



UUSB

November 2024

# CHALICE & CHIMES

Unitarian Universalist Society of Bangor



## NOVEMBER SERVICE HIGHLIGHTS

Our theme this month is the **Practice of Repair.**

We will focus on the work we do internally to repair ourselves and the work we do in the world to help repair it. We will also look to the future, with election day on November 5.

See page 2 for full service descriptions!

More on Page 2

120 PARK ST  
BANGOR, ME 04401  
SUNDAYS AT 10:00 AM  
(207) 947-7009  
WWW.UUBANGOR.ORG  
UUBANGOR@GMAIL.COM



Above: Everyone ready to dig in at the 2024 Thanksgiving Community Dinner! Photo by Rev. Drew.

Right: UUSB's Fire Drill on October 20 was a success. Photo by Eleanor Steele.

## NOVEMBER EVENT HIGHLIGHTS

Meditation Group 11/5, 11/19, & 11/26

Showing Up for Racial Equity 11/3

Shawl Ministry 11/5

Worship Lab 11/10

Fall Cleanup 11/16

Spirit of Drumming 11/10 & 11/24

Guild Meeting 11/20

CrUUnes 11/22

Thanksgiving Community Dinner 11/28



# NOVEMBER SERVICES

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This year, we will be using the same Zoom meeting information every Sunday. If there is a change, it will be announced in the weekly e-news and Sunday service emails.

## **Sunday Service Zoom Information:**

Meeting ID: 965 7817 0239 Passcode: 666892 [Zoom Link](#)

### **November 3:** "Seeking Wholeness" with Rev. Rebecca Liberty

This week's worship team is: Rev. Rebecca Liberty, Laurie Cartier, Keri Phipps, and Atticus Foster. Music will be provided by John Arimond and LyAnn Grogan.

### **November 10:** "Navigating the Space Between Pain & Hope" with Rev. Drew Moeller

This Sunday following the national elections, we will take our bearings as we try to make sense of the unfolding changes and chart a course towards hope.

Please note: before and after the service we will be collecting food for our Second Sunday food collection to support the Ecumenical Food Cupboard.

This week's worship team is: Rev. Drew Moeller, Phyllis Havens, John Arimond, and Atticus Foster. Music will be provided by the UUSB Choir and Sojourner Crowley.

### **November 17:** *To Be Announced*

Please keep an eye on the weekly e-news for information on the topic for Sunday, November 17.

This week's worship team is: John Arimond, Bill Lagerstrom, Keri Phipps, and Atticus Foster. Music will be provided by Sojourner Crowley.

### **November 24:** "New Member Sunday"

Join Rev. Drew and our Membership Fellowship Committee as we officially welcome new memberships to our community.

This week's worship team is: Rev. Drew Moeller, the Membership-Fellowship Committee, Laurie Cartier, Sue McKay, and Glen Koehler. Music will be provided by the UUSB Choir and Sojourner Crowley.

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**We Love Your Suggestions!** Do you have a poem, reading, music, story, personal experience, or opinion you want to share in worship? Then Bring It!

The sharing from our members enhances our worship and is part of our covenant of journeying together to find meaning and truth. To share, talk to Rev. Drew or a member of our worship team. We'll do our best to include/incorporate your contributions into our weekly worship experiences.



Rev. Drew invites you to our inaugural Worship Lab on **November 10 at 11:30** (after the service).

The worship lab is an opportunity for UUSB friends and members to brainstorm thoughts and ideas surrounding our monthly themes to support our worship planning.

**The theme for December is "The Practice of Presence."** Bring your thoughts and ideas around this theme or any other theme that you'd like to hear explored in worship. Bring your open mind and suggestions for readings, music, and stories.

### **2024-2025 Soul Matters Themes**

- |          |                           |
|----------|---------------------------|
| January  | - Practice of Story       |
| February | - Practice of Inclusion   |
| March    | - Practice of Trust       |
| April    | - Practice of Joy         |
| May      | - Practice of Imagination |
| June     | - Practice of Freedom     |

# MINISTER'S SCHEDULE

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## **Sunday**

- 10:00 AM UUSB Service
- Afternoon/Evening by Appointment

## **Monday**

- *Minister's Sabbath: Unavailable*

## **Tuesday**

- 10:00-1:00 Open Office Hours
- 2:00-4:00 By Appointment

## **Wednesday**

- 10:00-1:00 Open Office Hours
- 2:00-4:00 By Appointment

## **Thursday**

- *Writing Day: Unavailable*

## **Friday**

- 10:00-1:00 Open Office Hours
- 2:00-4:00 By Appointment

## **Saturday**

- By Appointment Only

### **Please Note:**

Rev. Drew's regular weekend off for the month is November 1-4.

Rev. Drew will be taking November 11-18 off for some self-care time.

His scheduled weekend off for next month will be November 29-December 2..

While Rev. Drew does have open office hours, he often has morning meetings that may occur during that time. You may want to call ahead, just to check.

Rev. Drew is also available by appointment outside of offices by appointment. Contact Rev. Drew directly to make an appointment.

# DREW'S VIEWS

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Greetings Dear Ones,

One of the primary purposes of spiritual and religious life is to provide a framework to make meaning of and navigate through life. This journey, from cradle to grave, takes us through many transitions. The biggest, and most obvious, transitions we think of are birth, coming into adulthood, marriage, having children, aging, and dying. In between, we face many other equally essential transitions that can change the trajectory of our lives, too.

Part of the journey includes the brokenness that we all feel at one time or another. That can be in relation to ourselves, family, friends, and loved ones, even in relation to grief, loss, and death. We also have to deal with the larger brokenness in the world around us. We experience the pain caused by historical and current injustices against marginalized groups, including Indigenous peoples, people of color, women, LGBTQIA+ people, and people with disabilities. I would even include harm to the environment as part of the brokenness we face.

Religious and spiritual traditions have developed different theological, moral, ethical, and spiritual methods to address our mistakes (some use the term "sins") and set things right again. They try to prescribe these methods as a "proper way" to move forward.

Making amends and repairing brokenness is not always easy. When we think of repairing relationships, we often think of forgiveness, which most belief systems offer a prescribed process to achieve. But forgiveness is not the same as "Repair." An AI search for the difference between the two says: "Forgiveness is an internal process that helps you let go of a grudge and move on from an act that hurt you, while repair is the process of restoring a relationship that has been damaged."

In other words, repair is an outward-facing means of restoring a relationship on a practical level, while forgiveness is the internal psycho-spiritual work of letting go of harm and moving forward without continuing to carry the burden of that harm.

The separation of repair and forgiveness is essential. When harm or injustice happens, repair and restoration are necessary to bring the disputing parties back into a healthy and productive relationship. "Once harmed, twice shy," the saying goes. Without repair, we cannot move forward; past harm

## STAFF

Rev. Andrew Moeller,

*Settled Minister*

drewuu2@gmail.com

Kaz Childs,

*Director of Spiritual Exploration*

uubangorre@gmail.com

Christine Sprague,

*Office Administrator*

uubangor@gmail.com

Sojourner Crowley,

*Music Director*

uusbmusic@gmail.com

challenge is that it is often impossible to "restore" what has been damaged. We try to find equitable ways to make amends - but how can someone restore a life that has been taken? an innocence that has been lost? or permanent physical or psychological damage that can't be undone? We try to come up with formulas to compensate for what has been lost, but more often than not, it's impossible to go back to the way things were before. Still, we try our best to restore the physical stuff. The intangible things are harder to repair.

Forgiveness, on the other hand, is a more inwardly type of work. Whether we have harmed someone or we have been harmed, it is possible to start the work to repair the relationship. Sometimes, the harm is so great that it's impossible to let go. Our bodies, as an autonomic defense mechanism, are conditioned to remember trauma - so letting go of traumatic harm is hard to do. It requires much work and a will to move beyond the harm received. It involves working with strong and difficult emotions, like grief, rage, sorrow, fear, and confusion. Just one traumatic experience can lead to a lifelong journey in this kind of work. It is no wonder why sometimes, if the harm is too great and the pain is too intense, forgiveness is just impossible.

I look forward to exploring this topic with you more in the future.

Shifting gears to the things more practical this month...

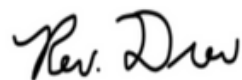
First, I had hoped to start our UUSB Visioning Process this month at our November 10th service. However, there are several other things that have

emerged this fall that have taken our energy away from working on that process, so we are postponing the start of that conversation until at least February '25. This will allow me to focus my efforts on working with our leadership on evaluating our Spiritual Exploration Experience (SEE) program's needs and engaging in the search for a new SEE staff person when Kaz Childs leaves us on November 8th. Please thank Kaz for her 11 years of dedicated service to our community. THANK YOU, KAZ!

I also want to let people know I am taking a week off for self-care from November 11-18. I will not be actively attending my emails, texts, or phone calls during this time.

In closing, I want to encourage everyone who has not yet voted to get out and exercise their UU values by participating in local, state, and national elections. I will be working at the polls on November 5th and hope to see some of you there.

Love & Hope: May you all be well!



Rev. Drew

## COUNCIL

Sue McKay, *Chair*

Zach Falcon, *Vice Chair*

Tom Armstrong, *Clerk*

Eric Strong, *Treasurer*

Kim Boucher

Francis Grey

Tracy Haskell

Tim Martin

Erin Seavey

# COUNCIL CRIER

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Dear UUSB Community,

November... how did we get to this point in the year so quickly? The foliage has completed its yearly show and we begin to move into what I like to think of as "cozy" season. Cooler temperatures for me means that our wood stove will be lit, there will be time for curling up with a good book and a hot mug of tea and, hopefully,

the ticks will be less present!

By the time you read this we will have had a fire drill. Ensuring the safety of our community is paramount and we are grateful to Zach for facilitating this practice drill. We will now all be better prepared for our next drill!

Zach met with the Buildings and Grounds Committee and shared four key priority actions to improve safety this year: improving signage to manage access and movement securely, compartmentalization; securing various internal spaces, training and drills, and improving the ability to communicate between different parts of the building. This project will be ongoing with a target of having a number of improved safety measures in place and a plan to implement further measures completed by June 30, 2025.

A very big thank you to Erin for developing and managing our UUSB merch fundraiser! It will be so nice to show our pride in our UUSB community. I also think it may provide us with opportunities to speak about Unitarian Universalism and offer invitations to visit UUSB when folks ask about the meaning behind our colorful shirts, hats and bags.

Tim continues to work with NPS to finalize the Warming Center protocol. NPS has agreed to operate the warming center and will provide training to volunteers interested in assisting.

Lastly, once again, a message of gratitude and thanks for our Beloved UUSB Community. Council is grateful for everyone for pitching in, in whatever way you have done; from participating in Fellowship Hour, helping with a clean up day, working on a fundraiser, participating in a committee, greeting a visitor, smiling as you pass in the hallway or for simply showing up and being with us.

A reminder that all are welcome to attend Council meetings, our next will be held on November 20, 2024 at 6:30 pm., if interested please email [uusbclerk@gmail.com](mailto:uusbclerk@gmail.com) for the ZOOM link.

In Faith,  
Tracy Haskell

# UPDATE YOUR INFO!

Name ~ Phone ~ Address ~ Email  
Family Members ~ Photos



**UUSB Directory**  
**2024-2025 Update**

## Member & Friends Directory Updates Needed by November 3

Our Directory is provided to members and friends of UUSB and is invaluable in helping us stay in touch with one another. Help us keep it up to date.

**For photo updates**, please use a portrait orientation to fit the directory layout. Photos can be individuals or households. Linda Sisson, will also be on hand to take headshots of those who want a photo included in their new listing or need to update their current photo. Look for her by the piano during Fellowship Hour.

There will be copies of the current Directory on tables in the Dorothy each Sunday in October. **Please review your listing and make any corrections or updates** as needed. Changes can be emailed to [uubangor@gmail.com](mailto:uubangor@gmail.com) or you can complete the slip and submit that.

**To get the digital directory**, please email [uubangor@gmail.com](mailto:uubangor@gmail.com). For the privacy of members and friends, the directory is not posted in any public database, so an email is required.

## FY2025 Directory Update

Please only list information you want to appear in the directory. If you have additional private updates for church records, please contact the office directly or make a note of what you do or do not want published.

Name: \_\_\_\_\_

Household Members: \_\_\_\_\_

Mailing Address: \_\_\_\_\_

Home Phone: (\_\_\_\_) \_\_\_\_ - \_\_\_\_\_

Cell Phone 1: (\_\_\_\_) \_\_\_\_ - \_\_\_\_\_

Cell Phone 2: (\_\_\_\_) \_\_\_\_ - \_\_\_\_\_

Email 1: \_\_\_\_\_

Email 2: \_\_\_\_\_

# THE OFFICE ORGANIZER

Find all your UUSB Church Office Updates in this space. You can find publication deadlines, office hours and scheduled closures, as well as important building updates and more!

## October Office Hours & Closures

The in-person office hours are generally 10:00 to 2:00 on Tuesday, Wednesday, and Friday.

The monthly staff meeting will be on **Tuesday, November 12**, so the office will open around 11:30 AM.

The office will close early on Tuesday, November 19 and Friday, November 22.

The office will be closed on Thursday, November 28 & 29 for Thanksgiving.

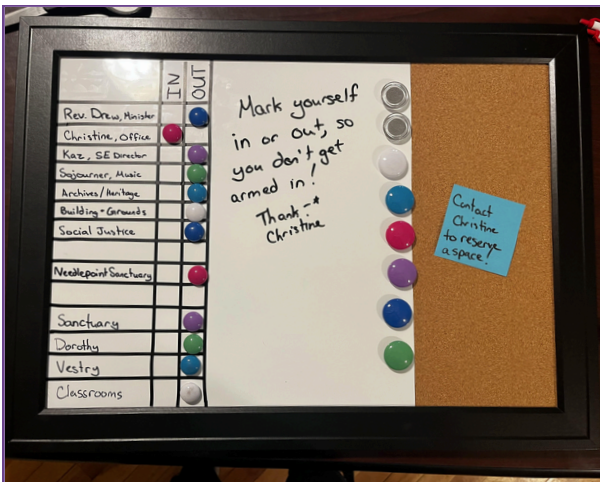


## Mailboxes & In/Out Board

The new In/Out Board is now above the mailboxes outside Rev. Drew's office!

Please use this board when you enter the building, so people know that you are inside and will not arm the building when they leave. Please make sure to check before leaving and make sure you aren't arming the building while someone is already inside.

The mailboxes have also been re-labeled and reorganized. Please check your committee mailboxes regularly and make sure to clear out outdated and unneeded items.



## Important Publication Deadlines

The **Chalice & Chimes** submission deadline for FY2025 is the **20th of each month**. Late submissions can be posted on the website, in the e-news, or the Sunday announcements. The next deadline is November 20.

## Submit Announcements by Fridays

To have an announcement read on Sunday morning, it must be submitted to Rev. Drew or the office by Friday before the service.



*Chalice & Chimes* Deadline:  
Wednesday, November 20

Weekly E-News Deadline:  
Thursdays @10:00

In-Person Office Hours: 10:00-2:00  
Tuesday, Wednesday, Friday



# MEMBERSHIP-FELLOWSHIP

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## Fellowship Hour

We hope you'll join us Sundays following the service in the Dorothy for socializing and refreshments. The refreshments are provided and served by volunteer teams. Each team serves four times a year. If you'd like to join a team, contact Cathy Elliott at [cathyelliott25@gmail.com](mailto:cathyelliott25@gmail.com).

Our Fellowship Hour Teams and Leaders for October are:

- Nov. 3 Team F - Cathy Elliott
- Nov. 10 Team C - Eleanor Steele
- Nov. 17 Team A - Natalie Norton
- Nov. 24 Team K - Kayla Worthington-Strong

Thank you to all who make our Fellowship Hour so enjoyable!

## Looking for People to be Sunday Greeters

We need a few more volunteers to welcome people to our Sunday services. This is a wonderful way to connect to folks and be helpful. If you would like to help out, contact Cathy Elliott at [cathyelliott25@gmail.com](mailto:cathyelliott25@gmail.com).

## New to UU Class

The next New to UU Class will be Saturday, November 9, from 9:00 to 11:00 at UUSB, with an optional tour of the building following. Attending a New to UU Class fulfills one of the requirements to become a member of UUSB. It's also a great refresher for existing members and friends. If you would like to attend, please send an email to [uubangor@gmail.com](mailto:uubangor@gmail.com) or contact Cathy Elliott at [cathyelliott25@gmail.com](mailto:cathyelliott25@gmail.com).

## New to UU Class

Twice a year, we dedicate part of the Sunday service to welcome and celebrate our newest members. The next New Member Sunday will be November 24. Please join us that Sunday to meet our new members and extend a warm welcome.

## Becoming a Member of UUSB

If you want to become a member of our congregation, here's what's required:

1. Attend a Chat with the Minister or a New to UU class.
2. Read our self-study guide, Getting to Know Us, available on our website at: <https://uubangor.org/new-to-uusb-2/uusb-self-study-guide/>
3. Complete a Request for Membership form and a Pledge form, also on our website (same address as the self-study guide).
4. Sign the UUSB Membership Book

## Questions?

Email UUSB at: [uubangor@gmail.com](mailto:uubangor@gmail.com) or call 207-947-7009.

The next Membership/Fellowship Committee Meeting will be held Wednesday, November 13, 6:30 - 8pm at Linda Sisson's house.

The Membership/Fellowship Committee would love to hear from you! Please get in touch with us with your suggestions, questions or whatever is on your mind.

Linda Sisson [contrabanjo@gmail.com](mailto:contrabanjo@gmail.com), Cathy Elliott [cathyelliott25@gmail.com](mailto:cathyelliott25@gmail.com),  
Evan Richert [evenrichert771@gmail.com](mailto:evenrichert771@gmail.com), Eleanor Steele [elsteele99@yahoo.com](mailto:elsteele99@yahoo.com),  
and Kim Boucher [kboucher@prexar.com](mailto:kboucher@prexar.com).

# SMALL GROUPS

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## Mindfulness Meditation Group

We will meet on Tuesdays, November 5, 19, & 26 from 5:45 to 7:00. You can join in-person or online.

This meditation group is accessible to meditators of all experience levels, including people new to meditation. The program consists of walking and sitting meditation and a Dharma lesson with group discussion. The group intends to meet in a supportive, friendly, and non-judgmental environment. Each session is self-contained

material-wise. Regular attendance is helpful though optional.

Drop-ins are always welcome, though **we encourage newcomers to arrive or sign in fifteen minutes early (at 5:30 PM)**. Signing in and coming early allows newcomers to meet Rev. Drew and help Rev. Drew learn more about newcomers' familiarity with meditation, as well as a chance to settle in and receive a brief introduction to sitting and walking meditation and the group process before the group begins promptly at 5:45 PM. Don't hesitate to get in touch with Rev. Drew Moeller if you have questions email Rev. Drew at [drewuu2@gmail.com](mailto:drewuu2@gmail.com).

This program is free of charge to ALL. If one wishes to make a free-will offering (dana) to the group, one can do so in person in our dana basket, cash, check, or online. Checks can be made to "UUSB" with "Meditation Group" in the memo/notes line.

## UUSB Choir

The UUSB Choir meets weekly, every Thursday from 5:30 - 6:30pm in the sanctuary! The group is looking forward to providing music every other week for our services! If you are interested in joining the choir (or in other musical outlets), please reach out to our Music Director, Sojourner Crowley for more information: [uusbmusic@gmail.com](mailto:uusbmusic@gmail.com).

## Spirit of Drumming

November 10 & 24 at 11:30 AM in the Sanctuary

The Spirit of Drumming Circle is led by Laurie Cartier, LyAnn Grogan and Jim Shimko. With a variety of drumming including basic instruction, directed rhythms, and jamming to a song or the monthly theme, we rock out in the sanctuary every second and fourth Sunday after church. We start about 11:30 and drum until 1. No experience is necessary. We have a good supply of drums or you can bring your own. We hope you will join us soon.



# SMALL GROUPS

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## Shawl Ministry

November 5 at 6:30 PM in the Dorothy

Are you interested in knitting or crocheting? Are you interested in creating gifts for beloved members of our community?

You don't have to have any experience with knitting or crocheting ahead of time to join the Shawl Ministry. Bring your own supplies or borrow some. All that matters is you come and join the fun!

## CrUUnes

November 22 at 4:00 PM at Ann Perkins' House

We welcome all single self-identified crones who are members of the church!

Please bring a dish for potluck if able. The plan is to chat and hydrate, brief program, share, eat and chat more!

Meetings are generally on the last Friday of each month. Any questions, please call Anne at 478-7091.

## UUSB Guild

November 20 at 11:30 AM in the Dorothy

The UUSB Guild meets monthly to discuss business, share good company, and enjoy a variety of guest speakers throughout the year. One part of the Guild's business is helping keep UUSB beautiful, welcoming, and loved. Recently, they are working to update and maintain the Dorothy Memorial Hall. They have purchased a second folding wall, so that UUSB has one for the Dorothy and the Vestry. They also recently purchased a new cover for the piano in the Dorothy.

# COMMUNITY BEAN SUPPER

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November 23 & 30 @4:00 PM in the Dorothy

Everyone is invited to join community members and our amazing volunteers for our monthly community bean supper!

Meals may be eaten at UUSB in the Dorothy Memorial Hall or taken home in to-go containers. This allows us to enjoy the community and social aspects of this monthly event, while still accommodating those who may be unable to attend in person.



# SOCIAL JUSTICE

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Justice Now has two upcoming actions we are undertaking:

A Justice Now group will be taking the Community Connector bus to Food & Medicine in Brewer to help with **Solidarity Harvest**. There will be 6-7 of us going, including Rev. Drew, to help put together Thanksgiving meals that will be delivered to people in our community who are struggling with food insecurity. You can contact Food & Medicine ([foodandmedicine.org](http://foodandmedicine.org)) to sign up and volunteer.



**Second Sunday Food Collection** for the Bangor Food Pantry will be happening at the worship service on Sunday, November 10th with non-perishable foods being collected from our congregation by the youth from our Spiritual Exploration classes. Food Justice is a priority of our UUSB congregation as is also evidenced by the Bean Suppers held on the 4th and 5th Saturdays of each month where bag lunches are also put together and distributed by UU volunteers.

**Remember to bring non-perishable foods on November 10th!**

## SHARE THE PLATE

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Every Sunday, we share half of our undesignated plate offerings with an organization that works toward our UU values. In November, half of the undesignated funds in the plate will go to the Penquis Fuel Assistance Program. Fuel Assistance (Home Energy Assistance Program, HEAP) assists income-eligible households in Penobscot, Piscataquis, and Knox counties with high winter heating costs. Homes may be heated with oil, kerosene, coal, pellets, wood, LP gas, or electricity.

For more information on their program, you can visit <https://www.penquis.org/services/heating-utilities/heating-assistance-liheap/>.

In September, we shared \$360 with Partners for Peace!

You can give to the collection plate on our website or by mailing a check to the office.



### Upcoming FY2025 Share the Plate Recipients

December - Bangor Area Homeless Shelter	April - FLIA
January - Shaw House	May - Bangor Humane Society
February - UUSB Food Programs	June - UUSB Food Programs
March - MUUSAN	

# FALL WORKDAY 2024

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The Buildings and Grounds committee invites members and friends to join us for the 2024 Fall Workday on November 16 from 8am until noon. Ever wonder how we change the lightbulbs in the Sanctuary? We need several volunteers to help with that adventurous task. We need less adventurous folks to prepare the building for winter, including storm windows, window inserts, raking outside and picking up garbage. Some deep cleaning may happen if we have enough volunteers. If you would like to deep clean a particular area, let us know, and we will reserve it for you. Questions? Email Rissa at [rissawise@gmail.com](mailto:rissawise@gmail.com) or text at (608)692-0098.

## COMMUNITY THANKSGIVING DINNER

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Dear Ones,

Pat Moulton and I invite you and your friends to join us and the UUSB family for Thanksgiving dinner at UUSB.

Once again, this will be a community effort featuring Rev. Drew's roast turkey and gravy and all the fixings that people bring to share.

We invite people to arrive at 10 AM to hang out for coffee and sweets as we start cooking. We'll have a puzzle going and maybe even music should some of our musicians choose to bring their instruments (hint, hint, hint). We might even stream a football game if there is interest.

We are planning to start dinner at 2 PM, so we request that people joining us just for dinner arrive around 1 PM so we can organize food and have everything ready to eat at 2 PM.

Please look for the sign-up for the Dorothy Memorial starting in November. Please let us know how many people in our party will be joining us and the dish you wish to bring to share. We'd like to know who is coming by November 25 so we have time to shop and organize food. We hope you can join us for our third community Thanksgiving together!

Last year's Thanksgiving diner participants waiting to tuck-in!





## **Celebrate the holidays with a beautiful UUSB-decorated wreath or swag!**

**Pre-order ahead to reserve your wreath or swag!** Wreaths will be **\$27**. Swags will be **\$10**.

You can pick up your **reserved** wreaths and swags on **December 7** from **10:00–12:00** in the **Dorothy Memorial Hall**. From 12:00–2:00, doors will be open to the general public, members, and friends who did not preorder. Cash or check only.

Contact Wendy Erickson to place your order at [wendyllynnrickson@gmail.com](mailto:wendyllynnrickson@gmail.com) or (207) 404-0141. Wendy will reply to your request to confirm that your order has been received

These double-sided 12" wreathes are made at Piper Mountain Christmas Tree Farm and decorated by our own UUSB talented elves. Each wreath is unique!

These wreathes have become a UUSB holiday tradition. If you want to be one of the decorator elves, please contact Sue McKay at [swm4631@gmail.com](mailto:swm4631@gmail.com) or text (207) 478-4631.



When the leaves turn color and start to fall and the days are shorter and cooler our thoughts naturally turn to... Gift Baskets! The Gift Basket Committee has been busy planning for the annual auction which will take place on December 14. The gift basket donations from the church committees, groups, and individual church members ensures that we have a nice assortment of interesting and enticing baskets. If you want to create a gift basket for the auction, please do!

Here are dates to remember if you jump into the gift basket mania.

Submit your basket theme to Cathy Elliott by **November 18**.

Submit your item list and photo to Cathy Elliott by **December 2**.

Join the auction on **December 14!**

Baskets should be at least \$35.00 in value. If you need the basket itself to fill up, we do have a few empties, or you can use a container such as a tin, decorative bag, colorful box - something that works well with your theme.

Some ideas for gift baskets include: Maine, Pets (cats or dogs), Spirituality, Travel, Tea, Birds, Housecleaning, Barbecuing, Houseplants/Gardening, Hiking, Humor, etc. We have nice books and some items which would fit in well with many of these topics. If you see an idea that appeals to you, let either Suzanne or Cindy know, and we'll show you what we have.

If you have any questions, contact Suzanne Kelly, Cindy Todd, Kayla Strong, or Cathy Elliott. Join us for this favorite--and always fun--holiday fundraiser!

# GIFT CARD FUNDRAISER

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Convenient to carry! Every card purchase helps UUSB!!! Buy cards for your own grocery shopping, which you can use to shop in store or to order your groceries for curbside pickup or delivery! You can also buy cards to gift to friends and family or to donate to a local food bank.

Cards are available in increments of \$25, \$50, \$100, \$200, \$300, or \$500. Cash, or checks made out to UUSB are accepted.

To purchase your Hannaford card and support UUSB, please purchase after the Sunday service or contact Rosemary.



- Kate Dutra: Sundays in the Dorothy Memorial Hall after the Sunday Service
- Rosemary Parsons: 327-1045, roxemary@gmail.com

# FAIR TRADE FUNDRAISER

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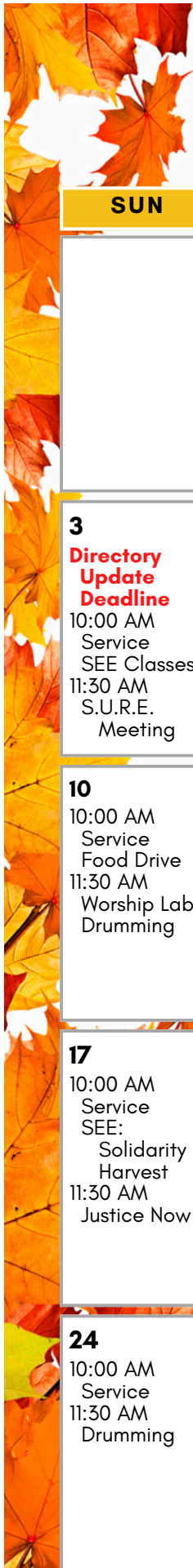
Every week, you can find a selection of coffees, chocolates, and more on the shelves in the Dorothy Memorial Hall. All are sold at comparable prices to what you find in grocery stores. For the same prices, you can help support UU values and organizations!

This fundraiser started with the Unitarian Universalist Service Committee Coffee Project in 2007. The UUSC partnered with Equal Exchange, a fair trade organization. Through partnerships like this, farmers in Central America, South America, Africa, and the Middle East can earn a fair price for their products and access affordable credit. For each pound of coffee, tea, or chocolate purchased by UU congregations, Equal Exchange makes a contribution to UUSC's activities in the farmers' growing regions. We sell the coffee, tea, and chocolate at a competitive price. It is a win-win-win situation for the farmers, the UUSC, and UUSB.

Please support UUSB's fair trade project by locating the sales table in the Dorothy on Sundays and buying Equal Exchange products!



# November



SUN	MON	TUE	WED	THU	FRI	SAT
					<b>1</b> 9:00 AM Shared Ministry	<b>2</b>
<b>3</b> <b>Directory Update Deadline</b> 10:00 AM Service SEE Classes 11:30 AM S.U.R.E. Meeting	<b>4</b>	<b>5</b> 5:45 PM Meditation Group 6:30 Building & Grounds Shawl Ministry	<b>6</b> 4:00 PM Worship	<b>7</b> 5:30 PM Choir	<b>8</b> 10:00 AM Budget & Finance	<b>9</b>
<b>10</b> 10:00 AM Service Food Drive 11:30 AM Worship Lab Drumming	<b>11</b>	<b>12</b> 10:30 AM Staff Meeting 5:45 PM Meditation Group	<b>13</b> <b>Committee Reports Due</b> 6:30 PM Membership- Fellowship	<b>14</b> 5:30 PM Choir 7:00 PM Executive Committee	<b>15</b>	<b>16</b> 8:00 AM Fall Cleanup
<b>17</b> 10:00 AM Service SEE: Solidarity Harvest 11:30 AM Justice Now!	<b>18</b>	<b>19</b> 12:00 PM Office Closing 5:45 PM Meditation Group	<b>20</b> <b>C&amp;C Deadline</b> 11:30 AM Guild Meeting 2:30 PM Pastoral Care 6:30 PM Council	<b>21</b> 5:30 PM Choir	<b>22</b> 12:00 PM Solidarity Harvest 2:00 PM CrUUnes	<b>23</b> 10:00 AM Bag Lunch Prep 3:00 PM Supper Prep 4:00 PM Bean Supper
<b>24</b> 10:00 AM Service 11:30 AM Drumming	<b>25</b>	<b>26</b> 5:45 PM Meditation Group	<b>27</b>	<b>28</b> 5:30 PM Choir	<b>29</b> <b>Office Closed</b>	<b>30</b> 10:00 AM Bag Lunch Prep 3:00 PM Supper Prep 4:00 PM Bean Supper



# REMINDERS

## ABOUT US Unitarian Universalist Society of Bangor

### Our Mission Statement

The Unitarian Universalist Society of Bangor is an historically liberal religious community, celebrating diversity and supporting spiritual growth and social responsibility in each child and adult.

### A Welcoming Congregation

We welcome individuals and families of all religious upbringings, racial and ethnic backgrounds and sexual orientations. We, a member of the Unitarian Universalist Association, covenant to affirm and promote the inherent worth and dignity of every person.

### A Green Sanctuary

The UU Society of Bangor, recognized as a Green Sanctuary by the Unitarian Universalist Association, endeavors to incorporate care for the Earth into its worship and religious education while working to promote environmental justice and sustainable living. We covenant to affirm and promote respect for the interdependent web of all existence, of which we are a part.



Do you have a **CLYNK** Bag?? Be sure to have one handy, so you can easily be collecting bottles and cans to help raise money for our UU Youths' Social Justice Service Trip. The bags are in the Dorothy Memorial Room. Please contact Laura Santilli for details. Thank you for your support!!!

**UUSB is always in need of volunteers** – for fundraisers, childcare, teaching, and to fill positions on our active committees. The great perks of volunteering are not just the satisfaction of contribution, but the sense of community we all feel when we accomplish important tasks with others. Since we don't always know who is able to take part, please contact a council or committee member if you are open to volunteering in any large or small way.

The **UUSB Worship Committee** is looking for more member participation in our worship services and is extending an INVITATION to one and all of you to consider if you might be interested in joining our services as READERS.

### Collection Plate & Pledge Reminders

One way you can help continue our outreach efforts is to keep up with your financial pledge. Without our weekly passing of the collection plate, we still need to make sure that we can pay our bills. Keeping up with your pledge allows our staff and leadership to focus on providing services to members, friends, and guests. There are three options to make it easy to keep up with your pledge:

1. Mail a check to the church office at 120 Park St, Bangor, ME 04401
2. Contact Eric Strong, our treasurer, to set up a direct withdrawal from your paycheck or bank account
3. Donate online through Vanco. This option will be available on our website, as well as shared in our weekly e-news

Thank you for your continued support as we all work to provide for our community.



# ABOUT THE *CHALICE & CHIMES*

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## Church Council:

Sue McKay, *Chair*  
Zach Falcon, *Vice Chair*  
Tom Armstrong, *Clerk*  
Eric Strong, *Treasurer*  
Kim Boucher  
Francis Grey  
Tracy Haskell  
Tim Martin  
Erin Seavey

Council meets at 6:30 PM  
on the third Wednesday  
of each month.

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## UUSB Staff Contact:

Rev. Andrew Moeller,  
Settled Minister  
(207) 922-2956  
drewuu2@gmail.com

Christine Sprague, Office Admin.  
(207) 947-7009  
uubangor@gmail.com

Kaz Childs, Director of SE  
(207) 949-0733  
uubangorre@gmail.com

Sojourner Crowley,  
Music Director  
uusbmusic@gmail.com

Atticus Foster, AVS Tech

## About Our Newsletter

The *Chalice and Chimes* is published ten times a year (Sept-June). An email reminder is sent out to all member and friends on the church's database mailing list when the newsletter has been posted to the church website, where it may be viewed or down-loaded. It is also available in paper format on the table by the sanctuary entrance and by US mail (request from the Church Office).

## Editorial Policy

Articles submitted for publication in the *Chalice & Chimes* must strive to include, in an unbiased way, only that information that is consistent with the UU faith. Articles should deal with issues of a spiritual nature meant to inspire, encourage, educate, or inform. Although every effort will be made to be inclusive, the Editor reserves the right to determine which articles are accepted for publication. The Editor has the right to edit for space, availability, libelous remarks, or unwarranted personal attacks. The Editor also reserves the right to refuse any item that may affect our Tax Exempt Status.



## Newsletter Submissions

### Next Newsletter Deadline:

**November 20, 2024**

The next issue will be December 2024.  
We value your contributions and very much appreciate submissions.

When sending email contributions to  
*Chalice & Chimes*: [uubangor@gmail.com](mailto:uubangor@gmail.com)