details: bit.ly/CanvasesofChangeBPL

Saturday 9/6 at 5PM, we will gather at UUSB for a presentation of the Paths to Dignity Concerto, and a community potluck sponsored by several local restaurants and a community conversation to hear our neighbors' experiences and share stories with Needlepoint Sanctuary of Maine. From the Paths to Dignity Website: "Concerto for Violin: Paths to Dignity addresses the connection between homelessness and mental health as well as the role the arts can play in restoring humanity and dignity to the ever-growing population of displaced citizens." Visit this link for event specific details: bit.ly/CanvasesofChangeUU

Rethinking the Bible & Homosexuality: UnClobber Workshop - Saturday, September 13 @10:00

For too long, six Bible verses, known as the "clobber passages," have been used to justify discrimination against LGBTQ+ people. But what if those verses have been misunderstood, mistranslated, and misused?

Join pastor and author Colby Martin for a one-day intensive workshop exploring what the Bible does and does not say about homosexuality. With open minds and softened hearts, we'll dive deep into Scripture, challenge harmful beliefs, and discover a more compassionate, faithful way forward. If you're interested in learning more about what the Bible actually has to say about homosexuality and how bad theology has twisted that, this workshop is a good opportunity. Colby Martin is the author of *UnClobber: Rethinking Our Misuse of the Bible on Homosexuality* and a leading voice in progressive Christianity.

This workshop will be held at First Methodist Church in Bangor. This event is free, with childcare and lunch provided.

SMALL GROUPS



Mindfulness Meditation Group

Tuesdays, September 9, 16, 23, & 30 from 5:45 to 7:00 in the sanctuary or online.

This meditation group is accessible to meditators of all experience levels, including people new to meditation. The program consists of walking and sitting meditation and a Dharma lesson with group discussion. The group intends to meet in a supportive, friendly, and non-judgmental environment. Each session is self-contained

material-wise. Regular attendance is helpful though optional.

Drop-ins are always welcome, though we encourage newcomers to arrive or sign in fifteen minutes early (at 5:30 PM). Signing in and coming early allows newcomers to meet Rev. Drew and help Rev. Drew learn more about newcomers' familiarity with meditation, as well as a chance to settle in and receive a brief introduction to sitting and walking meditation and the group process before the group begins promptly at 5:45 PM. Don't hesitate to get in touch with Rev. Drew Moeller if you have questions email Rev. Drew at drewuu2@gmail.com.

This program is free of charge to ALL. If one wishes to make a free-will offering (dana) to the group, one can do so in person in our dana basket, cash, check, or online. Checks can be made to "UUSB" with "Meditation Group" in the memo/notes line.

UUSB Choir

Our first rehearsal of the fall is Thursday, September 4th at 5:15 (note the new start time!). Rehearsals will be 5:15-6:30PM every Thursday in the sanctuary. I'm looking forward to seeing you all again!

Our choir Sundays in September will be:

- September 14th
- September 21st

If you are interested in joining the choir (or in other musical outlets), please reach out to our Music Director, Sojourner Crowley for more information: <u>uusbmusic@gmail.com</u>.

Spirit of Drumming

September 14 & 28 at 11:30 AM in the Sanctuary

Birds of a Feather, Drum Together We invite you to bring your unique rhythm, energy, and presence to the Spirit of Drumming circle! What color is your feather? Whether bold or soft, your rhythm adds beauty to the circle. Come join us and let the rhythm fly.

In September, we will plan to meet in the sanctuary at 11:30, as we usually do.

To keep up with each month's sessions or for more info this summer, you can contact Jim Shimko at pj.shimko@gmail.com.



SMALL GROUPS



Shawl Ministry

September 2 at 6:30 PM in the Dorothy

Are you interested in knitting or crocheting? Are you interested in creating gifts for beloved members of our community?

You don't have to have any experience with knitting or crocheting ahead of time to join the Shawl Ministry. Bring your own supplies or borrow some. All that matters is you come and join the fun!

CrUUnes

September 26 at 4:00 PM at Ann Perkins' House

We welcome all single self-identified crones who are members of the church! Please bring a dish for potluck if able. The plan is to chat and hydrate, brief program, share, eat and chat more! Meetings are generally on the last Friday of each month. Any questions, please call Anne at 478-7091.

UUSB Guild

September 17 at 11:30 AM at Ann Perkins' House

The UUSB Guild meets monthly to discuss business, share good company, and enjoy a variety of guest speakers throughout the year. We usually meet in the Dorothy, but for our first meeting this year, we will meet at Ann Perkins house on Kelly Rd. in Orono.

Growing Older Affinity Group

June 13 at 2:00 PM in the SE Wing

Our Aging as a Spiritual Practice group meetings are finished, but we decided we would like to continue getting together for informal sharing as an affinity group. This will be open to all members who are interested in discussing the topic of aging and spirituality.

Our plan is to meet on the second Friday each month from 2:00 - 3:30. We will meet in the SE Wing, in the back corner room.

Community Bean Suppers

September 27 at 3:00 in the Dorothy

Everyone is invited to join community members and our amazing volunteers for our monthly community bean suppers! Meals may be eaten at UUSB in the Dorothy Memorial Hall or taken home in to-go containers. This allows us to enjoy the community and social aspects of this monthly event, while still accommodating those who may be unable to attend in person.

UUSB GUILD WANTS TO HELP

You may not be aware that the Guild has a long tradition of financially supporting UUSB members, staff and groups with their church-related projects. For instance, we have supported youth mission trips, trips to GA, contributed to the elevator fund, funded building repairs, purchased equipment, etc. In the recent past we have paid for the cost of repairing a sewing machine for SE, getting the DM quilts cleaned, and contributed towards the cost of a professionally constructed survey. So if you or your committee or group has a pet project you're just itching to get at, don't let money stop you from moving forward. We want to help!

You can find an application form on line or just ask our Guild president, Linda Sisson, for one. We have a limit of \$250 for an individual and \$500 for a group, but there may be room for negotiation. We look forward to hearing about your ideas for improving, beautifying, educating or entertaining our wonderful church community.

NEEDLE FELTING WORKSHOP

September 20, 10:00 - 12:00 in the Dorothy

Join Tracy Haskell for a workshop to learn how to needle felt your own bird portrait.

If you are a young person (12+) it would be best to have an adult accompany you as we will be using very sharp and somewhat fragile needles.

This was on of the Spring Auction items, so it is a fundraiser for UUSB. There are seven spots remaining. To claim a spot or if you have questions, contact Tracy Haskell at

All materials are provided. Pay what you can.







SHARE THE PLATE

Every Sunday, we share half of our undesignated plate offerings with an organization that works toward our UU values. In November, half of the undesignated funds in the plate will go to the Penquis Fuel Assistance Program. Fuel Assistance (Home Energy Assistance Program, HEAP) assists income-eligible households in Penobscot, Piscataguis, and Knox counties with high winter heating costs. Homes may be heated with oil, kerosene, coal, pellets, wood, LP gas, or electricity.



FY2026 Share the Plate Recipients

July - Partners for Peace August - UUSB Food Programs

September - Penguis LiHEAP

October - The Wilson Center

November - Mabel Wadsworth

January - Hungarian Aid for Ukraine February - UUSB Food Programs

March - MUUSAN

April - FLIA

May - Bangor Pride

December - Bangor Area Homeless Shelter June - UUSB Food Programs

GIFT CARD FUNDRAISER

Convenient to carry! Every card purchase helps UUSB!!! Buy cards for your own grocery shopping, which you can use to shop in store or to order your groceries for curbside pickup or delivery! You can also buy cards to gift to friends and family or to donate to a local food bank.

Cards are available in increments of \$25, \$50, \$100, \$200, \$300, or \$500. Cash, or checks made out to UUSB are accepted.

To purchase your Hannaford card and support UUSB, please purchase after the Sunday service or contact Rosemary.



- Kate Dutra: Sundays in the Dorothy Memorial Hall after the Sunday Service
- Rosemary Parsons: 327-1045, roxemary@gmail.com



Saturday, September 13, 2025

On September 13, we will hold our annual book sale in the Dorothy Memorial Hall. Please start saving your hard cover or paper back books in good condition to bring to church in early September. Volunteers are needed for sorting and selling. Please contact Sue McKay by mid August if you have questions or want to help with the sale.

Generally, 50 cents for soft cover and \$1.00 for hard cover.

Plan to attend and replenish your own library!



Saturday, October 18, 8:00-2:00

It's time to start collecting items around your home to donate to UUSB's very popular yard sale, rain or shine in the vestry. (downstairs, lower door entrance)

It is a great way to sort through your stuff and donate items in good condition. To help make this event a success, please do not include clothing, electronics or heavy furniture.

We need volunteers to staff the sale that day. It really is a lot of fun! For more information contact Kate Dutra or Sue McKay 478-4631.

We will have a post on the UUSB Community Facebook page by the end of September suitable for reposting. Please spread the word with your Facebook friends!

	X07 X07					
SUN	MON	TUE 2 6:30 PM Shawl Ministry	WED 3 5:30 PM Worship	THU 4 5:15 PM Choir	FRI 5	6
7 10:00 AM Service 11:30 AM S.U.R.E.	8	9 10:00 AM Staff Meeting 5:45 PM Meditation Group 6:30 PM Book Sale Setup	Committee Reports Due 3:00 PM Book Sale Setup 6:30 PM Mem-Fel	3:00 PM Book Sale Setup 5:15 PM Choir 7:00 PM Executive Committee	12 10:00 AM Budget & Finance 3:00 PM Book Sale Setup	8:00 AM Book Sale
14 Food	15	16 5:45 PM	17 11:30 AM	18 5:15 PM	19	20 Chalice &
11:30 AM Worship Lab Drumming		Meditation Group	Guild Meeting 2:30 PM Pastoral Care Team 6:30 PM Council	Choir		Chimes Deadline 10:00 AM Needle Felting Workshop
10:00 AM Service 11:30 AM Worship Lab	22		Meeting 2:30 PM Pastoral Care Team 6:30 PM	Choir 25 5:15 PM Choir	26 4:00 PM CrUUnes	Deadline 10:00 AM Needle Felting

ABOUT US Unitarian Universalist Society of Bangor

Our Mission Statement

The Unitarian Universalist Society of Bangor is an historically liberal religious community, celebrating diversity and supporting spiritual growth and social responsibility in each child and adult.

A Welcoming Congregation

We welcome individuals and families of all religious upbringings, racial and ethnic backgrounds and sexual orientations. We, a member of the Unitarian Universalist Association, covenant to affirm and promote the inherent worth and dignity of every person.

A Green Sanctuary

The UU Society of Bangor, recognized as a Green Sanctuary by the Unitarian Universalist Association, endeavors to incorporate care for the Earth into its worship and religious education while working to promote environmental justice and sustainable living. We covenant to affirm and promote respect for the interdependent web of all existence, of which we are a part.







REMINDERS

Do you have a **CLYNK** Bag?? Be sure to have one handy, so you can easily be collecting bottles and cans to help raise money for our UU Youths' Social Justice Service Trip. The bags are in the Dorothy Memorial Room. Please contact Laura Santilli for details. Thank you for your support!!!

UUSB is always in need of volunteers – for fundraisers, childcare, teaching, and to fill positions on our active committees. The great perks of volunteering are not just the satisfaction of contribution, but the sense of community we all feel when we accomplish important tasks with others. Since we don't always know who is able to take part, please contact a council or committee member if you are open to volunteering in any large or small way.

The **UUSB Worship Committee** is looking for more member participation in our worship services and is extending an INVITATION to one and all of you to consider if you might be interested in joining our services as READERS.

Collection Plate & Pledge Reminders

One way you can help continue our outreach efforts is to keep up with your financial pledge. Without our weekly passing of the collection plate, we still need to make sure that we can pay our bills. Keeping up with your pledge allows our staff and leadership to focus on providing services to members, friends, and guests. There are three options to make is easy to keep up with your pledge:

- 1.Mail a check to the church office at 120 Park St, Bangor, ME 04401
- 2.Contact Eric Strong, our treasurer, to set up a direct withdrawal from your paycheck or bank account
- 3. Donate online through Vanco. This option will be available on our website, as well as shared in our weekly e-news

Thank you for your continued support as we all work to provide for our community.

ABOUT THE CHALICE & CHIMES

Church Council:

Zach Falcon, Chair
Kim Boucher, Vice Chair
Tom Armstrong, Clerk
Marci Gaglione, Treasurer
Catherine Foxson
Tracy Haskell
Tim Martin
Sue McKay
Erin Seavey

Council meets at 6:30 PM on the third Wednesday of each month.

UUSB Staff Contact:

Rev. Andrew Moeller, Minister (207) 922-2956 drewuu2@gmail.com

Christine Sprague, Administrator (207) 947-7009 uubangor@gmail.com

Camden Ador, S.E. Director uubangorre@gmail.com

Sojourner Crowley, Music Director uusbmusic@gmail.com

Atticus Foster, AVS Tech

About Our Newsletter

The Chalice and Chimes is published ten times a year (Sept-June). An email reminder is sent out to all member and friends on the church's database mailing list when the newsletter has been posted to the church website, where it may be viewed or down-loaded. It is also available in paper format on the table by the sanctuary entrance and by US mail (request from the Church Office).

Editorial Policy

Articles submitted for publication in the Chalice & Chimes must strive to include, in an unbiased way, only that information that is consistent with the UU faith. Articles should deal with issues of a spiritual nature meant to inspire, encourage, educate, or inform. Although every effort will be made to be inclusive, the Editor reserves the right to determine which articles are accepted for publication. The Editor has the right to edit for space, availability, libelous remarks, or unwarranted personal attacks. The Editor also reserves the right to refuse any item that may affect our Tax Exempt Status.



Newsletter Submissions Next Newsletter Deadline: September 20, 2025

The next issue will be October 2025.
We value your contributions and very much appreciate submissions.
When sending email contributions to

Chalice & Chimes: uubangor@gmail.com