

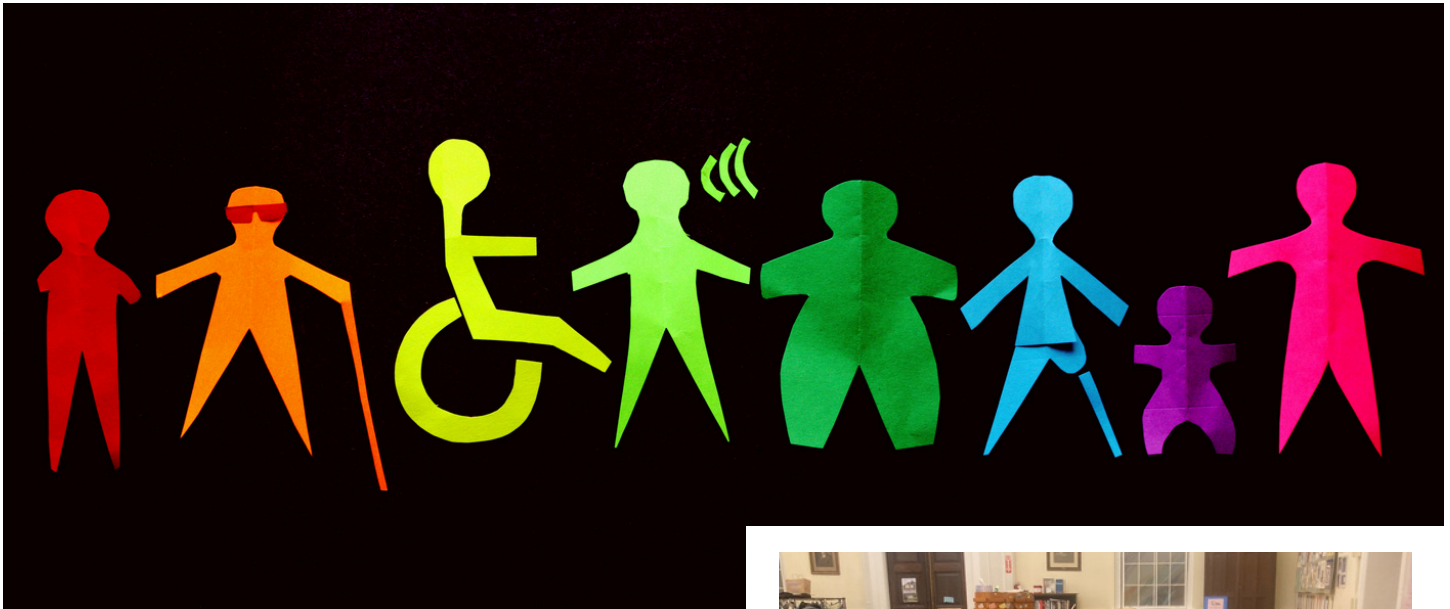


UUSB

February 2025

# CHALICE & CHIMES

Unitarian Universalist Society of Bangor



## FEBRUARY SERVICE HIGHLIGHTS

Our theme this month is the **Practice of Inclusion**.

This month, we'll focus on how we include new and different groups to build and strengthen community through those relationships. We will also celebrate Imbolc to start the month.



UUSB Game Night 2024. Join us for Game Night 2025 on February 1!

More on Page 2

120 PARK ST  
BANGOR, ME 04401  
SUNDAYS AT 10:00 AM  
(207) 947-7009  
WWW.UUBANGOR.ORG  
UUBANGOR@GMAIL.COM

## FEBRUARY EVENT HIGHLIGHTS

- Annual Game Night 2/1
- Showing Up for Racial Equity 2/2
- Shawl Ministry 2/4
- Meditation Group 2/4, 2/11, 2/18, & 2/25
- Spirit of Drumming 2/9 & 2/23
- Worship Lab 2/9
- Justice Now 2/16
- Guild Meeting 2/19
- Bean Supper 2/22
- CrUUnes 2/28



# FEBRUARY SERVICES

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This year, we will be using the same Zoom meeting information every Sunday. If there is a change, it will be announced in the weekly e-news and Sunday service emails.

## **Sunday Service Zoom Information:**

Meeting ID: 965 7817 0239 Passcode: 666892 [Zoom Link](#)

### **February 2:** "Imbolc Ritual" with Laurie Cartier & Linda Koehler

Please join us for a musical ritual honoring the pagan holy day of Imbolc. Imbolc is the astrological cross quarter between the Winter Solstice and the Vernal Equinox. It is a time to honor the Goddess Brigid and her connection to craft, the hearth, and new birth. It is that magical time when winter is starting to wane and the light is returning; a time when seeds are getting ready to germinate and our inner work is becoming ready to manifest. With the music of Linda Smith Koehler, we will journey through the returning of the light and find our call to action. Women With Wings members will provide some of the music and videos will aid in our ability to fully embrace what this music is giving us.

This week's worship team is: Laurie Cartier, Linda Koehler, John Arimond, and Atticus Foster. Music will be provided by Rissa Moore.

### **February 9:** "Embracing the 'And'" with Rev. Drew Moeller

To simplify life, we often reduce our interactions with the world to binary responses: Yes/No, True/False, Correct/Wrong, etc. How would the world look if we allowed for each decision an awareness that truth is always binary and that often new thinking and wisdom comes from experiencing the world from a place of creating or allowing space for the 'AND'?

*Please note:* before and after the service we will be collecting food for our Second Sunday food collection to support the Ecumenical Food Cupboard.

This week's worship team is: Rev. Drew Moeller, Sue McKay, Phyllis Havens, and Atticus Foster. Music will be provided by the UUSB Choir and Sojourner Crowley.

### **February 16:** "Abigail Adams, the Mother of Our Country" with John Arimond

This week's worship team is: John Arimond, Sue McKay, Keri Phipps, and Atticus Foster. Music will be provided by the UUSB Choir and Sojourner Crowley.

### **February 23:** "Immigration or NA Rights" with Showing Up for Racial Equity (S.U.R.E.)

This week's worship team is: Showing Up for Racial Equity members, Laurie Cartier, John Arimond, and Glen Koehler. Music will be provided by the UUSB Choir and Sojourner Crowley.

# DREW'S VIEWS

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Greetings Dear Ones,

This month, our Soul Matters theme is the Practice of Inclusion. The concept of Inclusion means different things to different people in various situations. Try as we might, even the most conscientious person or group may not always be as inclusive as they wish to be. This is because Inclusion involves an intimacy and connection between people or groups, which takes thoughtful effort. All our UU principles embrace Inclusion: Interdependence, Pluralism, Justice, Equity, Transformation, and Generosity.

Inclusion requires a dynamic balance of these values to thrive. First, it takes the openness of a group to welcome new participants, including them in established practices and welcoming their ideas. It also means we must welcome them without requiring full assimilation or erasure of their culture. Secondly, the party joining a new group needs a sense of safety and a genuine feeling that they matter and are valued and respected. If those conditions are met, Inclusion is evident as people on all sides are transformed by their new community members.

This process can be awkward. It requires trust and willingness to listen, an ability to articulate wants, needs, and desires clearly, and the ability to respond in kind and generous ways. For task-oriented people, Inclusion can be difficult and frustrating, because the fruits and rewards of Inclusion are not

always immediately noticeable or measurable. Inclusion is a spiritual, mental, and organizational infrastructure that might not reap immediate rewards, but provides lasting dividends when achieved and maintained.

One of the reasons I was drawn to my current spiritual practice of Insight, or Vipassana meditation, is that it helps one develop the skill of "allowing" or including distracting thoughts and emotions as they arise. When distracting thoughts arrive, the practice is to accept them—notice them and not judge them.

Doing so cultivates what is called "kind awareness"—an awareness that allows us to treat even uncomfortable feelings and emotions respectfully and examine them in a way that leads to deeper understanding of their nature and origin. Being able to sit with and examine those thoughts and emotions helps us cultivate thoughtful responses, instead of quick and hasty reactions.

While I don't know this for certain I can't help but wonder if this is how many indigenous cultures have been able to survive for tens of thousands of years - by listening, and noticing their natural

## STAFF

Rev. Andrew Moeller,  
*Settled Minister*

[drewuu2@gmail.com](mailto:drewuu2@gmail.com)

Christine Sprague,

*Office Administrator*

[uubangor@gmail.com](mailto:uubangor@gmail.com)

Sojourner Crowley,

*Music Director*

[uusbmusic@gmail.com](mailto:uusbmusic@gmail.com)

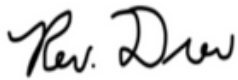
environment in more intimate and intuitive ways that allowed them to adapt and live in harmony with nature instead of living with a mindset of trying to control it.

Inclusion. A concept that is so desperately needed in our world today - from immigration reform, to dismantling forms of oppression and learning to build a beloved community - the process of inclusion is so important and yet illusive.

May we all take moments to reflect on how open we are to hearing thoughts, and ideas that feel uncomfortable to us, so, we can be present to those experiences as we look for wise ways to engage in responding thoughtfully with openness and love, instead of reacting out of fear and hate.

I am with you on that journey,

Love and Namasté,



Rev. Drew

# MINISTER'S SCHEDULE

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## Sunday

- 10:00 AM UUSB Service
- Afternoon/Evening by Appointment

## Monday

- *Minister's Sabbath: Unavailable*

## Tuesday

- 10:00-1:00 Open Office Hours
- 2:00-4:00 By Appointment

## Wednesday

- 10:00-1:00 Open Office Hours
- 2:00-4:00 By Appointment

## Thursday

- *Writing Day: Unavailable*

## Friday

- 10:00-1:00 Open Office Hours
- 2:00-4:00 By Appointment
- *Not Available After 4:30*

## Saturday

- By Appointment Only

### Please Note:

Rev. Drew's regular weekend off for the month is February 1-3.

Rev. Drew will not be in the pulpit on February 16.

On February 23, Rev. Drew will downstairs with our yoUUth in SEE.

While Rev. Drew does have open office hours, he often has morning meetings that may occur during that time. You may want to call ahead, just to check.

Rev. Drew is also available by appointment outside of offices by appointment. Contact Rev. Drew directly to make an appointment.



## Worship Welcomes Your Suggestions!

The experience of worship is greatly enhanced with personal experiences and connections. This is why the worship committee encourages your suggestions of poems, readings, music selections, stories, and personal experiences, that enhance the worship experience for all. If you have a favorite piece of music, poem or music selection that you wish to share with our worship committee please share it with Rev. Drew, Sojourner (our new Music Director) or a member of our worship committee (John Arimond, Laurie Cartier, Phyllis Havens, and Sue McKay).

We love incorporating your suggestions into our worship planning. You can also bring your ideas to our **Worship Lab on Sunday, February 9 after the service**. Thanks to all who offer suggestions for December worship services. I look forward to hearing your ideas for March on the theme of - "The Practice of Trust."

Again this year we will use Soul Matters' monthly topics as a general guide for our worship themes. Typically worship planning including selection of music starts two weeks before the end of the month.

### 2024-2025 Soul Matters Themes

- |       |                           |
|-------|---------------------------|
| March | - Practice of Trust       |
| April | - Practice of Joy         |
| May   | - Practice of Imagination |
| June  | - Practice of Freedom     |

## MAKE A PAPER HEART TO SHARE

One way to make someone feel welcome (and *included*) is to give a gift. In the spirit of welcoming others and February's most famous holiday, here are some instructions for making an origami heart. Make one to share with someone this month!

- Christine Sprague, friendly neighborhood admin



Step 1: Fold your square in half two times and unfold. You should see a "t".



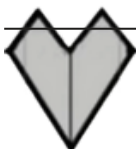
Step 2: Fold down the top corner so the point touches the center



Step 3: Fold the bottom corner up to reach the fold line from Step 2.



Step 4: Fold both sides in from the bottom to meet at the center.



Step 5: Flip your heart over. Fold the top two points down at the half-way mark and tuck them in.



Step 6: Fold the points on both sides in.



Scan the QR Code for video instructions.

## COUNCIL

Sue McKay, *Chair*

Zach Falcon, *Vice Chair*

Tom Armstrong, *Clerk*

Eric Strong, *Treasurer*

Kim Boucher

Francis Grey

Tracy Haskell

Tim Martin

Erin Seavey

# COUNCIL CRIER

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Dear UUSB Community,

The first full moon of 2025, the Wolf Moon, has passed over the skies splashing its light across the snow blanketed fields in my neighborhood. How could there be such peaceful moments when so much is happening in our world that is harsh? A big question that our UUSB faith calls us to consider.

Mark McCollough joined us again this month to, as he said, "let's convene tonight in fellowship and fun, and talk about the sun!" Mark brought four different options for Council to consider, including the additions of heat pumps and an ability to generate enough power to cover our rising electrical costs. A brief discussion followed about funding options and current rebates that UUSB would like to take advantage of. While there remain questions to be answered, it is hoped that we can move forward with this project. Thank you Mark for the work you have done and continue to do researching our options!

A solar sub-committee was formed to draft a final proposal, Council Members Tom and Kim have agreed to serve on the committee.

LyAnn Grogan and Laura Santilli from the Committee on Shared Ministry met with Council as they worked on their mid-year check-in. It is always nice to take this time to pause and consider COSM's questions.

Erin reported that, discouragingly, the initial advertisement for our SE Educator position received no responses. She went on to say that one application came in, literally, right before our Council meeting. A brief discussion followed regarding this interim search, current programming and a future search for the permanent position.

Lastly, once again, a message of gratitude and thanks for our Beloved UUSB Community. Council is grateful for everyone for pitching in, in whatever way you have done; from participating in Fellowship Hour, helping with a clean up day, working on a fundraiser, participating in a committee, greeting a visitor, smiling as you pass in the hallway or for simply showing up and being with us.

A reminder that all are welcome to attend Council meetings, our next will be held on February 19, 2025 at 6:30 pm., if interested please email [uusbclerk@gmail.com](mailto:uusbclerk@gmail.com) for the ZOOM link.

In Faith,  
Tracy Haskell

# TIME TO LET YOUR LOVE OF UUSB SHINE

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It's that time again! Our annual Pledge Campaign will be kicking off soon. We're racing toward Stewardship Sunday, which will be March 2nd. Pledge cards will be emailed to Members and Friends mid-February. Those who receive a physical copy of *Chalice & Chimes* will get a pledge card in the mail around that time, too. This year, we're striving to finally give the hardworking minister and staff of UUSB raises!

Please begin thinking about what you can pledge. And if you're a member but can't contribute financially, don't fret. Just mark on your pledge card that you're requesting a waiver.

**Pledge cards and waivers are due back by Sunday, March 23rd.** Every member must return a pledge card, even if requesting a waiver, to maintain active status. You must be an active member to do things like vote for council members or adopting the annual budget, as well as for any other congregation-wide matters that come up, like when we adopted the 8th Principle.

Return your pledge card however best suits you: emailed to [worthington.strong@gmail.com](mailto:worthington.strong@gmail.com), called or texted to me, Kayla Worthington Strong at (207) 370-5889, mailed in, or handed to me.

*Please note the contact information for the Pledge Campaign has changed this year.*



The Financial Stewardship Committee is graced this year with the return of Phyllis Havens, Sue McKay, Rev. Drew Moeller, and Amy Starkey-Lam.

I'm Kayla, and I'm serving as chair this year. Here's a little picture for those still getting to know me. If you have any questions, suggestions, a pledge to return, or a burning desire to get involved, you can usually find me next to my curly little redhead!

More info about this year's goal, campaign, and Variety Show coming soon!

Kayla Worthington Strong  
*Financial Stewardship Chair*

# THE OFFICE ORGANIZER

Find all your UUSB Church Office Updates in this space. You can find publication deadlines, office hours and scheduled closures, as well as important building updates and more!

## February Office Hours & Closures

The in-person office hours are generally 10:00 to 2:00 on Tuesday, Wednesday, and Friday.

The January Staff Meeting is on Tuesday, February 4, so the office will not open until 12:00 that day.

The office will be closed on January 20.



## Reserving Space at UUSB

If you are looking to schedule an in-person meeting or event at UUSB, please email the offices for the Facility Use forms. You can also request physical copies during office hours or mailed to you.

We have a whole bunch of exciting new or returning building users in 2025! Bangor ContraDance is here on the fourth Friday. A couple SCA events will be hosted here in the coming months. We have a local youth theatre program using the vestry in the spring. It's exciting to see the building used build even more community!



## Important Publication Deadlines

The **Chalice & Chimes** submission deadline for FY2025 is the **20th of each month**. Late submissions can be posted on the website, in the e-news, or the Sunday announcements. The next deadline is February 20.

## Submit Announcements by Fridays

To have an announcement read on Sunday morning, it must be submitted to Rev. Drew or the office by Friday before the service.



*Chalice & Chimes* Deadline:  
Thursday, February 20

Weekly E-News Deadline:  
Thursdays @10:00

In-Person Office Hours: 10:00-2:00  
Tuesday, Wednesday, Friday



# MEMBERSHIP-FELLOWSHIP

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## LOOKING AHEAD WITH MEMBERSHIP-FELLOWSHIP

As we enter the New Year, we look forward to new and ongoing fellowship at UUSB. We are truly blessed to be a community of people who engage with one another and care deeply for one another.

### Fellowship Hour

We hope you'll join us Sundays following the service in the Dorothy for socializing and refreshments. The refreshments are provided and served by volunteer teams. Each team serves four times a year. If you'd like to join a team, contact Cathy Elliott at [cathyelliott25@gmail.com](mailto:cathyelliott25@gmail.com). Thank you to all who make our Fellowship Hour so enjoyable!

### Souper Sundays

We will continue our popular tradition of having Souper Sundays the last Sunday of each month during the winter and spring. Following the worship service, we sit down together to enjoy a hearty luncheon of soup and all the accouterments. If you can contribute a pot of soup or a side, thank you in advance.

### Chats with Rev. Drew

These informal, monthly chats are a good opportunity to get to know the minister and other members of the congregation while discussing our thoughts about Unitarian Universalism and how we live our faith. So grab a snack and cup of coffee and head downstairs to Rev. Drew's office for an hour or so of conversation.

### Becoming a Member of UUSB

If you want to become a member of our congregation, here's what's required:

1. Attend a Chat with the Minister or a New to UU class.
2. Read our self-study guide, Getting to Know Us, available on our website at: <https://uubangor.org/new-to-uusb-2/uusb-self-study-guide/>
3. Complete a Request for Membership form and a Pledge form, also on our website.
4. Sign the UUSB Membership Book

### Questions?

Email UUSB at: [uubangor@gmail.com](mailto:uubangor@gmail.com) or call 207-947-7009.

The next Membership-Fellowship Committee Meeting will be held Wednesday, February 12, 6:30 - 8pm on Zoom.

The Membership/Fellowship Committee would love to hear from you! Please get in touch with us with your suggestions, questions or whatever is on your mind.

Linda Sisson [contrabanjo@gmail.com](mailto:contrabanjo@gmail.com), Cathy Elliott [cathyelliott25@gmail.com](mailto:cathyelliott25@gmail.com),  
Evan Richert [evenrichert771@gmail.com](mailto:evenrichert771@gmail.com), Eleanor Steele [elsteele99@yahoo.com](mailto:elsteele99@yahoo.com),  
and Kim Boucher [Kboucher@prexar.com](mailto:Kboucher@prexar.com).



Join us for an evening of all-ages fun!

Indoor cornhole? Yup.

Board games, card games too? Yup.

Yummy snacks? Yup.

Magician? Yup.

The fun begins at 6PM at the church and goes until 8PM, so bring your favorite board, or other game, and a snack to share and join in the fun!

## ANNUAL SPRING AUCTION

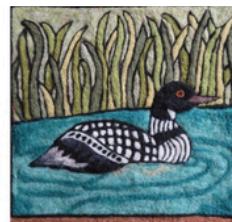
**Mark your calendars for the Spring Auction: April 5, 7:00 on Zoom! It's always great fun!**

This is a UUSB favorite evening for fun and fundraising.

Members and friends donate their artistic and culinary talents and bidding on seats at meals, works of art and fun events brings the community together.

**More items, excursions and meals and food options are needed to make this special night our best ever! Please consider joining in the fun!**

Contact Sue McKay to discuss what you could donate. Look for a sign up sheet on the Dorothy Memorial bulletin board.



### Needle felted bird portraits

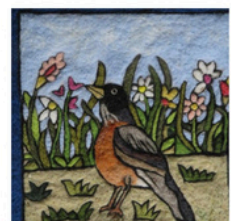
Join me for a workshop to learn how to needle felt your own bird portrait.

June 7, 10 am to noon in the

Dorothy. All materials provided.

If you are a young person (12+) it would be best to have an adult accompany you as we will be using very sharp and somewhat fragile needles.

(Photos are examples only)



# SMALL GROUPS

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## Mindfulness Meditation Group

We will meet on Tuesdays, February 4, 11, 18, & 25 from 5:45 to 7:00. You can join in-person or online.

This meditation group is accessible to meditators of all experience levels, including people new to meditation. The program consists of walking and sitting meditation and a Dharma lesson with group discussion. The group intends to meet in a supportive, friendly, and non-judgmental environment. Each session is self-contained

material-wise. Regular attendance is helpful though optional. We will continue to explore the topic of Anger using a book titled *Anger* by Thich Nhat Hahn.

Drop-ins are always welcome, though **we encourage newcomers to arrive or sign in fifteen minutes early (at 5:30 PM)**. Signing in and coming early allows newcomers to meet Rev. Drew and help Rev. Drew learn more about newcomers' familiarity with meditation, as well as a chance to settle in and receive a brief introduction to sitting and walking meditation and the group process before the group begins promptly at 5:45 PM. Don't hesitate to get in touch with Rev. Drew Moeller if you have questions email Rev. Drew at [drewuu2@gmail.com](mailto:drewuu2@gmail.com).

This program is free of charge to ALL. If one wishes to make a free-will offering (dana) to the group, one can do so in person in our dana basket, cash, check, or online. Checks can be made to "UUSB" with "Meditation Group" in the memo/notes line.

If you want to join via Zoom, please contact Rev. Drew to receive the current meeting info.

## UUSB Choir

The UUSB Choir meets weekly, every Thursday from 5:30 - 6:30pm in the sanctuary! The group is looking forward to providing music every other week for our services! If you are interested in joining the choir (or in other musical outlets), please reach out to our Music Director, Sojourner Crowley for more information: [uusbmusic@gmail.com](mailto:uusbmusic@gmail.com).

## Spirit of Drumming

February 9 & 23 at 11:30 AM in the Sanctuary

The Spirit of Drumming Circle is led by Laurie Cartier, LyAnn Grogan and Jim Shimko. With a variety of drumming including basic instruction, directed rhythms, and jamming to a song or the monthly theme, we rock out in the sanctuary every second and fourth Sunday after church. We start about 11:30 and drum until 1:00. No experience is necessary. We have a good supply of drums or you can bring your own. We hope you will join us soon.



# SMALL GROUPS

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## Shawl Ministry

February 4 at 6:30 PM in the Dorothy

Are you interested in knitting or crocheting? Are you interested in creating gifts for beloved members of our community?

You don't have to have any experience with knitting or crocheting ahead of time to join the Shawl Ministry. Bring your own supplies or borrow some. All that matters is you come and join the fun!

## CrUUnes

February 28 at 4:00 PM at Ann Perkins' House

We welcome all single self-identified crones who are members of the church!

Please bring a dish for potluck if able. The plan is to chat and hydrate, brief program, share, eat and chat more!

Meetings are generally on the last Friday of each month. Any questions, please call Anne at 478-7091.

## UUSB Guild

February 19 at 11:30 AM in the Dorothy

The UUSB Guild meets monthly to discuss business, share good company, and enjoy a variety of guest speakers throughout the year. One part of the Guild's business is helping keep UUSB beautiful, welcoming, and loved. Recently, they are working to update and maintain the Dorothy Memorial Hall.

The most recent update to the Dorothy Memorial Hall is the new couch! The Guild purchased the new couch in November 2024 and refreshed the area to help make sure our community is welcomed and comfortable!

## Workshop: Aging as a Spiritual Practice

The Aging As a Spiritual Practice workshop series filled up quickly. Bill and I are excited about bringing this new series to our community as we continue brainstorming the final details for our sessions. Currently, we plan to meet on the following afternoons from 2:00 - 3:30 PM on the following dates:

February 7, February 14, February 21, and March 7.

All the meetings are currently planned to be held in Rev. Drew's Office. We will use Zoom only if the weather disrupts our plans to meet in person. Please note that if you have not already pre-registered the group is completely filled. Due to the response, we will consider offering this workshop series again.

In gratitude, Rev. Drew & Bill

# SOCIAL JUSTICE

## FLIA's MLK Celebration Event

On Sunday, January 19, a Bangor-area multi-faith group, Faith Linking in Action, sponsored their third annual Martin Luther King J. celebration at First United Methodist Church in Bangor. The theme of this year's event was "Building Hope: Ending Homelessness in Maine."

The celebration included a showing of a film and facilitated panel focusing on homelessness, and was then followed by music and a pot-luck. The film was made by Richard Kane and Melody Lewis-Kane.

The event attracted over 120 people from the greater Bangor area.



## Democracy in Action

Our weekly concerned citizens' vigils in front of the Federal Building on Harlow Street will continue from 11am to 1pm on Tuesdays unless it's bitter cold, pouring rain or too icy.

With engaging signs we hope to keep passersby informed of what's happening at the federal level and to keep a focus in particular on our Senators' votes. Please consider joining us for all or part of that time and as frequently as you're able. We tend to walk back and forth on the sidewalk, so if you count steps you're in luck!

## 2nd Sunday Food Collection:

Even with the miserable weather on December 8th we managed to collect 129.5 pounds of food! Our grand total for 2024 was 1,552 pounds.

We love our new bag distribution system with bags hand designed by Sasha, Violet and Bryan. Next food collection day: Sunday, January 12, 2025.

### Remember:

1st Sunday (February 2) pick up your food bag

2nd Sunday (February 9) drop off your food!



# GIFT CARD FUNDRAISER

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Convenient to carry! Every card purchase helps UUSB!!! Buy cards for your own grocery shopping, which you can use to shop in store or to order your groceries for curbside pickup or delivery! You can also buy cards to gift to friends and family or to donate to a local food bank.

Cards are available in increments of \$25, \$50, \$100, \$200, \$300, or \$500. Cash, or checks made out to UUSB are accepted.

To purchase your Hannaford card and support UUSB, please purchase after the Sunday service or contact Rosemary.



- Kate Dutra: Sundays in the Dorothy Memorial Hall after the Sunday Service
- Rosemary Parsons: 327-1045, roxemary@gmail.com

## SHARE THE PLATE

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In February, half of the undesignated funds in the plate will go to the UUSB Food Programs. This includes the Bean Suppers that we host on the fourth, and fifth, Saturdays each month and our Bag Lunch program, to give lunches for those attending our Bean Suppers.

In December, we were able to share \$319 with the Bangor Area Homeless Shelter.

You can give to the collection plate through the UUSB website and Vanco or by mailing a check to the church office.

### Upcoming FY2025 Share the Plate Recipients

March - MUUSAN

April - Faith Linking in Action

May - Bangor Humane Society

June - UUSB Food Programs




## COMMUNITY BEAN SUPPER

Everyone is invited to join community members and our amazing volunteers for our monthly community bean supper!

Meals may be eaten at UUSB in the Dorothy Memorial Hall or taken home in to-go containers. This allows us to enjoy the community and social aspects of this monthly event, while still accommodating those who may be unable to attend in person.

# February

SUN	MON	TUE	WED	THU	FRI	SAT
						<b>1</b> 6:00 PM Game Night 
<b>2</b> 10:00 AM Service SEE Classes 11:30 AM S.U.R.E.	<b>3</b>	<b>4</b> 5:45 PM Meditation Group 6:30 PM Shawl Ministry	<b>5</b> 4:00 PM Worship	<b>6</b> 5:30 PM Choir	<b>7</b> 2:00 PM Aging as a Spiritual Practice	<b>8</b>
<b>9</b> <b>Food            Collection</b> 10:00 AM Service SEE Classes 11:30 AM Worship Lab Drumming	<b>10</b>	<b>11</b> 5:45 PM Meditation Group 7:00 PM Building & Grounds	<b>12</b> <b>Committee            Reports Due</b> 6:30 PM Membership- Fellowship	<b>13</b> 5:30 PM Choir 7:00 PM Executive Committee	<b>14</b> 10:00 AM Budget & Finance 2:00 PM Aging as a Spiritual Practice	<b>15</b>
<b>16</b> 10:00 AM Service 11:30 AM Justice Now	<b>17</b>	<b>18</b> 5:45 PM Meditation Group	<b>19</b> 11:30 AM Guild Meeting 2:30 PM Pastoral Care 6:30 PM Council	<b>20</b> <b>Chalice &amp;            Chimes            Deadline</b> 5:30 PM Choir	<b>21</b> 2:00 PM Aging as a Spiritual Practice	<b>22</b> 10:00 AM Bag Lunch Prep 3:00 PM Supper Prep 4:00 PM Bean Supper
<b>23</b> 10:00 AM Service SEE Classes 11:30 AM Drumming	<b>24</b>	<b>25</b> 5:45 PM Meditation Group	<b>26</b> 8:00 PM Communication	<b>27</b> 5:30 PM Choir	<b>28</b> 2:00 PM CrUUnes	

# REMINDERS

## ABOUT US Unitarian Universalist Society of Bangor

### Our Mission Statement

The Unitarian Universalist Society of Bangor is an historically liberal religious community, celebrating diversity and supporting spiritual growth and social responsibility in each child and adult.

### A Welcoming Congregation

We welcome individuals and families of all religious upbringings, racial and ethnic backgrounds and sexual orientations. We, a member of the Unitarian Universalist Association, covenant to affirm and promote the inherent worth and dignity of every person.

### A Green Sanctuary

The UU Society of Bangor, recognized as a Green Sanctuary by the Unitarian Universalist Association, endeavors to incorporate care for the Earth into its worship and religious education while working to promote environmental justice and sustainable living. We covenant to affirm and promote respect for the interdependent web of all existence, of which we are a part.



Do you have a **CLYNK** Bag?? Be sure to have one handy, so you can easily be collecting bottles and cans to help raise money for our UU Youths' Social Justice Service Trip. The bags are in the Dorothy Memorial Room. Please contact Laura Santilli for details. Thank you for your support!!!

**UUSB is always in need of volunteers** – for fundraisers, childcare, teaching, and to fill positions on our active committees. The great perks of volunteering are not just the satisfaction of contribution, but the sense of community we all feel when we accomplish important tasks with others. Since we don't always know who is able to take part, please contact a council or committee member if you are open to volunteering in any large or small way.

The **UUSB Worship Committee** is looking for more member participation in our worship services and is extending an INVITATION to one and all of you to consider if you might be interested in joining our services as READERS.

### Collection Plate & Pledge Reminders

One way you can help continue our outreach efforts is to keep up with your financial pledge. Without our weekly passing of the collection plate, we still need to make sure that we can pay our bills. Keeping up with your pledge allows our staff and leadership to focus on providing services to members, friends, and guests. There are three options to make is easy to keep up with your pledge:

1. Mail a check to the church office at 120 Park St, Bangor, ME 04401
2. Contact Eric Strong, our treasurer, to set up a direct withdrawal from your paycheck or bank account
3. Donate online through Vanco. This option will be available on our website, as well as shared in our weekly e-news

Thank you for your continued support as we all work to provide for our community.





# ABOUT THE *CHALICE & CHIMES*

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## Church Council:

Sue McKay, *Chair*  
Zach Falcon, *Vice Chair*  
Tom Armstrong, *Clerk*  
Eric Strong, *Treasurer*  
Kim Boucher  
Francis Grey  
Tracy Haskell  
Tim Martin  
Erin Seavey

Council meets at 6:30 PM  
on the third Wednesday  
of each month.

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## UUSB Staff Contact:

Rev. Andrew Moeller,  
Settled Minister  
(207) 922-2956  
drewuu2@gmail.com

Christine Sprague, Office Admin.  
(207) 947-7009  
uubangor@gmail.com

Spiritual Exploration Experience  
uubangorre@gmail.com

Sojourner Crowley,  
Music Director  
uusbmusic@gmail.com

Atticus Foster, AVS Tech

## About Our Newsletter

The *Chalice and Chimes* is published ten times a year (Sept-June). An email reminder is sent out to all member and friends on the church's database mailing list when the newsletter has been posted to the church website, where it may be viewed or down-loaded. It is also available in paper format on the table by the sanctuary entrance and by US mail (request from the Church Office).

## Editorial Policy

Articles submitted for publication in the *Chalice & Chimes* must strive to include, in an unbiased way, only that information that is consistent with the UU faith. Articles should deal with issues of a spiritual nature meant to inspire, encourage, educate, or inform. Although every effort will be made to be inclusive, the Editor reserves the right to determine which articles are accepted for publication. The Editor has the right to edit for space, availability, libelous remarks, or unwarranted personal attacks. The Editor also reserves the right to refuse any item that may affect our Tax Exempt Status.



## Newsletter Submissions

### Next Newsletter Deadline:

**February 20, 2024**

The next issue will be March 2025.  
We value your contributions and very much appreciate submissions.  
When sending email contributions to  
*Chalice & Chimes*: uubangor@gmail.com