

# CHALICE & CHIMES

THE MONTHLY NEWSLETTER OF UUSB

FEBRUARY 2023

## THIS MONTH IN WORSHIP

Our theme this month is **Love**.

February 5 - *How We Can Love in Our Own Way* - As we begin this month's theme of Love, we'll explore how our many roles throughout life are opportunities - even "calls" - to love in our own particular and diverse ways. This service will be led by Rev. Rebecca Liberty with Laurie Cartier and Phyllis Havens as our worship team. Music will be provided by the UUSB Choir, Molly J. Webster, and Jack Derosier.

Meeting ID: 948 2651 9866 Passcode: 143727 [Zoom Link](#)

February 12 - *The Spiritual Influence of Abraham Lincoln* - Feb. 12 is the birthday of one of our greatest U.S. Presidents, Abraham Lincoln. The Historian Jon Meacham's latest book: "And There Was Light" speaks of the light and direction Abraham Lincoln gave to our struggling country during the Civil War. In this sermon, I will explore some of the spiritual influences of this great man. Lincoln wrote that "When I do good, I feel good; when I do bad, I feel bad. That's my religion." Once again, our country is struggling to keep our democracy. Lincoln has some advice for us. This service will be led by Rev. Charles Stephens with Phyllis Havens and John Arimond as our worship team. Music will be provided by Molly J. Webster and Jack Derosier.

Meeting ID: 969 4725 8171 Passcode: 289571 [Zoom Link](#)

February 19 - *Human, Humane, Humus* - Although Unitarian Universalism is rooted in, and respectful of, our Christian heritage, we're also indebted to the Humanist movement that had such a great impact on Unitarianism in the 20th century. Humanism seeks natural, rather than supernatural, answers to religious questions. One prominent Humanist, Rev. John Dietrich (1878-1957), said that the task of religion is "to put beauty in the place of ugliness, good in the place of evil, laughter in the place of tears; to dispel error with knowledge and hatred with love." This service will be led by Rev. Mark Worth with Linda Sisson and Francis Grey as our worship team. Music will be provided by the UUSB Choir, Molly J. Webster, and Jack Derosier.

Meeting ID: 982 3600 6011 Passcode: 209392 [Zoom Link](#)

February 26 - *Love in Public as Community* - "Justice is what love looks like in public," Cornel West famously said. In considering "love in public," we'll talk about opportunities for groups and communities to love in our own particular and diverse ways, together. This service will be led by Rev. Rebecca Liberty with Kat Allen as our worship team. Music will be provided by Robin Wood.

Meeting ID: 997 6280 9605 Passcode: 840913 [Zoom Link](#)

## UNITARIAN UNIVERSALIST SOCIETY OF BANGOR

120 PARK ST  
BANGOR, ME 04401

SUNDAYS AT 10:00 AM

(207) 947-7009

[WWW.UUBANGOR.ORG](http://WWW.UUBANGOR.ORG)

[UUBANGOR@GMAIL.COM](mailto:UUBANGOR@GMAIL.COM)

## HIGHLIGHTS:

- 2 - GREETINGS
- 2 - COUNCIL CRIER
- 3 - DREW'S VIEWS
- 4 - WORSHIP
- 4 - UUA GENERAL ASSEMBLY
- 5 - OFFICE BULLETIN BOARD
- 6 - TREASURER'S REPORT
- 7 - PLEDGE DRIVE
- 7 - FUNDRAISERS
- 8 - SEE UPDATES
- 10 - USING UUSB'S SPACE
- 12 - SOCIAL JUSTICE UPDATES
- 13 - GUILD UPDATE
- 14 - SMALL GROUPS
- 15 - OUTREACH
- 16 - SHARE THE PLATE
- 17 - CALENDAR



# Greetings

FROM REV. REBECCA LIBERTY

I'm so pleased and honored to be joining you in February as your Sabbatical Minister. It has been a joy to connect briefly with many of you already in council and committee meetings, and I hope that by the time you read this, I will have met many more of you at worship on January 22.

I am impressed by and grateful for the intention with which Rev. Drew and others have prepared for this time, and have helped me prepare for it also. At the same time, it's been my experience that the most interesting, challenging, educational, and inspiring moments are often the ones we couldn't possibly prepare for. For both the planned moments and the surprises too, I am delighted to embark on this adventure together!

One aspect of our time together will be the quarter-time structure of this position, which is envisioned to be about 12 hours a week. Because much of this time will be devoted to worship preparation and meetings, I will not start out with set hours in the office. But I'll be happy to set a time to meet with you in person, by phone, or on Zoom. I certainly intend to be available for conversation and pastoral support where needed and as possible. And, as I get my feet under me, if it seems that office hours would be helpful, I will let you know if and when they start.

In the meantime, I'd love to hear from you via email at [usb.sab.minister@gmail.com](mailto:usb.sab.minister@gmail.com) and by phone on the minister's line, (207) 922-2956. A caveat: you may not hear back from me immediately, which is the nature of working quarter-time amid other daily commitments. So, depending on your need, it may be best to contact Council or the Pastoral Care team first, or at least simultaneously.

Even as we are all "works in progress" individually, our time together will be a "work in progress" too! And what a joy it will be to watch what takes shape.

## COUNCIL CRIER

SUBMITTED BY KAREN SANBORN



### **Leadership Position Updates**

The Council voted Catherine Foxson to fill Nancy Rampe's position on the Nominating Committee. The Nominating Committee puts forth names to fill expiring positions for the coming year on Council, Trustees, and the Nominating Committee itself. Those people are voted in at the annual meeting.

### **Second Sunday Food Drive**

The Council is concerned about the viability of the Second Sunday Food Drive, which in its current model has been occurring since the early days of the pandemic. A very dedicated few have done a terrific job keeping this important event going each month. The food collected from this event goes directly to the Ecumenical Food Cupboard. If anyone in the congregation would like to contribute to helping to keep this valuable event going, please let the main office or a Council member know.

# DREW'S VIEWS: SABBATICAL TOUR EDITION

BY REV. ANDREW MOELLER

Dear Ones,

By the time you read this, I will be on sabbatical amid a month-long silent meditation retreat. While I am away, I intend to update the congregation about once a month on my whereabouts and offer a short reflection on what is alive within my being. I will send these to the office to share with the congregation through the *Chalice & Chimes*, e-news, and the UUSB Facebook Group. I hope you can join me in some of my journey - who knows; perhaps it will stir some thinking and reflecting of your own.

The first leg of my sabbatical journey takes me to Spirit Rock meditation center in Woodacre, CA (see photo). Spirit Rock began when a group of Insight meditation practitioners in the San Francisco area came together in the late 80s and started to organize local and regional meditation groups. Several years later, they acquired 411 acres of land in the San Geronimo Valley of northern California and built a retreat center to serve the West Coast of the United States.

Today, Spirit Rock is a world-renowned center for teaching Insight meditation and training new teachers. Their dedication to building a rich multicultural programs that welcomes people of all races, religions is inspirational. In addition to offering many open meditation retreats open to all, they also provide identity group-specific retreats tailored to BIPOC, LGBTQ+, and people working in specific caring professions. Their programs are so popular that they have to select participants by lottery!



Spirit Rock Meditation Center in Woodacre, CA

I start my sabbatical with a month-long retreat to reconnect with what Buddhists call my "Original Nature," or, as Jack Kornfield would say, "connecting with the One Who Knows."

I intend that this experience will help me connect with my inner being in an intimate way by letting go of many of the things that distract one from being present from one's inner being - like technology, needing to speak, running errands, keeping track of and preparing for appointments and meetings, and keeping up with the latest news. Instead, I'll spend about 8-9 hours a day in meditation (alternating between sitting, walking, and working meditations) and listening to daily Dhamma talks by a team of world-class Dhamma teachers.

My hope is this retreat will help me reconnect with my inner being.

So much has changed and transpired over the last several years. Having the opportunity to check in and reflect on "who am I," now that my parents, uncle, and a couple of my dearest friends are gone? What does it mean that I've served UUSB as a settled minister for seven years (the average length of a settled ministry in our denomination)?

In February, I turn 54. I don't feel that old inside, yet I am aware that my body cannot do some of the things it used to do. I am getting to the age where it is wise to start developing new habits that will serve me as I age. What habits need cultivating - are there any intentions I want to aim towards or invite into my remaining life?

I don't expect this retreat to answer all these questions. It's more about shedding all the peripheral things that distract me from being present to those questions and being with them in a focused way. Then reflecting on how to wisely cultivate and nurture those emerging intentions best - so they may grow (Spirit willing).

My next check-in will be in March. In the meantime, "May you all be well!"

Love and Namasté ,

A handwritten signature in cursive script that reads "Rev. Drew". The ink is dark and the signature is fluid and personal.

Rev. Drew



## We Love Your Suggestions!

Do you have a poem, reading, piece of music, story, or personal experience that relates to a monthly theme? Share your ideas with Rev. Drew, Molly, or Laurie. Your suggestions make our worship experience even richer!

**Special Thanks** to the following people who contributed special offerings to last months worship services:

- Linda Sisson - for sharing her original poem titled "First Snow"
- Robin Wood - for performing "December Rain" an original and final work created by her cousin a Margery Lawrence Henneman, died from complications of breast cancer in 2014 at the age of 46.

Your contributions enhanced the worship experience for us all. Thank you!

## Upcoming Soul Matters Themes

**March:** Vulnerability

**April:** Resistance

**May:** Creativity

**June:** Delight

As Rev Drew heads out for sabbatical, your UUSB Worship Committee is dedicated to helping our sabbatical minister, Rev Rebecca Liberty, in any way we can. We'll continue to work with her as worship associates, readers, and logistics coordinators. We'll be doing the same with guests in the pulpit who will be joining us as well.

In February our theme is Love! Rev Rebecca will be in the pulpit on Feb 5 and Feb 26th. On Feb 12th Rev Charles Stephens will be back in the pulpit and on Feb 19th we will welcome Rev (and State House Representative) Mark Worth.

The Worship Committee can still use volunteer help with logistics coordination. This person (or team) is the one who sets the stage on Sunday morning, helps during the service, and puts things away after. All the little things like candles, flowers, the Chalice, and the candle bowl for joys and concerns, help to create a sense of worship and assure a consistently wonderful experience for all. We can't stress enough how important this position is! If you have any interest in becoming a logistics coordinator, please contact Laurie Cartier at [amalauriec@gmail.com](mailto:amalauriec@gmail.com).



Have you ever wondered what happens at the Unitarian Universalist Association's General Assembly?

Have you ever wanted to meet UUs from all across the country?

The UUA General Assembly is taking place in Pittsburgh, PA in June 2023. UUSB will need delegates to represent us at GA and we are always looking for volunteers to fulfill this role. We can offer financial support for you to attend and the UUA is once again offering in-person and virtual options, so you can attend in whatever way works best for you. If you are an active member, contact a member of Council about being a delegate; if you just want to get to know the UUA better by attending, you can register online or contact a member of Council for more information.

Office  
Closing  
Early  
February 24

In-Person  
Office Hours  
Tues, Wed, Fri

C&C  
Submissions  
Due Feb. 21

No  
in-person hours  
Feb 17-24  
Due to School  
Break

Photos to Feature  
on Website or in  
C&C ALWAYS  
WELCOME

Office  
Volunteers  
Wanted!



Sabbatical Minister:  
Rev. Rebecca Liberty  
uusb.sab.minister@  
gmail.com  
Minister Emerita:  
Rev. Becky Gunn  
Music Director:  
Molly J. Webster  
uusbmusic@gmail.com  
Director of SE:  
Karen Childs  
uubangorre@gmail.com  
Office Administrator:  
Christine Sprague  
uubangor@gmail.com  
Tech Coordinator:  
Atticus Foster  
Council Chair:  
Sue McKay  
swm4631@gmail.com  
Council Clerk:  
Jessica Glant  
glanjm979@gmail.com  
Council Treasurer:  
Rosemary Parsons  
roxemary@gmail.com

### Staff Working Hybrid Hours; General Update

Staff are working hybrid hours. The office is open Tuesday, Wednesday, and Friday every week from 10-2. I will be responding to emails and voicemails on Thursdays, but may not be in office every Thursday. Please contact me to schedule meetings to make sure that there are no other meetings when you will be stopping by. Masks are required for all office visits and meetings.

### Office Closures in February

The office will open late on February 7 and 21, due to staff meetings; the office will be open roughly 12-2. The office will close early on Friday, February 24; the office will be open 10-12.

There will be no in-person office hours during Bangor School District's February Vacation. If you need a meeting, please call or email to schedule ahead of time

### Sunday Announcement Submissions Must Be Received By Friday

If you have an announcement to have presented on Sunday morning that didn't appear in the weekly e-news on Thursday, please submit it, by email, to the office *and* the worship associate by Friday afternoon. If it is received after 2:00 PM on Friday, there is no guarantee that it will appear in the Sunday morning email or in the announcements during the service.

If you want your announcement to appear in the printed announcements on Sunday, it must be received by 10:00 AM on Fridays.

### Building Use Must Be Scheduled with Office!

If you are planning to move to committee or small group meetings in the UUSB building, instead of via Zoom, you **MUST** submit the request to the church office. Please call or email to schedule your meeting and come back "home."

## UPCOMING DEADLINES

CHALICE & CHIMES (MAR. ED.)  
THURSDAY, FEBRUARY 21

E-NEWS (WEEKLY)  
THURSDAYS AT 10:00AM

COMMITTEE NOTES FOR COUNCIL  
WEDNESDAY, FEBRUARY 8

## OFFICE HOURS

10:00AM - 2:00PM  
IN-PERSON: TUESDAY,  
WEDNESDAY, FRIDAY  
REMOTE: THURSDAY

# TREASURER'S REPORT

BY ROSEMARY PARSONS

TREASURER'S REPORT FOR MONTH OF DECEMBER 2022. This report covers 50% of the year.

Total income for the month of December was \$27,027. YTD income is \$120,615, 49% of the year's budget In December 2021 income was \$40,145, with Raffle income of \$9,660 Last year's YTD income was \$144,721, which included \$16,040 total from the raffle. Total income was 63% of the year's budget.

Expenses were \$28,769. YTD expenses are \$122,056, 49.7% of the budget. In December 2021, expenses were \$27,420 and last year's YTD expenses were \$115,248, 48% of the budget.

December income included pledge of \$10,140. Plate donations were \$904!! Half of that amount went to the Bangor Area Homeless Shelter. Endowments were \$9,913. The Deacons Fund paid \$800 for a new computer for the Office. Rental income was \$170. Gift baskets brought in \$3,014 and wreaths totaled \$1,948. General Fund was \$861.

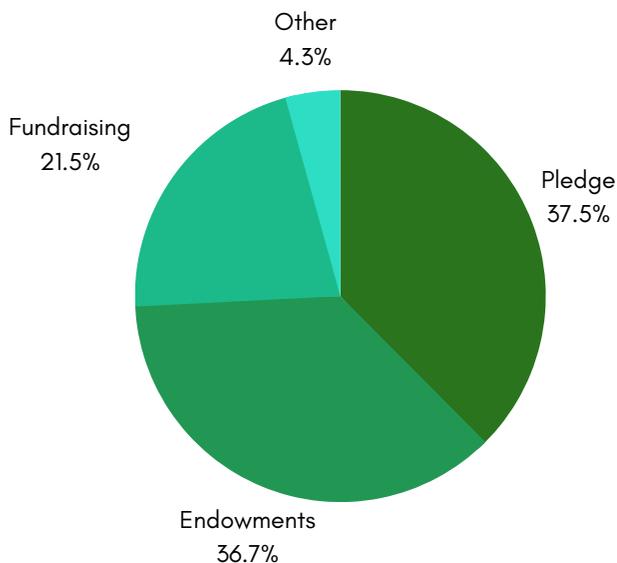
VANCO: In December: 14 people used the Vanco link to make payments totaling \$1,513.53 gross in all categories with a net of \$1,462.16. Fees were \$28.42 and the offset paid was \$37.53. Additional charges invoiced were \$22.95. Donations were: General Fund for \$612, pledges for \$747, Share the Plate for \$95, Raffle \$20, and Minister's Discretionary \$2.

Expenses for the month break down as Personnel \$23,079 (3 pays) (80% of total costs), Building \$2,713 (10%), Fair Share to the UUA \$847 (3%) , Administrative \$901 (2%) and Congregational expenses for \$1,219 (4%) Total expenses for 6 months was 47% of the year's budget.

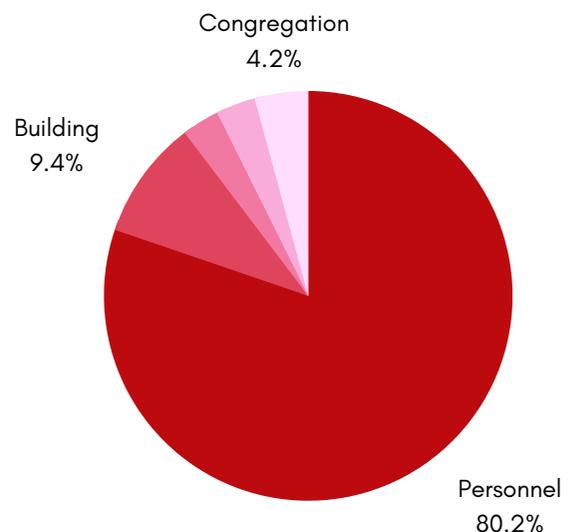
Since the raffle did not occur in the Fall, comparisons between this year's and last year's YTD income will be skewed, and practically useless. The raffle is rescheduled for April 2, with the prize drawing on May 21 at the start of the Annual Meeting. As always, very important fundraiser for UUSB. Thank you all for keeping up on your pledges. You make this church happen.

In Service,  
Rosemary Parsons

### December Income



### December Expense



# UUSB Fiscal Year 2024 Pledge Campaign

“It Takes a Village – YOU Matter”

Pledge Goal: \$139,377

- Stewardship Sunday is March 5<sup>th</sup>
- **EVERYONE PLEASE** return your Pledge response to Amy Starkey-Lam by Sunday, March 26<sup>th</sup>
  - Can respond via email, mail, phone call, text – whatever is easiest for you!
    - Email: [amystarkeylam@gmail.com](mailto:amystarkeylam@gmail.com)
    - Call or Text: 207-356-2651
- Members and Friends will receive a Pledge card via email early-February
  - Will be mailed to members and friends not on email list
- Consider what kind of financial commitment you can make for Fiscal Year 2024 (July 2023 – June 2024)
  - If you are a member and unable to make a financial commitment, you need to simply indicate on your Pledge card that you are requesting a waiver



April 10, 2022 Earth Day SEE Intergen Outdoor Planting Activity



Unitarian  
Universalist  
Society of Bangor



The UUSB Raffle is moving to the Spring, after last November's cancellation. More specifics will be available by the March *Chalice & Chimes*, but mark your calendar now!

**Raffle sales will begin on April 2!**

**Raffle drawing will take place on May 21**

**at the Annual Meeting!**

**Tickets are \$20 each**

**Grand Prize value of up to \$5,000!!!**



Our annual goods and services auction will be April 15 on Zoom. Do you have a skill to share? Some good quality items you no longer need? Speak with Sue McKay about volunteering an auction item. Past auctions have included a variety of delicious meals, deliveries, yard and home care, furniture, art, classes, and more. Save the date and make sure you can attend this exciting fundraising event!!

# SPIRITUAL EXPLORATION EXPERIENCE

FEB 2023 - SOUL MATTERS THEME: LOVE ♡♡♡♡♡♡♡♡

Hello and Howdy-do to our Spiritual Explorers!!  
So far in this church year we've covered a number of themes including Belonging, Courage, Change, Wonder, and Finding Our Center. We've been weaving these themes into our lives and into our communities as we collectively build a new way.

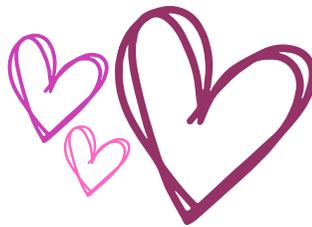
February's *Soul Matters* theme is LOVE. Love is such a big word and contains so many forms! It flows through, and connects to, each of the themes we've covered thus far. The expressions of LOVE are seemingly endless - self love, platonic love, family love, romantic love, love of community, love for ideas and hobbies, and the list could go on and on!

This month, let's find ways to amplify LOVE - perhaps by helping someone to feel as though they belong, giving them courage; making changes to a system to allow space for more love; contemplating, with wonder, the expansiveness of love; taking time for self-love by creating or building on a centering practice.

*with much LOVE,*

*Karen Childs*

*Director of Spiritual Exploration*



**UNITARIAN  
UNIVERSALIST  
SOCIETY OF  
BANGOR**

120 PARK ST  
BANGOR, ME 04401

SUNDAYS AT 10:00 AM

(207) 947-7009

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## UPCOMING DATES

- Feb 5th - SEE Classes ~ SE Wing, 10AM
- Feb 12th - S.E. Action League ~ Café, 8:45AM
- Feb 12th - SEE Classes ~ SE Wing, 10AM
- Feb 19th - NO SEE CLASSES
- Feb 26nd - SEE Classes ~ SE Wing, 10AM

If you haven't already, please REGISTER your family for our Spiritual Exploration Experience





# Ferry Beach Summer 2023



**Youth Camp**  
June 25 - July 1, 2023

Ferry Beach has opened their Registration for the upcoming Summer Season! Below the camps that qualify for the Hersey Bequest Scholarships



Youth Camp - June 25th - July 1st  
July 4th Family Fun - July 1st - 5th  
RE Week - July 8th - 14th  
Family & Friends - July 29th - Aug 5th  
Circles of Life - Aug 5th - 11th



**Family & Friends**  
July 29 - August 5, 2023



**RE Week**  
July 8-14, 2023



**Circles of Life**  
August 5-11, 2023

## There are some very significant changes to the registration process

If you haven't already, please check in with the Director of Spiritual Exploration or one of the Hersey Bequest Trustees for more information before calling the Ferry Beach Registration Office



## Elementary OWL Training

Mar 17-19th ~ Nashua NH

Do YOU want to be part of a elementary-age program that fosters informed, responsible, and values-based decisions about sexual health and behavior?

Training includes K-1 and 5-6 grade OWL programs, which we will offer in alternating years to UUSB and the community.

### Want to attend a facilitator training?

Message Karen Childs for more information:  
[uubangorre@gmail.com](mailto:uubangorre@gmail.com)

# Hold Your Event at UUSB



Did you know you can hold your meetings and events at UUSB? Have you ever needed somewhere to hold a work event? How about a birthday party? A hobby group? A watch party? What about a performance?

**UUSB has a great space for any and all your potential needs!**

**The Vestry** is one of our most used spaces. Multiple groups use the Vestry regularly. It is home to our daily AA meetings Monday-Friday. Women With Wings meets here weekly. UUSB's Open Mic CoffeeHouse and Open Jam nights are also located in the Vestry.

We've also had the Bangor Area Maine Author's Book Fair in the Vestry last Fall. We have an upcoming historical reenactment. Past users also include the Temple of the Feminine Divine, Penobscot ContraDance, the Society for Creative Anachronism, a youth theater group, and so many more.



Half of the UUSB Vestry is set up for our monthly Open Mic CoffeeHouse.



Right: The Dorothy Memorial Hall is ready to host whatever event you can dream up. Left: The cozy nook within the Dorothy is an excellent space for chatting and crafting.

**The Dorothy Memorial Hall** is an excellent space for larger gatherings. The kitchen access and large bright windows make it a wonderful place to host a dinner or even a feast. Many of our Auction dinner prizes have been hosted in the Dorothy. It would make a lovely space for an event reception hall, especially after hosting an event in the Sanctuary.

Some of the other events that have taken place in the Dorothy include auctions, historical feasts, Window Dressers build events, crafting groups, and more.

**The Sanctuary** is a beautiful and historic space for any life event. Host your friends and family for weddings, celebrations of life, renewals, award ceremonies, and more.

It's also a wonderful option for musical performances, such as concerts and recitals. New Renaissance Singers has held rehearsals and concerts in the UUSB Sanctuary for years.

It's also fully setup for audio and video streaming, so everyone can attend your event. This is a great perk if you have people who live too far to travel or are homebound for whatever reason.



The Sanctuary's historic molding, seating, and beautiful organ make it the perfect space for any formal event.

# Hold Your Event at UUSB



**The SE Wing** is home to a wide variety of spaces that could fit any number of needs. Most weeks of the church year, we hold our Spiritual Exploration classes in these rooms.

In the past, we have hosted events which held smaller classes in the SE Wing or used the spaces for privacy in a larger event. Examples of this include a Celtic Crossroads event, which hosted classes and discussions in the classrooms, with larger portions occurring in the Vestry. The Society for Creative Anachronism has used the SE Wing classrooms for changing rooms, quiet rooms, classrooms, and more.



Our **PreK room** would be great for a playdate or playgroup with a few other parents.



**The Classrooms** are excellent for pretty much anything. There are tables and chairs for anything from work meetings to game night and everything in between.



**The Community Café** is well equipped for a chat, hobby group, or open mic.



**The Library** is set up with a comfy couch and chairs, as well as a tv already connected to the internet for your viewing needs.

So, with all the amazing spaces, the possibilities are endless! All bathrooms are wheelchair and handicap accessible. There are ramps into the Vestry and the Dorothy Memorial Hall. There are rooms of every size and reasonable prices for all of them.

Personally, I am planning ahead for my husband's 40th birthday and hosting a big gaming bash in his honor. Cake and food in the Vestry and games and chatting setups in the SE classrooms. Maybe I'll also borrow the sound system and play music in the vestry to up the party factor. What kind of event could you plan at UUSB?

# SOCIAL JUSTICE COMMITTEE

A **Martin Luther King, Jr. Interfaith Celebration** was held on Sunday, January 16 in our beautiful Sanctuary. It was attended in person and via zoom by over 100 people in the Bangor area. Clergy and representatives from six different faith communities took part. Our spirits and voices were lifted by music, the words of Martin Luther King, Jr., and speakers who shared their experiences as people of color. The celebration could become an annual event.

**Free Food Bangor Area** is a project started and implemented by the Food Insecurity issue team of Faith Linking in Action. It is an up to date list and calendars of food pantries and free meals available in the Bangor area. Please check out the list and calendars on the bulletin board in the Dorothy Memorial and pick up pantry and free meal calendars on the Social Justice Committee table for yourself or someone you know who could use the information.

We voted to sign on to **MUUSAN's Resolution in Support of Tribal Sovereignty**. The Wabanaki Alliance had asked ally groups to position themselves with statements of support for this legislative session. MUUSAN drafted a resolution that UU congregations can sign on to show their backing of the Wabanaki Tribes of Maine as they continue to seek tribal sovereignty. The full resolution can be found on the MUUSAN web page at the top of the #StandWithWabanaki page.

Upcoming opportunities to **work with MUUSAN on State legislation that supports our UU principles**. By the time you read this the January MUUSAN networking will have happened on January 21st. All six of the representatives who identify as UUs spoke about the upcoming legislation. Anyone interested in becoming part of this amazing UU organization can check in with Suzanne Kelly (suziekrm@gmail.com) or head to the Social Justice table in the Dorothy Memorial or to [www.MUUSAN.org](http://www.MUUSAN.org) to check out the issues that we are working on.

**ALERT. ALERT.** If we want to keep the **Second Sunday food drive** going then LISTEN UP! Despite our best efforts, UUSB is facing a challenge staffing this important food collection event in a consistent way. Although at first it seemed to make sense to ask every committee to take on the commitment of making a Second Sunday happen, in practice we are running into several obstacles: some people are on more than one committee and we need someone with a large enough vehicle who can take the donations overnight, and bring them to the Food Cupboard on Monday morning. Contact Valerie (vcgardener@gmail.com) if you have any brainstorms!

## AMPION Environmental Impact Update

Ampion sent UUSB an Environmental Impact Certificate to update us on our affinity partnership. We have partnered with Ampion throughout 2022 to encourage solar power in Maine and to provide discounts to our community members to do the same. Here are some of the highlights of the positive environmental and fiscal impacts from 2022!



**103,689**  
kWh  
Enrolled



**17**  
Accounts  
Referred



**81**  
Tons of CO2  
Emissions  
Avoided



**\$3.400**  
Raised for  
UUSB

The UUSB Guild has been meeting regularly this year with some wonderful guest speakers. In December, we had a festive holiday party at the home of Phyllis Havens and in January, we welcomed Bob Duchesne, vice president of the Maine Audubon's Penobscot Valley Chapter, to talk to us about how Maine's weird weather and geology bring so many birds our way. In February, Linda Sisson will be leading a discussion of the book *When Women Were Birds* by Terry Tempest Williams. Whether you're a member of the Guild or not, if you've read the book please attend the discussion. Our meetings take place in the Dorothy Memorial on the third Wednesday of the month at 11:30 AM. We usually have a short business meeting and then a program.

**NEW: UUSB GUILD FUNDING REQUEST FORM.** The UUSB Guild is now taking requests for funding online. We have a form we'd like you to complete when asking for funds for activities that benefit UUSB. We will then consider requests at our next meeting. The UUSB Guild will consider requests for funding assistance for UUSB-related events, programs, and projects. A maximum of \$250.00 is available per person, \$500.00 for a group. Preference will be given to applicants who have not been funded in the past year. Applications can be submitted at any time for funds to be used within 12 months. Decisions will be made at the UUSB Guild meeting on the third Wednesday of each month, September to June. Applications can also be sent via email to [cathyelliott25@gmail.com](mailto:cathyelliott25@gmail.com).

## VARIETY★SHOW

Calling all in the UUSB Community with a talent or an act to share!

The Financial Stewardship Team, AKA Pledge Campaign folks, are inviting all interested members, young and old, to join us for the return of our annual Talent (No Talent) VARIETY Show to be presented after the March 26th service in the VESTRY at 11:30.

If you wish to "perform" for all of our joyful entertainment, please contact Phyllis Havens of the Pledge Campaign ( # 944-0181) OR our official Emcee for the Event, Dave Paterson!!

We are now officially collecting names and ideas for your "act."

This event is always so much fun. After Covid closed us down for 3 years, it's time to celebrate being all together again!! (and a successful pledge campaign!!)

## LOOKING AHEAD WITH MEMBERSHIP-FELLOWSHIP

### Options for Membership

Any friends and visitors who are considering membership at UUSB can now join at any time, not just twice a year!

The joining system consists of (1) completing an information request card, now available online, indicating interest in becoming a member; (2) reading through a Self-Study Guide describing UUism and UUSB; and (3) attending a Monthly Chat with Rev. Drew (formerly Minister's Tea) or a New to UU Class.

The Self-Study Guide can be found at <http://uubangor.org/new-to-uusb-2/uusb-self-study-guide/>.

Remember the New to UU class is not just for new people! Even if you've been a member or a friend of UUSB, you can still come to get more information about our congregation, specifically, or more details about the history of Unitarian Universalism. The next New to UU Classes will be Wednesday, April 5th and 12th. These classes generally start at 6:30 pm and go about an hour to an hour and a half. One class will be in person at the church and the other via Zoom depending on your needs and comfort level.

## UUSB Mindfulness Meditation Group

Tuesdays. February 7 & 21, 5:45 - 7:00 PM on Zoom

The group will be led by Aimee Bhatt one of the regular members of the group.

The group provides an opportunity to develop one's silent meditation practice (both sitting and walking) in a supportive, friendly and non-judgmental environment. Much of our learning and experience is cumulative, so regular attendance is helpful though not required. Drop-ins are welcomed.

We ask that newcomers sign in fifteen minutes early (at 5:30 PM). Signing in early allows newcomers to hear about our group process and receive a short introduction to sitting and walking meditation before the group begins promptly at 5:45 PM. Questions? Contact the UUSB Office at [uubangor@gmail.com](mailto:uubangor@gmail.com) to be put in contact with Aimee.

This program is free of charge to all. If one wishes to make a free-will offering (dana) to the group, one can donate by donating to UUSB by cash, check, or online and include "Meditation Group" in the memo/notes line.



Photo by Chris Montgomery via Unsplash

## Chalice Side Chat

Tuesdays at 7:30 PM on Zoom

Join Sue Henri-Mackenzie and other members of our community each week on Zoom. Each session is a chance to offer and receive support and check in with those we miss seeing in person.

Please check your email for the login link or use the following info to call in!  
Meeting ID: 881 4667 4374 Passcode: 137985

## Spirit of Drumming with Laurie, LyAnn, & Jim

February 12 & 26 at 11:30 AM in the Sanctuary

The Spirit of Drumming Circle is led by Laurie Cartier, LyAnn Grogan and Jim Shimko. With a variety of drumming including basic instruction, directed rhythms, and jamming to a song or the monthly theme (February is Love!), we rock out in the sanctuary every second and fourth Sunday after church. We start about 11:30 and drum until 1. No experience is necessary. We have a good supply of drums or you can bring your own. We hope you will join us soon.



Photo by Debby Hudson via Unsplash

## Shawl Ministry

February 7 at 6:30 PM in the Dorothy

Are you interested in knitting or crocheting? Are you interested in creating gifts for beloved members of our community?

You don't have to have any experience with knitting or crocheting ahead of time to join the Shawl Ministry. Bring your own supplies or borrow some. All that matters is you come and join the fun!



# Ringing Bells and Feeding Souls

Second Sundays at 11:30 AM

Open Air Chimes Concert & Food Collection



On Sunday, February 12, UUSB will, hopefully, once again host our Second Sunday Food Drive & Open Air Concert, the church's monthly community food collection, from 11:30-12:00.

There will be drop off bins on the Park Street sidewalk in front of the church for those wishing to donate.

There is also a new option to donate inside, before or after the service. The bins will be placed in the Dorothy for your items, before moving outside for the drive-thru and curbside donations.

We invite everyone to step outside and take a listen. You are welcome to enjoy from the church lawn, surrounding areas, or your car. This month, our historic chimes will be played by Robin Wood

The food collected is given to the Ecumenical Food Pantry in Bangor. They can also take monetary donations, which buys up to six pounds of food for every dollar given. Make checks out to Bangor Ecumenical Food Cupboard (Bangor EFC), and we'll keep feeding souls.

In 2022, we have collected over 2,067.5 pounds so far! You are making a difference!



Photo by Ben Speed

FEBRUARY 25

## COMMUNITY BEAN SUPPER

UUSB AT 4:00 PM

Throughout the pandemic, our volunteers have continued to put on the monthly community bean suppers as to-go meals. This has made it possible for at-risk volunteers and community members to pick up their food and avoid as much potential exposure as possible. We are thankful to all the amazing volunteers who have done all this work, despite the stress and changes over the last two years!

As guidelines and risks have changed, the Community Bean Supper has also made adjustments. With our recent changes, meals may be eaten at UUSB in the Dorothy Memorial Hall or taken home in to-go containers. This allows us to bring back the community and social aspects of this monthly event, while still accommodating those who may be at higher risk or unable to attend in person.

If you have any large paper grocery bags, like from Hannaford2Go, the Bean Supper crew are looking for additional bags to use to send meals home with those who attend each month.



Photo by P.O.sitive Negative via Unsplash



# SHARE THE PLATE



In February, half of the undesignated funds in the plate will go to the UUSB Food Security Programs. This includes the Bean Suppers that we host on the fourth, and fifth, Saturdays each month; our donation to the Soup Kitchen at the Salvation Army, in lieu of making lunches during the pandemic; and our Bag Lunch program, to give lunches for those attending our Bean Suppers.



In December, we gave \$452 to the Bangor Area Homeless Shelter. Bangor Area Homeless Shelter is one of the organizations that the UUSB congregation voted to support with our share the plate money this year. The Bangor Area Homeless Shelter is open 365 days a year, providing Overnight Shelter, Day Services, a daily Soup Kitchen, Food Pantry, and an overnight Winter Warming Center. For more information, you can visit [www.bangorareashelter.org/](http://www.bangorareashelter.org/) or call (207) 947-0092.

You can give to the collection plate through the UUSB website and Vanco or by mailing a check to the church office.



## Gift Card Fundraiser



Convenient to carry! Every card purchase helps UUSB!!

Cards are available in increments of \$25, \$50, \$100, \$200, or \$300. Just email or call to set up pick-up or delivery. Cash, or checks made out to UUSB are accepted. Buy cards for your own grocery shopping, or buy cards for gifts, or even donate a card to a local food bank.

To purchase your Hannaford card and support UUSB, please purchase after the Sunday service or contact Rosemary.

- Kate Dutra: Sundays in the Dorothy Memorial Hall after the Sunday Service
- Rosemary Parsons: 327-1045, roxemary@gmail.com

If you are interested in setting up an automatic grocery card purchase, please contact Rosemary. You can schedule to get your card once per month or get an emailed code to use in store.

# 2023 FEBRUARY

SUN	MON	TUE	WED	THU	FRI	SAT	
			<b>1</b> 5:30 PM Worship Meeting	<b>2</b> 5:30 PM Choir	<b>3</b>	<b>4</b>	
<b>5</b> 10:00 AM Service SEE Classes 11:30 AM Common Read Discussion	<b>6</b>	<b>7</b> 9:45 AM Staff Meeting 5:45 PM Meditation Group 6:30 PM Shawl Ministry 7:00 PM Chalice-Side Chat	<b>8</b> <b>Reports Due to Council</b> 6:00 PM Open Jam	<b>9</b> 7:00 PM Executive Committee Meeting	<b>10</b> 10:00 AM Budget & Finance Meeting	<b>11</b>	
<b>12</b> 8:45 AM SEAL Meeting 10:00 AM Service SEE Classes 11:30 AM Drumming Food Collection	<b>13</b>	<b>14</b> 7:00 PM Chalice-Side Chat	<b>15</b> 11:30 AM Guild Meeting 2:30 PM Pastoral Care Team 6:30 PM Council Meeting	<b>16</b> 5:30 PM Choir 7:45 PM Comm. Meeting	<b>17</b> <b>No In-Person Office Hours</b>	<b>18</b>	
<b>19</b> 10:00 AM Service SEE Classes 11:30 AM Social Justice Meeting	<b>20</b>	<b>21</b> <b>C&amp;C Deadline</b> 9:45 AM Staff Meeting 5:45 PM Meditation Group 7:00 PM Chalice-Side Chat	<b>22</b> 6:00 PM CoffeeHouse Open Mic	<b>23</b>	<b>24</b> <b>Office Closing @12:00</b>	<b>25</b> 10:00 AM Bag Lunch Prep 3:00 PM Bean Supper Prep 4:00 PM Bean Supper Served	
<b>26</b> 10:00 AM Service SEE Classes 11:30 AM Drumming	<b>27</b>	<b>28</b> 7:00 PM Chalice-Side Chat	<b>No In-Person Office Hours</b>				

# REMINDERS

## ABOUT US

### Unitarian Universalist Society of Bangor

#### Our Mission Statement

The Unitarian Universalist Society of Bangor is an historically liberal religious community, celebrating diversity and supporting spiritual growth and social responsibility in each child and adult.

#### A Welcoming Congregation

We welcome individuals and families of all religious upbringings, racial and ethnic backgrounds and sexual orientations. We, a member of the Unitarian Universalist Association, covenant to affirm and promote the inherent worth and dignity of every person.

#### A Green Sanctuary

The UU Society of Bangor, recognized as a Green Sanctuary by the Unitarian Universalist Association, endeavors to incorporate care for the Earth into its worship and religious education while working to promote environmental justice and sustainable living. We covenant to affirm and promote respect for the interdependent web of all existence, of which we are a part.



Do you have a **CLYNK** Bag?? Be sure to have one handy, so you can easily be collecting bottles and cans to help raise money for our UU Youths' Social Justice Service Trip. The bags are in the Dorothy Memorial Room. Please contact Laura Santilli for details. Thank you for your support!!!

**UUSB is always in need of volunteers** – for fundraisers, childcare, teaching, and to fill positions on our active committees. The great perks of volunteering are not just the satisfaction of contribution, but the sense of community we all feel when we accomplish important tasks with others. Since we don't always know who is able to take part, please contact a council or committee member if you are open to volunteering in any large or small way.

The **UUSB Worship Committee** is looking for more member participation in our worship services and is extending an INVITATION to one and all of you to consider if you might be interested in joining our services as READERS.

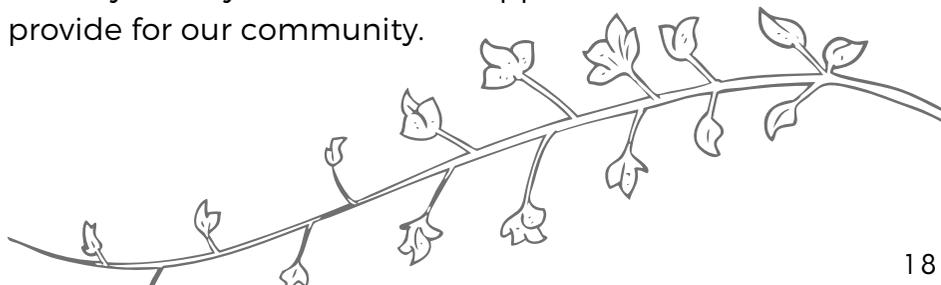
#### Collection Plate & Pledge Reminders

One way you can help continue our outreach efforts is to keep up with your financial pledge. Without our weekly passing of the collection plate, we still need to make sure that we can pay our bills. Keeping up with your pledge allows our staff and leadership to focus on providing services to members, friends, and guests. There are three options to make is easy to keep up with your pledge:

1. Mail a check to the church office at 120 Park St, Bangor, ME 04401
2. Contact Rosemary Parsons, our treasurer, to set up a direct withdrawal from your paycheck or bank account
3. Donate online through Vanco. This option will be available on our website, as well as shared in our weekly e-news



Thank you for your continued support as we all work to provide for our community.



# ABOUT THE *CHALICE & CHIMES*

## Church Council:

Sue McKay, Chair  
Jessica Glant, Clerk  
Rosemary Parsons, Treasurer  
Francis Grey  
Tracy Haskell  
Ali Khavari  
Karen Sanborn  
Franny Wilson-Charuk

Council meets at 6:30 PM  
on the third Wednesday  
of each month.



## UUSB Staff Contact:

Rev. Rebecca Liberty,  
Sabbatical Minister  
(207) 922-2956  
Christine Sprague, Office Admin.  
(207) 947-7009  
Karen Childs, Director of SE  
(207) 949-0733  
Molly J. Webster, Music Director  
(207) 947-7009  
Jack Derosier, Accompanist  
Atticus Foster, AVS Tech

## About Our Newsletter

The *Chalice and Chimes* is published ten times a year (Sept-June). An email reminder is sent out to all member and friends on the church's database mailing list when the newsletter has been posted to the church website, where it may be viewed or down-loaded. It is also available in paper format on the table by the sanctuary entrance and by US mail (request from the Church Office).

## Editorial Policy

Articles submitted for publication in the *Chalice & Chimes* must strive to include, in an unbiased way, only that information that is consistent with the UU faith. Articles should deal with issues of a spiritual nature meant to inspire, encourage, educate, or inform. Although every effort will be made to be inclusive, the Editor reserves the right to determine which articles are accepted for publication. The Editor has the right to edit for space, availability, libelous remarks, or unwarranted personal attacks. The Editor also reserves the right to refuse any item that may affect our Tax Exempt Status.



## Newsletter Submissions Next Newsletter Deadline: February 21, 2023

The next issue will be February 2023.  
We value your contributions and very much appreciate submissions. When sending email contributions to The *Chalice & Chimes*:  
uubangor@gmail.com

Issue:	Deadline:	Publication Goal Date:
March	February 21	February 24
April	March 23	March 30
May	April 21	April 28
June	May 23	May 30