# CHALICE & CHIMES

THE MONTHLY NEWSLETTER OF UUSB

SETPEMBER 2022

### THIS MONTH IN WORSHIP

Our theme this month is **Belonging**.

September 4 - *Labor Day* - This service will be led by Valerie Carter with Laurie Cartier, Sue McKay and Atticus Foster as our worship team and John Arimond providing music.

Meeting ID: 963 9966 2677 Passcode: 326684 Zoom Link

September 11 - Water Communion - Water is the universal substance that supports all life as we know it. In keeping with our UUSB tradition, we will kick off our new program year with our annual ritual of Water Communion. Everyone attending is encouraged to share a sample of water from someplace they found spiritual wisdom or connection during the summer. The sharing of water can be done in two ways:

- Drop off your water sample on Friday, September 9 from 1:00-7:00 in the labeled bucket outside the narthex. Please include a note or email Rev. Drew by September 9. Your water sample and message will be shared during the service.
- Bring your water sample in person and share a few brief words during the service.

After the service, during our "Ringing Chimes & Feeding Souls," samples of our collected water will be available for people to take home. This service will be led by Rev. Drew Moeller with John Arimond, Francis Grey, and Atticus Foster as our worship.

Meeting ID: 913 0934 1580 Passcode: 630755 <u>Zoom Link</u>

September 18 – *To What We Belong* – In our quest for spirituality and meaning, we are part of a community that helps us grow. We are also part of a larger community of sibling congregations and part of a liberal religious movement. Today our service will remind us of those connections and hear some updates on our congregation and the larger UU movement of which we are a part. This service will be led by Rev. Drew Moeller with Sue McKay, Marcia Jordan, and Atticus Foster as our worship team.

Meeting ID: 929 3818 4780 Passcode: 606599 <u>Zoom Link</u>

September 25 – *Longing for Belonging?* – What does it mean to belong? Today's service will explore the human need for belonging and what that means for our spiritual and societal growth. This service will be led by Rev. Drew Moeller with Phyllis Havens, John Arimond, and Atticus Foster as our worship team. Meeting ID: 912 2036 2063 Passcode: 563494 Zoom Link UNITARIAN UNIVERSALIST SOCIETY OF BANGOR

120 PARK ST BANGOR, ME 04401

SUNDAYS AT 10:00 AM

(207) 947-7009

WWW.UUBANGOR.ORG

UUBANGOR@GMAIL.COM

### HIGHLIGHTS:

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### **DREW'S VIEWS**

### BY REV. ANDREW MOELLER

#### Dear Ones,

One of our greatest human needs is the need for belonging – being part of something that is beyond one's self. Most of us find this in people, families, and other forms of community, including spiritual organizations such as UUSB.

In addition to belonging to other human forms of community, many of us also find a sense of connection or belonging through our faith, be it faith in God(dess), Spirit, nature, knowledge, and moral values. This connection serves us in many ways – they help us form our sense of who we are and what matters most in our lives and provide us with a sense of comfort and safety. It allows us to share resources, create rituals and explore new ideas that help us grow. Belonging creates a space where we can be ourselves and know we are OK.

Even our congregation belongs to something beyond us – the religiously liberal movement of freely associated UU congregations that make up the Unitarian Universalist Association. We belong to the communities we are part of and a society that was born on the same affirmational values as our liberal religious theologies.

As we come together to kick off our program year this month, we have much to look forward to worshiping with all, Spiritual Exploration Experiences for our young people, and opportunities to get involved in social justice. All of this happens because WE belong to the community. All of this happens because YOU are part of this community. "It takes a village," and as I begin my seventh year as your minister and my eleventh year in ministry, I remain in awe of the power belonging can have when it's adaptable, creative, inclusive, and affirming. Our community gives us hope even amid chaos and uncertainty.

I look forward to seeing all of you as we begin our program year together on September 11 for our annual Water Communion worship service. A service that kicks off our year and our monthly theme of "belonging."

It's so good to be back! Welcome Home!

Love and Namasté,

Rev. Drew

Rev. Drew

#### We Love Your Suggestions!

Do you have a poem, reading, piece of music, story, or personal experience that relates to a monthly theme?

If yes, we'd love to hear about it! Share your suggestion with Rev. Drew, Molly, or Laurie. We'll try to include your suggestions in an upcoming worship service.

Your suggestions make our worship experience even richer!

#### 2022-2023 Worship Themes

September: Belonging October: Courage November: Change December: Wonder January: Finding Our Center February: Love March: Vulnerability April: Resistance May: Creativity June: Delight

### Minister's Schedule - September 2022

Rev. Drew along with other UUSB staff will continue to work from home. He is reachable during the office hours listed below either online or via phone.

Mon – Minister's Sabbath Day (day off) Tues, Wed, Fri – 10 to 1 PM – Office hours (ONLINE or by PHONE) 2 to 4 PM – by Appt.

Thurs – Sermon Writing / Worship Planning Day (not taking calls or answering emails)

Saturdays - By appointment (ONLINE or by PHONE)

Sundays - (afternoon / evenings by appointment) (ONLINE or by PHONE)

You can reach Rev. Drew directly at his local UUSB phone number (207)922-2956 or at his personal cell phone number (860)655-5890

### **UUSB Mindfulness Meditation Group**

Tuesdays, 5:45 – 7:00 PM via Zoom Meetings will resume on September 13.

The group provides an opportunity to develop one's silent meditation practice (both sitting and walking) in a supportive, friendly and non-judgmental environment. Much of our learning and experience is cumulative, so regular attendance is helpful. The group is open to all. Drop-ins welcomed.

We ask that newcomers sign in fifteen minutes early (at 5:30 PM) for a quick briefing, especially if you've never meditated before. Signing in early the first time allows newcomers to hear about our group process and receive a short introduction to sitting and walking meditation before the group begins promptly at 5:45 PM. Questions? Contact Rev. Drew Moeller (teacher) at drewuu2@gmail.com

For September, the group will continue to meet online.

This program is free of charge to all. If one wishes to make a free-will offering (dana) to the group, one can donate by donating to UUSB by cash, check, or online and include "Meditation Group" in the memo/notes line.

### **Chalice Side Chat**

Tuesdays at 7:30 PM

Join Sue Henri-Mackenzie and other members of our community each week on Zoom. Each session is a chance to offer and receive support and check in with those we miss seeing in person.

Please check your email for the login link or use the following info to call in! Meeting ID: 881 4667 4374 Passcode: 137985



Starting September 13

Mindfulness Meditation

Photo by Chris Montgomery via Unsplash



## **IN-PERSON SERVICE COVID-19 GUIDELINES**

Please be mindful that the worship experience will be very different for both the people in the sanctuary and online. It is extremely important that people read the E-news updates about the in-person component of this new format.

### People wanting to participate should expect the following changes to Sunday morning:

- **Proof of vaccination** will be checked and required (including booster if eligible). You can help by sending a copy of your vaccination card to Christine in the office. She will maintain a list of people pre-checked to aid greeters who will be checking for proof of vaccinations.
  - If you are not vaccinated, you can also provide proof of a negative COVID-19 test, which includes a negative PCR test or rapid antigen which must be administered within 72 hours of the start of the performance or event. The test results must clearly show the date and time of the test. This test may be performed by a medical professional or by using an over-the-counter testing kit. A time-stamped photo of an at-home test result is acceptable. NOTE: Children under the age of five will not be required to provide proof of a negative COVID-19 test or a valid COVID-19 vaccination.
- Wearing a mask the entire time will be required. Bring your own we will have some medical procedural masks on hand, though we highly recommend N95 or KN95 masks.
- There will be limited singing or live music in the sanctuary. Music and hymns will be played and displayed on a new video screen. Singing in the sanctuary remains highly risky and would entail greater distancing.
  - COVID-19 levels are being assessed monthly, often weekly, by the Council and Molly J. Webster, the UUSB music director, regarding the safety of singing. The choir may sing with masks and social distancing occasionally, but the congregation is asked to *only* hum, to maintain optimum safety for the congregation.
- Please do not come to UUSB for worship if you have ANY COVID symptoms.

# CHALICE & CHIMES FOR 2022-2023

This is the first issue of the Chalice & Chimes for the 2022-2023 church year. Welcome back!

I am planning to mail out each issue 1-2 days before the end of the month, so that people receiving it in the mail will have it by the 1st. Previously, my goal date was either the 1st of the month or the 1st Sunday of the month, depending on how many actual work days I had after the 25 to put the *Chalice & Chimes* together. Hopefully these changes will make sure that every issue in 2022-2023 goes out on time.

Issue:	Deadline:	Publication Goal Date:		
October	September 21	September 29		
November	October 21	October 28		
December	November 22	November 29		
January	December 22	December 29		
February	January 20	January 27		
March	February 21	February 24		
April	March 23	March 30		
Мау	April 21	April 28		
June	May 23	May 30		



### Staff Working Hybrid Hours; General Update

Staff are working hybrid hours. As of September 6, I will be working Tuesday, Wednesday, and Friday in the office every week from 10-2. I will be responding to emails and voicemails on Thursdays, but may not be in office every Thursday. Please contact me directly to schedule meetings to make sure that there are no other meetings when you will be stopping by. Masks are required for all office visits and meetings.

#### **Office Closures in September**

The office will close early on Tuesday, September 13 and Friday, September 23. The office will be open from 10–12 on those days.

### Sunday Announcement Submissions Must Be Sent By Friday to Worship

If you have an announcement to have presented on Sunday morning that didn't appear in the weekly e-news on Thursday, please submit it, by email, to the office *and* the worship associate by Friday afternoon. If it is received after 2:00 PM on Friday, there is no guarantee that it will appear in the Sunday morning email or in the announcements during the service.

### Building Use Must Be Scheduled with Office!

If you are planning to move to committee or small group meetings in the UUSB building, instead of via Zoom, you **MUST** submit the request to the church office. Please call or email to schedule your meeting and come back "home."

### Minister:

Rev. Andrew Moeller drewuu2@gmail.com Minister Emerita: Rev. Becky Gunn Music Director: Molly J. Webster uusbmusic@gmail.com Director of SE: Karen Childs uubangorre@gmail.com Office Administrator: Christine Sprague uubangor@gmail.com Tech Coordinator: Atticus Foster Council Chair: Valerie Carter vcgardener@gmail.com Council Vice Chair: Deb Chapman debchapman55@gmail.com Council Clerk: Jessica Glant glanjm979@gmail.com Council Treasurer: **Rosemary Parsons** roxemary@gmail.com

### UPCOMING DEADLINES

CHALICE & CHIMES (OCT. ED.) TUESDAY, SEPTEMBER 21

E-NEWS (WEEKLY) THURSDAYS AT 10:00AM COMMITTEE NOTES FOR COUNCIL WEDNESDAY, SEPTEMBER 14

### OFFICE HOURS

10:00AM - 2:00PM IN-PERSON: TUESDAY, WEDNESDAY, FRIDAY REMOTE: THURSDAY



### TREASURER'S FY22 REPORT

TREASURER'S REPORT FOR July 1, 2021 thru June 30, 2022.

Total income for the year was \$233,348. Expenses were \$243,247 leaving a deficit of \$2,313.

Income included pledge of \$123,398, 105% of the budget. The previous year pledge payment was \$115,647. Funding from Endowments was \$61,164 compared to \$54,649 the year before. Fundraising total income for the year \$33,513 compared to \$29,129 last year. Woodland Pond School paid \$5,045 during the past school year. Other income for FY22 was \$22,859. Previous year total was \$33,931, which included a PPP grant of \$22,500.

Throughout FY22, 31 people used the VANCO link on our webpage to make payments. Total payments for the year was \$20,206.91 They were split into \$13,926 for pledge, \$2,879 for General Fund, \$1,367 for plate, \$1,151.95 for SE renovations, \$428.96 to offset fees, \$400 for Fall Raffle, and \$54 for Minister's Discretionary.

Expenses for the year break down as Personnel \$173,194 (71% of total costs), Building \$36,846 (15%), Fair Share to the UUA (aka Dues) \$10,136 (4%), Administrative \$7,771 (3%), and Congregational expenses for \$16,300 (7%)

We did well, especially with pledging and general fund donation. \$20,206.91

In Service,

**Rosemary Parsons** 





### TREASURER'S REPORT

### BY ROSEMARY PARSONS

TREASURER'S REPORT FOR MONTH OF JULY 2022. This report covers 8.3% of the year.

Total income for the month of July was \$21,755. Expenses were \$21,856 leaving deficit of \$101 for the month. In July 2021 there was a net income of \$19,112.

July income included pledge of \$18,629. 8 people had prepaid \$4,335, in June down from \$17,169 last June . Endowment income was \$2,487 Plate donations were \$421 Half of that amount goes to Mabel Wadsworth Health Center.

VANCO: In July: 13 people used the Vanco link to make payments totaling \$1,340.48 gross in all categories with a net of \$1,303.14. Fees were \$27.34 and the offset paid was \$25.48. Donations were General Fund for \$31, pledges for \$1,146, Share the Plate for \$136, and Minister's Discretionary \$2.

Expenses for the month break down as Personnel \$17,766 from THREE pay dates (86% of total costs), Building \$1,496 (10%), Fair Share to the UUA \$857 (1%), Administrative \$946 (4%), and Congregational expenses for \$791 (3%). Total expenses for 1 month was 8.9% of the year's budget.

The drop in prepaid pledge is due to the poor performance of the stock market currently. For example, I have delayed taking out the required distribution from my IRA until the market improves. Having three payrolls in a month occurs twice a year, and adds about \$5,000 to expenses. So, we did well to be only \$101 short.

In Service,

**Rosemary Parsons** 



### LOOKING AHEAD WITH MEMBERSHIP-FELLOWSHIP

### **Options for Membership**

Any friends and visitors who want to consider becoming a member of UUSB can now join at any time, not just twice a year!

The joining system consists of (1) completing an information request card, now available online, indicating interest in becoming a member; (2) reading through a Self-Study Guide describing UUism and UUSB; and (3) attending a Monthly Chat with Rev. Drew (formerly Minister's Tea) or a New to UU Class. The next New to UU Classes will be in the Fall. If you are interested in participating in any of these gatherings or in becoming a member, you can email uubangor@gmail.com.

The Self-Study Guide can be found at http://uubangor.org/new-to-uusb-2/uusb-self-study-guide/.

### Monthly Chat with Rev. Drew!

Rev. Drew holds a monthly gathering in the Sanctuary of UUSB immediately following the service. Attending this meets one of the requirements to becoming a UUSB member. This is a little less formal and is a good way to ask any questions you may have about Unitarian Universalism, the UU Society of Bangor, and our commUUnity. Anyone is welcome to these, whether you are new or interested in UUSB, or if you have been a member or friend for years but just want a refresher, or have any questions for Reverend Drew. The next will be on September 25. If you would like to attend, please send an email to uubangor@gmail.com

Spirit of Drumming with Laurie, LyAnn & Jim

September 11 at 11:30 in the Sanctuary.

We are going to follow the Soul Matters themes for each session. September is Belonging. How do Rhythms belong together? How do you belong to the Rhythm Path? Plan to attend and bring someone else you think could find a place to belong in our circle. Our goal this year is to grow our circle and



introduce new rhythms and ways of being in rhythm each month.

Bring your own drum, or we have plenty of drums to share and lots of rhythm toys as well. We will start at 11:30 with set-up and some basic drumming instructions. By noon we will plan to be into active drumming with both instruction and open jamming. We will let the Spirit of Drumming guide us to where we Belong on the Rhythm Path. We hope you will join us!

Join us on Facebook too! We have some basic instruction videos posted and plan to have more!

In Rhythm,

Laurie Cartier, LyAnn Grogan and Jim Shimko, Facilitators

# SPIRITUAL EXPLORATION EXPERIENCE

Hello and Howdy-do to our Spiritual Explorers!!

We hope that you have all enjoyed many fun adventures this Summer and we are looking forward to welcoming our community back to our beautiful new spaces in our SE Wing at UUSB.

We are in the process of ironing out a few final details and wrapping up a couple projects and are excited to see you all for Water Communion on September 11th and our first day of classes on September 18th.

We are planning on having four groupings (details below) this year. We are somewhat flexible on which class you'd like to have your young person attend. If you feel your kiddo might do better in the slightly older or slightly younger group, please feel free to reach out to me or share that info on your registration form.

Karen C'hilds

Director of Spiritual Exploration



## 2022-23 Class Groupings

- Our youngest age group, including our Pre-K and Kindergarten kiddos, will be focusing on diversity and inclusion using our expanded Rainbow Connection curriculum. We are blessed to have such a large collection of anti-racist stories for our young ones.
- Our Youngers, to include our First through Fourth Graders, will be participating in our Soul Matters curriculum which will offer stories, crafts, and activities that follow along with a Whole Church monthly theme.
- Our Middle School youth, to include our Fifth and Sixth Graders, will be enjoying Super Hero Academy, a curriculum that explores the lives of nine superheroes in this Anti-Racism, Anti-Oppression, Multicultural (ARAOMC) program.
- Our Seventh thru Twelfth graders will be digging deep into world religions with the all new Crossing Paths curriculum. They will spend some time learning about a vast swath of faiths and have the opportunity to visit many houses of worship.



Karen Childs UUSB Director of Spiritual Exploration (207) 949-0733 uubangorRE@gmail.com

## Spiritual Exploration Experience

MULAN

a.c.

September 11th - Water Communion September 18th - 1st day SE classes September 25th - No Classes October 2nd - Apple Chapel October 9th - No Classes October 16th - SEE Classes October 23rd - SEE Classes October 30th - SEE Classes

JPCOMING DATES

## WORSHIP WEAVINGS

**BY LAURIE CARTIER** 

First, we want to thank everyone who has made comments to one or more of us about how much you appreciate the hard work Worship has been doing over the past many months. We strive to bring you the best possible services and it helps to know that you are finding them spiritually uplifting and enjoyable.

We are pleased to let you know that as of this writing at least one new AVS Tech has been hired. Having to cover the AVS position as well as all the other tasks involved with worship has been daunting, we are glad to let go of this one! We'll be introducing our new AVS Techs at upcoming services.

The 2022-23 church calendar has begun and we did our best to bring you great services over the summer. That being said, we needed a break and the new Sound Board needed to be installed for the AVS System, so we decided to close the church for August 14 and 21. It was a hard decision to make, but was a good opportunity for the Worship Committee to have a chance to rejuvenate! Now we'll be back with a renewed spirit and dedication to providing exceptional services!

On Labor Day, Val Carter will be our speaker. Val taught Labor Studies at UMaine and is a fountain of information! We look forward to her talk. Then Rev Drew will return for Water Communion on September 11. Be sure to remember to bring water (virtual or true) from your summer travels to share as we come back to the community. The rest of September will be services led by Rev Drew. It will be so great to have him back after the summer break!

Worship is always in need of additional members to lighten the load. We have a nice list of readers now and hope to be using them in upcoming services. We hope you will enjoy seeing new faces and hearing new voices! The Logistics Coordinator position is so important. As stage manager for the service, there is a list of things that need to be done before the service and after to make sure everything looks as good as possible and runs smoothly. If you have interest in learning more about how you can help with this important position, email Laurie Cartier at amalauriec@gmail.com. We Need You!

As we have done for the past few years, we are using the Soul Matters themed services. We look forward to working with these themes to bring you services that connect with all other congregations using the same themes. This year the themes are:

September: Belonging October: Courage November: Change December: Wonder January: Finding Our Center February: Love March: Vulnerability April: Resistance May: Creativity June: Delight

Seeing the themes might spark an idea you want to share, so if you have ideas for speakers or services that you'd like to see us present, or if you would like to do a service for us, please let us know!

In Spirit, Your dedicated Worship Committee Laurie Cartier, Chair

> We installed the new soundboard this Summer to complete our AVS upgrade. The new board is much smaller and seems to be making running the services much easier every Sunday! Photo submitted by Ben Speed.



# SOCIAL JUSTICE COMMITTEE

### Social Justice Committee Summer Update & Getting Ready for Fall

Another year and we are still in Pandemic mode most of the time. But, masks on, 10 of us met on August 14th around the Kellys' dining room table and looked ahead to what we wanted to put our energy into this fall. First, we talked about how helpless, frustrated, and sometimes scared we can be with the current condition of America and the world on all fronts. Then, we looked at the ways available to us to make a difference and take actions that support our 7 UU principles. GETTING OUT THE VOTE!! was our collective response and we set about looking at how this could happen both for our committee and the UUSB congregation. Here are some energizing, upcoming actions we UUs can participate in:

- Maine Unitarian-Universalist State Advocacy Network (MUUSAN): MUUSAN is part of the nationwide UUtheVOTE initiative to increase voter participation by addressing barriers to voting and providing tools that help voters make informed choices. MUUSAN is partnering with the League of Women Voters of Maine (LWVMe) to hold candidate forums, go "Neighbor to Neighbor" in low propensity voter areas (parts of Bangor are some of their target communities) to register voters and explain the voting process, including absentee ballots. Your Congregational Voting Liaison (CVL) is Suzanne Kelly. Check out the e-news each week for UUtheVOTE actions you can take to educate yourself and help make voting easier for people in our community. Also, check out the MUUSAN website: www.MUUSAN.org. It's loaded with information about both local and national MUUSAN efforts. Save the date: Saturday, September 10th, 10AM-12:30PM MUUSAN Networking meeting (zoom) that will focus on UUtheVote. News about an exciting guest speaker or two coming up
- Faith Linking in Action: (Formerly under the umbrella of Food AND Medicine, now an independent non-profit interfaith organization that works with other local groups (e.g., Food AND Medicine, Greater Bangor Area Housing Organization, and Dignity First) to help those in our community who are struggling to get by.) Check out their new website: www.faithlinkinginaction.org) Along this same Get Out the Vote theme Save the date: Sunday, September 18th, 1:30–3:00PM, Advocacy in Action! The convening will focus on ways to advocate for legislation that help to address the root causes of poverty.

I'll close with the inspiring opening prayer Valerie Carter shared with us:

### Your Broken Heart

by Rev. Angela Herrerah

Don't leave your broken heart at the door; Bring it to the altar of life.

Don't leave your anger behind; it has high standards and the world needs vision.

Bring them with you, and your joy, and your passion.

Bring your loving, and your courage and your conviction.

Bring your need for healing, and your powers to heal.

There is work to do and you have all that you need to do it right here in this room.

You're welcome to join our meetings on the 3rd Sunday of each month following the service at 11:30AM. We will be meeting via Zoom until further notice. Contact Chair, Suzanne Kelly (suziekrm@gmail.com).

# SOCIAL JUSTICE IN THE COMMUNITY

### Faith Linking in Action Fall Convening

Join FLIA for our Fall Convening on **September 18 at 1:30 PM on Zoom**. Topics will include: how one person's voice can make a difference; ways to help address the root causes of poverty through legislation; and ways to advocate for faith-based legislative action. Two guest speakers will present at the convening: Anna Kellar, executive director of the League of Women Voters of Maine, and Mary Ann Perry, faith-based advocate. To attend the FLIA Fall Convening, you must register ahead of time to receive the Zoom login information. The pre-registration can be completed at <a href="https://tinyurl.com/FLIACon2022SignUp">https://tinyurl.com/FLIACon2022SignUp</a>.

### Faith Linking in Action Free Food Bangor Calendars

Do you know someone who needs to find a free meal or food pantry? One of the goals of Faith Linking in Action has been to provide up-to-date information about these much needed resources. You can find a list of these services in the Bangor area on Faith Linking in Action's web page: <u>www.faithlinkinginaction.org</u>.

# BUILDING NEEDS ASSESSMENT TASK FORCE

The Building Needs Assessment Task Force, at the request of the Council, was formed to review the structural building needs associated with UUSB. The task involved categorizing and prioritizing all the information gathered to create a clear recommendation for the UUSB Council to act upon this summer of 2022. We recognize that some of the projects will need to be divided into smaller segments and done over several years. Where possible, we looked at the estimated cost/budget/time frame/other considerations for each of the projects.

Immediate Recommendations to the Council, based on the understanding there will be approximately \$39,000 in the Capital Fund beginning July 1, 2022 were:

- 1. Brick pointing was authorized and has been completed on the west wall of the Sanctuary section of the building for approximately \$9,000.
- 2. Painting costs were authorized for up to \$12,000 to paint and repair the Dorothy Memorial façade and as many additional areas as this will allow. This does NOT include the repair of the door—that is a separate item in itself. This work has not yet begun.
- 3. SEE Director office flooring was totally replaced including sleepers, subfloor and finished flooring. The walls were also painted with a mold resistant paint. The cost was approximately \$1,800.
- 4.\*\*The Task Force agreed that the existing Capital Fund not be spent down completely, so that money would be available if an emergency arises during the year.

\*\*There was discussion around a future Capital Campaign to raise money for several of the building needs outlined in the attached task force minutes. The task force was clear any consideration/decision to move forward with such an endeavor needs to be undertaken by the Council.

Members of the Building Assessment Task Force: Bob Kelly, Rissa Moore, Patti Woolley, Joe Zydlewski, Rosemary Parsons, Kate Dutra (scribe) This is the first of a monthly column from the Building and Grounds Committee. We are tasked with overseeing repairs and maintenance on the building as well as the grounds.

Sacred Spaces

It is my opinion that all spaces in our building are just as sacred as the Sanctuary where we hold our Sunday services. Each month I will keep you updated on a particular area of the building.

This month I would like to focus on the Narthex. It is a generally unused space because we no longer enter the building through the large double doors facing City Hall. When the church was built, City Hall was not there; instead there was a beautiful park and green space.

This past winter we had a flood in the Narthex due to some heat pipes.

This gave us a perfect opportunity to remove all debris and extraneous stuff. We cleaned the space and polished the floors. It is now a lovely space to sit and reflect in peace.







The two landings going up the stairs are beautiful as well and are currently storing objects. One is storing all of our sacred drums. The other is storing numbers of books that any congregant or friend is welcome to borrow for as long as they like.

The "custodian closet" in the Narthex currently houses a number of tools and materials. Anyone working on a UUSB project is welcome to use both the tools and the materials. Just let a member of Building and Grounds know so that we can unlock the toolbox area for you. This closet was recently organized.

It is my hope that as members of the UUSB community are given an opportunity to tend our sacred spaces, you will feel a sense of spirituality that emanates from the experience. I would like members and friends to truly think and feel about UUSB as they do for their home.

The Building and Grounds Committee is always looking for new members to help maintain this large and beautiful space.

Submitted by Wendy Erickson August 23, 2022





### The Great Pumpkin Yard Sale is coming October 15!

We need donated items in good working order, but please **no** clothes, text books, downhill skis, large furniture pieces, or electronics.

This year, we are making it easier than ever to drop off items through the lower door entrance. There will be a drop off window most days for the week leading up to the yard sale.

<u>Drop Off Windows</u> Saturday 10/8 - 9:00-2:00 Sunday 10/9 - 11:00-3:00 Monday 10/10 - 1:30-5:00 Tuesday 10/11 - 2:30-6:00 Wednesday 10/12 - 2:30-6:00 Thursday 10/13 - 2:30-7:00

Set up for the yard sale will be on **Friday, October 14**. Please do **not** drop off items during set up. Set up will be 3:30–7:00 PM; if you are available to help, please let Kate or Sue know.

The Great Pumpkin Yard Sale will be **Saturday, October 15, 8:00 AM to 2:00 PM**. Volunteers will be needed to help throughout the yard sale and with clean up after. Again, if you are available, please let Kate or Sue know.

Some always-popular items include: toys, kitchen items, tools, books, small furniture pieces, sports equipment, records, and CDs.

If you are unsure about whether or not to donate an item, ask Kate or Sue before bringing it to the church.

If you are interested in helping with setup, selling, or clean up, please contact Kate Dutra at kate.dutra70@gmail.com or (207) 299-5044 or Sue McKay at swm4631@gmail.com or (207) 478-4631. Ringing Bellsand Feeding Souls Second Sundays at 11:30 AM Open Air Chimes Concert & Food Collection

On Sunday, September 11, UUSB will, hopefully, once again host our Second Sunday Food Drive & Open Air Concert, the church's monthly community food collection, from 11:30-12:00.

There will be drop off bins on the Park Street sidewalk in front of the church for those wishing to donate.

There is also a new option to donate inside, before or after the service. The bins will be placed in the Dorothy for your items, before moving outside for the drive-thru and curbside donations.

We invite everyone to step outside and take a listen. You are welcome to enjoy from the church lawn, surrounding areas, or your car.

The food collected is given to the Ecumenical Food Pantry in Bangor. They can also take monetary donations, which buys up to six pounds of food for every dollar given. Make checks out to Bangor Ecumenical Food Cupboard (Bangor EFC), and we'll keep feeding souls.



Photo by Ben Speed

# COMMUNITY BEAN SUPPER

UUSB AT 4:00 PM

Throughout the pandemic, our volunteers have continued to put on the monthly community bean suppers as to-go meals. This has made it possible for at-risk volunteers and community members to pick up their food and avoid as much potential exposure as possible. We are thankful to all the amazing volunteers who have done all this work, despite the stress and changes over the last two years!

As the surges of COVID-19 cases continue, we will continue to offer our monthly Community Bean Suppers as to-go meals. You can pick up your bean supper and bag lunch at the Dorothy doors from 4:00 to 5:00 PM on Saturday, September 24.

If you have any large paper grocery bags, like from Hannaford2Go, the Bean Supper crew are looking for additional bags to use to send meals home with those who attend each month.



Photo by P.O.sitive Negative via Unsplash



# SHARE THE PLATE





In September, half of the undesignated funds in the plate will go to the WIC program through Bangor Public Health. WIC is a public health and nutrition program for families. They help families learn about healthy food, provide financial assistance in purchasing food, including at local farmers' markets, as well as supporting other needs to help families thrive.

In July, we gave \$211 to the Mabel Wadsworth Center. Their mission is to provide health care using a feminist model focused on sexual and reproductive health through education, advocacy, and clinical services. For more information you can visit their website or call (207) 947-5337.





In August, half of the undesignated funds in the plate went to the UUSB Food Security Programs. This includes the Bean Suppers that we host on the fourth, and fifth, Saturdays each month; our donation to the Soup Kitchen at the Salvation Army, in lieu of making lunches during the pandemic; and our Bag Lunch program, to give lunches for those attending our Bean Suppers.

You can give to the collection plate through the UUSB website and Vanco or by mailing a check to the church office.





Convenient to carry! Every card purchase helps UUSB!!

Cards are available in increments of \$25, \$50, \$100, \$200, or \$300. Just email or call to set up pick-up or delivery. Cash, or checks made out to UUSB are accepted. Buy cards for your own grocery shopping, or buy cards for gifts, or even donate a card to a local food bank.

To purchase your Hannaford card and support UUSB, please purchase after the Sunday service or contact Rosemary.

- Kate Dutra: Sundays in the Dorothy Memorial Hall after the Sunday Service
- Rosemary Parsons: 327-1045, roxemary@gmail.com

Automatic purchases are now available without needing to pickup a new card every time. If you are interested in setting up an automatic grocery card purchase, please contact Rosemary. You can schedule to get your card every other week or get an emailed QR code to scan on your phone in store.

# UPCOMING EVENTS The Who, What, Where, & When

### HOSTED BY UUSB REGULARLY

Sundays @10:00 AM

### **Worship Service**

Join us weekly in person or on Zoom. Find the guidelines for in-person meetings and the link, meeting ID, and password in the weekly e-news.

### Tuesdays @5:45 PM

### **Mindfulness Meditation Group**

Join Rev. Drew for our regular Mindfulness (Vipassana) Meditation Group on Zoom. Open to all! **Meetings will resume on September 13.** 

### Tuesdays @7:00 PM

### **Chalice-Side Chat**

Join us on Zoom to check in and find support. Find the link, meeting ID, and password in the weekly e-news.

### HOSTED BY OTHER UU GROUPS WEEKLY

### Sundays @8:00 PM

### Church of the Larger Fellowship (CLF) Online Worship

Join CLF for a weekly worship service on Zoom. CLF is the largest UU congregation, exclusively meeting online. Check the enews for the registration link weekly.

### Thursdays @11:00 AM

### The VUU by CLF

A live Unitarian Universalist talk show discussing today's topics from an anti-racist, anti-oppressive, and multicultural perspective. Visit their Youtube page or check the weekly e-news for the newest link.

### SPECIAL MEETINGS & SERVICES

Sunday, September 11 @10:00 AM Water Communion

Join UUSB for our annual Water Communion service. You can drop off your water sample on Saturday or during the service on Sunday.

### Sunday, September 11 @11:30 AM

### **Ringing Bells & Feeding Souls**

Join us for an open-air concert with UUSB's historic bells and our monthly food collection for the Ecumenical Food Cupboard. You can drop off your donation before or after the service in the Dorothy or on the sidewalk during the Chimes concert.

### Saturday, June 25 @4:00 PM

### Bean Supper Served

The Bean Supper will be served in the Dorothy Memorial Hall. There will be options for dine-in and to-go meals. Please wear a mask and be prepared to follow social distancing guidelines.

### Sunday, September 25 @11:15 AM

**Conversations with the Minister** Join Rev. Drew and the Membership-Fellowship Committee for a casual conversation on UUSB, UUism, and anything else you may want to ask. This satisfies a membership requirement.

## **2022** S E P T E M B E R

### UUSB CALENDAR

SUN	MON	TUE	WED	THU	FRI	SAT
				1	2	3
<b>4</b> 10:00 AM Service	5	<b>6</b> 9:45 AM Staff Meeting 7:00 PM Chalice-Side Chat	7	8	9 11:30 AM Budget & Finance	10
11 10:00 AM Service 11:30 AM Food Coll. & Chimes 12:00 PM Spirit of Drumming	12	13 12:00 PM Office Closes 5:45 PM Meditation 7:00 PM Chalice-Side Chat	14 Committee Reports Due	15 6:30 PM Executive Committee 7:45 PM Comm. Committee	16	17
<b>18</b> 10:00 AM Service 10:00 AM SEE Classes 11:30 AM Social Justice	19	20 5:45 PM Meditation 7:00 PM Chalice-Side Chat	21 Chimes Deadline 11:30 AM Guild 2:30 PM Pastoral Care 6:30 PM Council	22	23 12:00 PM SEE Parks Pond	24 10:00 AM Bag Lunch Prep 3:00 PM Supper Prep 4:00 PM Bean Supper
25 10:00 AM Service 11:30 AM Conv. w/the Minister	26	27 5:45 PM Meditation 7:00 PM Chalice-Side Chat	<b>28</b> 5:30 PM Worship Committee	29	30	

# REMINDERS

ABOUT US Unitarian Universalist Society of Bangor Our Mission Statement

The Unitarian Universalist Society of Bangor is an historically liberal religious community, celebrating diversity and supporting spiritual growth and social responsibility in each child and adult.

### A Welcoming Congregation

We welcome individuals and families of all religious upbringings, racial and ethnic backgrounds and sexual orientations. We, a member of the Unitarian Universalist Association, covenant to affirm and promote the inherent worth and dignity of every person.

### A Green Sanctuary

The UU Society of Bangor, recognized as a Green Sanctuary by the Unitarian Universalist Association, endeavors to incorporate care for the Earth into its worship and religious education while working to promote environmental justice and sustainable living. We covenant to affirm and promote respect for the interdependent web of all existence, of which we are a part.



Do you have a **CLYNK** Bag?? Be sure to have one handy, so you can easily be collecting bottles and cans to help raise money for our UU Youths' Social Justice Service Trip. The bags are in the Dorothy Memorial Room. Please contact Laura Santilli for details. Thank you for your support!!!

**UUSB is always in need of volunteers** – for fundraisers, childcare, teaching, and to fill positions on our active committees. The great perks of volunteering are not just the satisfaction of contribution, but the sense of community we all feel when we accomplish important tasks with others. Since we don't always know who is able to take part, please contact a council or committee member if you are open to volunteering in any large or small way.

The **UUSB Worship Committee** is looking for more member participation in our worship services and is extending an INVITATION to one and all of you to consider if you might be interested in joining our services as READERS.

### **Collection Plate & Pledge Reminders**

One way you can help continue our outreach efforts is to keep up with your financial pledge. Without our weekly passing of the collection plate, we still need to make sure that we can pay our bills. Keeping up with your pledge allows our staff and leadership to focus on providing services to members, friends, and guests. There are three options to make is easy to keep up with your pledge:

- 1. Mail a check to the church office at 120 Park St, Bangor, ME 04401
- 2.Contact Rosemary Parsons, our treasurer, to set up a direct withdrawal from your paycheck or bank account
- 3. Donate online through Vanco. This option will be available on our website, as well as shared in our weekly e-news



Thank you for your continued support as we all work to provide for our community.

## ABOUT THE CHALICE & CHIMES

### **Church Council:**

Valerie Carter, Chair Deb Chapman, Vice Chair Jessica Glant, Clerk Rosemary Parsons, Treasurer Karen Cashman Francis Grey Tracy Haskell Ali Khavari Kerrie O'Brien Franny Wilson-Charuk

Council meets at 6:30 PM on the third Wednesday of each month.

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### **UUSB Staff Contact:**

Rev. Andrew Moeller, Minister (207) 922-2956 Christine Sprague, Office Admin. (207) 947-7009 Karen Childs, Director of SE (207) 949-0733 Molly J. Webster, Music Director (207) 947-7009 Atticus Foster, AVS Tech

Due to delays caused by working remotely during the COVID-19, please be patient with responses. We will get back to you as quickly as possible.

### About Our Newsletter

The *Chalice and Chimes* is published ten times a year (Sept-June). An email reminder is sent out to all member and friends on the church's database mailing list when the newsletter has been posted to the church website, where it may be viewed or down-loaded. It is also available in paper format on the table by the sanctuary entrance and by US mail (request from the Church Office).

### **Editorial Policy**

Articles submitted for publication in the *Chalice & Chimes* must strive to include, in an unbiased way, only that information that is consistent with the UU faith. Articles should deal with issues of a spiritual nature meant to inspire, encourage, educate, or inform. Although every effort will be made to be inclusive, the Editor reserves the right to determine which articles are accepted for publication. The Editor has the right to edit for space, availability, libelous remarks, or unwarranted personal attacks. The Editor also reserves the right to refuse any item that may affect our Tax Exempt Status.



### Newsletter Submissions Next Newsletter Deadline: September 21, 2022

The next issue will be October 2022. We value your contributions and very much appreciate submissions. When sending email contributions to The *Chalice & Chimes*: uubangor@gmail.com

### **Issue:** October November December January February March April May June

Deadline: September 21 October 21 November 22 December 22 January 20 February 21 March 23 April 21 May 23

### Publication Goal Date:

September 29 October 28 November 29 December 29 January 27 February 24 March 30 April 28 May 30