

# CHALICE & CHIMES

THE MONTHLY NEWSLETTER OF UUSB

OCTOBER 2022

## THIS MONTH IN WORSHIP

Our theme this month is **Courage**.

October 2 - *UU the Vote & Democracy* - This service will be led by Rev. Drew Moeller with the Social Justice Committee. Music will be provided by Molly J. Webster and Jack Derosier.

Meeting ID: 994 9995 9303 Passcode: 770277 [Zoom Link](#)

October 9 - *The River & the Struggle* - Guests in the Pulpit Carol Dana, Penobscot Nation Elder and Language Carrier, and Margo Lukens, UMaine English Professor, join us for a reading and discussion from their book "Still They Remember Me: Penobscot Transformer Tales, Volume 1." (For those wanting to read the book before the service, it is available at Briar Patch in Bangor.) After reading "Tapawas," the story of the origins of the Penobscot River, they will have a conversation about how the story connects the Penobscot people to the river and the river's origin. They will make the connection between the Penobscot people having been here since this origin and the Penobscot peoples current work for sovereignty. An activity for the kids related to the story will be available. This service will be led by Carol Dana and Margo Lukens with Laurie Cartier, Phyllis Havens, Francis Grey, and Atticus Foster as our worship team. Music will be provided by John Arimond.

Meeting ID: 968 2888 2207 Passcode: 847779 [Zoom Link](#)

October 16 - *To Be Announced* - This service will be led by Rev. Drew Moeller with Cathy Elliott and John Arimond as our worship team. Music will be provided by the UUSB Choir, Molly J. Webster, and Jack Derosier.

Meeting ID: 957 6207 5028 Passcode: 574399 [Zoom Link](#)

October 23 - *Harm Reduction & the Opioid Epidemic* - This service will be led by Rev. Drew Moeller and Will Hurley with Sue McKay as our worship team. Music will be provided by Molly J. Webster and Jack Derosier.

Meeting ID: 925 0417 9001 Passcode: 315214 [Zoom Link](#)

October 30 - *Samhain* - This service will be led by Rev. Drew Moeller with Laurie Cartier and Marcia Jordan as our worship team. Music will be provided by the UUSB Choir, Molly J. Webster, and Jack Derosier

Meeting ID: 932 8172 6200 Passcode: 764414 [Zoom Link](#)

**We Love Your Suggestions!** Do you have a poem, reading, piece of music, story, or personal experience that relates to a monthly theme? Share your ideas with Rev. Drew, Molly, or Laurie. Your suggestions make our worship experience even richer!

## UNITARIAN UNIVERSALIST SOCIETY OF BANGOR

120 PARK ST  
BANGOR, ME 04401

SUNDAYS AT 10:00 AM

(207) 947-7009

[WWW.UUBANGOR.ORG](http://WWW.UUBANGOR.ORG)

[UUBANGOR@GMAIL.COM](mailto:UUBANGOR@GMAIL.COM)

## HIGHLIGHTS:

- 2 - MINISTER'S SCHEDULE
- 2 - SMALL GROUPS
- 3 - COVID GUIDELINES
- 4 - OFFICE BULLETIN BOARD
- 5 - TREASURER'S REPORT
- 6 - MEMBERSHIP FELLOWSHIP
- 6 - DIRECTORY UPDATE
- 7 - COUNCIL CRIER
- 7 - 8TH PRINCIPAL VOTE
- 8 - COMMON READ
- 9 - SEE UPDATES
- 10 - WORSHIP WEAVINGS
- 11 - GUILD ACTIVITIES
- 12 - SOCIAL JUSTICE UPDATES
- 13 - ANNUAL FALL YARD SALE
- 14 - COMMUNITY OUTREACH
- 16 - OCTOBER CALENDAR

## Minister's Schedule - October 2022

Rev. Drew will have in-person office hours available for drop-in visitors, in addition to options for scheduled meetings.

Monday: Minister's Sabbath Day (day off; not available by phone or email)

Tuesday: In Office 10:00-1:00 | By Appointment 2:00-4:00

Wednesday: In Office 10:00-1:00 | By Appointment 2:00-4:00

Friday: In Office 10:00-1:00 | By Appointment 2:00-4:00

Thursday: Sermon Writing / Worship Planning Day (not available by phone or email)

Saturday: By Appointment Only

Sundays: By Appointment Only

### Additional Dates to Note:

- **October 9** is Rev. Drew's monthly Sunday off.
- **October 25-27:** Rev. Drew will be attending the regional UU Ministers' Retreat.
- **February 1 - July 30:** Rev. Drew will be on sabbatical.

You can reach Rev. Drew directly at his local UUSB phone number **(207)922-2956** or at his personal cell phone number **(860)655-5890**

## UUSB Mindfulness Meditation Group

Tuesdays, 5:45 - 7:00 PM via Zoom

The group provides an opportunity to develop one's silent meditation practice (both sitting and walking) in a supportive, friendly and non-judgmental environment. Much of our learning and experience is cumulative, so regular attendance is helpful though not required. Drop-ins are welcomed.

We ask that newcomers sign in fifteen minutes early (at 5:30 PM). Signing in early allows newcomers to hear about our group process and receive a short introduction to sitting and walking meditation before the group begins promptly at 5:45 PM. Questions? Contact Rev. Drew Moeller (teacher) at [drewuu2@gmail.com](mailto:drewuu2@gmail.com)

For October, the group will continue to meet online.

This program is free of charge to all. If one wishes to make a free-will offering (dana) to the group, one can donate by donating to UUSB by cash, check, or online and include "Meditation Group" in the memo/notes line.



## Chalice Side Chat

Tuesdays at 7:30 PM

Join Sue Henri-Mackenzie and other members of our community each week on Zoom. Each session is a chance to offer and receive support and check in with those we miss seeing in person.

Please check your email for the login link or use the following info to call in!

Meeting ID: 881 4667 4374 Passcode: 137985

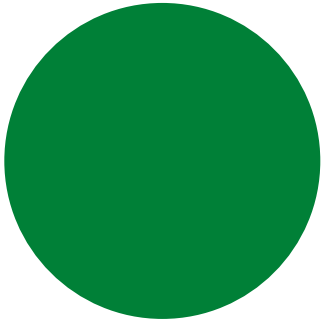


Photo by Chris Montgomery via Unsplash

# UUSB COVID-19 GUIDELINES

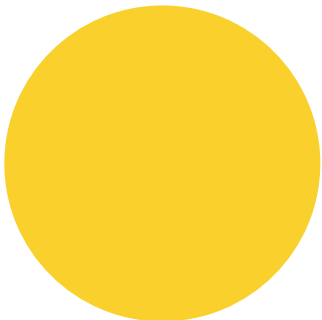
COVID-19 vaccinations and boosters are highly recommended for all and will help us all stay safe.

Following the reporting for the Bangor Metro area through COVID Act Now (we also ask that you check your area), we will use the following guidelines. Stay tuned to the e-news for a weekly update on our status and a reminder will be sent Sunday morning at 8:00 am.



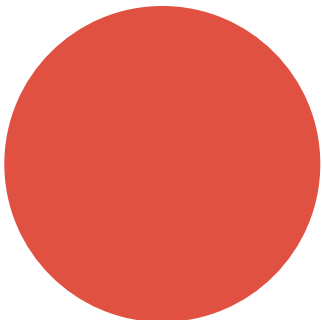
## Low Risk or **GREEN**

- **Masking:** Optional.
- **Singing:** Allowed.
  - Arm's length social distancing is highly recommended
- **Eating & Drinking:** Allowed.



## Medium Risk or **YELLOW**

- **Masking:** Highly Recommended.
- **Singing:** Allowed for those wearing a mask and with an arm's length social distancing.
  - If you are not masked, please hum only.
- **Eating & Drinking:** Allowed with windows and doors open for ventilation.



## High Risk or **RED**

- **Masking:** Required inside the church building.
  - We recommend committee meetings be held via Zoom.
- **Singing:** No live singing will be included as part of the service.
- **Eating & Drinking:** Food and drink will not be served in the church building.

**Masking is ALWAYS required in the office and for participation in the UUSB Choir.**

### Additional Considerations:

- **Reminder:** Some people may not wish to be hugged or touched. It is *a/ways* good to ask before hugging or touching someone.
- **Community Consideration:** As a community of members and friends, we encourage you to care for each other. Please monitor your own health and make healthy personal decisions about what is best for you and those around you. If you tested positive or have symptoms, please stay home and take advantage of our multiplatform services.
- **SEE/Children/Youth:** We are not able to off Sunday morning multiplatform SEE programs. We encourage all parents to consider their children's/family's needs and make decisions accordingly. If it becomes apparent that we need to make adjustments or additions to the program to provide a more inclusive experience, we will poll the community to assess what might work best for folks.

**NOTE:** These guidelines are subject to change.

Check your  
directory info  
& update!

In-Person  
Office Hours  
Tues, Wed, Fri

Call  
or  
Email

DIRECTORY  
DEADLINE  
NOVEMBER  
1st!!!!

Photos to Feature  
on Website or in  
C+C ALWAYS  
WELCOME

Office  
Volunteers  
Wanted!



Minister:

Rev. Andrew Moeller  
drewuu2@gmail.com

Minister Emerita:

Rev. Becky Gunn

Music Director:

Molly J. Webster  
uusbmusic@gmail.com

Director of SE:

Karen Childs  
uubangorre@gmail.com

Office Administrator:

Christine Sprague  
uubangor@gmail.com

Tech Coordinator:

Atticus Foster

Council Chair:

Deb Chapman  
debchapman55@gmail.com

Council Clerk:

Jessica Glant  
glanjm979@gmail.com

Council Treasurer:

Rosemary Parsons  
roxemary@gmail.com

**Staff Working Hybrid Hours; General Update**

Staff are working hybrid hours. The office is open Tuesday, Wednesday, and Friday every week from 10-2. I will be responding to emails and voicemails on Thursdays, but may not be in office every Thursday. Please contact me directly to schedule meetings to make sure that there are no other meetings when you will be stopping by. Masks are required for all office visits and meetings.

**Office Closures in October**

The office will open late on October 4 and 18, due to staff meetings; the office will be open roughly 12-2.

The office will close early on Friday, October 28; the office will be open 10-12.

**Sunday Announcement Submissions Must Be Sent By Friday to Worship**

If you have an announcement to have presented on Sunday morning that didn't appear in the weekly e-news on Thursday, please submit it, by email, to the office *and* the worship associate by Friday afternoon. If it is received after 2:00 PM on Friday, there is no guarantee that it will appear in the Sunday morning email or in the announcements during the service.

**Building Use Must Be Scheduled with Office!**

If you are planning to move to committee or small group meetings in the UUSB building, instead of via Zoom, you **MUST** submit the request to the church office. Please call or email to schedule your meeting and come back "home."

**UPCOMING DEADLINES**

**CHALICE & CHIMES (OCT. ED.)  
TUESDAY, OCTOBER 21**

**E-NEWS (WEEKLY)  
THURSDAYS AT 10:00AM**

**COMMITTEE NOTES FOR COUNCIL  
WEDNESDAY, OCTOBER 12**

**OFFICE HOURS**

10:00AM - 2:00PM  
IN-PERSON: TUESDAY,  
WEDNESDAY, FRIDAY  
REMOTE: THURSDAY

# TREASURER'S REPORT

BY ROSEMARY PARSONS

TREASURER'S REPORT FOR MONTH OF AUGUST 2022. This report covers 16.7% of the year.

Total income for the month of August was \$15,460. Expenses were \$16,663 leaving a net income of **\$1,203** for the month. In August 2021 there was a net income of **\$41**.

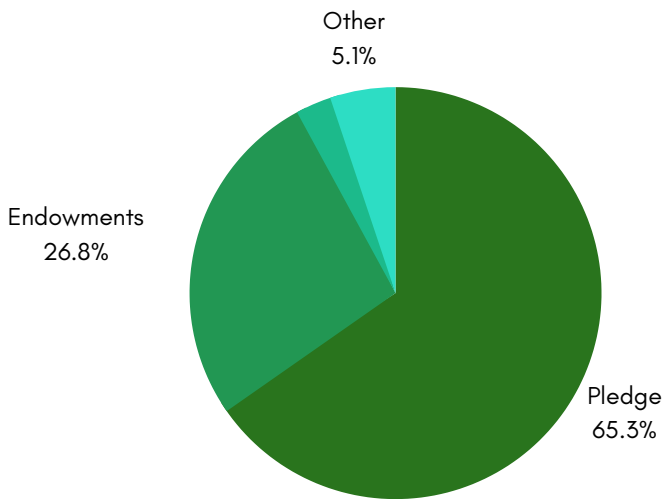
August income included pledge of \$10,403. Endowment income was \$4,265. Plate donations were \$275; half of that amount went to the UUSB Food Programs.

VANCO: In August: 15 people used the Vanco link to make payments totaling \$1,830.00 gross in all categories with a net of \$1,784.71. Fees were \$17.67 and the offset paid was \$31. Additional charges invoiced were \$20.75. Donations were General Fund for \$29, pledges for \$1,586, and Share the Plate for \$184.

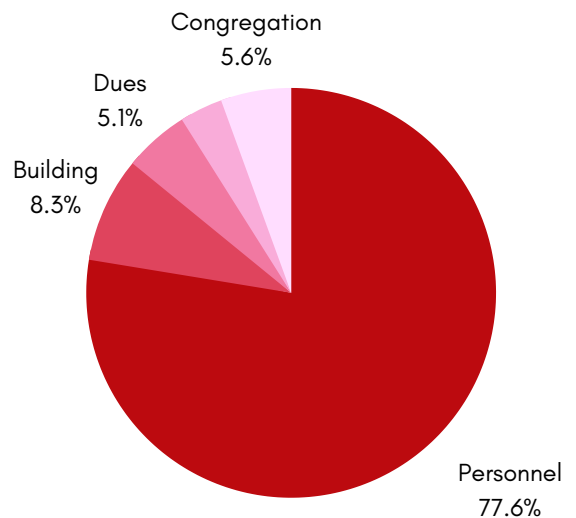
Expenses for the month break down as Personnel \$12,928 (78% of total costs), Building \$1,385 (8%), Fair Share to the UUA \$845 (5%), Administrative \$567 (3%), and Congregational expenses for \$926 (6%). Total expenses for 2 months was 15.75% of the year's budget.

In Service,  
Rosemary Parsons

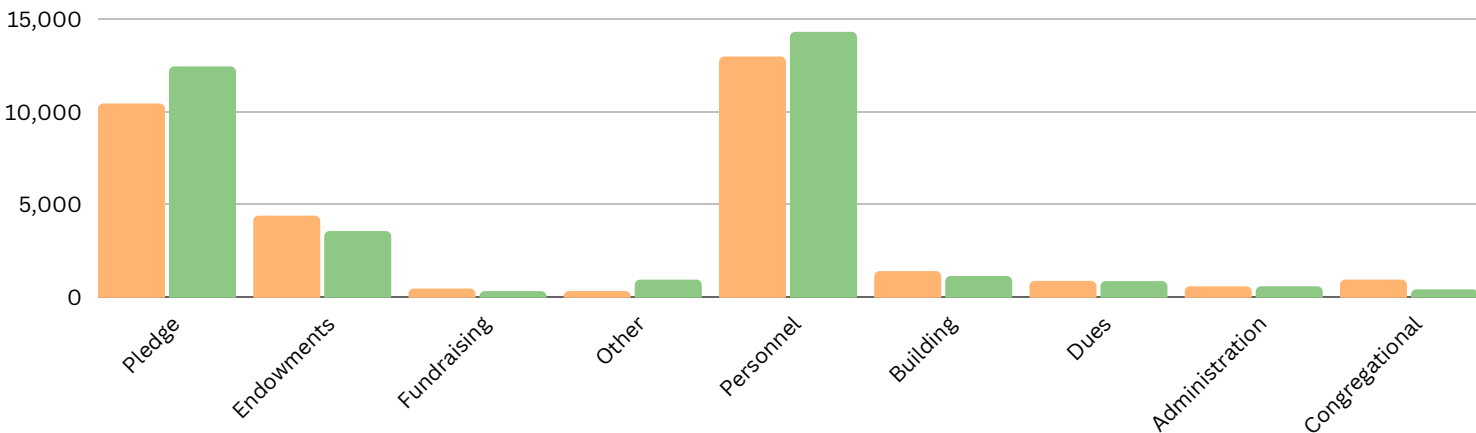
## August Income



## August Expense



## Comparison of August 2022 & August 2021



# LOOKING AHEAD WITH MEMBERSHIP-FELLOWSHIP

## Options for Membership

Any friends and visitors who are considering membership at UUSB can now join at any time, not just twice a year!

The joining system consists of (1) completing an information request card, now available online, indicating interest in becoming a member; (2) reading through a Self-Study Guide describing UUism and UUSB; and (3) attending a Monthly Chat with Rev. Drew (formerly Minister's Tea) or a New to UU Class. The next New to UU Class will be Saturday, November 5 from 9:00-11:00. If you are interested in participating in any of these gatherings or in becoming a member, you can email [uubangor@gmail.com](mailto:uubangor@gmail.com).

The Self-Study Guide can be found at <http://uubangor.org/new-to-uusb-2/uusb-self-study-guide/>.

## Monthly Chat with Rev. Drew!

Rev. Drew holds a monthly gathering in the Sanctuary of UUSB immediately following the service. Attending this meets one of the requirements to becoming a UUSB member. This is a little less formal and is a good way to ask any questions you may have about Unitarian Universalism, UUSB and our commUUnity. Anyone is welcome to these, whether you are new or interested in UUSB, or if you have been a member or friend for years but just want a refresher, or have any questions for Reverend Drew. The next is October 2nd in the sanctuary shortly after service. If you would like to attend, please send an email to [uubangor@gmail.com](mailto:uubangor@gmail.com).

## Member & Friends Directory Updates Needed by NOVEMBER 1st!!!

We will be updating the UUSB Directory of Members and Friends. Please email [uubangor@gmail.com](mailto:uubangor@gmail.com) or call the office with any changes to your information. This can include phone numbers, addresses, email addresses, photos, and what you want listed or not listed.

For photo updates, please use a portrait orientation to fit the directory layout. Photos can be individuals or households.

You can check your entry in last year's directory by requesting a digital copy or checking the copy in the Dorothy on Sunday mornings in October. To get the digital directory, please email [uubangor@gmail.com](mailto:uubangor@gmail.com). For the privacy of members and friends, the directory is not posted in any public database, so an email is required.

## Fellowship Teams Needed

We are going to start having Fellowship hour after service LIVE again!! Which means we need to create teams to organize and provide coffee, yea and snacks. We will start with just coffee and tea at first and see how it goes. Obviously we will continue to go by our COVID guidelines for that day and if we are in RED then no food or beverages will be served. If you are as excited about fellowship as we are, please contact Cathy Elliott ([cathyelliott25@gmail.com](mailto:cathyelliott25@gmail.com)) to sign up to join a team or become a team leader!!



# Keep in Touch with our CommUUnity!

**Have you moved? Going through a change? Just updating your contact info?**

**Let us know, so we can keep in touch!**

**If you have a change in your address, phone number, email, or even name, contact a member of Membership-Fellowship or the church office with the new information.**



## **Deb Chapman is voted as the new Council Chair**

The Council unanimously voted Deb Chapman in as the new Council Chair effective immediately. She leaves the Vice Chair position vacant and the Council will look to vote on filling that seat during the October meeting and any other vacated seat. The Council and church thanks Deb for her commitment and service and stepping up into this new role.

## **Finding a minister to fill in during Rev. Drew's sabbatical**

We are now receiving applicants for the position. The deadline is 9/26 but may be extended. Executive committee voted that the person does not need to be ordained with UU fellowship, but if they hold UU values and are in good standing with their denomination, they can apply. More information to come as it is available.



# VOTING ON THE 8TH PRINCIPLE

THIS SPRING AT UUA GENERAL ASSEMBLY

The UUA is in the process of reviewing and updating their by-laws. The changes will be voted on at the 2023 General Assembly. Along with some other minor changes to the UUA Principles, one large part of this change is the addition of an 8th Principle. Delegates from the UUA Congregations attending GA will be voting on these changes. In order to send our UUSB Delegates to GA knowing the wishes of our congregation, it is important to have an ongoing conversation on this topic during the 2022-23 church year leading up to our Annual Meeting. Part of that discussion will take place during the UU Common Read led by Laurie Cartier which will start in January 2023 (see related article). Council will be deciding on what steps to take to continue the discussion through congregational meetings. Then a congregation-wide vote can be taken at the Annual Meeting.

The 8th Principle reads:

**"We, the member congregations of the Unitarian Universalist Association, covenant to affirm and promote: journeying toward spiritual wholeness by working to build a diverse multicultural Beloved Community by our actions that accountably dismantle racism and other oppressions in ourselves and our institutions."**

Visiting the website The 8th Principle of Unitarian Universalism ([8thprincipleuu.org](http://8thprincipleuu.org)) will give you background, reasons this is felt necessary, and other great information on the addition of this principle. Black Lives UU is encouraging all congregations to adopt this principle.

Members and Friends of UUSB will be given as much opportunity as possible for discussion and review of the new principle and the smaller changes being made to our current principles. Be watching the Chimes and the E-News for these opportunities and plan on participating in the UU Common Read next year.

If you have any questions, contact Laurie Cartier at 207-944-0650 or [amalauriec@gmail.com](mailto:amalauriec@gmail.com).

# MISTAKES and MIRACLES

by Nancy Palmer Jones & Karin Lin

The UU Common Read builds community in our congregations and our movement by giving diverse people a shared focus for reflection and action. A Common Read can take us on a powerful faith journey as we explore what it means to be human and accountable in a pain-filled world.

## Common Read 2022-23:

### *Mistakes and Miracles* by Nancy Palmer Jones and Karin Lin

Authors Nancy Palmer Jones and Karin Lin—a white minister and a lay person of color—explored five UU congregations' journeys toward Beloved Community. In *Mistakes and Miracles: Congregations on the Road to Multiculturalism* (Skinner House Books, 2019), they shared the joy, disappointment, and growth these congregations found.

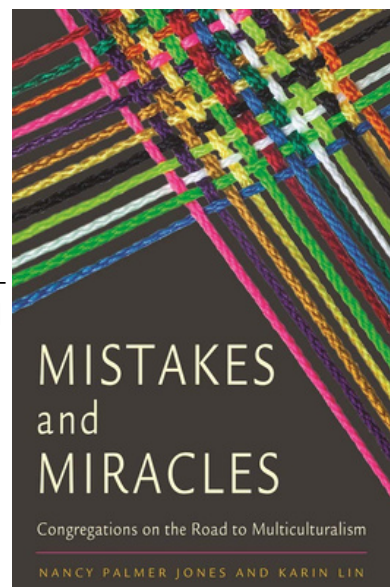
The world has seen much turmoil, pain, and yes, glimmers of hope, in the three years since *Mistakes and Miracles*' publication. As we enter a Common Read of this book, we find ourselves receiving its report with a changed spirit, an urgent need, and perhaps new hope for multiculturalism and antiracism work in our congregations and our movement.

Today, UU faith communities are grappling with a charge to dismantle white supremacy in ourselves, our communities and our world. What lessons and inspiration can we find in *Mistakes and Miracles* to guide our striving for Beloved Community, today?

This and many other questions related to the Common Read will be addressed in group discussions led by Laurie Cartier starting in early 2023. Four sessions based on the UUA Group Discussion guide will take place January through April 2023. Discussion of the issues raised in this book will help to guide UUSB members toward a greater understanding of the need for a UUA 8th Principle and acceptance (or rejection) of this principle.

To prepare, orders for the books are now being taken. Please let Laurie know if you would like a book by October 31st. If you have difficulty affording a book, there will be some extra to share.

Contact Laurie with any questions at 207-944-0650 or [amalauriec@gmail.com](mailto:amalauriec@gmail.com).



## Spirit of Drumming with Laurie, LyAnn & Jim

October 9 & 23 at 11:30 in the Sanctuary.

We are going to follow the Soul Matters themes for each session. October is Courage. Our goal this year is to grow our circle and introduce new rhythms and ways of being in rhythm each month.

Bring your own drum, or we have plenty of drums to share and lots of rhythm toys as well. We will start at 11:30 with set-up and some basic drumming instructions. By noon we will plan to be into active drumming with both instruction and open jamming. We will let the Spirit of Drumming guide us. We hope you will join us!

Join us on Facebook too! We have some basic instruction videos posted and plan to have more!

In Rhythm,

Laurie Cartier, LyAnn Grogan and Jim Shimko, Facilitators





# SPIRITUAL EXPLORATION EXPERIENCE

OCT 2022 - SOUL MATTERS THEME: COURAGE

Hello and Howdy-do to our Spiritual Explorers!!

October's Soul Matters Theme is COURAGE! Courage gives us the strength to hold our head high in the presence of our fears. It boosts us when standing up for a friend. It allows us to rise above when sharing our creative gifts. It shows us the way when we've had a rough day.

This month let find ways to practice our courageousness! Perhaps try a new food each week? Or invite a new friend over for a play date? Or pick up that instrument you've been thinking about for years? Or meet up with friends you haven't seen in ages?

*Karen Childs*

*Director of Spiritual Exploration*

If you haven't already, please [REGISTER](#) your family for our Spiritual Exploration Experience

## UPCOMING DATES

October 2nd - Apple Chapel

October 9th - No Classes

October 16th - SEE Classes

October 23rd - SEE Classes

October 30th - SEE Classes



UNITARIAN  
UNIVERSALIST  
SOCIETY OF  
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120 PARK ST  
BANGOR, ME 04401

SUNDAYS AT 10:00 AM

(207) 947-7009

WWW.UUBANGOR.ORG

UUBANGORRE@GMAIL.COM



# WORSHIP WEAVINGS

BY LAURIE CARTIER

Your UUSB Worship Committee is pleased that we are moving into the new church year with renewed energy after two weeks off in August. Water Communion was a fabulous ritual and upcoming services should prove to be equally spirit-lifting! Our Indigenous Peoples Day service on Oct 9 should prove to be particularly interesting. We have speakers Margo Lukens and Carol Dana coming to talk about their book *Still They Remember Me: Penobscot Transformer Tales, Vol. 1*. The book is available at Briar Patch in Bangor if you want to pick it up and read it ahead of time!

In other news, we took some time to review our current organizational structure for the Worship Committee and are working on a few changes.

It was felt that revised titles and guidelines for our committee members will bring more clarity to the various roles. We are also working on a handbook that will give guidance to anyone interested in the workings of the Worship Committee.

The new worship role descriptions are:

- **Worship Associate:** Takes the lead at developing a service either as the presenter or as the assistant to an outside speaker. Does the services of a Reader unless a Reader has been designated for the service.
- **Reader:** Works with Rev Drew or the worship leader for the service by providing help with reading the announcements, the chalice lighting, Zoom chat for joys and concerns and/or a reading.
- **Logistics Coordinator:** Provides help before and after the service with setup and breakdown of those essential elements that set the stage for the service.

A handbook will be made available to the congregation as soon as it is completed. This will include details about each role as well as general information about how the Worship Committee runs. We hope that this will be a great asset to those providing worship during Rev Drew's Sabbatical.

The Worship Committee would like to thank Ben Goff for his work as AVS Tech over the past year. His work getting the handbook for AVS Techs created and his advice along the way as we developed this position has been fabulous. Ben has agreed to fill in as needed once a month or so. Thank you Ben!! [amalauriec@gmail.com](mailto:amalauriec@gmail.com). We Need You!

We would like to welcome Atticus Foster to the team as our new AVS Tech. Atticus has been doing a wonderful job over the past few weeks training with Ben and learning the ropes. We look forward to a great future with Atticus at the AVS helm. Welcome Atticus!

The Worship Committee is working with Rev Drew on developing the schedule for his sabbatical. We are so appreciative that he is getting us going so early to be sure the sabbatical is covered!

As always, if you have an idea for worship that you'd like us to help you develop, be in touch! You can contact Laurie at 207-944-0650 or [amalauriec@gmail.com](mailto:amalauriec@gmail.com). We are also hoping that there might be one or two of you out there who are interested in helping out with Worship in one or more of the roles listed above. Even if you just have questions, be in touch!

In Service,  
Laurie Cartier  
Worship Committee Chair



The UUSB Guild started the new church year with a meeting in person, in the Dorothy Memorial, and we loved being able to be together for a meeting and bring-our-own lunch!! We are in the process of approving new by-laws that will help define who we are now. Our new name will be the UUSB Guild (formerly the AUW Guild) and our purpose is: "The purpose of the Guild is to bring women (including those who identify as women) together in friendship and to provide opportunities to enrich our minds and souls; provide service to UUSB; and provide outreach to the larger community." A final vote on the new name and purpose will take place at our October meeting, October 19 at 11:30 am. We have a Program Committee that will be developing a series of great speakers or activities for the year. We welcome all women, whether UU members or not, who are interested in gathering in community for fun and service to join us.

We want to give thanks and kudos to the sub-committee that worked all summer to create signage for the Dorothy Hawkes Memorial Quilt in the Dorothy Memorial Hall. Cindy Todd, Linda Sisson, and Page Eastman have developed and put up a new banner, lovely descriptions of all the quilt blocks and photos of the quilt construction. We hope you will take time to look it over and gain a new appreciation for all the work that went into creating this amazing quilt. We hope to have a dedication of this quilt at a future meeting.

If you are interested in more information about the UUSB Guild, contact Laurie Cartier at 207-944-0650 or [amalauriec@gmail.com](mailto:amalauriec@gmail.com). Be watching the *Chalice & Chimes* and the E-News for updates on programs for future meetings.

In Service, Laurie Cartier  
President, UUSB Guild

## We Love Your Suggestions!

Do you have a poem, reading, piece of music, story, or personal experience that relates to a monthly theme?

If yes, we'd love to hear about it! Share your suggestion with Rev. Drew, Molly, or Laurie. We'll try to include your suggestions in an upcoming worship service.

Your suggestions make our worship experience even richer!

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## 2022-2023 Worship Themes

**October:** Courage

**November:** Change

**December:** Wonder

**January:** Finding Our Center

**February:** Love

**March:** Vulnerability

**April:** Resistance

**May:** Creativity

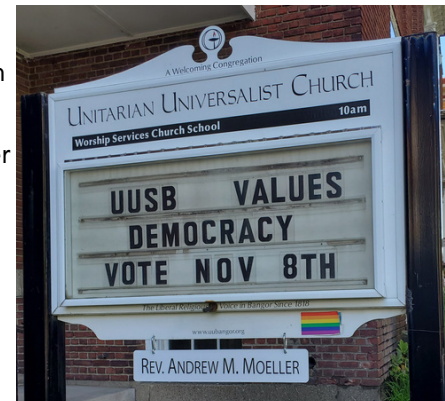
**June:** Delight

# SOCIAL JUSTICE COMMITTEE

Wow! Is there ever a full plate to choose from! Main course: UUtheVote Actions we can take. Here are some items coming up for our congregation in conjunction with Maine Universalist State Action Network (MUUSAN) and their partner during the midterm elections, the League of Women Voters Maine (LWVME). Go to either of their websites ([muusan.org](http://muusan.org), [lwwme.org](http://lwwme.org)) to get the whole picture and find out how you can help.

Here are several actions our Social Justice Committee is involved in:

- **Midterm Election Actions:** Coordinated with LWVME and connected organizations
  - **Vote411.org** - Anyone can go to this guide to find out what will appear on your ballot. It includes every municipality in the state and any municipal election issues and information about candidates that will appear on your ballot. They're working on the "candidate chase" component of the guide right now and you can help.
  - **Candidate Forums** - Valerie Carter is point person for the Bangor forums. Laurie Cartier is point person for Hampden. SJ voted to cosponsor the Bangor forums; Jessica will check in with Council. Anyone who wants to help with a Bangor candidate forums should contact Valerie. Forums will be as follows (tentatively):
    - Thursday, October 6th at 6:00pm in Bangor Council Chambers: City Council Candidates; since one of the two candidates for School Board cannot make the meeting, there will not be a School Board segment.
    - Tuesday, October 18 at the Bangor Public Library: Candidates for State Senate
    - Wednesday, October 19 at the Bangor Public Library: one House seat
    - Thursday, October 20 at the Bangor Public Library: the other House seat
  - **Local Canvassing** - UUSB will join Neighbor to Neighbor LWVME canvassing activities to bolster voting in Bangor on Saturday, October 15th. Check with Suzanne to participate or for more information.
  - **Reclaim Our Vote Initiative** - A nationwide effort, targeting folks who don't usually vote in other states. <https://www.centerforcommonground.org/reclaim-our-vote>. A good way to get involved if you want to work at home.
  - **Nonpartisan Election Day Observation:** Check LWVME website for training on October 18th or 27th at 5:30pm.
- **UU the Vote Service:** Social Justice Committee will conduct the UU the Vote service on October 2.
- **Keep an eye out for these UUSB and Faith Linking in Action items:**
  - **UUA Common Read** and discussions about the possibility of an 8th UU Principle. Contact Laurie Cartier.
  - **Interfaith MLK Worship Service** on the Sunday before MLK Day coordinated by Faith Linking in Action ([faithlinkinginaction.org](http://faithlinkinginaction.org)).
  - **Free Food Bangor Area Calendar:** Use and distribute the Faith Linking in Action "Free Food Bangor Area" list and calendar on their web page. Let Suzanne know of agencies having access to people in need of free meals/food pantries that would be interested in having the information so it can be passed along.



# GREAT PUMPKIN

YARD SALE

# 2022



**The Great Pumpkin Yard Sale is coming October 15!**

We need donated items in good working order, but please **no** clothes, text books, downhill skis, large furniture pieces, or electronics.

This year, we are making it easier than ever to drop off items through the lower door entrance. There will be a drop off window most days for the week leading up to the yard sale.

### Drop Off Windows

Saturday 10/8 - 9:00-2:00

Sunday 10/9 - 11:00-3:00

Monday 10/10 - 1:30-5:00

Tuesday 10/11 - 2:30-6:00

Wednesday 10/12 - 2:30-6:00

Thursday 10/13 - 2:30-7:00

Set up for the yard sale will be on **Friday, October 14**. Please do **not** drop off items during set up. Set up will be 3:30-7:00 PM; if you are available to help, please let Kate or Sue know.

The Great Pumpkin Yard Sale will be **Saturday, October 15, 8:00 AM to 2:00 PM**. Volunteers will be needed to help throughout the yard sale and with clean up after. Again, if you are available, please let Kate or Sue know.

Some always-popular items include: toys, kitchen items, tools, books, small furniture pieces, sports equipment, records, and CDs.

If you are unsure about whether or not to donate an item, ask Kate or Sue before bringing it to the church.

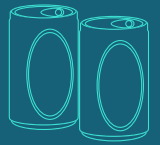
If you are interested in helping with setup, selling, or clean up, please contact Kate Dutra at [kate.dutra70@gmail.com](mailto:kate.dutra70@gmail.com) or (207) 299-5044 or Sue McKay at [swm4631@gmail.com](mailto:swm4631@gmail.com) or (207) 478-4631.



# Ringing Bells and Feeding Souls

Second Sundays at 11:30 AM

Open Air Chimes Concert & Food Collection



On Sunday, September 11, UUSB will, hopefully, once again host our Second Sunday Food Drive & Open Air Concert, the church's monthly community food collection, from 11:30-12:00.

There will be drop off bins on the Park Street sidewalk in front of the church for those wishing to donate.

There is also a new option to donate inside, before or after the service. The bins will be placed in the Dorothy for your items, before moving outside for the drive-thru and curbside donations.

We invite everyone to step outside and take a listen. You are welcome to enjoy from the church lawn, surrounding areas, or your car.

The food collected is given to the Ecumenical Food Pantry in Bangor. They can also take monetary donations, which buys up to six pounds of food for every dollar given. Make checks out to Bangor Ecumenical Food Cupboard (Bangor EFC), and we'll keep feeding souls.

In 2022, we have collected 1,865.5 pounds so far! You are making a difference!



Photo by Ben Speed

OCTOBER 22 & 29

## COMMUNITY BEAN SUPPER

UUSB AT 4:00 PM

Throughout the pandemic, our volunteers have continued to put on the monthly community bean suppers as to-go meals. This has made it possible for at-risk volunteers and community members to pick up their food and avoid as much potential exposure as possible. We are thankful to all the amazing volunteers who have done all this work, despite the stress and changes over the last two years!

As the waves of COVID come and go, we are adjusting to follow the new UUSB guidelines. If the current risk level is low/green or medium/yellow, meals may be eaten in the Dorothy. If the risk level is high/red, meals will only be available to go. You can pick up your bean supper and bag lunch at the Dorothy doors from 4:00 to 5:00 PM on Saturday, September 24.

If you have any large paper grocery bags, like from Hannaford2Go, the Bean Supper crew are looking for additional bags to use to send meals home with those who attend each month.



Photo by P.O.sitive Negative via Unsplash



# SHARE THE PLATE



In October, half of the undesignated funds in the plate will go to Partners for Peace. Partners for Peace works to end domestic violence in Penobscot and Piscataquis Counties. They provide support, advocacy, and safety planning to anyone affected by domestic abuse. They foster safe and healthy relationships through prevention, education, and training. Together with our community, they recognize the nature of abuse, respond to it, and change the conditions which lead to it.



In August, \$137 went to the UUSB Food Security Programs. This includes the Bean Suppers that we host on the fourth, and fifth, Saturdays each month; our donation to the Soup Kitchen at the Salvation Army, in lieu of making lunches during the pandemic; and our Bag Lunch program, to give lunches for those attending our Bean Suppers.



You can give to the collection plate through the UUSB website and Vanco or by mailing a check to the church office.



Convenient to carry! Every card purchase helps UUSB!!

Cards are available in increments of \$25, \$50, \$100, \$200, or \$300. Just email or call to set up pick-up or delivery. Cash, or checks made out to UUSB are accepted. Buy cards for your own grocery shopping, or buy cards for gifts, or even donate a card to a local food bank.

To purchase your Hannaford card and support UUSB, please purchase after the Sunday service or contact Rosemary.

- Kate Dutra: Sundays in the Dorothy Memorial Hall after the Sunday Service
- Rosemary Parsons: 327-1045, roxemary@gmail.com

If you are interested in setting up an automatic grocery card purchase, please contact Rosemary. You can schedule to get your card once per month or get an emailed code to use in store.

# 2022

## OCTOBER

# UUSB CALENDAR

SUN	MON	TUE	WED	THU	FRI	SAT
<b>2</b> 10:00 AM Service 10:00 AM Apple Chapel 11:30 AM Minister's Chat	<b>3</b>	<b>4</b> 9:45 AM Staff Meeting 5:45 PM Meditation 7:00 PM Chalice-Side Chat	<b>5</b> 5:00 PM Building & Grounds	<b>6</b> 5:15 PM Choir	<b>7</b>	<b>8</b> 9:00 - 2:00 Yard Sale Item Drop Off
<b>9</b> 10:00 AM Service 11:00 - 3:00 Yard Sale Item Drop Off 11:30 AM Food Coll. 11:30 AM Drumming	<b>10</b> 1:30 - 5:00 Yard Sale Item Drop Off	<b>11</b> 2:30 - 6:00 Yard Sale Item Drop Off 5:45 PM Meditation 7:00 PM Chalice-Side Chat	<b>12</b> <b>Committee Reports Due</b> 2:30 - 6:00 Yard Sale Item Drop Off	<b>13</b> 2:30 - 7:00 Yard Sale Item Drop Off 6:30 PM Executive Committee	<b>14</b> 9:00 AM Shared Ministry 11:00 AM Budget & Finance 3:30-7:00 Yard Sale Set Up	<b>15</b> 8:00 - 2:00 Great Pumpkin Yard Sale 
<b>16</b> 10:00 AM Service 10:00 AM SEE Classes 11:30 AM Social Justice	<b>17</b>	<b>18</b> 9:45 AM Staff Meeting 5:45 PM Meditation 7:00 PM Chalice-Side Chat	<b>19</b> 11:30 AM Guild 2:30 PM Pastoral Care 6:30 PM Council	<b>20</b> 5:15 PM Choir 7:45 PM Comm. Committee	<b>21</b>	<b>22</b> 10:00 AM Bag Lunch Prep 3:00 PM Supper Prep 4:00 PM Bean Supper
<b>23</b> 10:00 AM Service 10:00 AM SEE Classes 11:30 AM Spirit of Drumming	<b>24</b>	<b>25</b> 5:45 PM Meditation 7:00 PM Chalice-Side Chat	<b>26</b> 5:30 PM Worship	<b>27</b>	<b>28</b> 12:00 PM Office Closing Early	<b>29</b> 10:00 AM Bag Lunch Prep 3:00 PM Supper Prep 4:00 PM Bean Supper
<b>30</b> 10:00 AM Service 10:00 AM SEE Classes	<b>31</b> <b>HAPPY HALLOWEEN</b>					



# REMINDERS

## ABOUT US

### Unitarian Universalist Society of Bangor

#### Our Mission Statement

The Unitarian Universalist Society of Bangor is an historically liberal religious community, celebrating diversity and supporting spiritual growth and social responsibility in each child and adult.

#### A Welcoming Congregation

We welcome individuals and families of all religious upbringings, racial and ethnic backgrounds and sexual orientations. We, a member of the Unitarian Universalist Association, covenant to affirm and promote the inherent worth and dignity of every person.

#### A Green Sanctuary

The UU Society of Bangor, recognized as a Green Sanctuary by the Unitarian Universalist Association, endeavors to incorporate care for the Earth into its worship and religious education while working to promote environmental justice and sustainable living. We covenant to affirm and promote respect for the interdependent web of all existence, of which we are a part.



Do you have a **CLYNK** Bag?? Be sure to have one handy, so you can easily be collecting bottles and cans to help raise money for our UU Youths' Social Justice Service Trip. The bags are in the Dorothy Memorial Room. Please contact Laura Santilli for details. Thank you for your support!!!

**UUSB is always in need of volunteers** – for fundraisers, childcare, teaching, and to fill positions on our active committees. The great perks of volunteering are not just the satisfaction of contribution, but the sense of community we all feel when we accomplish important tasks with others. Since we don't always know who is able to take part, please contact a council or committee member if you are open to volunteering in any large or small way.

The **UUSB Worship Committee** is looking for more member participation in our worship services and is extending an INVITATION to one and all of you to consider if you might be interested in joining our services as READERS.

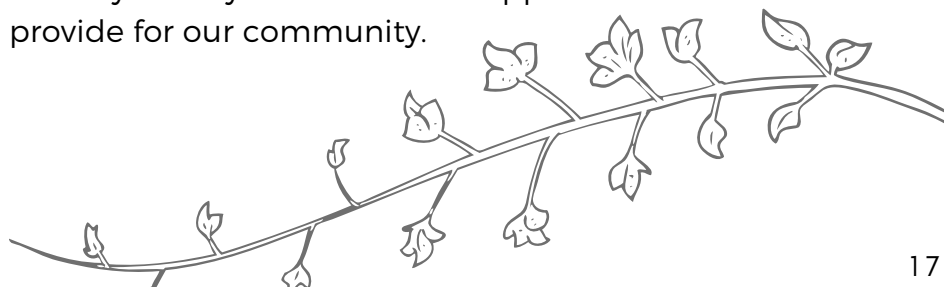
#### Collection Plate & Pledge Reminders

One way you can help continue our outreach efforts is to keep up with your financial pledge. Without our weekly passing of the collection plate, we still need to make sure that we can pay our bills. Keeping up with your pledge allows our staff and leadership to focus on providing services to members, friends, and guests. There are three options to make is easy to keep up with your pledge:

1. Mail a check to the church office at 120 Park St, Bangor, ME 04401
2. Contact Rosemary Parsons, our treasurer, to set up a direct withdrawal from your paycheck or bank account
3. Donate online through Vanco. This option will be available on our website, as well as shared in our weekly e-news



Thank you for your continued support as we all work to provide for our community.



# ABOUT THE *CHALICE & CHIMES*

## Church Council:

Deb Chapman, Chair  
Jessica Glant, Clerk  
Rosemary Parsons, Treasurer  
Karen Cashman  
Francis Grey  
Tracy Haskell  
Ali Khavari  
Kerrie O'Brien  
Franny Wilson-Charuk

Council meets at 6:30 PM  
on the third Wednesday  
of each month.



## UUSB Staff Contact:

Rev. Andrew Moeller, Minister  
(207) 922-2956  
Christine Sprague, Office Admin.  
(207) 947-7009  
Karen Childs, Director of SE  
(207) 949-0733  
Molly J. Webster, Music Director  
(207) 947-7009  
Jack Derosier, Accompanist  
Atticus Foster, AVS Tech

## About Our Newsletter

The *Chalice and Chimes* is published ten times a year (Sept-June). An email reminder is sent out to all member and friends on the church's database mailing list when the newsletter has been posted to the church website, where it may be viewed or down-loaded. It is also available in paper format on the table by the sanctuary entrance and by US mail (request from the Church Office).

## Editorial Policy

Articles submitted for publication in the *Chalice & Chimes* must strive to include, in an unbiased way, only that information that is consistent with the UU faith. Articles should deal with issues of a spiritual nature meant to inspire, encourage, educate, or inform. Although every effort will be made to be inclusive, the Editor reserves the right to determine which articles are accepted for publication. The Editor has the right to edit for space, availability, libelous remarks, or unwarranted personal attacks. The Editor also reserves the right to refuse any item that may affect our Tax Exempt Status.



## Newsletter Submissions Next Newsletter Deadline: October 21, 2022

The next issue will be November 2022. We value your contributions and very much appreciate submissions. When sending email contributions to The *Chalice & Chimes*:  
uubangor@gmail.com

Issue:	Deadline:	Publication Goal Date:
November	October 21	October 28
December	November 22	November 29
January	December 22	December 29
February	January 20	January 27
March	February 21	February 24
April	March 23	March 30
May	April 21	April 28
June	May 23	May 30