



UUSB

September 2024

CHALICE & CHIMES

Unitarian Universalist Society of Bangor

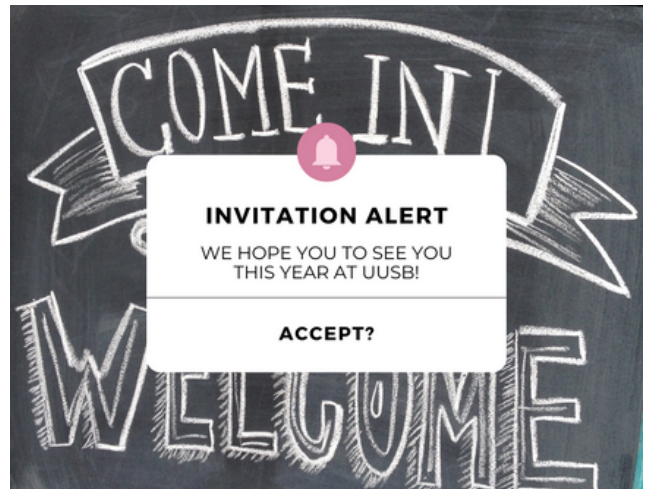


SEPTEMBER SERVICE HIGHLIGHTS

Our theme this month is the **Practice of Invitation.**

In September, everyone is invited to participate in our Water Communion service. We also invite everyone to re
See page 2 for full service descriptions!

More on Page 2



Top: Photo of UUSB in the 2024 Bangor PRIDE Parade. Photo courtesy of Benjamin Speed.

SEPTEMBER EVENT HIGHLIGHTS

- Water Communion Service 9/8
- Meditation Group 9/10, 9/17, & 9/24
- Shawl Ministry 9/3
- Spirit of Drumming 9/8 & 9/22
- Minister's Chat 9/22
- Guild Meeting 9/18
- CrUUnes 9/27

120 PARK ST
 BANGOR, ME 04401
 SUNDAYS AT 10:00 AM
 (207) 947-7009
 WWW.UUBANGOR.ORG
 UUBANGOR@GMAIL.COM

SEPTEMBER SERVICES



This year, we will be using the same Zoom meeting information every Sunday. If there is a change, it will be announced in the weekly e-news and Sunday service emails.

Sunday Service Zoom Information:

Meeting ID: 965 7817 0239 Passcode: 666892 [Zoom Link](#)

September 1: "Labor Day Reflections: Farming in Maine" with Tricia Rouleau
Our Service this Labor Day, 2024, honors the incredible hard work of the farm workers who own, run and manage the diverse farms here in Maine. Join us to learn about Maine farms and Maine farm workers from our special guest, Tricia Rouleau, Farm Network Director of the Maine Farmland Trust.

This week's worship team is: Tricia Rouleau, Phyllis Havens, Sue McKay, and Atticus Foster. Music will be provided by George Loring.

September 8: "Water Communion" with Rev. Drew Moeller
Water is the universal substance that supports all life as we know it. In keeping with our UUSB Tradition, we will kick off our new program year with our annual ritual of Water Communion. Everyone attending is encouraged to bring a sample of water from a place they found spiritual connection or wisdom over the summer.

This week's worship team is: Rev. Drew Moeller, John Arimond, and Atticus Foster. Music will be provided by the UUSB Choir and Sojourner Crowley.

If you wish to contribute your water to our communal bowl, please bring it with you on Sunday. Alternatively, you can drop off your water sample in a designated bucket outside the Dorothy Memorial entrance. The drop-off period is between Friday, September 6, and noon on Saturday, September 7. Please remember to include a note with your water sample, as it will be read during the Sunday service.

September 15: "Answering the Invitation" with Rev. Drew Moeller
Every day, we are invited to engage in myriad activities - sports and extracurricular activities for the kids, social functions with family and friends, political activities, and, yes, committee meetings and events at church. Often, we receive so many invitations that it becomes overwhelming and even stressful to receive them. So how do we answer all the invites we receive, and how do we decide which invites to respond to, be it a social function or a calling of the spirit for more connection and intimacy? Today, we'll explore the concept of invitation and how to respond.

This week's worship team is: Rev. Drew Moeller, Laurie Cartier, John Arimond, and Atticus Foster. Music will be provided by Sojourner Crowley.

September 22: "To What We Are Called" with Rev. Drew Moeller

Have you ever had a moment in your life when you were faced with trying something new or stuck at a crossroads of what to do next and then either went or chose to go in another direction? Part of our work as spiritual beings is discerning and getting in touch with what we are called to do. Looking at our faith in the light of current events, we'll look at "what we are called to do" - as a people of faith and as a spiritual community.

This week's worship team is: Rev. Drew Moeller, John Arimond, Phyllis Havens, and Atticus Foster. Music will be provided by Sojourner Crowley.

September 29: "Climate Justice Revival" with Rev. Drew Moeller & Laurie Cartier

Today, we will join over 300 sibling congregations nationwide to celebrate the Unitarian Universalist Ministry for the Earth's Climate Justice Revival. The revival reminds us of our connection to the earth and the need to reinvigorate and renew our commitment to the work of our commitment to the Green Sanctuary Movement.

This week's worship team is: Rev. Drew Moeller, Laurie Cartier, and John Arimond. Music will be provided by the UUSB Choir and Sojourner Crowley.

We Love Your Suggestions! Do you have a poem, reading, music, story, personal experience, or opinion you want to share in worship? Then Bring It!

The sharing from our members enhances our worship and is part of our covenant of journeying together to find meaning and truth. To share, talk to Rev. Drew or a member of our worship team. We'll do our best to include/incorporate your contributions into our weekly worship experiences.

2024-2025 Soul Matters Themes

- September - Practice of Invitation
- October - Practice of Deep Listening
- November - Practice of Repair
- December - Practice of Presence
- January - Practice of Story
- February - Practice of Inclusion
- March - Practice of Trust
- April - Practice of Joy
- May - Practice of Imagination
- June - Practice of Freedom

MINISTER'S SCHEDULE

Sunday

- 10:00 AM UUSB Service
- Afternoon/Evening by Appointment

Monday

- *Minister's Sabbath: Unavailable*

Tuesday

- 10:00-1:00 Open Office Hours
- 2:00-4:00 By Appointment

Wednesday

- 10:00-1:00 Open Office Hours
- 2:00-4:00 By Appointment

Thursday

- *Writing Day: Unavailable*

Friday

- 10:00-1:00 Open Office Hours
- 2:00-4:00 By Appointment

Saturday

- By Appointment Only

Please Note:

Rev. Drew's regular weekend off for the month is August 31-September 2. His weekend off in October will be October 5-6.

Rev. Drew's regular schedule listed here will begin on September 10.

While Rev. Drew does have open office hours, he often has morning meetings that may occur during that time. You may want to call ahead, just to check.

Rev. Drew is also available by appointment outside of offices by appointment. Contact Rev. Drew directly to make an appointment.

UUSB Visioning

Join the UUSB Visioning Process This Year!

Sunday Wor-shops

November 10

February 9

DREW'S VIEWS

Greetings Dear Ones,
Happy September, and welcome back! I hope you have had a good summer.

Something exciting about returning at the beginning of our program year is the promise of a year ready to unfold, full of potential and opportunity - yet impossible to fully define.

There is the excitement of people returning from their summer routines and our kids and families returning to our Sunday morning programs. There is a feeling of hope that in the current political cycle, some of our dearest UU values are becoming part of our political discussions leading up to the November elections. Then there is the intense beauty this time offers - the beginning of the harvest season full of beautiful smells, sounds, sights, and tastes - making this time of year so unique.

September and fall are times of transition and change. It is a time when we say goodbye to our routines of the last several months and embrace new ones; some are familiar, and some might be slightly different, like changing schools, starting a new job, changing family dynamics, or making time in our schedule to visit the local farmers market.

It's important to recognize that all transitions come with their own set of

They beckon us to leave behind our familiar ways of being. They also suggest new ways of engaging with life that have the potential to liberate us and infuse our lives with more meaning. Transitions allow us to stand at the crossroads ask ourselves, "Where, or to what am I being called?" Sometimes, this calling often comes as a subtle invitation; sometimes, it can feel like a mandate.

One of the invaluable gifts of cultivating a regular spiritual practice that involves awareness and reflection is its ability to help us pause and create space to recognize the myriad invitations that life presents us at any given moment. This heightened awareness of life's invitations enables us to discern which ones we are ready to accept and which we may wish to decline politely. Our spiritual practices can guide us in discerning what is calling us at this particular season of our lives. It has the potential to help us wisely select and choose the invitations that lead us toward growth, freedom, and perhaps less suffering in the future.

STAFF

Rev. Andrew Moeller,
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drewuu2@gmail.com

Kaz Childs,
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Music Director
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One of the invitations this coming year holds for us is engaging in the work or creating a vision for our congregation for the next five to seven years. The process began last spring when so many of you filled out and returned our congregational survey, which provided helpful input to our congregation's leaders. This year, we want to build on that process through a couple of Congregational Conversations about the meaning of the survey results and its implications for our congregation in the coming years.

To facilitate our conversations without adding too much extra to our busy schedule, I invite you to mark your calendars and plan on attending two "Wor-shops" (an interactive worship workshop) on November 10, 2024, and February 9, 2025. The wor-shops will take place during an extended worship time on Sunday from 10 AM to noon. Please mark these dates on your calendar AND plan on attending these two events because our visioning process will only be as good as your participation. More details to follow in the e-news and *Chalice & Chimes*.

I look forward to catching up with everyone over the next several weeks and hearing about your summers on

September 8 with our annual Water Gathering Ritual. Remember to bring water with you that Sunday from a special place where you felt a spiritual connection in summer. Remember to plan on a little extra time as our Water Ritual Services run 15-30 minutes longer than our regular services, so everyone who wishes to can speak.

I also want to warmly welcome Sojourner Crowley back as our new Music Director, to our UUSB Community. Sojourner previously served as our Collaborative Accompanist during our online-only worship/COVID years. Her return as our highly qualified Music Director is a cause for great excitement. I look forward to the beautiful music that Sojourner and our Choir will share with us in the coming year.

Welcome Back! I invite you to join us as we begin a new program year, learning and growing our Spirit(s) together in our beloved community.

Namasté, and Love (It is so good to be back!)



Rev. Drew

COUNCIL

Sue McKay, *Chair*

Zach Falcon, *Vice Chair*

Tom Armstrong, *Clerk*

Eric Strong, *Treasurer*

Kim Boucher

Francis Grey

Tracy Haskell

Tim Martin

Erin Seavey

COUNCIL CRIER

Dear UUSB Community,

As I write this my attention is pulled by the cries and sight of a Bald Eagle flying past the bay window. The sky is blue and speckled with clouds, appearing summery, but with the scent of autumn approaching. And so... by the time you read this we shall be greeting September and one another once again.

Council has been busy working throughout the summer months and I include below a few highlights:

- Council welcomed three new members: Tom Armstrong, Kim Boucher and Eric Strong. Welcome and thank you!
- We have had a number of safety and sanitation concerns about folks camping on the UUSB campus. Working in conjunction with the Buildings & Grounds Committee, Council adopted a policy to address these concerns. The policy is included in full immediately following the Council Crier.
- Council was delighted with Erin Seavey's efforts in developing some colorful new UUSB items that will be available for purchase this fall. The catalog of options include not only t-shirts and sweatshirts, but also winter hats, reusable shopping totes, canvas boat totes, baseball caps, and can coozies, all imprinted with a wonderful design developed by Kaz. We will be able to show our support and pride in being part of our beloved UUSB community, while also raising some much needed funds for that same beloved community. Erin will be sharing purchasing information soon... perhaps elsewhere in this newsletter so keep a lookout for it!
- With the assistance of Eric Strong and Kim Boucher, Council is exploring new grant opportunities. We may also reconsider pursuing 501(c)(3) status again now that we have been assured that our reporting burden would be minimal.
- Rev Drew and Tracy planned and facilitated the Council retreat which was hosted by Sue McKay at the house she has called home since she was 6 years old! I think we all ended the day feeling more connected, committed and with an increased understanding of the complexity of Council Work. Council members also began a conversation about the Visioning process and how that might unfold this year. We are hopeful volunteers will come forward to assist in the unfolding of this process, but also that our community will fully participate in UUSB's visioning process.
 - **Save the Dates! Congregational Visioning Conversations:**
 - **Sunday, November 10**
 - **Sunday, February 9**

Lastly, once again, a message of gratitude and thanks for our Beloved UUSB Community. Council is grateful for everyone for pitching in, in whatever way you have done; from participating in Fellowship Hour, helping with a clean up day, working on a fundraiser, participating in a committee, greeting a visitor, smiling as you pass in the hallway or for simply showing up and being with us.

A reminder that all are welcome to attend Council meetings, our next will be held on September 18, 2024 at 6:30 pm., if interested please email uusbcclerk@gmail.com for the ZOOM link.

In Faith,
Tracy Haskell

UUSB Camping Policy

Purpose. The purpose of this policy is to provide a compassionate and welcoming response to individuals in need while also being mindful of the risks presented by camping in the absence of adequate resources. Overnight camping without adequate services such as sewer, water, and garbage presents a health and safety concern. Unless or until there are resources to provide such services in a regulated manner, overnight camping is not an available option. This policy is not meant to exclude any individual seeking access to a UUSB program, service, or temporary respite on church grounds. All are welcome.

Overnight Camping Prohibited. Use or occupancy of the grounds of the Unitarian Universalist Church of Bangor (UUSB) at 120 Park Street, Bangor, Maine for purposes of overnight habitation is prohibited. Occupancy for the purpose of habitation is evidenced by the use of camping equipment including but not limited to tents, tarpaulins, temporary shelters, bedding (e.g., sleeping bags), cooking facilities, and related paraphernalia.

Notice. Appropriate signage regarding the camping prohibition shall be posted in appropriate areas on the UUSB grounds, together with information regarding resources, including UUSB events and resources, for those in need.

Procedure. If the UUSB becomes aware of an individual using or seeking to use the grounds of the UUSB for purposes of habitation (a “camper”), the following actions may be taken:

1. During normal business hours (Monday- Friday, 8 am – 5 pm), a representative of the UUSB may (but is not required to) advise the camper of UUSB policy and provide information regarding relevant resources. Alternatively, the representative of the UUSB may inform a member of the UUSB Council of the presence of a camper on the grounds.

Upon being notified of the presence of a camper on UUSB grounds, members of the Council shall inform the Council Chair. The Chair or the Chair’s designee shall contact a representative of Projects for Assistance with Transition from

Homelessness (PATH), a program overseen by Community Health & Counseling Services (CHCS), located at 42 Cedar Street, Bangor, Maine. The Council Chair shall request that PATH assist the camper in accessing appropriate resources and shall follow up as needed to determine that successful engagement with the camper has been made.

3.If the camper has not quit the UUSB grounds or made concrete plans to do so within 24 hours of initial contact with a representative of PATH, the Council Chair or designee may seek intervention by the Bangor Community Action Team (BCAT) or the Bangor Police Department (BPD).

Immediate Action Authorized. If any individual, including a camper, engages in any violent, abusive, disruptive, offensive, or illegal activity on UUSB grounds, the Council Chair or designee is authorized to take any necessary and immediate action for the removal of such individual from UUSB property.

SHARE THE PLATE



Every Sunday, we share half of our undesignated plate offerings with an organization that works toward our UU values. In September, half of the undesignated funds in the plate will go to Partners for Peace. Partners for Peace works to end domestic violence in Penobscot and Piscataquis Counties. They provide support, advocacy, and safety planning to anyone affected by

domestic abuse. They foster safe and healthy relationships through prevention, education, and training. Together with our community, they recognize the nature of abuse, respond to it, and change the conditions which lead to it.

In May, we shared \$323 with Partners for Peace!

In June, we shared the plate with the UUSB Food Programs!

In July, we shared \$244 with the Wilson Center!



You can give to the collection plate through the UUSB website and Vanco or by mailing a check to the church office.

FY2025 Share the Plate Recipients

July - Wilson Center

January - Shaw House

August - UUSB Food Programs

February - UUSB Food Programs

September - Partners for Peace

March - MUUSAN

October - Health Equity Alliance

April - FLIA

November - Penquis LIHEAP

May - Bangor Humane Society

December - Bangor Area Homeless Shelter

June - UUSB Food Programs



2nd Annual UUSB Pre-Owned Booksale! Saturday, September 28, 8:00-12:00

This event was a success last year and we look forward another great event for 2024!

Please donate hard cover and/or soft cover books (No magazines or text books) between now and September 26th. Books may be stored in the DM Hall under the pews on the side walls.

Plan to attend and replenish your own library!

We will have a post on the UUSB Community Facebook page soon suitable for reposting. Please spread the word through your Facebook contacts that we will have hundreds of books including some vintage. The sale will be held in the Dorothy Memorial Hall.

Generally, 50 cents for soft cover and \$1.00 for hard cover.



Saturday, October 19, 8:00-2:00

It's time to start collecting items around your home to donate to UUSB's very popular yard sale, rain or shine in the vestry. (downstairs, lower door entrance)

It is a great way to sort through your stuff and donate items in good condition. To help make this event a success, please do not include clothing, electronics or heavy furniture.

We need volunteers to staff the sale that day. It really is a lot of fun! For more information contact Kate Dutra or Sue McKay 478-4631.

We will have a post on the UUSB Community Facebook page by the end of September suitable for reposting. Please spread the word with your Facebook friends!

THE OFFICE ORGANIZER

Find all your UUSB Church Office Updates in this space. You can find publication deadlines, office hours and scheduled closures, as well as important building updates and more!

September Office Hours & Closures

The in-person office hours are generally 10:00 to 2:00 on Tuesday, Wednesday, and Friday.

There will be no in-person office hours or email or phone responses on these dates:

- June 13
- June 19
- June 27-30

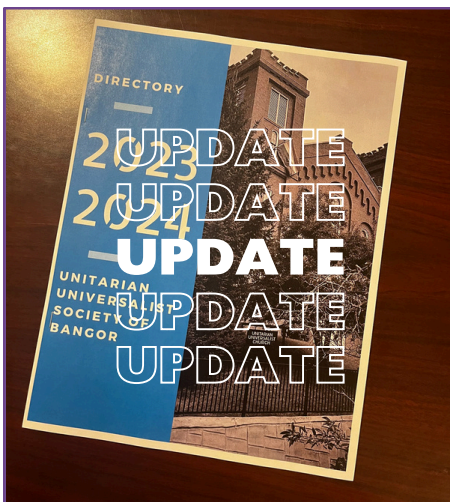


Member & Friends Directory

The start of the year means that we are also starting to prepare the update for the UUSB Member & Friends Directory. In October, you will be able to find forms to submit your information, whether it is new or updated.

We will have some times for getting your photos updated, which will be announced in the e-news and announcements, as soon as the dates are decided.

Other info that can be included in the directory, based on your comfort: name, household members, mailing and/or physical address, email, and phone.



Important Publication Deadlines

The **Chalice & Chimes** submission deadline for FY2025 is the **20th of each month**. Late submissions can be posted on the website, in the e-news, or the Sunday announcements. The next deadline is September 20.

Submit Announcements by Fridays

To have an announcement read on Sunday morning, it must be submitted to Rev. Drew or the office by Friday before the service.



Chalice & Chimes Deadline:
Friday, September 20

Weekly E-News Deadline:
Thursdays @10:00

In-Person Office Hours: 10:00-2:00
Tuesday, Wednesday, Friday

MEMBERSHIP-FELLOWSHIP

Fellowship Hour

We hope you'll join us Sundays following the service in the Dorothy for socializing and refreshments. The refreshments are provided and served by volunteer teams. Each team serves four times a year. If you'd like to join a team, contact Cathy Elliott at cathyelliott25@gmail.com.

Our Fellowship Hour Teams and Leaders for September are:

- Sept. 1 Team A Natalie Norton
- Sept. 8 Team D Valerie Carter
- Sept. 15 Team J Patty Alcott
- Sept. 22 Team K Kayla Worthington-Strong
- Sept. 29 Team G Judy and Tim Martin

Thank you to all who make our Fellowship Hour so enjoyable!

Looking for People to be Sunday Greeters

We need a few more volunteers to welcome people to our Sunday services. This is a wonderful way to connect to folks and be helpful. If you would like to help out, contact Cathy Elliott at cathyelliott25@gmail.com.

Chat with the Minister

The next chat with Reverend Drew will be Sunday, September 22, following the service. These chats, which occur throughout the church year, provide an informal way to make your voice heard, ask questions and get to know more about Unitarian Universalism and our congregation. So grab a coffee and goodie and join in. Everyone, newcomers and old comers are welcome!

New to UU Class

The next New to UU Class will be Saturday, November 2, from 9am to 11am at UUSB. This class is for anyone interested in learning more about Unitarian Universalism and our congregation and for those who are interested becoming members. To attend, please email the office administrator, Christine Sprague, at uubangor@gmail.com.

Becoming a Member of UUSB

If you want to become a member of our congregation, here's what's required:

1. Attend a Chat with the Minister or a New to UU class.
2. Read our self-study guide, Getting to Know Us, available on our website at: <https://uubangor.org/new-to-uusb-2/uusb-self-study-guide/>
3. Complete a Request for Membership form and a Pledge form, also on our website (same address as the self-study guide).
4. Sign the UUSB Membership Book

Questions?

Email UUSB at: uubangor@gmail.com or call 207-947-7009.

The next Membership/Fellowship Committee will be held Wednesday, September 11, 6:30pm at Eleanor Steele's house.

The Membership/Fellowship Committee would love to hear from you.

Please get in touch with us with your suggestions, questions or whatever is on your mind.

Linda Sisson contrabanjo@gmail.com, Cathy Elliott cathyelliott25@gmail.com,

Evan Richert evenrichert771@gmail.com, or Eleanor Steele elsteele99@yahoo.com.

SOCIAL JUSTICE

JUSTICE NOW!

UUSB's Justice Now group will shortly be gearing up for our new church year! Despite the fact that we had no Justice Now official meeting in August, there has been growing activity behind the scenes, including our work with other allies also doing justice work. Certainly our primary focus for the rest of the fall will be working on getting out the vote (GOTV) with MUUSAN (Maine Unitarian Universalist State Advocacy Network), and the League of Women Voters Maine.

Our next meeting with MUUSAN will be via Zoom, on Saturday, September 7 in the Community Café, from 10:30 to 12:00. We will be watching a brief video at 10:15, about UU's national "UU the Vote" effort, so don't be late! People are also encouraged to check out the new League of Women Voters Maine voting guide, on the Justice Now table.

Last but not least, Justice Now is continuing our work with food justice and other local justice needs, especially through UUSB's membership in Faith Linking in Action (FLIA). Suzanne Kelly, who is currently chair of FLIA and their Food Justice issue group, recently reported that the City of Bangor's Public Health & Community Service Dept. is awarding FLIA an Outstanding Stars Award for its food calendar project. The calendars appear on Faith Linking in Action's webpage (www.faithlinkinginaction.org) and are kept up to date on a quarterly basis so people who need the information can trust its accuracy. The most up to date calendars (one for pantries and one for meals) can also be accessed by a QR code on a card a person can carry with them or where calendars are displayed in the community.



Second Sunday Food Collection

On **Sunday, September 8**, UUSB will once again host our Second Sunday Food Drive, the church's monthly community food collection. This month, we will begin collecting food during the service, instead of after the service.

In FY2024, we donated 1,242 pounds of food!

The food collected is given to the Ecumenical Food Pantry in Bangor. They can also take monetary donations, which buys up to six pounds of food for every dollar given. Make checks out to Bangor Ecumenical Food Cupboard (Bangor EFC).

If you aren't sure what to give, they are always looking for cereal, canned fruit, canned baked beans, pasta, and sauce!



SOCIAL JUSTICE

Showing Up for Racial Equity (S.U.R.E.)

SURE (Showing Up for Racial Equity) will begin our church year on September 1st after the service at 11:30 am in the Community Cafe. We will be watching the panel discussion from the Confronting White Grievance Symposium. It is quite powerful and has lots of information you may not have considered before. Become better informed on White Grievance, attend this meeting with us! All are welcome.

We will also be discussing our next steps for the upcoming year. Things we will discuss could include

- Reading "[The Talk](#)," by Darrin Bell, a graphic novel about what families of color have to do to prepare their children for the dangers they may have to face in the world.
- The 2024-25 UUA Common Read: "[Authentic Selves: Celebrating Trans and Nonbinary People and Their Families](#)". More information will be available a little later in the Fall.
- Watch and discuss "God and Country." This documentary looks at the implications of Christian Nationalism and how it distorts not only the constitutional republic, but Christianity itself. We might choose to do this on an evening or Saturday morning when there is more time to watch and discuss. It is a very powerful movie!
- Other ideas from our membership on things to do/watch/discuss.
- Be watching for information on Get Out The Vote. We will join with our sister committee, Justice Now!, whenever possible to help with this important effort!
- What have members been doing over the summer or plan to do in the Fall to Show Up?

Action item: Nibezun is asking for volunteers to help build a Hempcrete structure on their land:



SAVE *the* DATE
SEPT | 28 | 2024
—
OCT | 4 | 2024

SEEKING VOLUNTEERS EAGER TO LEARN AND CONTRIBUTE TO CONSTRUCTING A HEMPCRETE STRUCTURE AT NIBEZUN! MEALS AND LODGING ARE AVAILABLE. MORE DETAILS TO COME!

IF INTERESTED, PLEASE REACH OUT TO NICK BEAR AT NICK@NIBEZUN.ORG

SURE will continue to meet on the first Sunday of the month at 11:30 in the Community Cafe. We know that the first Sunday in September is Labor Day Sunday, but we hope many of you will still be around and available to watch the White Grievance Symposium panel. You don't have to be a "member" of SURE to attend our meetings and discussions.

For more information on SURE, contact Laurie Cartier, Joanie Ellis or Ann Hartman.

SMALL GROUPS



Mindfulness Meditation Group

We will resume meetings on Tuesdays, September 10, 17, & 24 from 5:45 to 7:00. You can join in-person or online.

This meditation group is accessible to meditators of all experience levels, including people new to meditation. The program consists of walking and sitting meditation and a Dharma lesson with group discussion. The group intends to meet in a supportive, friendly, and non-judgmental environment. Each session is self-contained

material-wise. Regular attendance is helpful though optional.

Drop-ins are always welcome, though we encourage newcomers to arrive or sign in fifteen minutes early (at 5:30 PM). Signing in and coming early allows newcomers to meet Rev. Drew and help Rev. Drew learn more about newcomers' familiarity with meditation, as well as a chance to settle in and receive a brief introduction to sitting and walking meditation and the group process before the group begins promptly at 5:45 PM. Don't hesitate to get in touch with Rev. Drew Moeller if you have questions email Rev. Drew at drewuu2@gmail.com.

This program is free of charge to ALL. If one wishes to make a free-will offering (dana) to the group, one can do so in person in our dana basket, cash, check, or online. Checks can be made to "UUSB" with "Meditation Group" in the memo/notes line.

UUSB Choir

The UUSB Choir meets weekly, every Thursday from 5:30 - 6:30pm in the sanctuary! The group is looking forward to providing music every other week for our services! If you are interested in joining the choir (or in other musical outlets), please reach out to our Music Director, Sojourner Crowley for more information: uusbmusic@gmail.com.

Spirit of Drumming

September 8 & 22 at 11:30 AM in the Sanctuary

The Spirit of Drumming Circle is led by Laurie Cartier, LyAnn Grogan and Jim Shimko. With a variety of drumming including basic instruction, directed rhythms, and jamming to a song or the monthly theme, we rock out in the sanctuary every second and fourth Sunday after church. We start about 11:30 and drum until 1. No experience is necessary. We have a good supply of drums or you can bring your own. We hope you will join us soon.



SMALL GROUPS



Shawl Ministry

September 3 at 6:30 PM in the Dorothy

Are you interested in knitting or crocheting? Are you interested in creating gifts for beloved members of our community?

You don't have to have any experience with knitting or crocheting ahead of time to join the Shawl Ministry. Bring your own supplies or borrow some. All that matters is you come and join the fun!

CrUUnes

September 27 at 4:00 PM at Ann Perkins' House

We welcome all single self-identified crones who are members of the church!

Please bring a dish for potluck if able. The plan is to chat and hydrate, brief program, share, eat and chat more!

Meetings are generally on the last Friday of each month. Any questions, please call Anne at 478-7091.

UUSB Guild

September 18 at 11:30 AM in the Dorothy

The UUSB Guild meets monthly to discuss business, share good company, and enjoy a variety of guest speakers throughout the year. One part of the Guild's business is helping keep UUSB beautiful, welcoming, and loved. Recently, they are working to update and maintain the Dorothy Memorial Hall. They have purchased a second folding wall, so that UUSB has one for the Dorothy and the Vestry. They also recently purchased a new cover for the piano in the Dorothy.

Recent guest presenters have included Rev. Drew, speaking about his time at the meditation retreat last winter, and Mike Howard, speaking about universal basic income.

COMMUNITY BEAN SUPPER

September 28 @4:00 PM in the Dorothy

Everyone is invited to join community members and our amazing volunteers for our monthly community bean supper!

Meals may be eaten at UUSB in the Dorothy Memorial Hall or taken home in to-go containers. This allows us to enjoy the community and social aspects of this monthly event, while still accommodating those who may be unable to attend in person.



GIFT CARD FUNDRAISER

Convenient to carry! Every card purchase helps UUSB!!! Buy cards for your own grocery shopping, which you can use to shop in store or to order your groceries for curbside pickup or delivery! You can also buy cards to gift to friends and family or to donate to a local food bank.

Cards are available in increments of \$25, \$50, \$100, \$200, \$300, or \$500. Cash, or checks made out to UUSB are accepted.

To purchase your Hannaford card and support UUSB, please purchase after the Sunday service or contact Rosemary.



- Kate Dutra: Sundays in the Dorothy Memorial Hall after the Sunday Service
- Rosemary Parsons: 327-1045, roxemary@gmail.com

FAIR TRADE FUNDRAISER

Every week, you can find a selection of coffees, chocolates, and more on the shelves in the Dorothy Memorial Hall. All are sold at comparable prices to what you find in grocery stores. For the same prices, you can help support UU values and organizations!

This fundraiser started with the Unitarian Universalist Service Committee Coffee Project in 2007. The UUSC partnered with Equal Exchange, a fair trade organization. Through partnerships like this, farmers in Central America, South America, Africa, and the Middle East can earn a fair price for their products and access affordable credit. For each pound of coffee, tea, or chocolate purchased by UU congregations, Equal Exchange makes a contribution to UUSC's activities in the farmers' growing regions. We sell the coffee, tea, and chocolate at a competitive price. It is a win-win-win situation for the farmers, the UUSC, and UUSB.

Please support UUSB's fair trade project by locating the sales table in the Dorothy on Sundays and buying Equal Exchange products!

September

SUN	MON	TUE	WED	THU	FRI	SAT
1 10:00 AM Service 11:30 AM S.U.R.E.	2	3 10:30 AM Staff Meeting 6:30 PM Shawl Ministry	4 5:30 PM Worship Meeting	5 5:30 PM Choir	6 9:00 AM Shared Ministry	7 10:00 AM MUUSAN
8 10:00 AM Service Food Collection 11:30 AM Drumming	9	10 Office Closed 5:45 PM Meditation Group 6:30 Building & Grounds	11 Committee Reports Due	12 5:30 PM Choir 7:00 PM Executive Committee	13 10:00 AM Budget & Finance	14
15 10:00 AM Service 11:30 AM Justice Now	16	17 5:45 PM Meditation Group	18 11:30 AM Guild Meeting 2:30 PM Pastoral Care 6:30 PM Council	19 5:30 PM Choir 7:45 PM Comm. Committee	20 Chalice & Chimes Deadline	21
22 10:00 AM Service 11:30 AM Drumming Worship Lab	23	24 5:45 PM Meditation Group	25	26 5:30 PM Choir	27 4:00 PM CrUUnes	28 8:00 AM Book Sale 10:00 AM Bag Lunch Prep 3:00 PM Supper Prep 4:00 PM Bean Supper
29 10:00 AM Service	30	<div style="background-color: #f0e68c; padding: 10px; text-align: center;">  <p>BOOK SALE Saturday, September 16 8:00 AM - 2:00 PM</p> </div>				

REMINDERS

ABOUT US Unitarian Universalist Society of Bangor

Our Mission Statement

The Unitarian Universalist Society of Bangor is an historically liberal religious community, celebrating diversity and supporting spiritual growth and social responsibility in each child and adult.

A Welcoming Congregation

We welcome individuals and families of all religious upbringings, racial and ethnic backgrounds and sexual orientations. We, a member of the Unitarian Universalist Association, covenant to affirm and promote the inherent worth and dignity of every person.

A Green Sanctuary

The UU Society of Bangor, recognized as a Green Sanctuary by the Unitarian Universalist Association, endeavors to incorporate care for the Earth into its worship and religious education while working to promote environmental justice and sustainable living. We covenant to affirm and promote respect for the interdependent web of all existence, of which we are a part.



Do you have a **CLYNK** Bag?? Be sure to have one handy, so you can easily be collecting bottles and cans to help raise money for our UU Youths' Social Justice Service Trip. The bags are in the Dorothy Memorial Room. Please contact Laura Santilli for details. Thank you for your support!!!

UUSB is always in need of volunteers – for fundraisers, childcare, teaching, and to fill positions on our active committees. The great perks of volunteering are not just the satisfaction of contribution, but the sense of community we all feel when we accomplish important tasks with others. Since we don't always know who is able to take part, please contact a council or committee member if you are open to volunteering in any large or small way.

The **UUSB Worship Committee** is looking for more member participation in our worship services and is extending an INVITATION to one and all of you to consider if you might be interested in joining our services as READERS.

Collection Plate & Pledge Reminders

One way you can help continue our outreach efforts is to keep up with your financial pledge. Without our weekly passing of the collection plate, we still need to make sure that we can pay our bills. Keeping up with your pledge allows our staff and leadership to focus on providing services to members, friends, and guests. There are three options to make it easy to keep up with your pledge:

1. Mail a check to the church office at 120 Park St, Bangor, ME 04401
2. Contact Rosemary Parsons, our treasurer, to set up a direct withdrawal from your paycheck or bank account
3. Donate online through Vanco. This option will be available on our website, as well as shared in our weekly e-news

Thank you for your continued support as we all work to provide for our community.



ABOUT THE *CHALICE & CHIMES*

Church Council:

Sue McKay, *Chair*
Zach Falcon, *Vice Chair*
Tom Armstrong, *Clerk*
Eric Strong, *Treasurer*
Kim Boucher
Francis Grey
Tracy Haskell
Tim Martin
Erin Seavey

Council meets at 6:30 PM
on the third Wednesday
of each month.

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UUSB Staff Contact:

Rev. Andrew Moeller,
Settled Minister
(207) 922-2956
drewuu2@gmail.com

Christine Sprague, Office Admin.
(207) 947-7009
uubangor@gmail.com

Kaz Childs, Director of SE
(207) 949-0733
uubangorre@gmail.com

Sojourner Crowley,
Music Director
uusbmusic@gmail.com

Atticus Foster, AVS Tech

About Our Newsletter

The *Chalice and Chimes* is published ten times a year (Sept-June). An email reminder is sent out to all member and friends on the church's database mailing list when the newsletter has been posted to the church website, where it may be viewed or down-loaded. It is also available in paper format on the table by the sanctuary entrance and by US mail (request from the Church Office).

Editorial Policy

Articles submitted for publication in the *Chalice & Chimes* must strive to include, in an unbiased way, only that information that is consistent with the UU faith. Articles should deal with issues of a spiritual nature meant to inspire, encourage, educate, or inform. Although every effort will be made to be inclusive, the Editor reserves the right to determine which articles are accepted for publication. The Editor has the right to edit for space, availability, libelous remarks, or unwarranted personal attacks. The Editor also reserves the right to refuse any item that may affect our Tax Exempt Status.



Newsletter Submissions

Next Newsletter Deadline:

September 20, 2024

The next issue will be October 2024. We value your contributions and very much appreciate submissions. When sending email contributions to The *Chalice & Chimes*: uubangor@gmail.com