

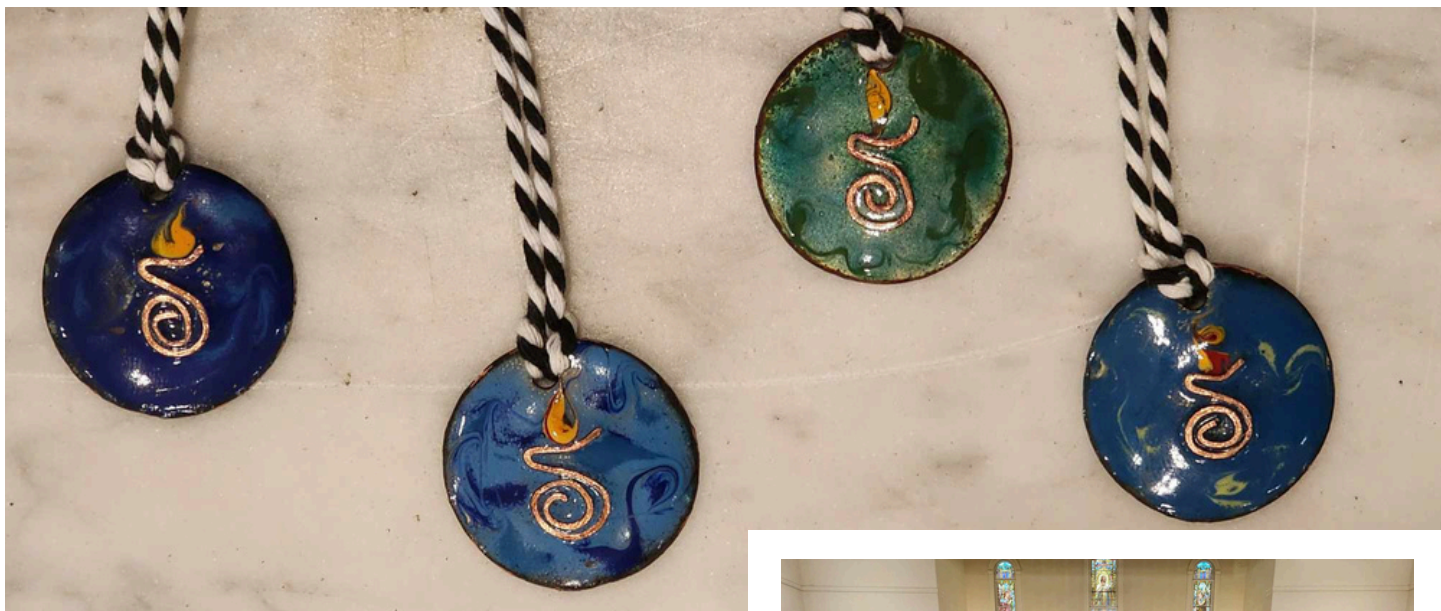


UUSB

June 2024

CHALICE & CHIMES

Unitarian Universalist Society of Bangor



JUNE SERVICE HIGHLIGHTS

Our theme this month is **Renewal**.

June is the month for Flower Communion, UUA General Assembly, and the start of Summer. We also have our annual Question Box service, so get your questions in!

See page 2 for full service descriptions!

More on Page 2



Above: Photo of the chalice necklaces presented to our Bridging seniors on May 19. Right: Photo of SEE Sunday's Time for All Ages. Both photos courtesy of Karen Childs.

120 PARK ST
BANGOR, ME 04401
SUNDAYS AT 10:00 AM
(207) 947-7009
WWW.UUBANGOR.ORG
UUBANGOR@GMAIL.COM

JUNE EVENT HIGHLIGHTS

SURE Meeting, Spring Cleanup & Garden Planting 6/2
Meditation Group 6/4 & 6/11
Shawl Ministry 6/4
Spirit of Drumming 6/9 & 6/23
Minister's Chat 6/9
Guild Meeting 6/19
CrUUnes 6/28



JUNE SERVICES

June 2: "Flower Ceremony"

Join us this morning as we celebrate the uniquely Unitarian ritual, Flower Ceremony (formerly known as Flower Communion), which celebrates each person's uniqueness and diversity. Please bring a flower or twig to place into our community bouquet and then take home a different flower as you leave.

This week's worship team is: Laurie Cartier, Phyllis Havens, John Arimond, and Atticus Foster. Music will be provided by the UUSB Choir, Molly J. Webster, and Jack Derosier.

Meeting ID: 968 2248 7334 Passcode: 580801 [Zoom Link](#)

June 9: "The Right Kind of Wrong" with Rev. Drew Moeller

This Sunday, Rev. Drew will explore the wisdom of the book *The Right Kind of Wrong: The Science of Failing* by pioneering researcher of psychological safety and award-winning Harvard Business School professor Amy Edmondson. The service will explore the importance of failure as a means of learning and growth both as a society and in our personal and spiritual lives. Gayle and Joe Zydlewski, winners of the 2023 Auction bid, chose this profound topic for the worship service.

This week's worship team is: Rev. Drew Moeller, John Arimond, Kat Allen, Sue McKay, and Atticus Foster. Music will be provided by Evan Richert, Molly J. Webster, and Jack Derosier.

Meeting ID: 984 9416 9076 Passcode: 806600 [Zoom Link](#)

June 16: "To Question Is the Answer" with Rev. Drew Moeller

Join us for our annual Question Box Sermon, where members and friends submit questions about faith, religion, spirituality, faith, UUism, or our beloved UUSB congregation. Submit questions early by emailing Rev. Drew (drewuu2@gmail.com) or bring your question with you to the service. Rev. Drew will answer questions in the order received and as time allows.

This week's worship team is: Rev. Drew Moeller, John Arimond, Phyllis Havens, and Atticus Foster. Music will be provided by Molly J. Webster and Jack Derosier.

Meeting ID: 989 7868 5446 Passcode: 595306 [Zoom Link](#)

June 23: General Assembly Service – SERVICE AT 1:00 PM

Rev. Molly Housh Gordon of the Unitarian Universalist Church of Columbia, MO, will lead worship. Rev. Housh Gordon lifelong Unitarian Universalist and minister at UU Church of Columbia, Missouri, where she is currently suing the state of Missouri for their unconstitutional abortion ban alongside 13 other multi-faith clergy co-plaintiffs. Molly is passionate about red-state UU ministry, community organizing, and mutual aid. In addition to her ministry and organizing work, Molly is a published essayist and poet completing a Doctor of Ministry in Creative Writing and Public Theology. Join our UUSB community as we stream this service live in our sanctuary, or you can join the service from home. **The link for this service will be sent via email on June 22.**

June 30: “What Does It Mean to Be a Patriot?”

In honor of Independence Day, our service will look at what it means to be patriotic amid competing definitions of the word.

This week's worship team is: Phyllis Havens and Ben Goff. Music will be provided by .

Meeting ID: 963 9095 1175 Passcode: 566401 [Zoom Link](#)

Mark your calendars for the July 7th Worship Service – Honoring the Memory of Charlie Howard who was murdered 40 years ago on July 7th in Bangor. UUSB along with several other organizations are collaborating on making this 40th the Anniversary a larger community event. Please plan on joining us – Watch your News for updated information on this special event.

We Love Your Suggestions! Do you have a poem, reading, music, story, personal experience, or opinion you want to share in worship? Then Bring It!

The sharing from our members enhances our worship and is part of our covenant of journeying together to find meaning and truth. To share, talk to Rev. Drew or a member of our worship team. We'll do our best to include/incorporate your contributions into our weekly worship experiences.

2024–2025 Soul Matters Themes

| | | |
|-----------|---|----------------------------|
| September | - | Practice of Invitation |
| October | - | Practice of Deep Listening |
| November | - | Practice of Repair |
| December | - | Practice of Presence |
| January | - | Practice of Story |
| February | - | Practice of Inclusion |
| March | - | Practice of Trust |
| April | - | Practice of Joy |
| May | - | Practice of Imagination |
| June | - | Practice of Freedom |

MINISTER'S SCHEDULE

Sunday

- 10:00 AM UUSB Service
- Afternoon/Evening by Appointment

Monday

- *Minister's Sabbath: Unavailable*

Tuesday

- 10:00-1:00 Open Office Hours
- 2:00-4:00 By Appointment

Wednesday

- 10:00-1:00 Open Office Hours
- 2:00-4:00 By Appointment

Thursday

- *Writing Day: Unavailable*

Friday

- 10:00-1:00 Open Office Hours
- 2:00-4:00 By Appointment

Saturday

- By Appointment Only

Please Note:

Rev. Drew will be away May 29-June 3.

Rev. Drew will be attending UUA General Assembly and mostly unavailable June 20-23.

While Rev. Drew does have open office hours, he often has morning meetings that may occur during that time. You may want to call ahead, just to check.

Rev. Drew is also available by appointment outside of offices by appointment. Contact Rev. Drew directly to make an appointment.

Rev. Drew's Summer Schedule:

- June 24 - July 31: Rev. Drew will be on vacation.
- August 1 -12: Rev. Drew will be on study leave and not checking calls, emails, or texts.
- August 13 - 18: Rev. Drew will be in the office, but available by appointment only.
- August 19 - September 2: Rev. Drew will be on study leave and not checking calls, emails, or texts.

DREW'S VIEWS

Dear Ones,

In the story of creation from the Torah, God rests after six days of creating the world. Spirit (or God) rests, then reflects on what they made and concludes that 'what had been created was good.' Regardless of our perspectives on the Origin story of the universe, I think this passage is perhaps one that is most revealing about our human condition and our anthropomorphizing of the creator Spirit into human terms.

Like the creator Spirit, we need time away from our everyday toils and efforts to relax and renew our Spirit and souls. In the Abrahamic religious traditions (Judaism, Christianity, and Islam), this time concept is a sabbath - a day set aside to reflect on work, efforts, and journeys and to rest. In today's society of 24/7 engagement, the world does not shut off. Instead, we are encouraged to keep up with the grinding pace of life without a break. We delude ourselves into thinking this is sustainable even though it flies in the face of ancient wisdom that people, just like God(s), need space for rest and renewal.

Like many of you, I find making space to rest and reflection hard to fit into my schedule. My sabbath day (Mondays) often becomes filled with other events and personal business. Sometimes, my sabbath day is the only time I seem to have to do my laundry, go shopping for

groceries, pay my bills, or do my housekeeping. Completing these tasks is rewarding, AND they are not the same as a sabbath, which is a day of rest.

In more conservative Jewish households, the Torah's interpretation is clear—one does not work on the Sabbath day. Practitioners are expected to refrain from cooking, driving, working, using technology, or even using electricity. Wise rabbis and Jewish teachers seem to know how tempting it is to try to squeeze one more bit of work into our sacred renewal time.

True sabbath time takes some planning and discipline. It's hard to relax and pause especially when we know we have so much more work to do. Yet when we do we are gifted a true space for renewal - a true gift of Divinity.

I am sometimes asked if sabbath is the same of spiritual practice. While spiritual practice does offer some wonder Spiritually renewing rewards it not the same. Spiritual practice still requires effort - sometimes it's peaceful and sometimes not so peaceful - still

STAFF

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Settled Minister

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spiritual practice is not the same as unscripted rest where renewal just happens without effort or deliberation.

As we head into the this time of late spring, verging on summer we are inspired by the beauty of nature renewing itself in colorful blossoms and greenery. It's important that all this beauty because the earth has rested and then slowly awakened. Without the rest this new growth would not be possible. The temptation for us is in this time of transition and change of season is to fill our open space with preparing for the next thing or event in our lives. If we are wise, we will listen to Mother

nature and those wise rabbi's and spiritual teachers and set aside for rest and reflection so our being can be renewed and we can feel those feelings that all we do - all the effort we put forth in living lives of truth and meaning is good. May we all experience those moments of satisfaction and equanimity as we make space for sabbath - the mysterious process rest and renewal.

In kindness, compassion, and love,



Rev. Drew

Leadership Recognition Presentation

For the Annual Meeting, Rev. Drew had prepared a wonderful slideshow to thank the many leaders in our UUSB community. Unfortunately, due to a technical issue, the slideshow couldn't be shown at the Annual Meeting. So, for everyone's enjoyment, the slideshow is being attached to this final FY2024 *Chalice & Chimes*.

Thank you to our many leaders. Without you, UUSB couldn't be the beautiful and loving community so many of us find it to be!



Saturday, September 28. 2024

Our second book sale will take place next Fall on September 28. To make this another big success, we need books, CDs, and DVDs in good condition.

Contact Sue McKay or Kate Dutra with any questions.



Saturday, October 19. 2024

Our annual Great Pumpkin Yard Sale will take place on October 19. Keep an eye out for items in good condition that you may want to donate to the yard sale.

Contact Sue McKay with any questions.

COUNCIL

Sue McKay, *Chair*
Tracy Haskell, *Vice Chair*
Jessica Glant, *Clerk*
Rosemary Parsons, *Treasurer*
Zach Falcon
Francis Grey, Jr.
Ali Khavari
Tim Martin
Erin Seavey

COUNCIL CRIER

Dear UUSB Community,

June is the month when we welcome the summer solstice and our church activities slow down for the season. Hopefully we will all have walked through our beautiful new door to the Dorothy by the time you read this! You may also start to notice new life sprouting in the community gardens soon.

Tracy Haskell has written a piece that updates our UUSB History to include the congregation's adoption of the 8th Principle. This completes the edits on the Board Book. Council heartily approved the whole of Tim Martin's excellent editing of the Board Book.

Zach Falcon provided Council an update on Security and Safety Protocols task force. He has been able to connect with the Bangor PD's community liaison officer, Lt. Jason Stewart and is hopeful to be able to establish a similar connection with the fire department. Zach reports that the task force is still seeking members, so if you are interested in participating with this work please get in touch with Zach.

Council began planning for their retreat later this summer and will be focusing creating a schedule for our congregational visioning process.

Erin reports that we can all look forward to some exciting new UUSB themed 'bling' this fall. More details in the months to come!

Lastly, once again, a message of gratitude and thanks for our Beloved UUSB Community. Council is grateful for everyone for pitching in, in whatever way you have done; from participating in Fellowship Hour, helping with a clean up day, working on a fundraiser, participating in a committee, greeting a visitor, smiling as you pass in the hallway or for simply showing up and being with us. A reminder that all are welcome to attend Council meetings, our next will be held on June 19, 2024 at 6:30 pm., if interested please email uusbclerk@gmail.com for the ZOOM link.

In Faith,
Tracy Haskell

NEXT COUNCIL MEETING:
JUNE 19 @6:30 PM

MEETING ID: 981 5195 3077 ~ PASSCODE: 610814

TREASURER'S REPORT APR. 2024

This report covers 83% of the year.

Total income for the month of April was \$23,639. Year to Date income is \$223,272, 85.8% of the year's budget In April 2023, income was \$32,185. Last year's YTD income was \$207,937, 84.8% of the year's budget.

Expenses were \$21,028, giving us a gain of \$2,611 for the month. YTD expenses were \$217,257, 83.5% of the budget. In April 2023, expenses were \$21,761 and that year's YTD expenses were \$209,292, 85.2% of the budget.

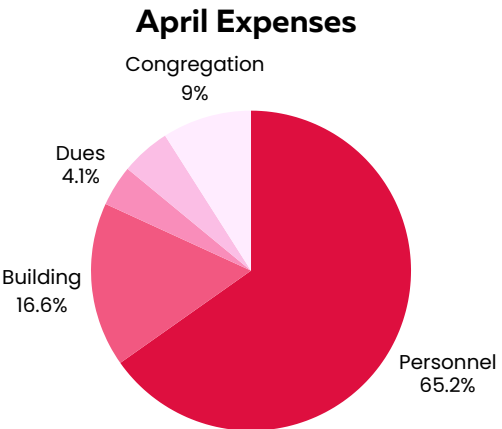
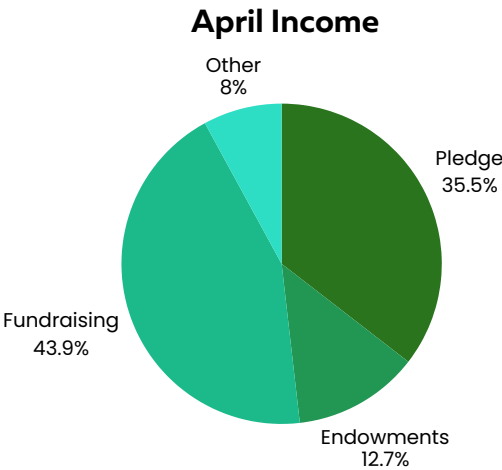
April 2024 income included pledge of \$8,386. Plate donations were \$722. Half the plate was sent to Faith Linking in Action (FLIA), a Bangor area interfaith group. Endowments were \$3,004. Rental income was \$650. Auction income was \$9,781. General Fund was \$195.

VANCO: In April, 15 people used the Vanco link to make payments totaling \$3,668.18 gross in all categories with a net of \$3,570.17. Fees were \$73.75 and the offset paid was \$82.18. Additional charges invoiced were \$24.26, which includes the monthly fee of \$10 for the site. Donations were: General Fund for \$45; Pledges for \$1,541; Share the Plate for \$120; and Auction for \$1,880.

Expenses for the month break down as Personnel \$13,714 (65% of total costs), Building \$3,496 (17%), Fair Share to the UUA \$869 (4%), Administrative \$1,052 (5%), and Congregational expenses for \$1,897 (9%). Total expenses for 10 months was \$217,257, 85.5% of the year's budget.

The Auction was a huge success, bringing in \$3,000 more than budgeted. Statements of pledge status will be sent out in early June. Please check and be sure to be up to date. Automatic checks from your bank, or scheduled Vanco payments relieve you of having to remember to make a monthly payment. You can also have direct deductions taken from your pay check.

In Service,
Rosemary Parsons



SPIRITUAL EXPLORATION EXPERIENCE



Howdy Spiritual Explorers!!

Happy Summer Vacation!!!

We celebrated our SEE program on May 19 with a phenomenal program that showcased the wide variety of experiences our different classes enjoyed this year.

Our Littles (nursery-kindergarten) shared for our Time for All Ages.

Our Youngers (grades 1-3) led our Chalice Lighting and talked about their storybook curriculum.

Our Middle Grades (grades 4-6) shared one of the CartUUnes they liked best this year.

Our Junior High Class (grades 7-8) talked about the Simpsons and spirituality in the D'Oh God curriculum.

Our Senior High Class (grades 9-12) led us in a fun activity that helped explore the spectrum of beliefs, which was one of the activities they used to discuss *The Twilight Zone* this year.

Our K-2 OWL Program talked about what Our Whole Lives means for our youngest participants and the congregation got to share in one of the participant's closing ceremony.

The service ended with our Bridging Ceremony. We welcomed four of our beloved community members into young adulthood this year, including three SEE participants and our wonderful creative accompanist. Jack Derosier, Geo Socolow, Noah Speed, and Emma Westrich received shawls from the Shawl Ministry, chalices to take with them, and chalice necklaces. After receiving these gifts and going through the blessings, they crossed the rainbow bridge and were welcomed by some of UUSB's young adults and young-at-heart adults.



These are the four chalice necklaces our Bridging Seniors received. Each charm is handmade by Karen Childs, UUSB's Director of Spiritual Exploration. The copper used in the design comes from UUSB's original roofing, which was saved when the roof was replaced.

We are grateful for a wonderful program year and wish all our Spiritual Explorers an exciting and fulfilling summer. We look forward to seeing you all next Fall!

P.S. Don't forget to join in planting the Community Garden Bed on June 2 after the service or to stop by and water or weed this summer!

THE OFFICE ORGANIZER

Find all your UUSB Church Office Updates in this updated space. You can find publication deadlines, office hours and scheduled closures, as well as important building updates and more!

Summer Office Hours & Closures

The in-person office hours are generally 10:00 to 2:00 on Tuesday, Wednesday, and Friday.

There will be no in-person office hours or email or phone responses on these dates this Summer:

- June 13
- June 19
- June 27-30
- July 1
- July 4
- August 1-12
- August 22-27



Building Access: Codes & Fobs

There have been some recent issues with security codes and the alarms going off. I am aware of the issue and working on correcting the code list with Central Security. But, all black security fobs should be working as normal. If you don't already have a black fob for the alarm, contact the office to get one set up.

For those who are new to the black security fobs, they are easy to use, even easier than the old security codes. To use the black fobs, you simply tap the fob to the two circles that look like a target. This works to disarm the system on entry and to arm it when you exit.



Important Publication Deadlines

The **Chalice & Chimes** submission deadline for FY2024 is the **20th of each month**. Late submissions can be posted on the website, in the e-news, or the Sunday announcements. The next *Chimes* deadline is August 20.

Submit Announcements by Fridays

To have an announcement read on Sunday morning, it must be submitted to Rev. Drew or the office by Friday before the service.



Chalice & Chimes Deadline:
Monday, May 20

Weekly E-News Deadline:
Thursdays @10:00

In-Person Office Hours: 10:00-2:00
Tuesday, Wednesday, Friday

MEMBERSHIP-FELLOWSHIP

Chat with Reverend Drew

The next Chat with Reverend Drew will be **Sunday, June 9**, following the service. The “Chat” is a good way to learn more about our UU congregation. It’s also a good time to ask questions of Reverend Drew in a small informal setting. So get some treats and coffee in the Dorothy and head down to Drew’s office on the first level, for some great conversation guided by your interests.

Fellowship Hour

Members, friends, and visitors enjoy socializing with some coffee or juice and other tasty treats during the fellowship hour in the Dorothy after the service. The coffee and refreshments are provided by teams of volunteers each Sunday. (They are the people you see quietly stealing out of the Sanctuary at the beginning of the last hymn.) Each team serves four times a year. If you’d like to be on one of the teams, please contact Cathy Elliott cathyelliott25@gmail.com.

Our Fellowship Hour Teams and Leaders for May are:

Jun 2 – Team A – Team Leader Natalie Norton

Jun 9 – Team B – TL Phyllis Havens

Jun 16 – Team H – TL Patti Woolley

Jun 23 – Team D – TL Valerie Carter

Jun 30 – Team E – TL Erin Seavey

THANK YOU to all the volunteers who make our Fellowship Hour possible!

Questions? You can contact a member of the Membership Fellowship Committee:

Evan Richert evanrichert771@gmail.com, Cathy Elliott cathyelliott25@gmail.com, Betsy Reed luckebetsy@gmail.com, Linda Sisson contrabanjo@gmail.com, or Eleanor Steele elsteele99@yahoo.com.



Welcome New Members!

In April we welcomed three new members to our congregation: Barbara Armstrong, Andrew Carr and Roger Mekrut. Barbara and Andrew signed the book on New Member Sunday, April 28 and Roger signed it the following Sunday.

Get to know our newest members on the following page with the bios submitted by Barbara, Andrew, and Roger.

Right:

New member Andrew Carr and Membership-Fellowship Committee member Cathy Elliott look on as new member Barbara Armstrong signs the book.



Barbara Armstrong

I am so pleased to be a member of this congregation! I am Barbara Armstrong, spouse of Tom, who joined this congregation last fall.

We are relatively new to Bangor and to Maine. We moved here in summer of 2021 from central New Jersey. We lived and worked there for 35 years and raised our family of two children. Tom and I will be married for 50 years in 2025, sharing our lives as helpmates and best friends – life's ups and downs, its happiness and heartaches. I worked for over 23 years as an analytical chemist in drug development for Johnson and Johnson. I truly enjoyed my work in the laboratory, found it challenging and my colleagues wonderful to work with. But with that said, I am happy to be retired!

You might ask why we moved to Bangor? The pull of grandchildren made that decision for us. Our daughter Elizabeth and her spouse Saul are settled here. Beth teaches in the School of Social Work at UMaine and Saul is in the development office. With two grandkids who are growing up quickly, we readily gave up on the nine-hour drive each way to Maine. Moving here was the right decision for us. We are so pleased to be part of our family's everyday lives. We live around the corner from them in Little City and see them frequently, filling in with after school visits to help out two working parents. It is just wonderful to be here in Bangor. Our son Tim lives with us too. He is a disabled adult, with mental illness, and remains stable but not well on the move to Maine.

Here is a short list of my interests. This is gardening season and I love my community garden plots and backyard flowers. Tom and I enjoy birding in Maine and are part of Penobscot Audubon group. I am learning to knit. The Shawl Ministry is a wonderful group of folks who are encouraging to a new knitter and welcome me to their group. Tom and I recently started volunteering with Maine Multi-Cultural Center, working with a new-to-the-US Syrian family.

The downside to moving to Bangor was saying goodbye to the many friends and community connections we had in New Jersey. One of the first neighbors I met in Bangor was Rev Drew who lives two doors down from us. We had a few conversations as he walked Nellie, and I immediately knew what a kind and caring person he is. But I needed to find my own way to UUSB. With covid restrictions, I zoomed several different church services and then attended a few, looking for where my personal faith and values would fit. I had (and still have) close ties to our New Jersey Reformed Church. But what I was looking for in a faith community has changed over the years. What has not changed is my personal commitment to contributing to my local community through service. And there is no shortage of opportunities for service at UUSB! I value your openness and acceptance of all who believe in caring for neighbors and community. I hope to contribute to your welcoming community!

Andrew Carr

I'm a dialysis patient and my spiritual path has taken a pagan turn in recent years. UUSB drew my attention because it's both active in the community and open to all paths. I've been wanting a community to be a part of for some time now, and I think UUSB is a good one. I'm also a writer and storyteller and hope to use those skills to help others on their spiritual journeys.

Roger Mekrut

Roger Mekrut, 67, lives in Bangor with his two parakeets, Romeo and Juliet. He grew up in Glastonbury CT where he attended high school and worked in several popular local restaurants. The middle of five children, Roger has a very close relationship with all of his siblings, including "locals" Cheryl Harry of Orono and Denise Merritt of Winter Harbor. Prior to moving up to Maine, Roger lived in Fort Myers, FL, enjoying the warmth and sunshine – which he still misses. Roger came to love life in Maine, most Sundays attending the UU church with his mother, Dolores Mekrut (who died in 2022) and his sister Cheryl, and then spending the afternoon helping with yard work and, of course, loudly talking politics. Roger loves children and animals – and they all love him. He hopes to bring his gentle presence to helping out at future church events.

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Evan Richert evanrichert771@gmail.com, Cathy Elliott cathyelliott25@gmail.com, Betsy Reed luckebetsy@gmail.com, Linda Sisson contrabanjo@gmail.com, or Eleanor Steele elsteele99@yahoo.com.

Right:
New member Andrew Carr and Membership-Fellowship Committee member Cathy Elliott look on as new member Barbara Armstrong signs the book.



SOCIAL JUSTICE

JUSTICE NOW!

So, one might guess since our high school grads have walked across the UU bridge and have now joined other UUSB grads as adults, there must be nothing else to do for the rest of the summer, correct??

Nope – things are still buzzing in UUSB and Justice Now, nonstop! Here are a few things that will be happening over the next few weeks and months.

Bangor's Annual Pride Day and Pride Parade on June 22!

The Parade will be at 11 AM, and the festival in downtown Bangor from 12-4 PM. Contact Suzanne Kelly about helping at the PRIDE table. It's lots of fun!

Gearing up for other upcoming work:

UU the Vote in partnership with the League of Women Voters Maine (LWVM):

- Some local work: Adopt a Town 411.org – help create an up-to-date directory of Maine town information about candidates, elections, ballot issues: you can do this right from your home.
- Also some door-to-door in neighborhoods that have low voter turn out – letting folks know about how to vote.
- Some national postcard and calling work: targeting low voting districts to let folks know how, when and where to vote
- Take advantage of LWVM voter forums

THIS IS A CONSEQUENTIAL (WITH A CAPITAL "C") election KEEP INFORMED AND ACTIVE!!!

Second Sunday Food Collection

On **Sunday, June 9**, UUSB will once again host our Second Sunday Food Drive, the church's monthly community food collection. This month, we will begin collecting food during the service, instead of after the service.

In FY2024, we donated 1,242 pounds of food!

The food collected is given to the Ecumenical Food Pantry in Bangor. They can also take monetary donations, which buys up to six pounds of food for every dollar given. Make checks out to Bangor Ecumenical Food Cupboard (Bangor EFC).

If you aren't sure what to give, they are always looking for cereal, canned fruit, canned baked beans, pasta, and sauce!

SMALL GROUPS



Mindfulness Meditation Group

We will meet on Tuesdays, June 4 and June 11 from 5:45 to 7:00. You can join in-person or online. The group will not meet on April 16.

This meditation group is accessible to meditators of all experience levels, including people new to meditation. The program consists of walking and sitting meditation and a Dharma lesson with group discussion. The group intends to meet in a supportive, friendly, and non-judgmental environment. Each session is self-contained

material-wise. Regular attendance is helpful though optional.

Drop-ins are always welcome, though we encourage newcomers to arrive or sign in fifteen minutes early (at 5:30 PM). Signing in and coming early allows newcomers to meet Rev. Drew and help Rev. Drew learn more about newcomers' familiarity with meditation, as well as a chance to settle in and receive a brief introduction to sitting and walking meditation and the group process before the group begins promptly at 5:45 PM.

The group begins promptly at 5:45 PM. Don't hesitate to get in touch with Rev. Drew Moeller if you have questions @ drewuu2@gmail.com.

This program is free of charge to ALL. If one wishes to make a free-will offering (dana) to the group, one can do so in person in our dana basket, cash, check, or online. Checks can be made to "UUSB" with "Meditation Group" in the memo/notes line.

Note: The Meditation Group will be on Summer break from June 18–September 3. Meetings are planned to resume on September 10.

UUSB Choir

The UUSB Choir meets weekly, every Thursday from 5:30 – 6:30pm in the sanctuary! The group is looking forward to providing music every other week for our services! If you are interested in joining the choir (or in other musical outlets), please reach out to our Music Director, Molly J. Webster for more information: uusbmusic@gmail.com.

Spirit of Drumming

June 9 & June 23 at 11:30 AM in the Sanctuary

The Spirit of Drumming Circle is led by Laurie Cartier, LyAnn Grogan and Jim Shimko. With a variety of drumming including basic instruction, directed rhythms, and jamming to a song or the monthly theme, we rock out in the sanctuary every second and fourth Sunday after church. We start about 11:30 and drum until 1. No experience is necessary. We have a good supply of drums or you can bring your own. We hope you will join us soon.



SMALL GROUPS



Shawl Ministry

June 4 at 6:30 PM in the Dorothy

Are you interested in knitting or crocheting? Are you interested in creating gifts for beloved members of our community?

You don't have to have any experience with knitting or crocheting ahead of time to join the Shawl Ministry. Bring your own supplies or borrow some. All that matters is you come and join the fun!

CrUUnes

June 28 at 3:00 PM at Ann Perkins' House

We welcome all single self-identified crones who are members of the church!

Please bring a dish for potluck if able. The plan is to chat and hydrate, brief program, share, eat and chat more!

Meetings are generally on the last Friday of each month. Any questions, please call Anne at 478-7091.

UUSB Guild

June 19 at 11:30 AM in the Dorothy

The UUSB Guild meets monthly to discuss business, share good company, and enjoy a variety of guest speakers throughout the year. One part of the Guild's business is helping keep UUSB beautiful, welcoming, and loved. Recently, they are working to update and maintain the Dorothy Memorial Hall. They have purchased a second folding wall, so that UUSB has one for the Dorothy and the Vestry. And, as pictured here and on the front page, they recently purchased a new cover for the piano in the Dorothy.

Recent guest presenters have included Rev. Drew, speaking about his time at the meditation retreat last winter, and Mike Howard, speaking about basic income.

SHARE THE PLATE



Every Sunday, we share half of our undesignated plate offerings with an organization that works toward our UU values. In June, half of the undesignated funds in the plate will go to the UUSB Food Programs. This includes the Bean Suppers that we host on the fourth, and fifth, Saturdays each month and our Bag Lunch program, to give lunches for those attending our Bean Suppers.

In April, we shared \$361 with Faith Linking in Action (FLIA)!

You can give to the collection plate through the UUSB website and Vanco or by mailing a check to the church office.



COMMUNITY BEAN SUPPER

June 22 & June 29 @4:00 PM in the Dorothy

Everyone is invited to join community members and our amazing volunteers for our monthly community bean supper!

Meals may be eaten at UUSB in the Dorothy Memorial Hall or taken home in to-go containers. This allows us to enjoy the community and social aspects of this monthly event, while still accommodating those who may be unable to attend in person.

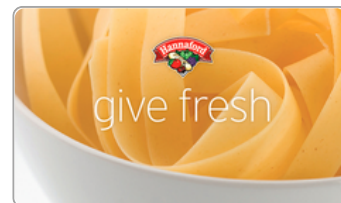


GIFT CARD FUNDRAISER

Convenient to carry! Every card purchase helps UUSB!!! Buy cards for your own grocery shopping, which you can use to shop in store or to order your groceries for curbside pickup or delivery! You can also buy cards to gift to friends and family or to donate to a local food bank.

Cards are available in increments of \$25, \$50, \$100, \$200, \$300, or \$500. Cash, or checks made out to UUSB are accepted.

To purchase your Hannaford card and support UUSB, please purchase after the Sunday service or contact Rosemary.



- Kate Dutra: Sundays in the Dorothy Memorial Hall after the Sunday Service
- Rosemary Parsons: 327-1045, roxemary@gmail.com

| SUN | MON | TUE | WED | THU | FRI | SAT |
|---|-----|---|---|---|---|--|
| <div> <div>Renewal</div> <div>JUNE</div> <div>2024</div> </div> <div> <div>PRIDE</div> <div>JUNE 22</div> <div>9:00 AM - Bangor Pride</div> <div>11:00 AM - Pride Parade</div> </div> | | | | | | 1 |
| <div>2</div> <div>10:00 AM Service</div> <div>11:15 AM Spring Cleanup Garden Planting S.U.R.E. Meeting</div> | 3 | <div>4</div> <div>5:45 PM Meditation Group</div> <div>6:30 Shawl Ministry</div> | <div>5</div> <div>5:30 PM Worship Meeting</div> | <div>6</div> <div>5:30 PM Choir</div> | 7 | 8 |
| <div>9</div> <div>10:00 AM Service</div> <div>Food Collection</div> <div>11:30 Door Dedication Minister Chat Drumming</div> | 10 | <div>11</div> <div>5:45 PM Meditation Group</div> | <div>12</div> <div>Committee Reports Due to Council & Office</div> | <div>13</div> <div>7:00 PM Executive Committee Meeting</div> | <div>14</div> <div>10:00 AM Budget & Finance Meeting</div> | 15 |
| <div>16</div> <div>10:00 AM Service</div> <div>11:30 AM Justice Now</div> | 17 | 18 | <div>19</div> <div>Office Closed</div> <div>11:30 AM Guild Meeting</div> <div>2:30 PM Pastoral Care Team</div> <div>6:30 PM Council Meeting</div> | <div>20</div> <div>Chalice & Chimes Submission Deadline</div> <div>11:45 AM Shared Ministry</div> | <div>21</div> <div>UUA General Assembly</div> | <div>22</div> <div>UUA General Assembly</div> <div>10:00 AM Bag Lunch Prep</div> <div>3:00 PM Supper Prep</div> <div>4:00 PM Bean Supper</div> |
| <div>23</div> <div>10:00 AM Service</div> <div>11:30 AM Drumming</div> <div>30</div> <div>1:00 PM UUA General Assembly Service</div> | 24 | 25 | 26 | 27 | <div>28</div> <div>Office Closed</div> <div>4:00 PM CrUUnes</div> | <div>29</div> <div>10:00 AM Bag Lunch Prep</div> <div>3:00 PM Supper Prep</div> <div>4:00 PM Bean Supper</div> |

| SUN | MON | TUE | WED | THU | FRI | SAT |
|--|-----|--|---|--|--------------------------|---|
| | 1 | 2 6:30 PM Shawl Ministry | 3 5:30 PM Worship Meeting | 4 Office Closed | 5 | 6 |
| 7 10:00 AM Service 11:30 AM S.U.R.E. Meeting | 8 | 9 6:30 Trustees Joint Meeting | 10 Committee Reports Due to Council & Office | 11 7:00 PM Executive Committee Meeting | 12 | 13 |
| 14 10:00 AM Service Food Collection 11:30 Drumming | 15 | 16 | 17 2:30 PM Pastoral Care Team 6:30 PM Council Meeting | 18 | 19 | 20 Chalice & Chimes Submission Deadline |
| 21 10:00 AM Service | 22 | 23 | 24 | 25 | 26 4:00 PM CrUUnes | 27 10:00 AM Bag Lunch Prep 3:00 PM Supper Prep 4:00 PM Bean Supper |
| 28 10:00 AM Service 11:30 AM Drumming | 29 | 30 | 31 | <div>JULY</div> <div>2024</div> | | |

SUN

MON

TUE

WED

THU

FRI

SAT

AUGUST

2024

1
Office
Closed

2
Office
Closed

3

4
10:00 AM
Service
11:30 AM
S.U.R.E.
Meeting

5

6
Office
Closed
6:30
Shawl Ministry

7
Office
Closed
5:30 PM
Worship
Meeting

8
Office
Closed

9
Office
Closed
10:00 AM
Budget &
Finance
Meeting

10

11
10:00 AM
Service
Food
Collection
11:30
Drumming

12

13

14
Committee
Reports Due
to Council &
Office

15
7:00 PM
Executive
Committee
Meeting

16
9:00 AM
Shared
Ministry
Meeting

17

18
10:00 AM
Service
11:30 AM
Justice Now

19

20
Chalice &
Chimes
Submission
Deadline

21
2:30 PM
Pastoral
Care Team
6:30 PM
Council
Meeting

22
Office
Closed

23
Office
Closed
4:00 PM
CrUUnes

24
10:00 AM
Bag Lunch
Prep
3:00 PM
Supper Prep
4:00 PM
Bean Supper

25
10:00 AM
Service
11:30 AM
Drumming

26

27
Office
Closed

28

29

30

31
10:00 AM
Bag Lunch
Prep
3:00 PM
Supper Prep
4:00 PM
Bean Supper

ABOUT US
Unitarian Universalist
Society of Bangor

Our Mission Statement

The Unitarian Universalist Society of Bangor is an historically liberal religious community, celebrating diversity and supporting spiritual growth and social responsibility in each child and adult.

A Welcoming Congregation

We welcome individuals and families of all religious upbringings, racial and ethnic backgrounds and sexual orientations. We, a member of the Unitarian Universalist Association, covenant to affirm and promote the inherent worth and dignity of every person.

A Green Sanctuary

The UU Society of Bangor, recognized as a Green Sanctuary by the Unitarian Universalist Association, endeavors to incorporate care for the Earth into its worship and religious education while working to promote environmental justice and sustainable living. We covenant to affirm and promote respect for the interdependent web of all existence, of which we are a part.



REMINDERS

Do you have a **CLYNK** Bag?? Be sure to have one handy, so you can easily be collecting bottles and cans to help raise money for our UU Youths' Social Justice Service Trip. The bags are in the Dorothy Memorial Room. Please contact Laura Santilli for details. Thank you for your support!!!

UUSB is always in need of volunteers – for fundraisers, childcare, teaching, and to fill positions on our active committees. The great perks of volunteering are not just the satisfaction of contribution, but the sense of community we all feel when we accomplish important tasks with others. Since we don't always know who is able to take part, please contact a council or committee member if you are open to volunteering in any large or small way.

The **UUSB Worship Committee** is looking for more member participation in our worship services and is extending an INVITATION to one and all of you to consider if you might be interested in joining our services as READERS.

Collection Plate & Pledge Reminders

One way you can help continue our outreach efforts is to keep up with your financial pledge. Without our weekly passing of the collection plate, we still need to make sure that we can pay our bills. Keeping up with your pledge allows our staff and leadership to focus on providing services to members, friends, and guests. There are three options to make is easy to keep up with your pledge:

1. Mail a check to the church office at 120 Park St, Bangor, ME 04401
2. Contact Rosemary Parsons, our treasurer, to set up a direct withdrawal from your paycheck or bank account
3. Donate online through Vanco. This option will be available on our website, as well as shared in our weekly e-news

Thank you for your continued support as we all work to provide for our community.



ABOUT THE *CHALICE & CHIMES*

Church Council:

Sue McKay, Chair
Tracy Haskell, Vice Chair
Jessica Glant, Clerk
Rosemary Parsons, Treasurer
Zach Falcon
Francis Grey, Jr.
Ali Khavari
Tim Martin
Erin Seavey

Council meets at 6:30 PM
on the third Wednesday
of each month.

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UUSB Staff Contact:

Rev. Andrew Moeller,
Settled Minister
(207) 922-2956
drewuu2@gmail.com
Christine Sprague, Office Admin.
(207) 947-7009
uubangor@gmail.com
Karen Childs, Director of SE
(207) 949-0733
uubangorre@gmail.com
Molly J. Webster, Music Director
(207) 947-7009
uusbmusic@gmail.com
Jack Derosier, Accompanist
Atticus Foster, AVS Tech

About Our Newsletter

The *Chalice and Chimes* is published ten times a year (Sept-June). An email reminder is sent out to all member and friends on the church's database mailing list when the newsletter has been posted to the church website, where it may be viewed or down-loaded. It is also available in paper format on the table by the sanctuary entrance and by US mail (request from the Church Office).

Editorial Policy

Articles submitted for publication in the *Chalice & Chimes* must strive to include, in an unbiased way, only that information that is consistent with the UU faith. Articles should deal with issues of a spiritual nature meant to inspire, encourage, educate, or inform. Although every effort will be made to be inclusive, the Editor reserves the right to determine which articles are accepted for publication. The Editor has the right to edit for space, availability, libelous remarks, or unwarranted personal attacks. The Editor also reserves the right to refuse any item that may affect our Tax Exempt Status.



Newsletter Submissions

Next Newsletter Deadline:

August 20, 2024

The next issue will be September 2024. We value your contributions and very much appreciate submissions. When sending email contributions to The *Chalice & Chimes*: uubangor@gmail.com