

CHALICE & CHIMES

THE MONTHLY NEWSLETTER OF UUSB

JANUARY 2023

THIS MONTH IN WORSHIP

Our theme this month is **Finding Our Center**.

January 1 - *On-Demand Hymn Sing* - UU Greatest Hits!! Join John Arimond for an on-demand hymn sing - from our hymnals or you can try to "stump the musician" with an outside request! After this abbreviated service, we will move into the Dorothy for additional music (not on Zoom) to do some New Year's cleaning, as we prepare for some upcoming special events, see more information on page 3. This service will be led by Laurie Cartier and John Arimond as the worship team, with Atticus Foster as our AVS tech.

Meeting ID: 971 2997 9372 Passcode: 414477 [Zoom Link](#)

January 8 - *Reducing Harm* - The opioid pandemic continues to take many lives. Willie Hurley, from Needlepoint Sanctuary, will talk about how Needlepoint is working to reduce harm in our substance-dependent population by distributing clean needles and other sanitary supplies. This service will be led by Rev. Drew Moeller with guest speaker Will Hurley, Sue McKay, and Phyllis Havens as the worship team. Music will be provided by Molly J. Webster and Jack Derosier.

Meeting ID: 995 8836 0243 Passcode: 575288 [Zoom Link](#)

January 15 - *MLK Sunday* - In honor of Rev. Dr. Martin Luther King's Birthday, we will talk about the ongoing work of UUism towards inclusion and diversity. This service will be led by Rev. Drew Moeller with John Arimond as the worship team. Music will be provided by the UUSB Choir, Molly J. Webster, and Jack Derosier.

Meeting ID: 958 8879 7832 Passcode: 278701 [Zoom Link](#)

January 15 @3:00 - *MLK Interfaith Service* - This service will be led by members of the Bangor interfaith community and hosted by UUSB.

Meeting ID: 961 8212 6709 Passcode: 505489 [Zoom Link](#)

January 22 - *Re-Centering in the Midst of Change* - Join us in welcoming our sabbatical minister Rev. Rebecca Liberty and wishing Rev. Drew bon voyage as he heads out on sabbatical. This service will be led by Rev. Drew Moeller and Rev. Rebecca Liberty with Phyllis Havens and Sue McKay as our worship team. Music will be provided by the UUSB Choir, Molly J. Webster, and Jack Derosier.

Meeting ID: 931 8307 1329 Passcode: 908135 [Zoom Link](#)

January 29 - *Guest Speaker* - This service will be led by Rev. Dave Hutchenson with Laurie Cartier and Francis Grey as our worship team. Music will be provided by Molly J. Webster and Jack Derosier.

Meeting ID: 953 75869548 Passcode: 986085 [Zoom Link](#)

UNITARIAN UNIVERSALIST SOCIETY OF BANGOR

120 PARK ST
BANGOR, ME 04401

SUNDAYS AT 10:00 AM

(207) 947-7009

WWW.UUBANGOR.ORG

UUBANGOR@GMAIL.COM

HIGHLIGHTS:

- 2 - DREW'S VIEWS
- 3 - DOROTHY CLEANUP
- 3 - UUA GENERAL ASSEMBLY
- 4 - MINISTER'S SCHEDULE
- 4 - COUNCIL CRIER
- 5 - OFFICE BULLETIN BOARD
- 6 - TREASURER'S REPORT
- 7 - SEE UPDATES
- 8 - SOCIAL JUSTICE
- 9 - MEMBERSHIP-FELLOWSHIP
- 10 - SMALL GROUPS
- 11 - OUTREACH
- 12 - SHARE THE PLATE
- 13 - CALENDAR

The New Year's beginning brings a sense of excitement and hopefulness.

It's an opportunity to leave the last year's difficulties behind and start with a clean slate of infinite possibilities.

People practice many popular rituals this time of year; popular among them are making wishes for the year to come, setting goals, or making New Year's resolutions.

Interestingly, these two common traditions focus either on the following:

The past - leaving the negative of the old year behind,

The future - the excitement (or dread) of what may come.

While intentionally leaving the not-so-useful experiences behind is helpful, setting resolutions is more problematic.

Research has shown that most New Year's resolutions rarely come to fruition. The result tends to be, at best, disappointment and, at worst, a sense of blame, shame, and defensiveness or self-loathing because we could not live up to our expectations.

In the middle of these paradigms, I find solace in the wisdom from Buddhist psychology and meditation practice that teaches us to be present and find our center in the here and now. Not in the past or future.

Using this approach changes the dynamic. For the past, I say, "What wisdom, joy, or hurt am I carrying with me now, at this moment?" Looking to the future, I say, "What intention, direction, or focus do I want to hold in my awareness as I move into the moment or year ahead?"

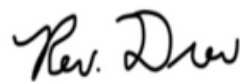
These two approaches ground us in the here and now. They help us separate our assumptions from the past, while connecting us with our inner wisdom in the now. These approaches free us from the burdens of creating unrealistic goals or expectations that lead to judgment in the future. Utilizing this awareness helps us find our center any time of the year, regardless of the season for our state of being.

As I write this, I am aware of several dynamics that are very much alive in my soul. There is some excitement about going on a sabbatical at the end of January for six months. There is also a feeling of sadness connected to the awareness that I will miss you. I know that the congregation will function without me, and I like being actively engaged in the day-to-day parts of this community. I feel more relaxed knowing that by the time you read this article, we expect that council will have hired a sabbatical minister (who will be a good fit and excellent support to our congregation while I am gone).

During my sabbatical I will not be reachable. My intention is to send a brief update each month as to where I am, what I am doing, and some of the spiritual aspects of my journey. I will simply be posting - not responding or dialoging. I know that I will think about you often.

My hope is that while we have some time apart we'll all have the opportunity to be present to what is alive within our spirits. Hopefully in those moments of missing each other, we'll also find space to connect with our respective centers and then share our journey and wisdom with each other when I return.

Happy New Year, and blessings and love to you all.



Rev. Drew



New Year's Cleanup

DOROTHY MEMORIAL HALL

We Love Your Suggestions!

Do you have a poem, reading, piece of music, story, or personal experience that relates to a monthly theme? Share your ideas with Rev. Drew, Molly, or Laurie. Your suggestions make our worship experience even richer!

Special Thanks to the following people who contributed special offerings to last month's worship services:

- Linda Sisson - for sharing her original poem titled "First Snow"
- Robin Wood - for performing "December Rain" an original and final work created by her cousin a Margery Lawrence Henneman, died from complications of breast cancer in 2014 at the age of 46.

Your contributions enhanced the worship experience for us all. Thank you!

Upcoming Soul Matters Themes

February: Love

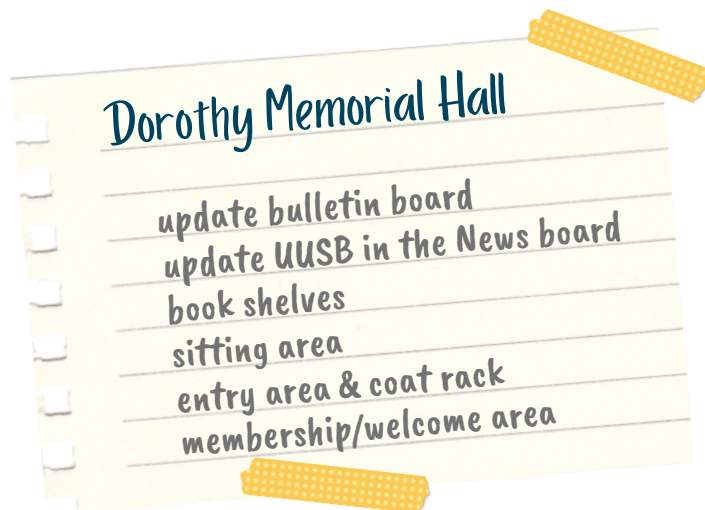
March: Vulnerability

April: Resistance

May: Creativity

June: Delight

After the service on January 1st, we'll be sprucing up the Dorothy Memorial. People who are interested in helping out should contact either Laurie Cartier or Suzanne Kelly.



The Guild has already done an incredible job of beautifying and updating the Dorothy Hawkes Memorial Quilt. There are undoubtedly other things that people can think up to add to the list.

As a "service" extension of our Sunday service, there will be music to continue our Hymn Sing Sunday. We look forward to spending time together in service to our beloved building and preparing for our upcoming Interfaith MLK Service later this month.



Have you ever wondered what happens at the Unitarian Universalist Association's General Assembly?

Have you ever wanted to meet UUs from all across the country?

The UUA General Assembly is taking place in Pittsburgh, PA in June 2023. UUSB will need delegates to represent us at GA and we are always looking for volunteers to fulfill this role. We can offer financial support for you to attend and the UUA is once again offering in-person and virtual options, so you can attend in whatever way works best for you. If you are an active member, contact a member of Council about being a delegate; if you just want to get to know the UUA better by attending, you can register online or contact a member of Council for more information.

Minister's Schedule - December 2022

January is the last month before Rev. Drew goes on sabbatical for six months. **Note:** Rev. Drew often has morning meetings which can impact his office hours. His regular hours for January are Tuesday, Wednesday, and Fridays on the following schedule:

Monday: Minister's Sabbath Day (day off; not available by phone or email)

Tuesday: In Office 10:00-1:00 | By Appointment 2:00-4:00

Wednesday: In Office 10:00-1:00 | By Appointment 2:00-4:00

Friday: In Office 10:00-1:00 | By Appointment 2:00-4:00

Thursday: Sermon Writing / Worship Planning Day (not available by phone or email)

Saturday: By Appointment Only

Sundays: By Appointment Only

You can reach Rev. Drew directly at his local UUSB phone number **(207)922-2956** or at his personal cell phone number **(860)655-5890**.

Additional Dates to Note:

- **January 1-3:** Rev. Drew will be off for the New Year's Holiday.
- **January 24:** Rev. Drew's last day before sabbatical.
- **January 25 - August 1:** Rev. Drew will be on sabbatical.
 - For leadership needs during Sabbatical, please contact Council Chair Sue McKay.
 - For Pastoral Care needs, please contact Phyllis Havens.
 - To process challenge and conflict, please contact the Right Relations Team.

COUNCIL CRIER

BY KAREN CASHMAN



Budget for FY24

Rosemary Parsons, as treasurer, provided a report on the draft FY24 budget. We are expecting a drop in external funds. In regards to restricted funds, we are also expecting smaller balances due to the costs associated with larger projects from this past year. Additionally, building rental income has also been down. However, these financial challenges are not unique to UUSB as churches across the nation have been met with similar issues, especially during the pandemic years.

With respect to UU values, the Council is recommending salary increases for the coming fiscal year. Finally, a fundraising raffle is planned for the spring to help cover future costs. More will be shared in the months ahead.

Welcome Rev. Rebecca Liberty, our new Sabbatical Minister!

The UUSB Council, based on the recommendation of the Sabbatical Minister Search Team, unanimously voted to offer the position of sabbatical minister to Reverend Rebecca Liberty. Rebecca is an ordained Lutheran minister living in Bangor with her family. She has served as an interim minister to several other congregations in the Bangor area, including Redeemer Lutheran and, most recently, St. John's Episcopal.

In 2016 and 2017, Rev. Liberty facilitated and co-led our UUSB Council Retreats, where her gifts as a listener and spiritual leader helped settle Rev. Drew into his ministry at UUSB. She has also served as Executive Director of the Wilson Center in Orono and taught a comparative religions course at the University of Maine's Honor's College.



On January 22, Rev. Liberty will be officially introduced to the congregation as we bid Rev. Drew bon voyage on his last Sunday in the pulpit before he leaves on sabbatical.

We are excited to have Rev. Liberty join us and provide quarter-time coverage while Rev. Drew is away. Welcome, Rev. Liberty!

Office Closing Early
January 27

In-Person Office Hours
Tues, Wed, Fri

C&C Submissions Due Jan. 20

Office closed for holidays on January 3 and 17

Photos to Feature on Website or in C&C ALWAYS WELCOME

Office Volunteers Wanted!



- Minister:
Rev. Andrew Moeller
drewuu2@gmail.com
- Minister Emerita:
Rev. Becky Gunn
- Music Director:
Molly J. Webster
uusbmusic@gmail.com
- Director of SE:
Karen Childs
uubangorre@gmail.com
- Office Administrator:
Christine Sprague
uubangor@gmail.com
- Tech Coordinator:
Atticus Foster
- Council Chair:
Sue McKay
swm4631@gmail.com
- Council Clerk:
Jessica Glant
glanjm979@gmail.com
- Council Treasurer:
Rosemary Parsons
roxemary@gmail.com

Staff Working Hybrid Hours; General Update

Staff are working hybrid hours. The office is open Tuesday, Wednesday, and Friday every week from 10-2. I will be responding to emails and voicemails on Thursdays, but may not be in office every Thursday. Please contact me to schedule meetings to make sure that there are no other meetings when you will be stopping by. Masks are required for all office visits and meetings.

Office Closures in January

The office will open late on January 10 and 24, due to staff meetings; the office will be open roughly 12-2.

The office will close early on Friday, January 27; the office will be open 10-12.

In observance holidays recognized by UUSB, the office will be closed on Tuesdays, January 3 and Tuesday, January 17.

Sunday Announcement Submissions Must Be Received By Friday

If you have an announcement to have presented on Sunday morning that didn't appear in the weekly e-news on Thursday, please submit it, by email, to the office *and* the worship associate by Friday afternoon. If it is received after 2:00 PM on Friday, there is no guarantee that it will appear in the Sunday morning email or in the announcements during the service.

If you want your announcement to appear in the printed announcements on Sunday, it must be received by 10:00 AM on Fridays.

Building Use Must Be Scheduled with Office!

If you are planning to move to committee or small group meetings in the UUSB building, instead of via Zoom, you **MUST** submit the request to the church office. Please call or email to schedule your meeting and come back "home."

UPCOMING DEADLINES

CHALICE & CHIMES (FEB. ED.)
THURSDAY, JANUARY 20

E-NEWS (WEEKLY)
THURSDAYS AT 10:00AM

COMMITTEE NOTES FOR COUNCIL
WEDNESDAY, JANUARY 11

OFFICE HOURS

10:00AM - 2:00PM
IN-PERSON: TUESDAY,
WEDNESDAY, FRIDAY
REMOTE: THURSDAY

TREASURER'S REPORT

BY ROSEMARY PARSONS

TREASURER'S REPORT FOR MONTH OF NOVEMBER 2022. This report covers 42% of the year.

Total income for the month of November is \$18,744. YTD income is \$93,603, 38% of the budget. Income in November 2021 was \$17,096 and YTD 2021 income was \$104,575, 45% of the year's budget.

Expenses were \$20,502, leaving a loss of \$1,758 for the month. YTD expenses are \$93,250, 38% of the budget. In November 2021, expenses were \$18,163 and last year's YTD expenses were \$87,824, 37% of the budget.

November income included pledge of \$11,866. Plate donations were \$766. Half of that amount goes to the Bangor Area Homeless Shelter. Endowments were \$3,931, Rental income was \$310. General Fund was \$629.

VANCO: In November, 14 people used the Vanco link to make payments totaling \$1,414 gross in all categories with a net of \$1,395.32 Fees were \$14.89 and the offset paid was \$24.98. Additional charges invoiced were \$28.77. Donations were: General Fund for \$129, pledges for \$1,051, and Share the Plate for \$234,

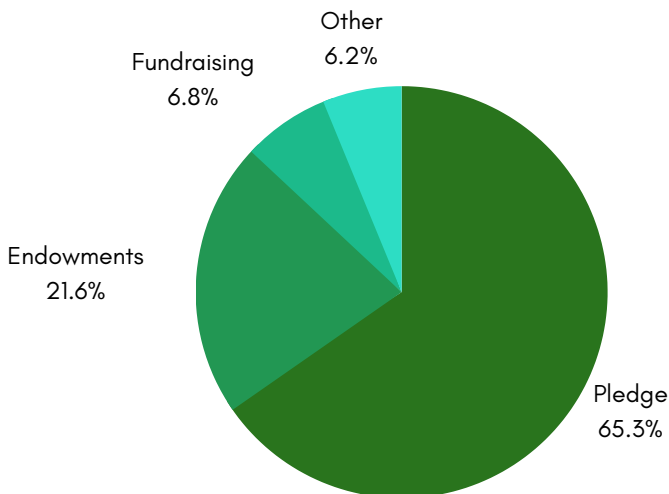
Expenses for the month break down as Personnel \$13,260 (65% of total costs), Building \$3,633 (18%), Fair Share to the UUA \$845 (4%), Administrative \$920 (4%), and Congregational expenses for \$1,832 (9%). Total expenses for 5 months was 37% of the year's budget.

Notes: I will be monitoring heating costs and comparing them to last year. As of Nov 2021, we had spent \$61, less than 1% of the budget which was \$9,276. As of Nov 2022 we have spent \$474, which is 4% of the budget of \$12,000.

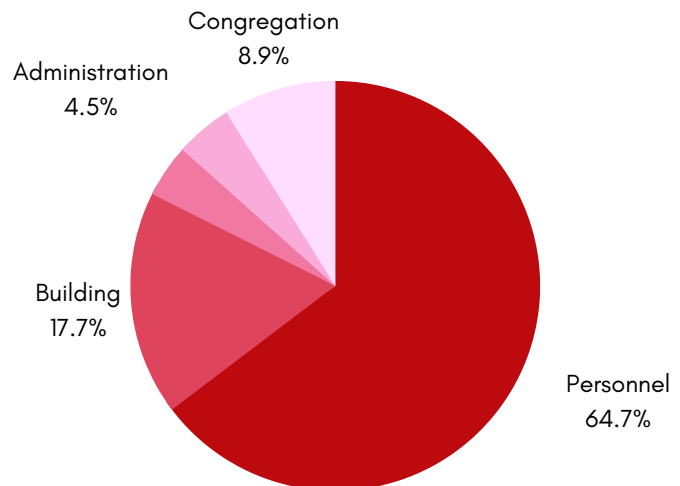
Building Expenses are up this month because of repairs to the furnace. Due to administrative confusion with the state office of Gaming, the Raffle has been postponed until Spring. It is still very necessary for meeting our expenses since it raises \$10,000 and I hope that all will participate when we start up again. Council and B&F are already working on next year's budget, with plans to increase the salaries of our wonderful staff. Stay tuned.

In Service,
Rosemary Parsons

November Income



November Expense



SPIRITUAL EXPLORATION EXPERIENCE

JAN 2023 - SOUL MATTERS THEME: FINDING OUR CENTER

Hello and Howdy-do to our Spiritual Explorers!!

January's *Soul Matters* theme is FINDING OUR CENTER. Let's ponder, for a moment, hiking in the Maine woods, one of those endless upward hikes, strewn with chunks of granite and winding roots across our path. On such a hike, one must walk nimbly, check for firm ground, and steadying ourselves upon craggy rocks.

Like we must practice physical balance while hiking, so must we practice mental balance as we navigate our world. We can work toward finding our center in many ways, including managing our expectations, setting good boundaries, quieting our minds, and connecting with our world.

Let us notice what we need to balance our routines. Perhaps take up a yoga routine, or begin a morning mantra, or join a book club. Or maybe you need to respectfully decline an engagement, or step back from a responsibility.

This month, let's consider our needs and what might we might add or subtract to create a sense of balance and centering.

Karen Childs

Director of Spiritual Exploration

UPCOMING DATES

- Jan 1st - NO SEE Classes
- Jan 8th - S.E. Action League ~ Café, 8:45AM
- Jan 8th - SEE Classes ~ SE Wing, 10AM
- Jan 15th - Multi-Grade Chapel
- Jan 22nd - SEE Classes ~ SE Wing, 10AM
- Jan 29th - SEE Classes ~ SE Wing, 10AM

If you haven't already, please REGISTER your family for our Spiritual Exploration Experience



UNITARIAN
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SOCIETY OF
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120 PARK ST
BANGOR, ME 04401

SUNDAYS AT 10:00 AM

(207) 947-7009

WWW.UUBANGOR.ORG

UUBANGORRE@GMAIL.COM



SOCIAL JUSTICE COMMITTEE

December was a busy month for us and January will be full as well.

Holiday Gift Basket Auction Contribution

We created a very full backpack for the Holiday Gift Basket Auction and will be delivering a child's backpack and adult sleeping bag and foam pad to Partners for Peace this week, along with a snuggly "Peace on Earth" fleece throw. Winter items to keep hands, head, and feet warm, as well as some healthy snacks will be included.

MUUSAN Donation

Our committee is making a \$50 donation to the Maine Unitarian Universalist State Advocacy Network (MUUSAN) for all of the work that they do to advocate for legislation supporting our UU principles, especially for their work in this last election cycle to support democracy.

MLK Interfaith Service Hosted at UUSB

Faith Linking in Action, a local interfaith non-profit that UUSB is part of, is hosting a Martin Luther King celebration in our sanctuary on Sunday, January 15th at 3:00 PM. Please SAVE THE DATE. There are nine congregations participating and/or attending the event. Reverend Drew will provide the welcome and there will be inspirational speakers and music. We will be doing a New Year's Cleanup in the Dorothy after the January 1 service as part of our preparation to host this interfaith serviced. MORE TO COME.

NAACP Martin Luther King Jr. Breakfast on January 16

In keeping with tradition, UUSB will have at least one, and perhaps two, tables at the NAACP Martin Luther King Breakfast on Monday, January 16th with seating to begin at 8 AM. If you are interested in sitting at the UUSB table, let me know. We may have enough UUSB folks to fill two tables. Contact Suzanne Kelly (suziekrm@gmail.com or 207-745-3157) if you want to sign up.



LOOKING AHEAD WITH MEMBERSHIP-FELLOWSHIP

Options for Membership

Any friends and visitors who are considering membership at UUSB can now join at any time, not just twice a year!

The joining system consists of (1) completing an information request card, now available online, indicating interest in becoming a member; (2) reading through a Self-Study Guide describing UUism and UUSB; and (3) attending a Monthly Chat with Rev. Drew (formerly Minister's Tea) or a New to UU Class.

The Self-Study Guide can be found at <http://uubangor.org/new-to-uusb-2/uusb-self-study-guide/>.

Remember the New to UU class is not just for new people! Even if you've been a member or a friend of UUSB, you can still come to get more information about our congregation, specifically, or more details about the history of Unitarian Universalism. The next New to UU Classes will be Wednesday, April 5th and 12th. These classes generally start at 6:30 pm and go about an hour to an hour and a half. One class will be in person at the church and the other via Zoom depending on your needs and comfort level.

Chat with Rev. Drew!

Rev. Drew holds a monthly gathering in the Sanctuary of UUSB immediately following the service. Attending this meets one of the requirements to becoming a UUSB member. This is a little less formal and is a good way to ask any questions you may have about Unitarian Universalism, the UUSB and our commUUnity. Anyone is welcome to these, whether you are new or interested in UUSB, or if you have been a member or friend for years but just want a refresher, or have any questions for Reverend Drew. The next will be January 15th in the sanctuary shortly after service. This will be the last Chat with Reverend Drew before he leaves for his Sabbatical, if you would like to attend, please send an email to uubangor@gmail.com.

Souper Sundays

Our first Souper Sunday in 3 years is finally coming back!! On January 29th, we will be putting out a variety of soups, breads, and other amazing goodies to sit down after service and reconnect with one another. If you are willing or wanting to provide food for this, please contact Kerrie O'Brien at: kerriekat48@yahoo.com to say what you would like to bring. We want to make sure we will have enough food and a variety of things. Vegetarian options and gluten free options are always in need as well as dishes for our meat lovers. Extra hands are always appreciated with set up and clean up as well. If you can't bring food, maybe you could help in this way instead.



THANK YOU!!!

Holiday Gift Basket Auction



Congratulations UUSB on a very successful Holiday Gift Basket Auction!!! We sold 39 baskets to 19 different bidders and raised \$3100!

Kudos to Sue McKay, our perennial top-notch auctioneer, and to the creative basket makers. Again top honors (and most \$\$ raised) goes to Cathy Elliott for not just one, but two Garden Gift baskets!

Get those creative juices flowing for the 2023 auction!

UUSB Mindfulness Meditation Group

Tuesdays. January 3, 10, & 17, 5:45 - 7:00 PM on Zoom

We will not meet during Rev. Drew's Sabbatical, so meetings will resume next Fall.

The group provides an opportunity to develop one's silent meditation practice (both sitting and walking) in a supportive, friendly and non-judgmental environment. Much of our learning and experience is cumulative, so regular attendance is helpful though not required. Drop-ins are welcomed.

We ask that newcomers sign in fifteen minutes early (at 5:30 PM). Signing in early allows newcomers to hear about our group process and receive a short introduction to sitting and walking meditation before the group begins promptly at 5:45 PM. Questions? Contact Rev. Drew Moeller (teacher) at drewu2@gmail.com

This program is free of charge to all. If one wishes to make a free-will offering (dana) to the group, one can donate by donating to UUSB by cash, check, or online and include "Meditation Group" in the memo/notes line.



Photo by Chris Montgomery via Unsplash

Chalice Side Chat

Tuesdays at 7:30 PM on Zoom

Join Sue Henri-Mackenzie and other members of our community each week on Zoom. Each session is a chance to offer and receive support and check in with those we miss seeing in person.

Please check your email for the login link or use the following info to call in!
Meeting ID: 881 4667 4374 Passcode: 137985

Spirit of Drumming with Laurie, LyAnn, & Jim

January 8 & 22 at 11:30 AM in the Sanctuary

Bring your own drum, or we have plenty of drums to share and lots of rhythm toys as well.

We will start at 11:30 with set-up and some basic drumming instructions. By noon we will plan to be into active drumming with both instruction and open jamming. We will let the Spirit of Drumming guide us. We hope you will join us!

Join us on Facebook too! We have some basic instruction videos posted and plan to have more!



Photo by Debby Hudson via Unsplash

Shawl Ministry

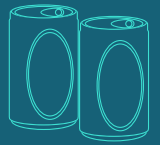
January 3 at 6:30 PM in the Dorothy

Are you interested in knitting or crocheting? Are you interested in creating gifts for beloved members of our community?

You don't have to have any experience with knitting or crocheting ahead of time to join the Shawl Ministry. Bring your own supplies or borrow some. All that matters is you come and join the fun!



Ringling Bells and Feeding Souls



Second Sundays at 11:30 AM

Open Air Chimes Concert & Food Collection

On Sunday, January 8, UUSB will, hopefully, once again host our Second Sunday Food Drive & Open Air Concert, the church's monthly community food collection, from 11:30-12:00.

There will be drop off bins on the Park Street sidewalk in front of the church for those wishing to donate.

There is also a new option to donate inside, before or after the service. The bins will be placed in the Dorothy for your items, before moving outside for the drive-thru and curbside donations.

We invite everyone to step outside and take a listen. You are welcome to enjoy from the church lawn, surrounding areas, or your car. This month, our historic chimes will be played by Robin Wood

The food collected is given to the Ecumenical Food Pantry in Bangor. They can also take monetary donations, which buys up to six pounds of food for every dollar given. Make checks out to Bangor Ecumenical Food Cupboard (Bangor EFC), and we'll keep feeding souls.

In 2022, we have collected 2,067.5 pounds so far! You are making a difference!



Photo by Ben Speed

JANUARY 28

COMMUNITY BEAN SUPPER

UUSB AT 4:00 PM

Throughout the pandemic, our volunteers have continued to put on the monthly community bean suppers as to-go meals. This has made it possible for at-risk volunteers and community members to pick up their food and avoid as much potential exposure as possible. We are thankful to all the amazing volunteers who have done all this work, despite the stress and changes over the last two years!

As guidelines and risks have changed, the Community Bean Supper has also made adjustments. With our recent changes, meals may be eaten at UUSB in the Dorothy Memorial Hall or taken home in to-go containers. This allows us to bring back the community and social aspects of this monthly event, while still accommodating those who may be at higher risk or unable to attend in person.

If you have any large paper grocery bags, like from Hannaford2Go, the Bean Supper crew are looking for additional bags to use to send meals home with those who attend each month.



Photo by P.O.sitive Negative via Unsplash



SHARE THE PLATE



In January, half of the undesignated funds in the plate will go to the UUSB Food Security Programs. This includes the Bean Suppers that we host on the fourth, and fifth, Saturdays each month; our donation to the Soup Kitchen at the Salvation Army, in lieu of making lunches during the pandemic; and our Bag Lunch program, to give lunches for those attending our Bean Suppers.



In November, we gave \$383 to the Penquis Fuel Assistance Program. Fuel Assistance (Home Energy Assistance Program, HEAP) assists income-eligible households in Penobscot, Piscataquis, and Knox counties with high winter heating costs. Homes may be heated with oil, kerosene, coal, pellets, wood, LP gas, or electricity. For more information on their program, you can visit <https://www.penquis.org/services/heating-utilities/heating-assistance-liheap/>.

Vote for Share the Plate Recipients This Month!

Before the pandemic, we had voted for who we should share our plate with, in addition to the UUSB Food Programs, FLIA, MUUSAN, and the other standard recipients. Now that we are back to services and actually passing a plate, we want to vote once more. Keep an eye out for the online survey or a physical survey, so you can place your votes for the upcoming months. If you have any questions on Share the Plate, please contact a member of Council.

You can give to the collection plate through the UUSB website and Vanco or by mailing a check to the church office.



Gift Card Fundraiser

Convenient to carry! Every card purchase helps UUSB!!

Cards are available in increments of \$25, \$50, \$100, \$200, or \$300. Just email or call to set up pick-up or delivery. Cash, or checks made out to UUSB are accepted. Buy cards for your own grocery shopping, or buy cards for gifts, or even donate a card to a local food bank.

To purchase your Hannaford card and support UUSB, please purchase after the Sunday service or contact Rosemary.

- Kate Dutra: Sundays in the Dorothy Memorial Hall after the Sunday Service
- Rosemary Parsons: 327-1045, roxemary@gmail.com

If you are interested in setting up an automatic grocery card purchase, please contact Rosemary. You can schedule to get your card once per month or get an emailed code to use in store.

2023 JANUARY

SUN	MON	TUE	WED	THU	FRI	SAT
1 10:00 AM Service	2	3 Office Closed 5:45 PM Meditation 6:30 PM Shawl Ministry 7:00 PM Chalice-Side Chat	4 5:30 PM Worship Meeting	5	6	7
8 8:45 AM SEAL Meeting 10:00 AM Service SEE Classes 11:30 AM Drum Circle Chimes & Food Drive	9 8:00 AM NAACP MLK Breakfast	10 9:45 AM Staff Meeting 5:45 PM Meditation Group 7:00 PM Chalice-Side Chat	11 Reports Due to Council 6:30 PM Building & Grounds Meeting	12 5:15 PM Choir 7:00 PM Executive Committee Meeting	13 10:00 AM Budget & Finance Meeting	14
15 10:00 AM Service SEE Chapel 11:00 AM Minister Chat 11:30 AM Social Justice 3:00 PM MLK Service 3:30 PM Coming of Age	16 8:00 AM NAACP MLK Breakfast	17 Office Closed 5:45 PM Meditation Group 7:00 PM Chalice-Side Chat	18 11:30 AM Guild Meeting 2:30 PM Pastoral Care Team 6:30 PM Council Meeting	19 7:45 PM Comm. Meeting	20 C&C Submissions Deadline 9:00 AM Shared Ministry Meeting	21
22 10:00 AM Service SEE Classes 11:30 AM Drum Circle	23	24 9:45 AM Staff Meeting 7:00 PM Chalice-Side Chat	25 Sabbatical Starts 6:00 PM CoffeeHouse Open Mic	26 5:15 PM Choir	27	28 10:00 AM Bag Lunch Prep 3:00 PM Bean Supper Prep 4:00 PM Bean Supper Served
29 10:00 AM Service SEE Classes	30	31 7:00 PM Chalice-Side Chat				

REMINDERS

ABOUT US

Unitarian Universalist Society of Bangor

Our Mission Statement

The Unitarian Universalist Society of Bangor is an historically liberal religious community, celebrating diversity and supporting spiritual growth and social responsibility in each child and adult.

A Welcoming Congregation

We welcome individuals and families of all religious upbringings, racial and ethnic backgrounds and sexual orientations. We, a member of the Unitarian Universalist Association, covenant to affirm and promote the inherent worth and dignity of every person.

A Green Sanctuary

The UU Society of Bangor, recognized as a Green Sanctuary by the Unitarian Universalist Association, endeavors to incorporate care for the Earth into its worship and religious education while working to promote environmental justice and sustainable living. We covenant to affirm and promote respect for the interdependent web of all existence, of which we are a part.



Do you have a **CLYNK** Bag?? Be sure to have one handy, so you can easily be collecting bottles and cans to help raise money for our UU Youths' Social Justice Service Trip. The bags are in the Dorothy Memorial Room. Please contact Laura Santilli for details. Thank you for your support!!!

UUSB is always in need of volunteers – for fundraisers, childcare, teaching, and to fill positions on our active committees. The great perks of volunteering are not just the satisfaction of contribution, but the sense of community we all feel when we accomplish important tasks with others. Since we don't always know who is able to take part, please contact a council or committee member if you are open to volunteering in any large or small way.

The **UUSB Worship Committee** is looking for more member participation in our worship services and is extending an INVITATION to one and all of you to consider if you might be interested in joining our services as READERS.

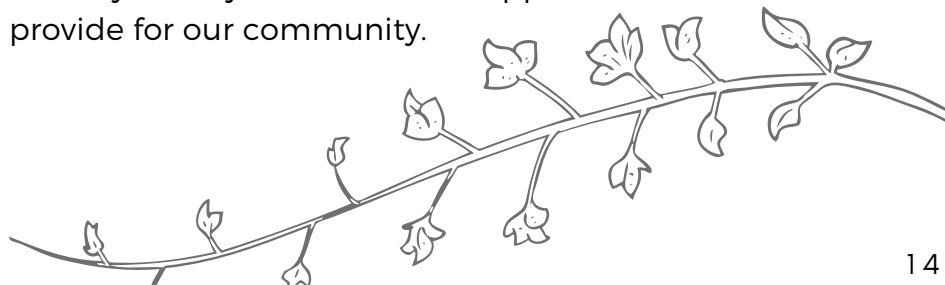
Collection Plate & Pledge Reminders

One way you can help continue our outreach efforts is to keep up with your financial pledge. Without our weekly passing of the collection plate, we still need to make sure that we can pay our bills. Keeping up with your pledge allows our staff and leadership to focus on providing services to members, friends, and guests. There are three options to make is easy to keep up with your pledge:

1. Mail a check to the church office at 120 Park St, Bangor, ME 04401
2. Contact Rosemary Parsons, our treasurer, to set up a direct withdrawal from your paycheck or bank account
3. Donate online through Vanco. This option will be available on our website, as well as shared in our weekly e-news



Thank you for your continued support as we all work to provide for our community.



ABOUT THE *CHALICE & CHIMES*

Church Council:

Sue McKay, Chair
Jessica Glant, Clerk
Rosemary Parsons, Treasurer
Karen Sanborn
Francis Grey
Tracy Haskell
Ali Khavari
Kerrie O'Brien
Franny Wilson-Charuk

Council meets at 6:30 PM
on the third Wednesday
of each month.



UUSB Staff Contact:

Rev. Andrew Moeller, Minister
(207) 922-2956
Christine Sprague, Office Admin.
(207) 947-7009
Karen Childs, Director of SE
(207) 949-0733
Molly J. Webster, Music Director
(207) 947-7009
Jack Derosier, Accompanist
Atticus Foster, AVS Tech

About Our Newsletter

The *Chalice and Chimes* is published ten times a year (Sept-June). An email reminder is sent out to all member and friends on the church's database mailing list when the newsletter has been posted to the church website, where it may be viewed or down-loaded. It is also available in paper format on the table by the sanctuary entrance and by US mail (request from the Church Office).

Editorial Policy

Articles submitted for publication in the *Chalice & Chimes* must strive to include, in an unbiased way, only that information that is consistent with the UU faith. Articles should deal with issues of a spiritual nature meant to inspire, encourage, educate, or inform. Although every effort will be made to be inclusive, the Editor reserves the right to determine which articles are accepted for publication. The Editor has the right to edit for space, availability, libelous remarks, or unwarranted personal attacks. The Editor also reserves the right to refuse any item that may affect our Tax Exempt Status.



Newsletter Submissions Next Newsletter Deadline: January 20, 2023

The next issue will be February 2023.
We value your contributions and very much appreciate submissions. When sending email contributions to The *Chalice & Chimes*:
uubangor@gmail.com

Issue:	Deadline:	Publication Goal Date:
February	January 20	January 27
March	February 21	February 24
April	March 23	March 30
May	April 21	April 28
June	May 23	May 30