

# CHALICE & CHIMES

THE MONTHLY NEWSLETTER OF UUSB

MARCH 2022

## THIS MONTH IN WORSHIP

**We are continuing our multiplatform services.** Please be mindful that the worship experience will be very different for both the people in the sanctuary and online. It is extremely important that people read the E-news updates about the in-person component of this new format. Please see page 4 for full in-person guidelines.

Our theme this month is **Renewing Faith**.

March 6 - *Riding the Waves of Change* - This Sunday we will kick-off our annual financial stewardship campaign with fun stories, songs, humor and dialogue, as we reflect on the financial aspects of supporting and renewing our faith community for the year to come. This service will be led by Rev. Drew Moeller, Amy Starkey-Lam, and the Financial Stewardship Committee, with Phyllis Havens as our worship associate, Sue McKay as our logistics coordinator, Ben Goff as our Zoom tech, and music provided by Molly J. Webster and Jacob LaMontagne.  
Meeting ID: 930 1864 4271 Passcode: 892437 [Zoom Link](#)

March 13 - *O Life that Maketh All Things New* - Our faith and individual and as community often moves and fluctuates depending on the season's of our souls. Given the ever-changing nature of faith our service today will explore ways we can renew our faith in changing times. This service will be led by Rev. Drew Moeller, with Sue McKay as our worship associate, Tim and Judy Martin as logistics coordinators, Ben Goff as our Zoom tech, and music provided by Linda Koehler and Rissa Moore.  
Meeting ID: 950 6128 5397 Passcode: 197167 [Zoom Link](#)

March 20 - *UUs & the Suffragettes* - UUSB's own Marie Tessier will speak about the way her commitment to UU's principles led her on a decade long journey to understand the role of women's voices in the 21st century. One hundred years after white women earned the right to vote, women's voices online and in public meetings are still marginalized, even when women have seats at the table. Her book *Digital Suffragists: Women the Web and the Future of Democracy* was published by MIT Press last year. This service will be led by Marie Tessier, with Laurie Cartier as our worship associate, Ben Goff as our Zoom tech, Tim and Judy Martin as our tech coordinators, and music provided by Molly J. Webster.  
Meeting ID: 927 8213 4387 Passcode: 483369 [Zoom Link](#)

Worship Descriptions Continued on Page 2.

## UNITARIAN UNIVERSALIST SOCIETY OF BANGOR

120 PARK ST  
BANGOR, ME 04401

SUNDAYS AT 10:00 AM  
(207) 947-7009

[WWW.UUBANGOR.ORG](http://WWW.UUBANGOR.ORG)

[UUBANGOR@GMAIL.COM](mailto:UUBANGOR@GMAIL.COM)

## HIGHLIGHTS:

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- 15 - MARCH CALENDAR

# THIS MONTH IN WORSHIP (CONT.)

March 27 - 2nd Annual International Maple Syrup Communion - This Sunday, we join our neighbors from across the border, the UU Church in Halifax, NS Canada, for a joint Maple Syrup Communion Service. **If you are planning on joining online please plan on picking up your sample of Canadian Maple Syrup and Timbit (donut) from UUSB on Saturday, March 26 between 11:30AM and 12:30 PM.** If you need a delivery in Bangor contact Laurie Cartier or prepare your own maple syrup and bread of choice for your communion treat that is part of this ritual. In person attendees will receive a their syrup and Timbit on the morning of the service. This service will be led by Rev. Drew Moeller and Rev. Norman Horofker, with Phyllis Havens as our worship associate, Sue McKay and the Worship Committee as our logistics coordinators. Meeting ID: 959 4450 8698 Passcode: 048290 [Zoom Link](#)



## Welcome Back!

Members and friends returned to the sanctuary for our first multiplatform service on February 20, 2022  
Photo submitted by Cathy Elliott

April's worship theme is  
**"Awakening."**

## Suggestions Wanted!

Do you have a poem, reading, piece of music, story, or personal experience that relates to a monthly theme?

If yes, we'd love to hear about it! Share your suggestion with Rev. Drew, Molly, or Laurie. We'll try to include your suggestions in an upcoming worship service.

Your suggestions make our worship experience even richer!

## Upcoming Worship Themes

May: Nurturing Beauty

June: Celebrating Blessings

## Minister's Schedule - March 2022

Rev. Drew along with other UUSB staff will be working from home, until social distancing measures are withdrawn. He is reachable during the office hours listed below either online or via phone.

Mon - Minister's Sabbath Day (day off)

Tues, Wed, Fri - 10 to 1 PM - Office hours (ONLINE or by PHONE)  
2 to 4 PM - by Appt.

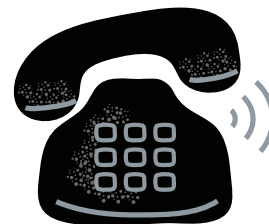
Thurs - Sermon Writing / Worship Planning Day  
(not taking calls or answering emails)

Saturdays - By appointment (ONLINE or by PHONE)

Sundays - (afternoon / evenings by appointment) (ONLINE or by PHONE)

Note: **March 19-20** - Rev. Drew will be taking his monthly weekend off this weekend and will not be attending to email, text messages, or phone calls.

You can reach Rev. Drew directly at his local UUSB phone number **(207)922-2956** or at his personal cell phone number **(860)655-5890**



BY REV. ANDREW MOELLER

Dear Ones,

March is the month that marks the official transition of Winter to Spring in the Northern Hemisphere. In Maine, the evidence of that transition isn't always visible until late April or early May, as Mother Nature often covers the proof with the occasional blanket of snow.

Even beneath the snow, things are changing. The ground thaws. The snow and ice melt. The sap within the trees starts pumping new life to the branches. March marks this time of renewal full of the embryonic and gestational changes that lead to new life. But, early Spring can also be a challenging time of year, as nature teases us with the occasional warm day followed by a week of cold, wintery weather.

For me, this time of year is an excellent match for our theme of "Renewing Faith." The analogy is fitting because often entering into a new phase of life or renewing an old one requires a great deal of patience. The promise of new rewards teases us, while we struggle to let go or be patient enough to allow those transitions to happen in their own time, on their own terms.

This has been especially hard throughout this second year of COVID when we've all been back and forth between vaccinations and masks and mandates.

As the wave of Omicron subsides and warmer weather allows us to be out and about, we long to meet more in person. As winter lingers, we can taste the warmth and renewal of Spring, so much so that we yearn for it with all our heart and soul even though we still have to wait. Spring and Summer will come, but they are not here yet.

Here we are in this liminal space of waiting, waiting, and WAITING!

In my developing Insight meditation practice, one of the things we learn to be aware of is our solid and ever-present desires that are future-oriented. "I want the Spring NOW!" or "I believe in

impermanence and change will happen - I just wish it would happen sooner!" To me, the work of renewing faith should not be so solidly attached to the future that we miss out on the signs of transformation happening around us right now.

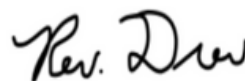
Renewal is about being present to what is; thoughtful about those tiny changes happening all around us; and aware of what is needed to nurture the things growing within and around us.

This awareness provides a helpful perspective, especially at this time in our congregational life as we commit to our annual financial stewardship campaign and seek nominations for congregation leadership positions for next year. In these moments, we can be present to renew our faith by committing to our future, by being present to the energy that is here now! We don't know exactly how things will turn out in the future, but we can inform our future by being mindful of what is alive within our hearts, in the present.

If being part of this congregation means something to you now. If this congregation has helped you grow and renew your hope during turbulent times, I encourage you to be present to that now. One of the ways you can do that is by renewing your commitment to your faith by pledging your financial support and volunteering as leadership to our beloved community now for the benefit of your and our collective futures. We know that renewing our commitments to each other through our financial pledges and leadership resources for next year will provide the fertile soil that will allow our faith and Spirit to thrive into the future.

I look forward to seeing you there!

Love & Namasté,



Rev. Drew



## **Reminder: Full vaccination is required to enter the building for services & events.**

As a reminder, it is the decision of the Council that people who enter the building for in-person services and SEE activities must be fully vaccinated. UUSB follows the State of Maine guidelines for vaccination for those age 5 and over. This means 2 doses of either Pfizer or Moderna or one dose of the J&J vaccine. If you wish to enter, you must have proof of vaccination. You can either bring your vaccination card or submit this information in advance to Christine in the office at uubangor@gmail.com. If you have a medical exemption and cannot receive vaccinations, you must present proof of a negative COVID-19 test within 72 hours from the time you plan to attend a service. Please reach out to the office with any questions.

## **Burst Pipes & Building Maintenance**

Earlier this month, burst pipes in the church building were discovered by a congregation member. The issue was the result of a circulator pump failure. We are thankful to those within our congregation who took quick action to help resolve this urgent issue. Moving forward, a task force will begin the process of identifying future building projects and repairs. A walk-through of the church building will occur on March 17 to start prioritizing potential issues and maintenance.

## **Planning for Rev. Drew's Sabbatical**

Rev. Drew has a sabbatical planned for February 2023 through July 2023. The Council has begun to discuss how to best plan for coverage during his time away and to begin developing a list of priorities to help keep the multitude of things Drew manages moving along. We will plan to keep the congregation informed as plans develop.

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## **IN-PERSON SERVICE GUIDELINES**

Please be mindful that the worship experience will be very different for both the people in the sanctuary and online. It is extremely important that people read the E-news updates about the in-person component of this new format.

### **People wanting to participate should expect the following changes to Sunday morning:**

- **Proof of vaccination** will be checked and required (including booster if eligible). You can help by sending a copy of your vaccination card to Christine in the office. She will maintain a list of people pre-checked to aid greeters who will be checking for proof of vaccinations.
  - If you are not vaccinated, you can also provide proof of a negative COVID-19 test, which includes a negative PCR test or rapid antigen which must be administered within 72 hours of the start of the performance or event. The test results must clearly show the date and time of the test. This test may be performed by a medical professional or by using an over-the-counter testing kit. A time-stamped photo of an at-home test result is acceptable. NOTE: Children under the age of five will not be required to provide proof of a negative COVID-19 test or a valid COVID-19 vaccination.
- **Wearing a mask the entire time will be required.** Bring your own - we will have some medical procedural masks on hand, though we highly recommend N95 or KN95 masks.
- **An usher may assign you a seat** (this allows our ushers to efficiently use our sanctuary space for maximum seating).
- **There will be no singing or live music in the sanctuary.** Music and hymns will be played and displayed on a new video screen. Singing in the sanctuary remains highly risky and would entail greater distancing.
- **We may ask people to pre-register for worship services.** Our best estimate is that we have room for about 62 people in the sanctuary while maintaining social distance. Once we fill those seats, we can't allow anyone else to enter.
- **Please do not come to UUSB for worship if you have ANY COVID symptoms.**

Greeters  
Needed!!

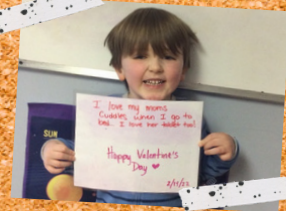
Staff Working  
from Home

Call  
or  
Email  
~  
all calls go to  
voicemail

submit  
vaxx cards  
or bring to  
service

Photos to Feature  
on Website or in  
C+C ALWAYS  
WELCOME

live auction  
coming in  
May!



**Minister:**

Rev. Andrew Moeller  
drewuu2@gmail.com

**Minister Emerita:**

Rev. Becky Gunn

**Music Director:**

Molly J. Webster  
uusbmusic@gmail.com

**Director of SE:**

Karen Childs  
uubangorre@gmail.com

**Office Administrator:**

Christine Sprague  
uubangor@gmail.com

**Tech Coordinator:**

Ben Goff

**Council Chair:**

Kerrie O'Brien  
kerriekat48@yahoo.com

**Council Vice Chair:**

Valerie Carter  
vcgardener@gmail.com

**Council Clerk:**

Kate Dutra  
kate.dutra70@gmail.com

**Council Treasurer:**

Rosemary Parsons  
roxemary@gmail.com

**Staff Working from Home; General Update**

Staff are still working from home, in general. Please contact staff members and schedule a time to meet, if you need to meet in person. Once vaccines are approved for children under 5, I will plan to resume my regular office hours, in-person. I appreciate your patience and understanding, the respect that has been shown for the health of staff and their families has made me eternally grateful and happy to work here at UUSB.

**"Office" hours with contact by voicemail or email from 10-2, Tues-Fri**

If there is some delay, please be patient with the complexities of working from home. I check for incoming messages from 10-2 Tuesday-Friday. I am unable to receive direct calls to the office, so please expect a delay in responses. The fastest method is email and I will pass along the info or reply by email or phone, as you request. When leaving a voicemail, please provide all necessary info.

**Apologies for Delayed March Issue**

February ended on a Monday and the deadline was the Friday before, which meant I only had one day to produce this issue of the *Chalice & Chimes*, before it was "late." I am working on finding ways to prevent future delays, whether they are caused by calendar issues, sudden illness, or vacations.

**UPCOMING DEADLINES**

CHALICE & CHIMES (MAR. ED.)  
SUNDAY 3/20 - SOFT DEADLINE  
FRIDAY 3/25 - HARD DEADLINE

E-NEWS (WEEKLY)  
THURSDAYS AT 10:00AM

COMMITTEE NOTES FOR COUNCIL  
WEDNESDAY, MARCH 9

**"OFFICE" HOURS**

BY VOICEMAIL OR EMAIL  
TUESDAY-FRIDAY, 10-2  
OTHER TIMES AVAILABLE BY  
APPOINTMENT.

# TREASURER'S REPORT

BY ROSEMARY PARSONS

TREASURER'S REPORT FOR MONTH OF JANUARY. This report covers 58% of the year.

Total income for the month of January was \$13,269. YTD income is \$157,990, 68.6% of the year's budget In January 2021 income was \$41,732. Last year's YTD income was \$161,506, 70% of the year's budget.

Expenses were \$22,144. creating a loss of **(\$8,875)** for the month. YTD expenses are \$157,990, 58% of the budget. In January 2021 expenses were \$19.955 and last year's YTD expenses were \$127,891, 55.5% of the budget.

January income included pledge of \$9,232. Plate donations were \$210. Half of that amount goes to the Bangor Area Recovery Network (BARN.) Endowments were \$2,235, Rental income was \$765. General Fund was \$287.

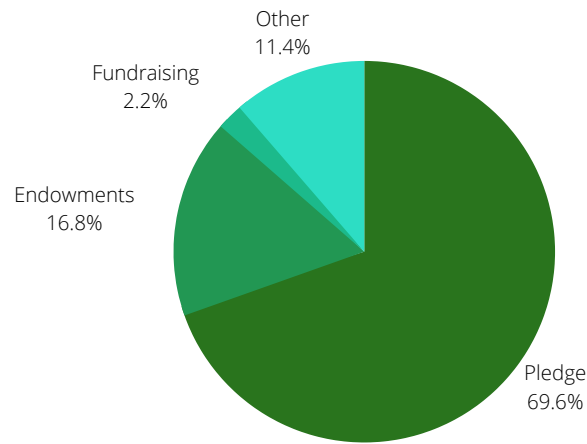
VANCO: In January: 13 people used the Vanco link to make payments totaling \$1,593.78 gross in all categories with a net of \$1,556. Fees were \$18.51 and the offset paid was \$27.78. Additional charges invoiced were \$26.05. Donations were: General Fund for \$137, Pledges for \$1,332, Share the Plate for \$80, and Minister's Discretionary \$7.

Expenses for the month break down as Personnel \$12,327 (67% of total costs), Building \$5,545 (25%), Fair Share to the UUA \$845 (4%) , Administrative \$479 (2%) and Congregational expenses for \$513 (2%) Total expenses for 7 months was 55.5% of the year's budget.

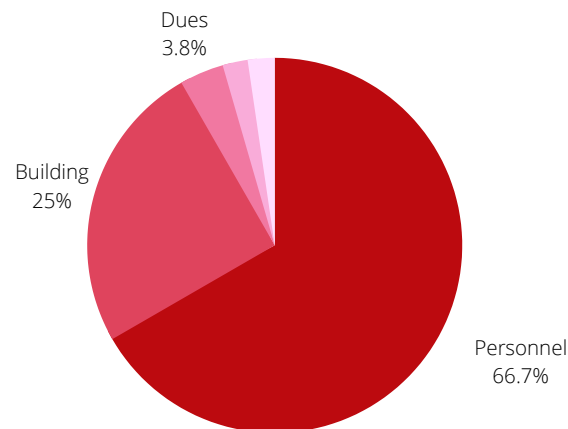
Thank you all for your continued pledge support for UUSB.

In Service,  
Rosemary Parsons

## January Income



## January Expense



# ANNUAL SPRING AUCTION

MAY 7, 2022 | SATURDAY | 7-9 PM

Wondering what to get the favorite Mom in your life for Mother's Day?

How about a night at the UUSB Auction from anywhere you may be!

Lots of items would make the perfect gift and think of all the fun of a live auction!

Items include: tours, workshops, great works of art, meals and more!

Mark your calendars for Saturday, May 7, 7:00 p.m. on Zoom.

## Looking for Friendly People to Help as Sunday Greeters

It is so wonderful to be able to gather in person for Sunday Services! If you have attended, you will have noticed the folks who greet you at the door, check your vaccination card, and help you find a seat in the Sanctuary. Many thanks to those who have already volunteered!

And... we can still use more help! We need at least four people each Sunday. The more volunteers we have, the fewer Sunday's each month each person needs to do. This is a wonderful way to meet folks and share information about our wonderful community with newcomers. If you would like to help out, just contact Cathy Elliott at [cathyelliott25@gmail.com](mailto:cathyelliott25@gmail.com). We will be in touch to schedule dates. Thanks!

## New to UU Class on April 6th & 13th

There will be a New to UU Class on Wednesday April 6th and 13th at 6:30 pm. Attendance to both classes is required. This is one way to meet the requirements for becoming a new member (for more information click here <http://uubangor.org/new-to-uusb-2/uusb-self-study-guide/>) It is also a time to get a refresher on what being a Unitarian Universalist is and to get more information about our specific congregation. If you would like to attend, please send an email to [uubangor@gmail.com](mailto:uubangor@gmail.com),

## Rappin' with the Rev!

Rev. Drew is holding his next monthly "tea" shortly after the service IN PERSON at UUSB on March 27th! Proof of being fully vaccinated, or having a negative COVID test within the prior 72 hours and a mask that covers entire nose and mouth is required to enter the building. Attending one of the "teas" meets one of the requirements to becoming a UUSB member. This is a little less formal and is a good way to ask any questions you may have about Unitarian Universalism, the UUSB and our commUUnity. If you would like to attend, please send an email to [uubangor@gmail.com](mailto:uubangor@gmail.com)

# GET INVOLVED!

MEMBERSHIP-FELLOWSHIP NEEDS YOU!

Let's have some fun together!!!

Are you new to UUSB or just looking for a new, fun way to participate in our ComUUnity?

The most awesome committee is looking for new members!!!

This committee doesn't require a lot of time, we meet once a month, the second Wednesday of each month roughly 6:30-8:00PM. We help greet all of the people coming for in-person services. We also help to connect with all visitors, people generally interested in UUSB, and those wanting to become members. Truly, this is one of the most fun and most important committees of our congregation.

If you are interested in joining, please contact Cathy Elliot, Kerrie O'Brien, Even Richert or Linda Koehler.

# SPIRITUAL EXPLORATION EXPERIENCE

The Soul Matters theme for February is Renewing Faith. The Unitarian Universalist's understanding of faith tends to differ from many other faith practices. Instead of being based on belief in the unknown, UU's are more apt towards finding faith in our fellow humans and in their ability to make the world a better place.

As we direct our energies toward creating a better world, serving in our communities, loving our neighbors, finding the similarities in the differences, and being a beacon of hope - a light in the darkness, we are striving and stretching to be the sort of people worth having faith in.

In this current climate, it's easy to lose sight of the good and the kind. It's also very easy to focus on the negativity and tough times.

In this month's activity pack we'll take steps to seek out the good in our world, to boost our awareness of people doing better.

Check out the "Around the Neighborhood" section of our Soulful Home packet - this month's treasure hunt involves a little competition to see who can find the most examples of acts of kindness in the world around you and your family. What a difference it can make when we seek out the good!

And be sure to check out the rest of the sections! They are chock-full of fun games and activities, new podcasts, outdoor family activities, games, and stories. All wonderful tools to help you and your family find ways to restore and renew your faith.

In comm-UU-nity,



## Circle of Trees

Sunday, March 13th @2PM  
LOCATION TBA

Join our Community for a family-style Spiritual Exploration Experience amongst the trees...



### FALL SESSION SCHEDULE

#### March

Sun 3/6 @11:15 - Youth Chapel Vestry

Sun 3/6 @3:30 - COA Class Vestry

Sun 3/13 @12:00 - Food Collection  
UUSB Sidewalk

Sun 3/13 @2:00 - Circle of Trees Outdoor Family Event

Sun 3/20 @TBA- HS Youth Group

Queen City Cinema Club

Sun 3/27 @10:00 - Youth Chapel Vestry



Karen Childs  
UUSB Director of Spiritual Exploration  
(207) 949-0733  
uubangorRE@gmail.com



# SOCIAL JUSTICE COMMITTEE

The past year has been a difficult and challenging year to work on social justice and the COVID-19 pandemic has exacerbated many challenges that already existed.

Nonetheless the UUSB Social Justice Committee (SJC) has continued to meet regularly via Zoom and continued to work in several issue areas. We see our primary tasks or strategies as coalescing into two areas: first, that of educating ourselves, church members and the community; and secondly, mobilizing our community to take on specific actions when needed.

Our primary focus in education over the past year has been: 1) increased participation in the Maine UU State Advocacy Network (MUUSAN), 2) educating ourselves on statewide energy development issues, and 3) learning about what is involved in community solar projects. We now have a UUSB partnership with Ampion community solar.

The nature of our committee's involvement in MUUSAN has changed over the past year. Currently MUUSAN has four priority Issue Groups: Climate Change; Racial, Native & Immigrant Justice; Healthcare; and Democracy in Action. In the 2021-2022 legislative session, LD 1626: the Tribal Sovereignty Bill got top billing and UU's from across the state were active in letter writing, testimony, and a legislator contact campaign. This is a great example of how UUSB can be involved in statewide actions and issues.

The SJC has also become involved in community and church mobilizing around local needs and issues, such as the multi-faith group, FLIA (Faith Linking in Action) ingathering, participating (virtually) in city council meetings discussing such community issues as homelessness, and getting involved in supporting newly-arrived immigrant families with meals. Additionally, SJC members have actively supported our church's "Second Sunday" food donation efforts.

A multifaceted dilemma that the SJC discussed at our June retreat was "how do we renew our energy, expand our numbers and work effectively on the social justice issues that matter to us?" This is not easy, especially during COVID times when we cannot gather in person and when the challenges of age are also present. Currently there is not a single SJC member attending meetings who is under 70, except for our dedicated minister, Rev. Drew.

Having to meet via Zoom (primarily) has been a mixed blessing. On the one hand, meeting virtually rather than in person allows members who need to take extra COVID precautions and/or live at a distance to join in. But, these meetings via computer screens also contribute to distancing us from the ACTIONS we need to take together. Joining in marches, door-to-door campaigns, petition gathering, calling on state and national leaders in person, attending and speaking up at live city council meetings en masse, are still not possible.

In 2022, we want to take a deep dive into the way things are and what we can do right now. We need to forge ahead, recognizing our limits, even when we wish we could solve it all ourselves. We can 1) work closely with the city council and other local groups to find solutions to homelessness in ways that our congregation can manage; 2) creating situations to educate our UUSB community about legislation that fits our UU principles and reporting about actions that can be taken; and 3) reaffirming the SJC's physical presence at our beautiful building when it becomes possible to maintain an up to date SJ table and literally nudge people to act.

Social justice is a critical element in our work and identities as UU's, and as a congregation. Not everyone can do everything and having a division of labor in our church community is absolutely necessary. Our social justice goals and work as a congregation depend on having and attracting a critical mass of church members who are committed to social justice, and are willing to be involved in one way or another to make our world and our community a better place to live.



# BUILDING + GROUNDS

## Stairway Refresh

Next time you're at 120 Park Street, please take a moment to pay tribute to our trusty old stairs. I painted the stair guards black and the trim and kick plates white. I did not sand down and refinish the treads; that's for another day (or year). I did put some oil on them just to give them a slight sheen. The oil doesn't last long but it helps protect the wood. I was thinking as I was oiling them that there have been 100 years of children running up and down those stairs every Sunday.



## Adopt a Chair!

Hello everyone. Dee and I are putting the final touches on the newly renovated SEE space. We do not want to have to purchase any more chairs. To that end, we are hoping that five UUSB members and friends will each adopt one of these chairs for some minor TLC. Two need to have the seats glued and clamped. They all need a good sanding and a coat or two of polyurethane. I am guessing that they are at least 50 years old but they are still quite sturdy. Please let me know if you are willing to help. Wendy Erickson wendyllynnerrickson@gmail.com and thank you.



## March Network Meeting Protecting Democracy's Guardrails

Saturday, March 12th  
10:00-12:30  
on Zoom

Democracy's survival depends on protecting and strengthening the guardrails that protected the 2020 election. But what are those guardrails, and how can we protect and defend them? The March network meeting will feature Former Maine Secretary of State, Matt Dunlap, and other speakers discussing how we, as Maine UUs, can best protect democracy in this challenging time.

You must [register online](#) for the March Network Meeting to receive the Zoom login info.



Chair 1



Chair 4



Chair 3



Chair 2



Chair 5



# Ringling Bells and Feeding Souls



March 13th at 12:00 PM

Open Air Chimes Concert & Food Collection

On Sunday, March 13, UUSB will once again host our Second Sunday Food Drive & Open Air Concert, the church's monthly community food collection, from 12:00-12:30. There will be drop off bins on the Park Street sidewalk in front of the church for those wishing to donate.

From 12:00-12:30, there will also be a concert from the church's historic bell tower. UUSB's 10-bell, Meneely "C Chime" is one of only 6 genuine tower bell instruments in Maine and the only manually-played chime in Bangor (installed 1919).

We invite all within the Bangor community to step outside and take a listen. You are welcome to enjoy from the church lawn, surrounding areas, or your car, but please wear masks and social distance.

The food collected is given to the Ecumenical Food Pantry in Bangor. They can also take monetary donations, which buys up to six pounds of food for every dollar given. Make checks out to Bangor Ecumenical Food Cupboard (Bangor EFC), and we'll keep feeding souls.

In 2022, we have collected 563.5 pounds so far! You are making a difference!

## What Are Grocery Cards? And, Why Buy Them?



So, you want to know, "What are grocery cards?" Good question!

Grocery cards are Hannaford gift cards that UUSB sells as a type of fundraiser. We purchase the gift cards in bulk directly from Hannaford with a 5% discount. This means that, by purchasing grocery cards from UUSB, you are able to donate 5% of your grocery bill to UUSB without increasing your grocery bill!

The Hannaford gift cards, aka grocery cards, can be used for almost all purchases at Hannaford. The very limited exceptions being money orders, money transfer services, utility bills, and returned check fees. Most grocery cards purchased through UUSB also can not be used for tobacco or alcohol.

Now that you know what they are and how easy it is to give a few extra dollars to UUSB without any extra spending, I bet you want to know how you get your grocery cards. No need to worry because it is easy to start getting your cards at any time, using the following info.

Grocery Cards are available! Convenient to carry!  
Every purchase helps UUSB!!

Cards are available in increments of  
\$25, \$50 or \$100.

Email or call for pick-up or delivery. Cash or checks  
made out to UUSB are accepted.

Buy for your own grocery shopping! Buy cards for  
gifts! Buy to donate to a local food bank!

Cards are also available at the monthly  
Ringing Bells & Feeding Souls events.  
The next will be November 14th at 12:00.

For purchase and pickup or delivery, contact:

Tim & Judy Martin  
942-2696

jamandtim@myfairpoint.net  
10 Highland Ct off Union St.  
OR delivery ANYWHERE

Rosemary Parsons  
327-1045

roxemary@gmail.com

Delivering in the Orono/Old Town/Hudson area.

## UUSB Mindfulness Meditation Group

Tuesdays, 5:45 - 7:00 PM via Zoom

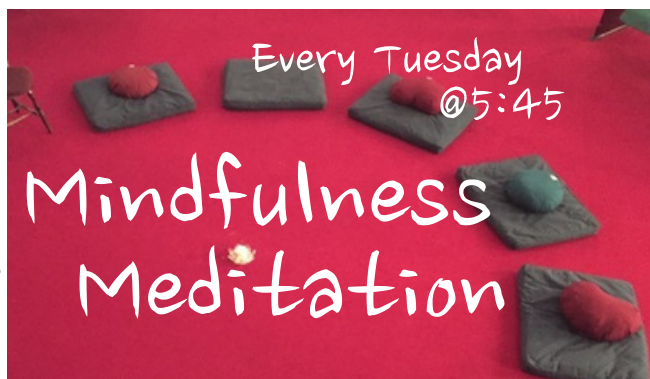
This month, we will continue our exploration of Jack Kornfield's book *The Wise Heart*, focusing on Chapter 8 "This Precious Human Body."

Our meditation is an open/drop-in style group. No previous meditation experience is required.

People joining the group for the first time are highly encouraged to contact Rev. Drew [drewuu2@gmail.com](mailto:drewuu2@gmail.com) to make arrangements to sign in at 5:30 on their first night. This allows newcomers to receive a brief meditation instruction before the group meets and makes the first their first meeting more enjoyable. Previous newcomers have found this pre-class intro very helpful.

For March, the Meditation Group will continue to meet via Zoom.

This program is free of charge to all - if one wishes to make a free-will offering (dana) to the group, one can donate by contributing to UUSB with "Meditation Group" in the memo line.



## Chalice Side Chat

Tuesdays at 7:30 PM

Join Sue Henri-Mackenzie and other members of our community each week on Zoom. Each session is a chance to offer and receive support and check in with those we miss seeing in person.

Please check your email for the login link or use the following info to call in!

Meeting ID: 881 4667 4374 Passcode: 137985



Photo by Chris Montgomery via Unsplash



MARCH 13 @12:30

# Spirit of Drumming

On the second Sunday each month, we will be meeting in the sanctuary for drumming!

Note that we will be masked, distanced, proof of vaccination is mandatory, and there will be a sign-in sheet. Drums are available to share and/or bring your own. We will not do any singing.

We hope you will be able to join us. Contact Laurie at 944-0650 with any questions.



# SHARE THE PLATE



In March, half of the undesignated funds in the plate will go to the UUSB Food Security Programs. This includes the Bean Suppers that we host on the fourth, and fifth, Saturdays each month; our donation to the Soup Kitchen at the Salvation Army, in lieu of making lunches during the pandemic; and our Bag Lunch program, to give lunches for those attending our Bean Suppers.

In February, we gave MUUSAN \$195!

You can give to the collection plate through the UUSB website and Vanco or by mailing a check to the church office.



## *Guild Activities* BY CINDY TODD

The Guild members held their February meeting by Zoom with 8 members and 1 guest in attendance. After the business meeting we had a thoughtful and thought-provoking discussion on a book we had all been reading, *The Hidden Life of Trees: What They Feel, How They Communicate* by Peter Wohlleben. This little book explains how trees work, but also describes lesser known processes and “behaviors” that trees either singly or as a group engage in that are not always fully understood, but are amazing to consider. For instance, trees help each other through a “wood-wide web;” when trees are really thirsty they “scream” (on an ultrasonic level); trees can taste the air—and insect saliva; trees need sleep; and so on. As one member observed, “I’ll never see trees in the same way again.” I don’t think any of us will and after reading and discussing this book, we probably all have a renewed and deeper appreciation of our 7th principle and the “interdependent web of all existence of which we are a part.”

Our next meeting will be on March 16th at 11:30. Our guest speaker is Bob Kelly, who will talk about the renovation and restoration of historic buildings in Bangor. Bob has recently retired from a long career spent doing just that and knows much about the city and her architecture.

We are still meeting by Zoom and all are welcome to join in. For more information contact Cindy Todd, 944-9375, or Phyllis Havens, 944-0181.

On February 20, 2022, we finally returned to the sanctuary for our first multiplatform service! The tv stood front and center, while the AVS (audio-video-streaming) system funded by long-time Guild member Teddy Weston's legacy gift provided support to attendees in-person and at home!



Photos by Ben Speed

Photo by Phyllis Havens

# UPCOMING EVENTS

The Who, What,  
Where, & When to  
find UU online

## HOSTED BY UUSB REGULARLY

Sundays @10:00 AM

### Worship Service

Join us weekly in person or on Zoom. Find the guidelines for in-person meetings and the link, meeting ID, and password in the weekly e-news.

Tuesdays @5:45 PM

### Mindfulness Meditation Group

Join Rev. Drew for our regular Mindfulness (Vipassana) Meditation Group on Zoom. Open to all!

Tuesdays @7:00 PM

### Chalice-Side Chat

Join us on Zoom to check in and find support. Find the link, meeting ID, and password in the weekly e-news.

## HOSTED BY OTHER UU GROUPS WEEKLY

Sundays @8:00 PM

### Church of the Larger Fellowship (CLF) Online Worship

Join CLF for a weekly worship service on Zoom. CLF is the largest UU congregation, exclusively meeting online. Check the e-news for the registration link weekly.

Thursdays @11:00 AM

### The VUU by CLF

A live Unitarian Universalist talk show discussing today's topics from an anti-racist, anti-oppressive, and multicultural perspective. Visit their Youtube page or check the weekly e-news for the newest link.

## SPECIAL MEETINGS & SERVICES

Sunday, March 13 @12:00 PM

### Ringing Bells & Feeding Souls

Join us for an open-air concert with UUSB's historic bells and our monthly food collection for the Ecumenical Food Cupboard. In 2021, we've collected over 3,000 lbs. of food!

Sunday, March 13 @12:30PM

### Spirit of Drumming

Join Laurie and LyAnn in the sanctuary for the return of our drum circle

Saturday, March 26 @4:00 PM

### Bean Supper Served

The Bean Supper will be served in take-out containers with social distancing precautions taken.

Sunday, March 27 @11:30 AM

### Rappin' with the Rev!

Join Rev. Drew and some of our Membership-Fellowship team for an informal conversation about UUSB, UUism, and how to become a member. Whether you are new to UUSB or a long-time attendee in need of a refresher, we are happy to have you!

# 2022

## MARCH

# UUSB CALENDAR

SUN	MON	TUE	WED	THU	FRI	SAT
		<b>1</b> 5:45 PM Meditation Group 7:00 PM Chalice-Side Chat	<b>2</b>	<b>3</b> 5:30 PM Choir 6:00 PM Financial Stewardship Committee 8:00 PM Solar Info	<b>4</b>	<b>5</b> 9:30 AM Multiplatform Planning Meeting
<b>6</b> 10:00 AM Service 10:15 AM Youth Chapel 3:30 PM COA Meeting	<b>7</b>	<b>8</b> 9:45 AM Staff Meeting 5:45 PM Meditation 7:00 PM Chalice-Side Chat 8:00 PM Solar Info	<b>9</b> <b>Committee Reports Due</b> 6:30 PM Mem-Fel Committee 7:45 PM Comm. Committee	<b>10</b> 6:30 PM Executive Committee	<b>11</b> 10:00 AM Budget & Finance	<b>12</b>
<b>13</b> 10:00 AM Service 12:00 PM Ringing Bells Feeding Souls 12:30 PM Drumming 2:00 PM Circle o Trees	<b>14</b>	<b>15</b> 5:45 PM Meditation Group 7:00 PM Chalice-Side Chat	<b>16</b> 11:30 AM Guild Meeting 2:30 PM Pastoral Care 6:30 PM Council	<b>17</b>	<b>18</b> 9:00 AM Shared Ministry	<b>19</b>
<b>20</b> 10:00 AM Service 11:30 AM Social Justice 11:30 AM Rappin' w/the Rev!	<b>21</b>	<b>22</b> 9:45 AM Staff Meeting 5:45 PM Meditation Group 7:00 PM Chalice-Side Chat	<b>23</b> 5:30 PM Worship Committee	<b>24</b>	<b>25</b>	<b>26</b> 10:00 AM Bag Lunch Prep 3:00 PM Supper Prep 4:00 PM Bean Supper
<b>27</b> 10:00 AM Service 10:00 AM Youth Chapel	<b>28</b>	<b>29</b> 5:45 PM Meditation Group 7:00 PM Chalice-Side Chat	<b>30</b>	<b>31</b>		

# REMINDERS

## ABOUT US

### Unitarian Universalist Society of Bangor

#### Our Mission Statement

The Unitarian Universalist Society of Bangor is an historically liberal religious community, celebrating diversity and supporting spiritual growth and social responsibility in each child and adult.

#### A Welcoming Congregation

We welcome individuals and families of all religious upbringings, racial and ethnic backgrounds and sexual orientations. We, a member of the Unitarian Universalist Association, covenant to affirm and promote the inherent worth and dignity of every person.

#### A Green Sanctuary

The UU Society of Bangor, recognized as a Green Sanctuary by the Unitarian Universalist Association, endeavors to incorporate care for the Earth into its worship and religious education while working to promote environmental justice and sustainable living. We covenant to affirm and promote respect for the interdependent web of all existence, of which we are a part.



Do you have a **CLYNK** Bag?? Be sure to have one handy, so you can easily be collecting bottles and cans to help raise money for our UU Youths' Social Justice Service Trip. The bags are in the Dorothy Memorial Room. Please contact Laura Santilli for details. Thank you for your support!!!

**UUSB is always in need of volunteers** – for fundraisers, childcare, teaching, and to fill positions on our active committees. The great perks of volunteering are not just the satisfaction of contribution, but the sense of community we all feel when we accomplish important tasks with others. Since we don't always know who is able to take part, please contact a council or committee member if you are open to volunteering in any large or small way.

The **UUSB Worship Committee** is looking for more member participation in our worship services and is extending an INVITATION to one and all of you to consider if you might be interested in joining our services as READERS.

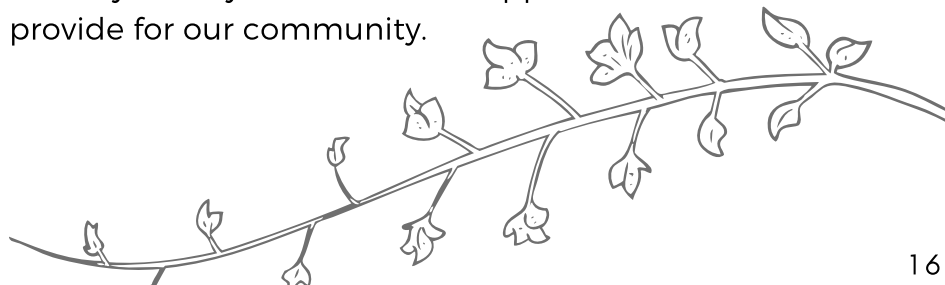
#### Collection Plate & Pledge Reminders

One way you can help continue our outreach efforts is to keep up with your financial pledge. Without our weekly passing of the collection plate, we still need to make sure that we can pay our bills. Keeping up with your pledge allows our staff and leadership to focus on providing services to members, friends, and guests. There are three options to make is easy to keep up with your pledge:

1. Mail a check to the church office at 120 Park St, Bangor, ME 04401
2. Contact Rosemary Parsons, our treasurer, to set up a direct withdrawal from your paycheck or bank account
3. Donate online through Vanco. This option will be available on our website, as well as shared in our weekly e-news



Thank you for your continued support as we all work to provide for our community.





# ABOUT THE *CHALICE & CHIMES*

## Church Council:

**Kerrie O'Brien**, Chair  
Valerie Carter, Vice Chair  
Kate Dutra, Clerk  
Rosemary Parsons, Treasurer  
Karen Cashman  
Nero Fyler  
Francis Grey  
Ali Khavari

Council meets at 6:30 PM  
on the third Wednesday  
of each month.



## UUSB Staff Contact:

Rev. Andrew Moeller, Minister  
(207) 922-2956  
Christine Sprague, Office Admin.  
(207) 947-7009  
Karen Childs, Director of SE  
(207) 949-0733  
Molly J. Webster, Music Director  
(207) 947-7009

Due to delays caused by working  
remotely during the COVID-19,  
please be patient with responses.  
We will get back to you as quickly  
as possible.

## About Our Newsletter

The *Chalice and Chimes* is published ten times a year (Sept-June). The hard deadline for submissions is the 25th day of each month. Please notify the office of your intent to contribute by the 20th of each month, on the soft deadline. Contributions are solicited and should be sent to the Administrator/Editor at the church office. An email reminder is sent out to all member and friends on the church's database mailing list when the newsletter has been posted to the church website, where it may be viewed or down-loaded. It is also available in paper format on the table by the sanctuary entrance and by US mail (request from the Church Office).

## Editorial Policy

Articles submitted for publication in the *Chalice & Chimes* must strive to include, in an unbiased way, only that information that is consistent with the UU faith. Articles should deal with issues of a spiritual nature meant to inspire, encourage, educate, or inform. Although every effort will be made to be inclusive, the Editor reserves the right to determine which articles are accepted for publication. The Editor has the right to edit for space, availability, libelous remarks, or unwarranted personal attacks. The Editor also reserves the right to refuse any item that may affect our Tax Exempt Status.



## Newsletter Submissions Next Newsletter Deadline: March 25, 2022

The next issue will be April 2022.  
We value your contributions and very much  
appreciate submissions. When sending email  
contributions to The *Chalice & Chimes*:  
[uubangor@gmail.com](mailto:uubangor@gmail.com)

