



UUSB

March 2025

CHALICE & CHIMES

Unitarian Universalist Society of Bangor



MARCH SERVICE HIGHLIGHTS

Our theme this month is the **Practice of Trust.**

This month, we'll have Stewardship Sunday, which is focused on what is Feeding Our Flames. We'll also look at UUSB's past with Sue McKay. The way forward has always been Trusting our Shared Values.



Above: No Kings Rally, February 17, 2025 Bangor, ME.
Right: UUSB Game Night on February 1, 2025.

More on Page 2

120 PARK ST
BANGOR, ME 04401

SUNDAYS AT 10:00 AM
(207) 947-7009
WWW.UUBANGOR.ORG
UUBANGOR@GMAIL.COM

MARCH EVENT HIGHLIGHTS

Showing Up for Racial Equity 3/2
Shawl Ministry 3/4
Meditation Group 3/4, 3/11, 3/18, & 3/25
Spirit of Drumming 3/9 & 3/23
Worship Lab 3/9
Justice Now: Advocacy Workshop 3/16
Chat with Rev. Drew 3/16
Guild Meeting 3/19
Bean Supper 3/22 & 3/29
CrUUnes 3/28



MARCH SERVICES

This year, we will be using the same Zoom meeting information every Sunday. If there is a change, it will be announced in the weekly e-news and Sunday service emails.

Sunday Service Zoom Information:

Meeting ID: 965 7817 0239 Passcode: 666892 [Zoom Link](#)

March 2: "Feeding the Flame of our Faith" with Rev. Drew Moeller & Financial Stewardship

Join us for a fun-filled service where we celebrate Feeding the Flames of our Faith through our financial support for next year's budget. Special music, slide show, story, and more!

This week's worship team is: Rev. Drew Moeller, the Financial Stewardship Team, Phyllis Havens, Sue McKay, and Atticus Foster. Music will be provided by the UUSB Choir and Sojourner Crowley.

March 9: "Take Care of This House" with Sue McKay

Please note: Before and after the service we will be collecting food for our Second Sunday food collection to support the Ecumenical Food Cupboard.

This week's worship team is: Sue McKay, Laurie Cartier, Phyllis Havens, and Atticus Foster. Music will be provided by Linda Koehler and Rissa Moore.

March 16: "Finding Solace in a Broken World" with Rev. Drew Moeller

Living today is complicated, with many rapid shifts that often catch us off guard and leave us feeling vulnerable. Where do we find solace in the middle of rapid change and fear?

This week's worship team is: Rev. Drew Moeller, Linda Sisson, Keri Phipps, and Atticus Foster. Music will be provided by Sojourner Crowley, UUSB Music Director.

March 23: "Maple Syrup Ritual"

We will enjoy our annual Maple Syrup ritual today with maple syrup and donuts. *Please Note:* Rev. Drew will be downstairs with S.E.E. this Sunday.

This week's worship team is: Phyllis Havens, Lee Giles, Laurie Cartier, and Atticus Foster. Music will be provided by the UUSB Choir and Sojourner Crowley.

March 23: To Be Determined

This week's worship team is: Rev. Drew Moeller, Sue McKay, John Arimond, and Glen Koehler. Music will be provided by Sojourner Crowley, UUSB Music Director.

DREW'S VIEWS

Greetings Dear Ones,

One of the primary questions people ask when discussing spirituality and faith is, "In what do we trust?" This is a powerful question because trust is the fundamental building block upon which we build our lives and relationships.

When our sense of trust in something is broad and solid, like a pyramid, we can grow, build great things, and go far. Knowing that there is a solid foundation allows us to engage the world with an openness to diversity, a willingness to take risks, and a vision open to change. When we don't have a solid foundation of trust, we often become nervous, anxious, and fearful of change. When we are agitated in this way, our ability to trust is severely diminished as we doubt or question the solidity of our mental, physical, and spiritual foundations.

When the flight, flight, and freeze response is triggered, the oldest part of our brain immediately shifts into survival mode. In survival mode, we are separated from our higher-level brain function, including creativity, more in-depth assessment, and mindful and thoughtful responses necessary for high-level functioning and growth.

Today, we live in very stressful times. In our country, executive orders are challenging many of the foundations of our societal order, and unelected officials are challenging the core of our higher-level democratic system. We feel that many of our UU values are under attack, including the system of

democracy and the many checks and balances that we have relied on to bring about inclusive processes that lead to thoughtful change.

So, it is ironic and inconvenient that, at the same time, the foundation of trust in our social democratic process is under attack, and we are looking at some change in our congregation, too. This month, we are hiring a new Acting Coordinator for our Spiritual Exploration program. We are also looking at our fiscal year 2026 financial stewardship program - the results of which might alter our programming for next year. In addition, we are looking at a significant proposal presented by Needlepoint Sanctuary (NPS) to expand their Life-saving harm reduction work by utilizing our Dorothy Memorial fellowship space to provide a needle exchange and other harm reduction services.

The last of these two changes comes with some emotional charge. They can trigger feelings that lead to doubt or dis-ease by association. The important thing is to continue to engage in our respective spiritual practices that ground us and remind us that our UU and UUSB values and covenant will

STAFF

Rev. Andrew Moeller,

Settled Minister

drewuu2@gmail.com

Christine Sprague,

Office Administrator

uubangor@gmail.com

Sojourner Crowley,

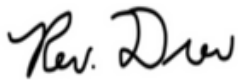
Music Director

uusbmusic@gmail.com

continue to be at the center of our congregational decision-making process and relationships despite whatever is happening in the greater world.

Whatever the outcomes of the financial stewardship appeal or the NPS proposal, I have faith that we will make a decision that will allow us to continue our journey together by listening to each other and making wise decisions that will allow us to live into our values of interdependence, pluralism, justice, equity, transformation, and generosity with Love at the center always along the way.

Love and Namasté,



Rev. Drew

QUESTIONS WANTED

Your questions are wanted by the UUSB Council ahead of our next congregational discussion on the NPS Service Expansion.

When NPS brought their proposal to Council, we recognized that this was a decision that Council wanted to make with input from the whole congregation. In order to be as efficient as possible during our next meeting, it would be helpful if you could please email your questions to me so I may collate and pass them along to all Council members ahead of our next congregational meeting.

Thank you!

Tracy, thaskell@mac.com

Needlepoint Sanctuary is hosting open office hours for UUSB members on Mondays in March

For the first four Mondays in March NPS will be doing open office hours at 5PM. This invitation is open to any UUSB congregation member with questions, comments, and/or concerns about NPS' services. Visit in person in the office above the Dorothy or use bit.ly/UUSBNPS to attend virtually. If you have other questions, call (207) 631-9311.

Note: There will not be office hours on March 31.

COUNCIL

Sue McKay, *Chair*
Zach Falcon, *Vice Chair*
Tom Armstrong, *Clerk*
Eric Strong, *Treasurer*
Kim Boucher
Francis Grey
Tracy Haskell
Tim Martin
Erin Seavey

COUNCIL CRIER

Dear UUSB Community,

Christine gave me an extension beyond the usual C&C deadline (thank you Christine!), so I am able to write this following our meeting to discuss a proposal from Needle Point Sanctuary. Thank you to everyone who participated and to those who have shared their thoughts following the meeting. Council is listening.

Council continued discussions with The Solar Committee. Joe Z reported that there do not appear to be any grant options available that might offset the costs of the UUSB solar initiative. There is a proposal to finance the project through a loan through our line of credit at Morgan Stanley, secured by the UUSB General Endowment, in combination with a targeted fund-raising campaign. Several Council members expressed concerns about assuming this financial debt responsibility now; recognizing UUSB's already precarious finances.

Needlepoint Sanctuary (NPS) has presented a proposal to provide a safe needle exchange program at UUSB. Council members felt this was a decision upon which wider community input was needed. We had a meeting with the larger UUSB community on February 23. A panel of NPS staff, a CDC representative and Council members were present to answer questions and respond to concerns.

Exciting news from the SEE Team... but I will leave it to them to fill you in!

A generous donor has provided funding to upgrade our sound system. Additionally, Council approved funding to update our antiquated hearing assistance devices. With these improvements it is hoped that everyone in our sanctuary will be able to fully hear and participate in our services.

Our Stewardship Campaign coincides with developing a proposed budget for the next fiscal year. Council has been reviewing the budget for the past several months and there is no glossing over the fact that UUSB's financial status is precarious. Our financial stability relies on successful pledge campaigns, facility rentals and fundraising efforts.

The living tradition of Unitarian Universalism has changed in many ways from its historical Christian roots. As many of you recall, last year at General Assembly UUs "adopted new language to describe who we are as UUs". UUs voted to adopt language that describes Unitarian Universalism through our shared values centered around love. (www.uua.org/beliefs/shared-values) At our annual meeting UUSB will decide whether or not to replace the current language in our By-laws with the new UUA Bylaw language. Please keep an eye out in future newsletters for further information.

Lastly, once again, a message of gratitude and thanks for our Beloved UUSB Community. Council is grateful for everyone for pitching in, in whatever way you have done; from participating in Fellowship Hour, helping with a clean up day, working on a fundraiser, participating in a committee, greeting a visitor, smiling as you pass in the hallway or for simply showing up and being with us.

A reminder that all are welcome to attend Council meetings, our next will be held on March 19, 2025 at 6:30 pm, if interested please email uusbclerk@gmail.com for the ZOOM link.

In Faith,
Tracy Haskell



Worship Welcomes Your Suggestions!

Personal experiences and connections greatly enhance the experience of worship. This is why the worship committee encourages your suggestions of poems, readings, music selections, stories, and personal experiences that enhance the worship experience for all. If you have a favorite piece of music, poem, or music selection that you wish to share with our worship committee, please share it with Rev. Drew, Sojourner (our Music Director), or a member of our worship committee (John Arimond, Laurie Cartier, Phyllis Havens, and Sue McKay).

We love incorporating your suggestions into our worship planning. You can also **bring your ideas to our Worship Lab on Sunday, March, at 11:30** (after the service). Thanks to all who offer suggestions for January worship services. I look forward to hearing your ideas for January on the theme of "The Practice of Joy," which should be a fun one.

Special thanks to everyone who participated in the February Worship Lab. Together, we generated many great ideas for music, readings, and spiritual concepts—many of which are being incorporated into March's worship services!

Again this year we will use Soul Matters' monthly topics as a general guide for our worship themes. Typically worship planning including selection of music starts two weeks before the end of the month.

2024-2025 Soul Matters Themes

- | | |
|-------|---------------------------|
| April | - Practice of Joy |
| May | - Practice of Imagination |
| June | - Practice of Freedom |

MEET CAMDEN ADOR

We finally get to welcome our acting Spiritual Exploration Coordinator! We are excited for the start of this new relationship with Camden joining our staff and the SE Program. Welcome, Camden!



Greetings all, my name is Camden! I am excited to be joining the Unitarian Universalist Society of Bangor and becoming part of this vibrant and welcoming community. With a Masters of Theological Studies from Vanderbilt Divinity School, my journey has been deeply rooted in exploring the intersections of spirituality, nature, and personal transformation.

As a facilitator and guide, I am passionate about creating experiences that invite people to deepen their relationship with the sacred through wonder, curiosity, and gratitude. I am excited to bring this perspective into my work with UUSB, and I look forward to getting to know you all in the coming months!

MINISTER'S SCHEDULE

Sunday

- 10:00 AM UUSB Service
- Afternoon/Evening by Appointment

Monday

- *Minister's Sabbath: Unavailable*

Tuesday

- 10:00-1:00 Open Office Hours
- 2:00-4:00 By Appointment

Wednesday

- 10:00-1:00 Open Office Hours
- 2:00-4:00 By Appointment

Thursday

- *Writing Day: Unavailable*

Friday

- 10:00-1:00 Open Office Hours
- 2:00-4:00 By Appointment
- *Not Available After 4:30*

Saturday

- By Appointment Only

Please Note:

Rev. Drew's regular weekend off for the month is March 7-9.

On March 23, Rev. Drew will downstairs with our yoUuth in SEE.

While Rev. Drew does have open office hours, he often has morning meetings that may occur during that time. You may want to call ahead, just to check.

Rev. Drew is also available by appointment outside of offices by appointment. Contact Rev. Drew directly to make an appointment.

TIME TO LET YOUR LOVE OF UUSB SHINE



It's that time again! Our annual Pledge Campaign will be kicking off soon. We're racing toward Stewardship Sunday, which will be March 2nd. Pledge cards will be emailed to Members and Friends mid-February. Those who receive a physical copy of *Chalice & Chimes* will get a pledge card in the mail around that time, too. This year, we're striving to finally give the hardworking minister and staff of UUSB raises!

Please begin thinking about what you can pledge. And if you're a member but can't contribute financially, don't fret. Just mark on your pledge card that you're requesting a waiver.

Pledge cards and waivers are due back by Sunday, March 23rd. Every member must return a pledge card, even if requesting a waiver, to maintain active status. You must be an active member to

do things like vote for council members or adopting the annual budget, as well as for any other congregation-wide matters that come up, like when we adopted the 8th Principle.

Return your pledge card however best suits you: emailed to worthington.strong@gmail.com, called or texted to me, Kayla Worthington Strong at (207) 370-5889, mailed in, or handed to me.

Please note the contact information for the Pledge Campaign has changed this year.

The Financial Stewardship Committee is graced this year with the return of Phyllis Havens, Sue McKay, Rev. Drew Moeller, and Amy Starkey-Lam.

Kayla Worthington Strong
Financial Stewardship Chair

The Financial Stewardship Team is once again hosting the annual Variety Show for your entertainment!

To wrap up what we hope will be a successful Pledge campaign, we are inviting anyone of all ages who is interested to join in on our annual Variety Show, which will be presented after the March 23rd service, in the Vestry at 11:30am where snacks and beverages will be served.

Anyone who has an act to perform for our entertainment should contact Phyllis Havens from the Financial Stewardship Committee (the folks that run the yearly Pledge Campaign) at 207-944-0181 or email pdhavens@gmail.com to sign up.

This is always a fun event and we can't wait to celebrate with you all the end of another successful Pledge Campaign!



Sunday, March 23rd – Refreshments Needed Tapas Table During the Variety Show

We'll have a table with finger foods such as sandwiches, crackers & cheese, fruit, veggies, and desserts downstairs for people to enjoy during the Variety Show. So please bring your favorite finger food or juice to share to the Vestry on March 23rd.

THE OFFICE ORGANIZER

Find all your UUSB Church Office Updates in this space. You can find publication deadlines, office hours and scheduled closures, as well as important building updates and more!

March Office Hours & Closures

The in-person office hours are generally 10:00 to 2:00 on Tuesday, Wednesday, and Friday.

The office is closed on Thursdays, though I do check emails and voicemails.

The office will be closed March 15 to March 24 while Christine takes some personal time off.



What's Happening at UUSB



To keep everyone aware and involved in what's happening in the building outside of congregational events, I thought I could start a corner here to share whose been using the building and some of the fun events we've helped make happen.

In February, our regulars who are around every week included Women With Wings, AA, and Needlepoint Sanctuary. Bangor ContraDance returned. We also welcomed the Society for Creative Anachronism for their Bardic Champions event, which had attendees travel in from much of New England and beyond.

In March, we look forward to hosting our regulars, as well as Dignity First, Play! Piano Studio's recital, the SCA for another event, and Bangor Contradance.

If you are looking to schedule an in-person meeting or event at UUSB, please email the offices for the Facility Use forms. You can also request physical copies during office hours or mailed to you.

Important Deadlines

The **Chalice & Chimes** submission deadline for FY2025 is the **20th of each month**. Late submissions can be posted on the website, in the e-news, or the Sunday announcements.

To have an announcement read on Sunday morning, it must be submitted to Rev. Drew or the office by Friday before the service.

E-News submissions must be received by 10am on Thursdays.



Chalice & Chimes Deadline:
Thursday, March 20

Weekly E-News Deadline:
Thursdays @10:00

In-Person Office Hours: 10:00–2:00
Tuesday, Wednesday, Friday

MEMBERSHIP-FELLOWSHIP

Before getting to the upcoming fellowship activities at UUSB, let's take a look at what has already taken place: **Game Night**, held February 1, was a huge success! About 40 people gathered in the Vestry for an evening of board and card games, cornhole, a magic show, yummy snacks and good cheer! You can find some photos of the fun on the next page. Many thanks to all who came out on a cold, winter night to volunteer and participate, making this such a fun time!

As we head toward spring, we look forward to many opportunities to come together in fellowship. Just look at what's coming up!

Chat with Rev. Drew on Sunday, March 16

Following the worship service, these monthly, informal chats are a good opportunity to get to know the minister and other members of the congregation while discussing our thoughts about Unitarian Universalism and how we live our faith. So grab a snack and cup of coffee and head downstairs to Rev. Drew's office for an hour or so of conversation.

Annual UUSB Variety Show on Sunday, March 23

Following the service, come enjoy your fellow parishioners as they light up the stage with their talents. Finger foods and light refreshments will be provided, and as always, contributions to the refreshment table are most welcome.

Souper Sunday on March 30

Following the worship service, we will sit down for a lunch of soup and accoutrements. Please bring a soup or something that goes with soup to this delicious gathering.

Candlepin Bowling on Sunday, March 30

There will be a UUSB Candlepin Bowling at the Bangor/Brewer Lanes from 3:00 to 5:00pm. Stay tuned in the coming weeks for more details as the date nears.

New to UU Classes in April

On April 2, 6:30-8:00pm there will be a New to UU Class in person at UUSB, and another New to UU Class on Zoom on April 9, 6:30-8:00pm.

Mark Your Calendars! UUSB's First All-Congregation Picnic

And finally, Mark Your Calendars for Sunday, August 10 for UUSB's First All-Congregation Picnic! There will be no worship service that day. Instead, we will congregate at Peaks-Kinney State Park for a day of relaxation and fun. More details to follow.

Fellowship Hour

Following the Sunday worship service, we hope you'll join us in the Dorothy for fellowship and refreshments. Each Fellowship Hour is hosted by a team of volunteers. Our Fellowship Hour teams and leaders for March are:

March 2 Team I Bob Spreng

March 9 Team J Patty Alcott

March 16 Team D Valerie Carter

March 23 Team C Eleanor Steele

March 30 Team F Cathy Elliott

THANK YOU to all who make our Fellowship Hour so enjoyable!

If you'd like to join a team, contact Cathy Elliott at cathyelliott25@gmail.com.

Becoming a Member of UUSB

If you want to become a member of our congregation, here's what's required:

1. Attend a Chat with the Minister or a New to UU class.
2. Read our self-study guide, Getting to Know Us, available on our website at:
<https://uubangor.org/new-to-uusb-2/uusb-self-study-guide/>
3. Complete a Request for Membership form and a Pledge form, also on our website.
4. Sign the UUSB Membership Book

Questions?

Email UUSB at: uubangor@gmail.com or call 207-947-7009.

The next Membership/Fellowship Committee meeting will be Wednesday, March 12, 6:30 - 8pm on Zoom.

The Membership/Fellowship Committee would love to hear from you! Please get in touch with us with your suggestions, questions or whatever is on your mind.

Linda Sisson contrabanjo@gmail.com
Cathy Elliott cathyelliott25@gmail.com
Evan Richert evenrichert771@gmail.com
Eleanor Steele elsteele99@gmail.com
Kim Boucher kboucher@prexar.com



ANNUAL SPRING AUCTION

Spring Goods and Services Auction April 5, 7:00-8:30 via Zoom

Mark your calendars for our exciting evening of Fun and Fundraising. This annual event features seats at the table for meals, artwork, and workshops! Donations are gratefully appreciated until mid March. Please contact Sue at 478-4631 or swm4631@gmail.com.

Below is a partial list of this year's wonderful items:

- Day at the Lake
- Murder Mystery Dinner
- Bean Supper
- Bicycle Tune ups
- Sermon Topic
- Savory Breads
- Zydlewsky Wooden art
- Felting Workshop
- Fire Pit Fun
- Tapas Dinner
- Mexican dinner
- Bangor Progressive Dinner
- Lam Dinner
- Soup of the Month
- Sailing with Rev Drew
- Year of Cookies
- Small Felted Hat/Mittens
- Laser Engraving
- And more confirmed each week!



Needle felted bird portraits

Join me for a workshop to learn how to needle felt your own bird portrait.

June 7, 10 am to noon in the

Dorothy. All materials provided.

If you are a young person (12+) it would be best to have an adult accompany you as we will be using very sharp and somewhat fragile needles.

(Photos are examples only)



SMALL GROUPS



Mindfulness Meditation Group

We will meet on Tuesdays, March 4, 11, 18, & 25 from 5:45 to 7:00. You can join in-person or online.

This meditation group is accessible to meditators of all experience levels, including people new to meditation. The program consists of walking and sitting meditation and a Dharma lesson with group discussion. The group intends to meet in a supportive, friendly, and non-judgmental environment. Each session is self-contained

material-wise. Regular attendance is helpful though optional. We will continue to explore the topic of Anger using a book titled *Anger* by Thich Nhat Hahn.

Drop-ins are always welcome. **We encourage newcomers to arrive or sign in fifteen minutes early (at 5:30 PM)** so they can get a short briefing and introduction to our group process and a quick introduction to insight meditation, especially if they are not experienced meditators or haven't meditated for a while.

Regular group meditation begins promptly at 5:45 PM.

Please note for in-person meditation attendees: We will start using the upper door (aka The Dorothy Memorial Door) for entrance into the building. The door will be unlocked starting at 5:20 PM and locked at 5:50 PM. This is to improve our building security. If you are running late and think you won't arrive until after 5:50 PM, consider heading home and joining on Zoom.

If you have any questions about the meditation group, please don't hesitate to get in touch with Rev. Drew Moeller at drewuu2@gmail.com

This program is free of charge to ALL. If one wishes to make a free-will offering (dana) to the group, one can do so in person in our dana basket (cash, check) or online at the UUSB website (click the donate button and select meditation group). Checks should include "Meditation" in the memo/notes line.

UUSB Choir

The UUSB Choir meets weekly, every Thursday from 5:30 - 6:30pm in the sanctuary! The group is looking forward to providing music every other week for our services! If you are interested in joining the choir (or in other musical outlets), please reach out to our Music Director, Sojourner Crowley for more information: uusbmusic@gmail.com.

Spirit of Drumming

March 9 & 23 at 11:30 AM in the Sanctuary

The Spirit of Drumming Circle is led by Laurie Cartier, LyAnn Grogan and Jim Shimko. With a variety of drumming including basic instruction, directed rhythms, and jamming to a song or the monthly theme, we rock out in the sanctuary every second and fourth Sunday after church. We start about 11:30 and drum until 1:00. No experience is necessary. We have a good supply of drums or you can bring your own. We hope you will join us soon.



SMALL GROUPS



Shawl Ministry

March 4 at 6:30 PM in the Dorothy

Are you interested in knitting or crocheting? Are you interested in creating gifts for beloved members of our community?

You don't have to have any experience with knitting or crocheting ahead of time to join the Shawl Ministry. Bring your own supplies or borrow some. All that matters is you come and join the fun!

CrUUnes

March 28 at 4:00 PM at Ann Perkins' House

We welcome all single self-identified crones who are members of the church!

Please bring a dish for potluck if able. The plan is to chat and hydrate, brief program, share, eat and chat more!

Meetings are generally on the last Friday of each month. Any questions, please call Anne at 478-7091.

UUSB Guild

March 19 at 11:30 AM in the Dorothy

The UUSB Guild meets monthly to discuss business, share good company, and enjoy a variety of guest speakers throughout the year. One part of the Guild's business is helping keep UUSB beautiful, welcoming, and loved. Recently, they are working to update and maintain the Dorothy Memorial Hall.

Workshop: Aging as a Spiritual Practice

The Aging As a Spiritual Practice workshop has met twice so far. The group has explored some of our preconceptions of ageing and how we have been conditioned by society to hold views of aging are biased by marketing and our own connection with older people when we were young. Our upcoming session will be focused on being present to and accepting our bodies as we age, exploring the spiritual gifts of aging gracefully and then a final session that will explore a topic chosen by the group.

Our upcoming meetings are scheduled for: March 7, March 14, and March 21. All the meetings will take place in Rev. Drew's Office.

Community Bean Suppers

Everyone is invited to join community members and our amazing volunteers for our monthly community bean suppers! This month, we have two bean suppers: **March 22 and March 29**. Meals may be eaten at UUSB in the Dorothy Memorial Hall or taken home in to-go containers. This allows us to enjoy the community and social aspects of this monthly event, while still accommodating those who may be unable to attend in person.

SOCIAL JUSTICE

Saving Our Democracy

We've been showing up on Tuesdays, 11AM-1PM at the Federal Building in Bangor to demonstrate our support for the constitution and to remind our leaders what we have sent them to do for us in Washington, D.C. Members of our UUSB community have also been making calls and writing letters expressing our frustration.

On February 17, President's Day, many in our UUSB community were part of a "No Kings" rally in front of the Federal Building. "No Kings" rallies were held across the nation to get our leaders TO ACT ON OUR BEHALF. There were over 200 participants in Bangor.



2nd Sunday Food Collection:

Even with the miserable weather on December 8th we managed to collect 129.5 pounds of food! Our grand total for 2024 was 1,552 pounds.

Remember:

1st Sunday (March 2) pick up your food bag

2nd Sunday (March 9) drop off your food!



SHARE THE PLATE

Every Sunday, we share half of our undesignated plate offerings with an organization that works toward our UU values. In March, half of the undesignated funds in the plate will go to MUUSAN.

The Maine Unitarian Universalist State Advocacy Network is a statewide advocacy and public policy network anchored in our Unitarian Universalist faith and animated by its principles. This legislative ministry links Maine's 22 Unitarian Universalist congregations to promote just, humane laws and policies in keeping with our UUA Shared Values.

In January, we were able to share \$310 with Shaw House.

You can give to the collection plate through the UUSB website and Vanco or by mailing a check to the church office.

Upcoming FY2025 Share the Plate Recipients

April – Faith Linking in Action

June – UUSB Food Programs

May – Bangor Humane Society



GIFT CARD FUNDRAISER

Convenient to carry! Every card purchase helps UUSB!!! Buy cards for your own grocery shopping, which you can use to shop in store or to order your groceries for curbside pickup or delivery! You can also buy cards to gift to friends and family or to donate to a local food bank.

Cards are available in increments of \$25, \$50, \$100, \$200, \$300, or \$500. Cash, or checks made out to UUSB are accepted.

To purchase your Hannaford card and support UUSB, please purchase after the Sunday service or contact Rosemary.



- Kate Dutra: Sundays in the Dorothy Memorial Hall after the Sunday Service
- Rosemary Parsons: 327-1045, roxemary@gmail.com

March

SUN	MON	TUE	WED	THU	FRI	SAT
						1
2 10:00 AM Service SEE Classes 11:30 AM S.U.R.E.	3	4 5:45 PM Meditation Group 6:30 PM Shawl Ministry	5 4:00 PM Worship	6 5:30 PM Choir	7 2:00 PM Aging as a Spiritual Practice	8
9 Food Collection 10:00 AM Service 11:30 AM Drumming	10	11 5:45 PM Meditation Group 7:00 PM Building & Grounds	12 Committee Reports Due 6:30 PM Membership- Fellowship	13 11:00 AM Staff Meeting 5:30 PM Choir 7:00 PM Executive Committee	14 10:00 AM Budget & Finance 2:00 PM Aging as a Spiritual Practice	15
16 10:00 AM Maple Ritual SEE Classes 11:30 AM Minister's Chat Advocacy Workshop	17	18 5:45 PM Meditation Group	19 11:30 AM Guild Meeting 2:30 PM Pastoral Care 6:30 PM Council	20 Chalice & Chimes Deadline 5:30 PM Choir	21 2:00 PM Aging as a Spiritual Practice	22 10:00 AM Bag Lunch Prep 3:00 PM Supper Prep 4:00 PM Bean Supper
23 10:00 AM Service SEE Classes 11:30 AM Drumming Variety Show & Tapas Table	24	25 5:45 PM Meditation Group	26 8:00 PM Communication	27 5:30 PM Choir	28 2:00 PM CrUUnes	29 10:00 AM Bag Lunch Prep 3:00 PM Supper Prep 4:00 PM Bean Supper
30 10:00 AM Service 11:30 AM Worship Lab	31					

ABOUT US
Unitarian Universalist
Society of Bangor

Our Mission Statement

The Unitarian Universalist Society of Bangor is an historically liberal religious community, celebrating diversity and supporting spiritual growth and social responsibility in each child and adult.

A Welcoming Congregation

We welcome individuals and families of all religious upbringings, racial and ethnic backgrounds and sexual orientations. We, a member of the Unitarian Universalist Association, covenant to affirm and promote the inherent worth and dignity of every person.

A Green Sanctuary

The UU Society of Bangor, recognized as a Green Sanctuary by the Unitarian Universalist Association, endeavors to incorporate care for the Earth into its worship and religious education while working to promote environmental justice and sustainable living. We covenant to affirm and promote respect for the interdependent web of all existence, of which we are a part.



REMINDERS

Do you have a **CLYNK** Bag?? Be sure to have one handy, so you can easily be collecting bottles and cans to help raise money for our UU Youths' Social Justice Service Trip. The bags are in the Dorothy Memorial Room. Please contact Laura Santilli for details. Thank you for your support!!!

UUSB is always in need of volunteers – for fundraisers, childcare, teaching, and to fill positions on our active committees. The great perks of volunteering are not just the satisfaction of contribution, but the sense of community we all feel when we accomplish important tasks with others. Since we don't always know who is able to take part, please contact a council or committee member if you are open to volunteering in any large or small way.

The **UUSB Worship Committee** is looking for more member participation in our worship services and is extending an INVITATION to one and all of you to consider if you might be interested in joining our services as READERS.

Collection Plate & Pledge Reminders

One way you can help continue our outreach efforts is to keep up with your financial pledge. Without our weekly passing of the collection plate, we still need to make sure that we can pay our bills. Keeping up with your pledge allows our staff and leadership to focus on providing services to members, friends, and guests. There are three options to make is easy to keep up with your pledge:

1. Mail a check to the church office at 120 Park St, Bangor, ME 04401
2. Contact Eric Strong, our treasurer, to set up a direct withdrawal from your paycheck or bank account
3. Donate online through Vanco. This option will be available on our website, as well as shared in our weekly e-news

Thank you for your continued support as we all work to provide for our community.



ABOUT THE *CHALICE & CHIMES*

Church Council:

Sue McKay, *Chair*
Zach Falcon, *Vice Chair*
Tom Armstrong, *Clerk*
Eric Strong, *Treasurer*
Kim Boucher
Francis Grey
Tracy Haskell
Tim Martin
Erin Seavey

Council meets at 6:30 PM
on the third Wednesday
of each month.

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UUSB Staff Contact:

Rev. Andrew Moeller, Minister
(207) 922-2956
drewuu2@gmail.com
Christine Sprague, Administrator
(207) 947-7009
uubangor@gmail.com
Camden Ador, S.E.E. Coordinator
uubangorre@gmail.com
Sojourner Crowley, Music Director
uusbmusic@gmail.com
Atticus Foster, AVS Tech

About Our Newsletter

The *Chalice and Chimes* is published ten times a year (Sept-June). An email reminder is sent out to all member and friends on the church's database mailing list when the newsletter has been posted to the church website, where it may be viewed or down-loaded. It is also available in paper format on the table by the sanctuary entrance and by US mail (request from the Church Office).

Editorial Policy

Articles submitted for publication in the *Chalice & Chimes* must strive to include, in an unbiased way, only that information that is consistent with the UU faith. Articles should deal with issues of a spiritual nature meant to inspire, encourage, educate, or inform. Although every effort will be made to be inclusive, the Editor reserves the right to determine which articles are accepted for publication. The Editor has the right to edit for space, availability, libelous remarks, or unwarranted personal attacks. The Editor also reserves the right to refuse any item that may affect our Tax Exempt Status.



Newsletter Submissions Next Newsletter Deadline: March 20, 2024

The next issue will be April 2025.
We value your contributions and very much
appreciate submissions.
When sending email contributions to
Chalice & Chimes: uubangor@gmail.com