

CHALICE & CHIMES

THE MONTHLY NEWSLETTER OF UUSB

APRIL 2022

THIS MONTH IN WORSHIP

We are continuing our multiplatform services. Please be mindful that the worship experience will be very different for both the people in the sanctuary and online. Please check the weekly e-news for any updates or changes.

Our theme this month is **Awakening**.

April 3 - *Cold Awakenings* - Tracy Haskell, UUSB member, will share her reflections on a different form of spiritual practice, both ancient and new: swimming in the icy waters of the Maine ocean and streams through the winter. With Phyllis Havens as our Worship Associate and Dave Paterson as story teller/reader, we will take a deep dive with music, poetry, prose, images and bold personal story about what it takes and what it means to let cold awaken all one's senses to life. This service will have Ben Goff as our AVS tech and music provided by Molly J. Webster and Jacob LaMontagne.

Meeting ID: 988 6799 1127 Passcode: 582734 [Zoom Link](#)

April 10 - *When All Is Fresh and New* - Rev. Drew will offer perspectives on awakening in our lives and how we might answer the call. This service will be led by Rev. Drew Moeller, with Caleigh Grogan as our worship associate, Laurie Cartier as logistics coordinator, Ben Goff as our AVS tech, and music provided by John Arimond.

Meeting ID: 948 0445 9361 Passcode: 601098 [Zoom Link](#)

April 17 - *Awakening to the Easter Within* - Easter can be time that is often challenging for many UU's, as we welcome some of the old traditions and familiarity with the holiday, yet struggle with the theology of Jesus's resurrection. Today we will look at the theme of Easter through a UU lens to see what meaning it might hold for us today as UU's with a diversity of faith perspectives. This service will be led by Rev. Drew Moeller, with John Arimond as our worship associate, Ben Goff as our AVS tech, and music provided by Molly J. Webster, Jacob LaMontagne, Anneliese Smith, and the UUSB Choir.

Meeting ID: 977 6255 0413 Passcode: 243655 [Zoom Link](#)

April 24 - *New Member Sunday* - Join us as we welcome and introduce new members to our community. This Spring we are welcoming several new members to our congregation, so join in and greet them! This service will be led by Rev. Drew Moeller, with Sue McKay as our worship associate, John Arimond as our logistics coordinator, and music provided by Molly J. Webster and Jacob LaMontagne.

Meeting ID: 957 8240 6680 Passcode: 858230 [Zoom Link](#)

**UNITARIAN
UNIVERSALIST
SOCIETY OF
BANGOR**

120 PARK ST
BANGOR, ME 04401

SUNDAYS AT 10:00 AM

(207) 947-7009

WWW.UUBANGOR.ORG

UUBANGOR@GMAIL.COM

HIGHLIGHTS:

- 2 - MINISTER'S SCHEDULE
- 3 - DREW'S VIEWS
- 3 - NEW TO UU CLASS
- 4 - COUNCIL CRIER
- 5 - IN-PERSON GUIDELINES
- 5 - NEW MEMBERS
- 6 - OFFICE BULLETIN BOARD
- 7 - TREASURER'S REPORT
- 8 - MEMBERSHIP-FELLOWSHIP
- 9 - SPIRITUAL EXPLORATION
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- 14 - UPCOMING EVENTS
- 15 - APRIL CALENDAR

Memorial Services



April 9 - *Jessica Smith* - The memorial service for Linda Koehler's Mum, Jessica Smith, will be Saturday, April 9 at 1:00 PM. The service will be followed by a proper tea party reception in the Dorothy Memorial Hall.

Meeting ID: 926 8193 8236 Passcode: 763429 [Zoom Link](#)



April 29 - *Charlie Boothby* - The memorial service for Charlie Boothby, long time UUSB member, will take place on Friday, April 29 at 2:00 PM. The service will be followed by a reception in the Dorothy Memorial Hall.

Meeting ID: 974 0039 3271 Passcode: 922165 [Zoom Link](#)



May 19 - *Becky Anderson* - The memorial service for Becky Anderson, long time UUSB member, will take place on Saturday, May 14 at 11:00 AM. The service will be followed by a reception in the Dorothy Memorial Hall.



June 11 - *Maria Hautala* - The memorial service for Maria Hautala, long time UUSB member, will take place on Saturday, June 11 at 2:00 PM. The service will be followed by a reception in the Dorothy Memorial Hall.

May's worship theme is
"Nurturing Beauty."

Suggestions Wanted!

Do you have a poem, reading, piece of music, story, or personal experience that relates to a monthly theme?

If yes, we'd love to hear about it! Share your suggestion with Rev. Drew, Molly, or Laurie. We'll try to include your suggestions in an upcoming worship service.

Your suggestions make our worship experience even richer!

Upcoming Worship Themes

June: Celebrating Blessings

Minister's Schedule - April 2022

Rev. Drew along with other UUSB staff will continue to work from home. He is reachable during the office hours listed below either online or via phone.

Mon - Minister's Sabbath Day (day off)

Tues, Wed, Fri - 10 to 1 PM - Office hours (ONLINE or by PHONE)
2 to 4 PM - by Appt.

Thurs - Sermon Writing / Worship Planning Day
(not taking calls or answering emails)

Saturdays - By appointment (ONLINE or by PHONE)

Sundays - (afternoon / evenings by appointment) (ONLINE or by PHONE)

Note: **March 27 - April 3** - Rev. Drew will be taking personal time off and will not be attending to email, text messages, or phone calls.

You can reach Rev. Drew directly at his local UUSB phone number **(207)922-2956** or at his personal cell phone number **(860)655-5890**



Dear Ones,

I try not to take sides in my love of nature and the seasons. Yet, there is something about springtime that awakens my senses and brings joy to my heart like no other season.

Already, tiny shoots are pushing through the earth as they begin the work of reaching for the sun, awakening from their winter slumber. The longer days and the shorter nights encourage my soul and whisper to me that there is hope even with all the stressors in the world. There is possibility; there is beauty that can't be taken away, even if it has lied dormant for a while.

This is the air that makes be hopeful, even with the travails of war, injustice, and the pandemic stress of reopening. Once again, nature is our salvation in a world that seems to have gone asunder.

In the time of nature's awakening, I find it good to rest in and be an attentive witness to what is being born all around us. Let us be open to the season of hope and awakening as we celebrate Spring, Passover, Easter, Ramadan, and Buddha's birthday.

May we give ourselves the gift of being present to Spring's unfolding. Let us pause amid the world's stressors, pause amid mourning and sadness. Let us soak up Mother Nature's gifts as the antidote for many of our world's losses, frustrations, and tragedies. Let us embrace the cycle of life that continues to shift the balance of our inner landscape. Let us lean into the unfolding of Spring and all it has to offer. Even if our hearts are still weary and slightly frozen - change will come, thawing will occur, and life will bring us back into connection with the whole.

In this time of spring, of wind, warmth, and rain, may you find comfort, renewal, and gratitude for miracle of life and rebirth.

Love & Namasté,


Rev. Drew



New to UU Class

WEDNESDAY, APRIL 6 ~ 6:30PM ON ZOOM
WEDNESDAY, APRIL 13 ~ 6:30PM IN PERSON



Interested in becoming a member of UUSB?
Just have questions about Unitarian universalism?
Looking for a refresher?

Our "New to UU" class will be held twice: Wed Apr 6 via Zoom and Wed Apr 13 in-person at UUSB. Our hope is that this will provide opportunities for folks to participate in the way that is most comfortable for them.

During the class we will cover a bit of history of UUism, some of the work we do at UUSB, and how to become a member. You do not need to be interested in membership to join the class; learning about UUism and UUSB is the primary purpose.

We will meet from roughly 6:30 to 8:00 PM.

For more information or to register, contact Cathy Elliott or the UUSB office.



Thank you to those who have helped with reopening!

We would like to take a moment to give a heart-felt thank you to all those who have helped with the reopening of the church. We are especially appreciative for those who have stepped up to be greeters and ushers during our first few multi-platform services. The reopening of the church would not have gone as smoothly without your willingness to volunteer. Thank you!



Planning for Rev. Drew's Sabbatical

The Council discussed formalizing a task force to plan for Rev. Drew's Sabbatical, which will be February 2023 through July 2023. The task force will contain three or four people from various committees. Kerrie O'Brien will begin reaching out to other committees in strategic areas (Worship, Fellowship, Pastoral Care, and Council) to start seeking out possible task force members in the coming days.

Developing an HR Committee or Point Person

Rev Drew in his role of Supervisor of staff, is looking for someone to take on some appropriate Human Resources responsibilities at UUSB. This might include assisting in the facilitation of mid-year and annual reviews. The Council will determine in upcoming meetings the best approach for moving forward as well as develop a job description. If you have interest, please reach out to Rev. Drew or Kerrie O'Brien.

Review of COVID-19 Plan

With decreasing cases and lower transmission rates, the Council took the opportunity to review the current COVID-19 plan. The topics discussed included masking, physical distancing, singing, and food. It was discussed that masks would stay on during services with the exception of speakers in the pulpit who can remove their masks at their discretion for speaking providing they are at a 12-foot distance from others. However, UUSB will remove the guidelines for physical distancing for all congregational activities providing that all are masked. For after service, we will allow socializing, but refreshments will not be offered at this time. In addition, the current policy for singing will remain with the exception of Memorial Services where designated singers are to wear N95 masks and distance 12-feet. For youth group and Guild, we will allow individuals to bring their own food. It was also discussed allowing masked individuals back in the Dorothy for the Bean Suppers, Receptions, and Memorial Services with ventilation and physical distancing in place. Servers during the suppers must wash hands, wear gloves, and be symptom free at least five days prior to serving. Food served will include beverages as well as individually packaged food items. Hand sanitizer will be available in multiple locations. We will share more with the congregation as updates occur and policies are subject to changed based on cases and transmission rates.

Budget Hearing & Annual Meeting

The Budget Hearing will occur on April 24 and the Annual Meeting will occur on May 15 immediately after the service. More information to come.

General Assembly

The Unitarian Universalist Association General Assembly will occur June 22-26 in Portland, Oregon. This event will be multi-platform and our congregation is allowed to send a total of three delegates. Delegates can serve in-person or online, and UUA is also offering some pre-GA online workshops to help delegates become more familiar with the General Assembly process and business items to help make the overall experience more user-friendly. More information on the General Assembly can be found here (<https://www.uua.org/ga>). If you have interest or have questions, please reach out to Rev. Drew or a Council member. If you'd like to add your name to the potential nomination list for the three individuals to be selected from UUSB, you may also reach out to the main office.

IN-PERSON SERVICE GUIDELINES

Please be mindful that the worship experience will be very different for both the people in the sanctuary and online. It is extremely important that people read the E-news updates about the in-person component of this new format.

People wanting to participate should expect the following changes to Sunday morning:

- **Proof of vaccination** will be checked and required (including booster if eligible). You can help by sending a copy of your vaccination card to Christine in the office. She will maintain a list of people pre-checked to aid greeters who will be checking for proof of vaccinations.
 - If you are not vaccinated, you can also provide proof of a negative COVID-19 test, which includes a negative PCR test or rapid antigen which must be administered within 72 hours of the start of the performance or event. The test results must clearly show the date and time of the test. This test may be performed by a medical professional or by using an over-the-counter testing kit. A time-stamped photo of an at-home test result is acceptable. NOTE: Children under the age of five will not be required to provide proof of a negative COVID-19 test or a valid COVID-19 vaccination.
- **Wearing a mask the entire time will be required.** Bring your own - we will have some medical procedural masks on hand, though we highly recommend N95 or KN95 masks.
- **There will be no singing or live music in the sanctuary.** Music and hymns will be played and displayed on a new video screen. Singing in the sanctuary remains highly risky and would entail greater distancing.
- **Please do not come to UUSB for worship if you have ANY COVID symptoms.**

welcome!
to our new members!

We want to welcome our most recent New Members! We will also welcome that at the upcoming New Member Sunday on April 24, but we have had four people sign our Membership Book since February! So, please welcome Nish and Kim Welikadage, Jessica Glant, and Franny Wilson-Charuk!



Nish & Kim Welikadage
Signed in February 2022



Jessica Glant
Signed in March 2022



Franny Wilson-Charuk
Signed in March 2022

Greeters
Needed!!

Staff Working
from Home

Call
or
Email
~
all calls go to
voicemail

submit
vaxx cards
or bring to
service

Photos to Feature
on Website or in
C+C ALWAYS
WELCOME

live auction
coming in
May!



Minister:

Rev. Andrew Moeller
drewuu2@gmail.com

Minister Emerita:

Rev. Becky Gunn

Music Director:

Molly J. Webster
uusbmusic@gmail.com

Director of SE:

Karen Childs
uubangorre@gmail.com

Office Administrator:

Christine Sprague
uubangor@gmail.com

Tech Coordinator:

Ben Goff

Council Chair:

Kerrie O'Brien
kerriekat48@yahoo.com

Council Vice Chair:

Valerie Carter
vcgardener@gmail.com

Council Clerk:

Kate Dutra
kate.dutra70@gmail.com

Council Treasurer:

Rosemary Parsons
roxemary@gmail.com

Annual Report Submissions Due on April 20

All Annual Report submissions are due by April 20. If your submission will need extra editing, please submit it by April 13, so that the Annual Report can be completed on time. Late submissions will be added without edit to the digital version only.

Staff Working from Home; General Update

Staff are still working from home, in general. Please contact staff members and schedule a time to meet, if you need to meet in person. Once vaccines are approved for children under 5, I will plan to resume my regular office hours, in-person. I appreciate your patience and understanding, the respect that has been shown for the health of staff and their families has made me eternally grateful and happy to work here at UUSB.

"Office" hours with contact by voicemail or email from 10-2, Tues-Fri

If there is some delay, please be patient with the complexities of working from home. I check for incoming messages from 10-2 Tuesday-Friday. I am unable to receive direct calls to the office, so please expect a delay in responses. The fastest method is email and I will pass along the info or reply by email or phone, as you request. When leaving a voicemail, please provide all necessary info.

UPCOMING DEADLINES

CHALICE & CHIMES (MAR. ED.)
WEDNESDAY 4/20 - SOFT DEADLINE
MONDAY 4/25 - HARD DEADLINE

E-NEWS (WEEKLY)
THURSDAYS AT 10:00AM
COMMITTEE NOTES FOR COUNCIL
WEDNESDAY, APRIL 13

"OFFICE" HOURS

BY VOICEMAIL OR EMAIL
TUESDAY-FRIDAY, 10-2
OTHER TIMES AVAILABLE BY
APPOINTMENT.

TREASURER'S REPORT

BY ROSEMARY PARSONS

TREASURER'S REPORT FOR MONTH OF FEBRUARY. This report covers 66.7% of the year.

Total income for the month of February was \$18,205. YTD income is \$176,195, 76.5% of the year's budget In February 2021 income was \$13,635. Last year's YTD income was \$175,140, 76% of the year's budget.

Expenses were \$21,809. creating a loss of (\$3,604) for the month. YTD expenses are \$159,194, 66.7% of the budget. In February 2021 expenses were \$19,874 and last year's YTD expenses were \$147,763, 64% of the budget.

February income included pledge of \$10,909. Plate donations were \$390. Half of that amount goes to MUUSAN, Maine Unitarian Universalist State Advocacy Network. Endowments were \$4,778. Rental income was \$545. General Fund was \$787. Fundraising was \$774.

VANCO: In February: 16 people used the Vanco link to make payments totaling \$1,761.93 gross in all categories with a net of \$1,742.99. Fees were \$18.94 and the offset paid was \$27.78. Additional charges invoiced were \$29.35.

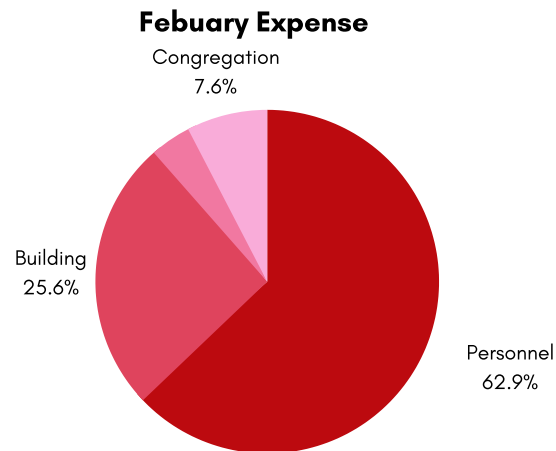
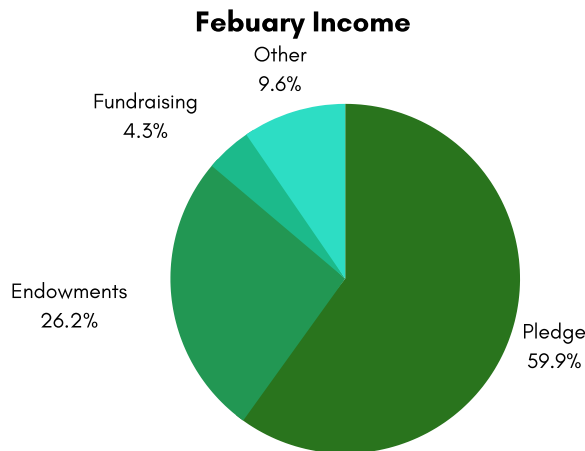
Donations were: General Fund for \$137, Pledges for \$1,517, Share the Plate for \$75, and Minister's Discretionary \$2.

Expenses for the month break down as Personnel \$13,756 (63% of total costs), Building \$5,545 (25%), Fair Share to the UUA \$845 (4%) , Administrative \$-70 (\$680 credit on copier bill) and Congregational expenses for \$1,667 (8%)

Total expenses for 8 months was 66.7% of the year's budget.

Our financial situation continues to look solid.

In Service,
Rosemary Parsons



ANNUAL SPRING AUCTION

MAY 7, 2022 | SATURDAY | 7-9 PM

Wondering what to get the favorite Mom in your life for Mother's Day?

How about a night at the UUSB Auction from anywhere you may be!

Lots of items would make the perfect gift and think of all the fun of a live auction!

Items include: tours, workshops, great works of art, meals and more!

Mark your calendars for Saturday, May 7, 7:00 p.m. on Zoom.

LOOKING AHEAD WITH

MEMBERSHIP-FELLOWSHIP

BY KERRIE O'BRIEN

Looking for Friendly People to Help as Sunday Greeters

It is so wonderful to be able to gather in person for Sunday Services! If you have attended, you will have noticed the folks who greet you at the door and check your vaccination card. Many thanks to those who have already volunteered!

We can still use more help! We need at least four people each Sunday. The more volunteers we have, the fewer Sundays each person needs to do. This is a wonderful way to meet folks and welcome newcomers. If you would like to help out, contact Cathy Elliott at cathyelliott25@gmail.com. Thanks!

Options for Membership

Any friends and visitors who want to consider becoming a member of UUSB can now join at any time, not just twice a year!.

The joining system consists of (1) completing an information request card, now available online, indicating interest in becoming a member; (2) reading through a Self-Study Guide describing UUism and UUSB; and (3) attending a Monthly Rappin with the Rev (formerly Minister's Tea) or a New to UU Class. The next Rappin' with the Rev is March 27th and will be held after service that day in the Sanctuary of UUSB. The next New to UU Classes will be April 6th via Zoom from 6:30pm to 8pm. And another will be April 13th from 6:30pm to 8 pm LIVE and in-person at UUSB. If you are interested in participating in any of these gatherings or in becoming a member, you can email uubangor@gmail.com.

The Self-Study Guide can be found at <http://uubangor.org/new-to-uusb-2/uusb-self-study-guide/>.

New to UU Class on April 6th & 13th

The New to UU Class on Wednesday, April 6th will take place on Zoom at 6:30. The New to UU Class on Wednesday, April 13th will take place in person at UUSB at 6:30. This is one way to meet the requirements for becoming a new member (for more information click here <http://uubangor.org/new-to-uusb-2/uusb-self-study-guide/>) It is also a time to get a refresher on what being a Unitarian Universalist is and to get more information about our specific congregation. If you would like to attend, please send an email to uubangor@gmail.com.

New Member Sunday

The service on April 24th will be to welcome any and all new Members of our beloved UUSB community. It is a wonderful way to get to know our newest members and witness them signing the Membership book.

Rappin' with the Rev!

Rev. Drew holds a monthly gathering in the Sanctuary of UUSB immediately following the service. Attending this meets one of the requirements to becoming a UUSB member. This is a little less formal and is a good way to ask any questions you may have about Unitarian Universalism, the UUSB and our commUUnity. Anyone is welcome to these, whether you are new or interested in UUSB, or if you have been a member or friend for years but just want a refresher, or have any questions for Reverend Drew. The next will be May 22nd. If you would like to attend, please send an email to uubangor@gmail.com

SPIRITUAL EXPLORATION EXPERIENCE

The Soul Matters theme for April is Awakening! The upcoming season is full of these little awakenings - the earth's quickening, little seedlings, and baby animals. We too can be awakened - it might be a new idea, or a new skill, or the joy of seeing a new place, or making a new friend. Many faiths celebrate this time of year with holidays themed around awakening - Can you think of some? Does your family celebrate a Spring Holiday?

What sort of seeds can we sow in this season to awaken within ourselves new ways to think, encourage ourselves to dream, play new games, and stretch ourselves by trying something outside our comfort zone? How can we use these experiences to benefit our communities, show compassion to our neighbors, and fight against racism? Many of these ideas are explored in this Month's Soulful Home Magazine!

In the Around the Neighborhood section, this month's Treasure Hunt explores awakening via our sense of smell! What's your favorite? Coffee, campfires, apple pie? Does that scent whisk you away? Does it awaken a memory? And in the From the Mailbox section we are challenged to Wake Up to New Understandings of Racism by India Arie.

And be sure to explore rest of this month's articles! They are chock-full of fun games and activities, insightful video selections, outdoor family activities, games, and stories. All wonderful tools to help you and your family find ways to awaken your mind, body, and soul during the month of April.

In comm-uu-nity,



FALL SESSION SCHEDULE

April

Sun 4/3 @10:00 - Youth Chapel Vestry

Sun 4/3 @3:30 - COA Vestry

Sun 4/10 @10:00 - Youth Chapel Vestry

Sun 4/10 @12:00 - Food Collection

UUSB Sidewalk

Sun 4/17 @10:00 - Egg Hunt Outdoor Family Event

Sun 4/24 @10:00 - Open House SE Wing

Sun 3/27@10:00 - Youth Chapel Vestry

May

Sun 5/8 @10:00 - SE Sunday & Senior Bridging



Karen Childs
UUSB Director of Spiritual
Exploration
(207) 949-0733
uubangorRE@gmail.com

SOCIAL JUSTICE ACTION NEEDED

UUSB Supports *Giving Winds*

Fifteen years ago, the Maine Council of Churches opposed Maine's Native Americans' attempts to open a casino, but they wished to support economic development for all Maine Indian tribes. Their response was developing a capital campaign among Maine's Catholic and Protestant communities called *Giving Winds*. To encourage UU participation in this loan program, the Unitarian Universalist Association offered to match the amount of all UU congregations' loans. UUSB's first loan in 2007 was for \$8,000 and it has grown to \$12,150 with added participation at every loan renewal.

Why was it important for our Native Americans to have economic support? Maine's Native Americans have no access to commercial banking loans. The 1980 Land Claims Settlement funds were used by each tribe to purchase parcels of undeveloped land throughout the state. Each reservation was built on these lands, which were owned by each tribe. Because the land cannot leave tribal control, Native Americans have had no collateral for commercial loans: no mortgages, no home improvement loans, no car loans, no educational loans. They could not even apply for credit cards because they had no credit history.

How does *Giving Winds* work? In 2001, the Penobscot tribe formed a nonprofit community development corporation (FDDC, or Four Directions Development Corporation) to make housing and small business loans to qualified Native Americans. It had limited monies on hand to loan. *Giving Winds* has been a solution to that problem. With suggested individual donations of five hundred dollars or more from members of a congregation, a 5-year bundled loan is formed and donated to FDDC, who pays 2% interest annually on the loan. If an individual wishes to withdraw their participation in the program, they may have all of their donation returned at a 5-year interval.

Giving Winds is a highly successful program. As a revolving fund, the FDDC has been able to close on millions of dollars of mortgages, home improvement loans, consumer loans, and loans for business ventures for hundreds of tribal members. There has been close to no default on loans, and some loans are repaid in advance. Initially, the FDDC served the Penobscot, Penobscot, and Mi'kmaq, and now the Maliseet have been added so all four Maine tribes are involved. In addition to loans, FDDC provides free credit and budget counseling, financial literacy training, and homeowner education. Through volunteer income tax assistance, FDDC has helped tribal families access hundreds of dollars in Earned Income Tax Credit refunds.

UUSB is now at a 5-year interval in this loan program. Our current loan expires on April 16, 2022. We are in the process of forming a new loan. Members in our current bundled loan may roll over their donation into the new loan, withdraw their money, or add to their amount. New members may also join at this time. If you would like to participate, contact Natalie Norton, Loan Coordinator, at 207-866-1173, or natalienorton2@gmail.com.

UUSB Efforts to Benefit Ukrainian Refugees

UUSB urges Mainers to support refugees fleeing from the war in Ukraine. There are many options to help.

The Unitarian Universalist Service Committee (UUSC) recommends providing support through The Hungarian Unitarian Church, which can also be emailed at unit.gondviseles@gmail.com or The UUSC Emergency Relief Fund for Ukraine Response. Both options can be found at the UUSC website.

UUSB is also working with Partners for World Health - Medical Support for Ukraine. This is a Portland-based charity, collecting and donating medical supplies for Ukraine. Supplies will be picked up by PWH and UMaine partners and shipped to Poland, then onto Ukraine. Financial donations are recommended, so that PWH can purchase the larger medical items that are needed and harder to get.

For more information, please contact

Valerie Carter, UUSB Social Justice, 207-356-1952 or email: vcgardener@gmail.com

Benjamin Speed, UUSB Communications, 207-801-8930 or email: benjaminsspeed@gmail.com

UUSB Mindfulness Meditation Group

Tuesdays, 5:45 - 7:00 PM via Zoom

This month, we will continue our exploration of Jack Kornfield's book *The Wise Heart*, focusing on Chapter 10 "The Storytelling Mind" and Chapter 11 "Ancient Unconsciousness."

Our meditation is an open/drop-in style group. No previous meditation experience is required.

People joining the group for the first time are highly encouraged to contact Rev. Drew drewuu2@gmail.com to make arrangements to sign in at 5:30 on their first night. This allows newcomers to receive a brief meditation instruction before the group meets and makes the first their first meeting more enjoyable. Previous newcomers have found this pre-class intro very helpful.

For March, the Meditation Group will continue to meet via Zoom.

This program is free of charge to all - if one wishes to make a free-will offering (dana) to the group, one can donate by contributing to UUSB with "Meditation Group" in the memo line.



Chalice Side Chat

Tuesdays at 7:30 PM

Join Sue Henri-Mackenzie and other members of our community each week on Zoom. Each session is a chance to offer and receive support and check in with those we miss seeing in person.

Please check your email for the login link or use the following info to call in!

Meeting ID: 881 4667 4374 Passcode: 137985



Photo by Chris Montgomery via Unsplash

Guild Activities

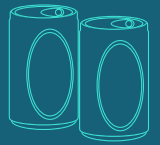
BY CINDY TODD

The Guild held its monthly meeting on March 16th via Zoom. After our business meeting, we were very fortunate to hear UUSB member, Bob Kelly. He talked about his many years as the owner of House Revivers, his historic building restoration and renovation business. Bob talked about some of his favorite projects, as well as some of his more challenging ones. Of course Bob knows our church building well as he has done his part to keep our church up and running and looking beautiful inside and out. Many thanks to Bob for his years of hard work and dedication to helping preserve some of Bangor's lovely, historic old homes and buildings. We hope Bob will return some time next year with more tales to tell.

Our next meeting is on April 20th at 11:30. We will not have a guest speaker, but instead will spend the time working on revising the Guild by-laws.



Ringling Bells and Feeding Souls



April 10th at 12:00 PM

Open Air Chimes Concert & Food Collection

On Sunday, April 10, UUSB will once again host our Second Sunday Food Drive & Open Air Concert, the church's monthly community food collection, from 12:00-12:30. There will be drop off bins on the Park Street sidewalk in front of the church for those wishing to donate.

UUSB's 10-bell, Meneely "C Chime" is one of only 6 genuine tower bell instruments in Maine and the only manually-played chime in Bangor (installed 1919). Each month, one of our members plays these historic chimes for our open-air concert.

We invite everyone to step outside and take a listen. You are welcome to enjoy from the church lawn, surrounding areas, or your car.

The food collected is given to the Ecumenical Food Pantry in Bangor. They can also take monetary donations, which buys up to six pounds of food for every dollar given. Make checks out to Bangor Ecumenical Food Cupboard (Bangor EFC), and we'll keep feeding souls.

In 2022, we have collected 898.5 pounds so far! You are making a difference!



Photo by Ben Speed

What Are Grocery Cards? And, Why Buy Them?



So, you want to know, "What are grocery cards?" Good question!

Grocery cards are Hannaford gift cards that UUSB sells as a type of fundraiser. We purchase the gift cards in bulk directly from Hannaford with a 5% discount. This means that, by purchasing grocery cards from UUSB, you are able to donate 5% of your grocery bill to UUSB without increasing your grocery bill!

The Hannaford gift cards, aka grocery cards, can be used for almost all purchases at Hannaford. The very limited exceptions being money orders, money transfer services, utility bills, and returned check fees. Most grocery cards purchased through UUSB also can not be used for tobacco or alcohol.

Now that you know what they are and how easy it is to give a few extra dollars to UUSB without any extra spending, I bet you want to know how you get your grocery cards. No need to worry because it is easy to start getting your cards at any time, using the following info.

Grocery Cards are available!
Convenient to carry!
Every purchase helps UUSB!!

Cards are available in increments of
\$25, \$50 or \$100.

Email or call for pick-up or delivery. Cash or checks made
out to UUSB are accepted.

Buy for your own grocery shopping! Buy cards for gifts!
Buy to donate to a local food bank!

For purchase and pickup or delivery, contact:

Kate Dutra
Selling after Sunday Services.

Rosemary Parsons
327-1045

roxemary@gmail.com

Delivering in the Orono/Old Town/Hudson area.

Cards are also available at the monthly
Ringling Bells & Feeding Souls events.



SHARE THE PLATE



In April, half of the undesignated funds in the plate will go to Partners for Peace. Partners for Peace works to end domestic violence in Penobscot and Piscataquis Counties. They provide support, advocacy, and safety planning to anyone affected by domestic abuse. They foster safe and healthy relationships through prevention, education, and training. Together with our community, they recognize the nature of abuse, respond to it, and change the conditions which lead to it.

In March, we shared our plate with our UUSB Food Security Programs during the first two services. During the last two services, we shared our plate with Ukrainian refugee relief efforts recommended by the UUSC.

You can give to the collection plate through the UUSB website and Vanco or by mailing a check to the church office.



APRIL 23 & 30

COMMUNITY BEAN SUPPER

UUSB AT 4:00 PM

Throughout the pandemic, our volunteers have continued to put on the monthly community bean suppers as to-go meals. This has made it possible for at-risk volunteers and community members to pick up their food and avoid as much potential exposure as possible. We are thankful to all the amazing volunteers who have done all this work, despite the stress and changes over the last two years!

This month, we will begin offering in-person meals to those who want them. There will be restrictions and safety protocols in place for the health and safety of our volunteers and community members coming for a meal. Food will be served by specific people, who must all wear masks and gloves, and no family style or buffet style meals. There will be social distancing requirements, as well as open doors and windows, to ensure air quality and ventilation issues are addressed.

Some to-go meals will still be available for those who do not feel comfortable dining in the Dorothy.



Photo by P.O.sitive Negative via Unsplash

UPCOMING EVENTS

The Who, What,
Where, & When

HOSTED BY UUSB REGULARLY

Sundays @10:00 AM

Worship Service

Join us weekly in person or on Zoom. Find the guidelines for in-person meetings and the link, meeting ID, and password in the weekly e-news.

Tuesdays @5:45 PM

Mindfulness Meditation Group

Join Rev. Drew for our regular Mindfulness (Vipassana) Meditation Group on Zoom. Open to all!

Tuesdays @7:00 PM

Chalice-Side Chat

Join us on Zoom to check in and find support. Find the link, meeting ID, and password in the weekly e-news.

OTHER LOCAL EVENTS

Sunday, April 10 @3:00 PM

The Highlands Classical Trio Concert

Hampden Congregational Church
The Highlands Classical Trio is dedicated to the live performance of classical music in the towns of Central Maine. Their programs include solos and duos of the members, as well as piano trios.
Admission by donation.
For info, call 564-0043.

Thursday, April 14 @6:00 PM

Maine Multicultural Center Community Forum

Zoom, Registration Required
This month's Community Forum is "Connecting Across Differences" presented by Peggy Smith. Peggy Smith is a certified trainer with the International Center for Nonviolent Communication. You must register to join the Zoom meeting. To register, go to <https://bit.ly/3LOf4IN>.

SPECIAL MEETINGS & SERVICES

Wednesday, April 6 @6:30 PM

New to UU Class on Zoom

Join Rev. Drew and some of our Membership-Fellowship Committee members for this two hour class about UUSB and UUism to fulfill a membership requirement or just to get a refresher!
Email uubangor@gmail.com to register.

Sunday, April 10 @12:00 PM

Ringing Bells & Feeding Souls

Join us for an open-air concert with UUSB's historic bells and our monthly food collection for the Ecumenical Food Cupboard. In 2021, we collected over 3,000 lbs. of food!

Wednesday, April 13 @6:30PM

New to UU Class in Person

Join Rev. Drew and some of our Membership-Fellowship Committee members for this two hour class about UUSB and UUism to fulfill a membership requirement or just to get a refresher!
Email uubangor@gmail.com to register.

Saturday, April 23 @4:00 PM

Bean Supper Served

The Bean Supper will be served in the Dorothy Memorial Hall. There will be options for dine-in and to-go meals. Please wear a mask and be prepared to follow social distancing guidelines.

Saturday, April 30 @4:00 PM

Bean Supper Served

The Bean Supper will be served in the Dorothy Memorial Hall. There will be options for dine-in and to-go meals. Please wear a mask and be prepared to follow social distancing guidelines.

2022

APRIL

UUSB CALENDAR

SUN	MON	TUE	WED	THU	FRI	SAT
					1	2
3 10:00 AM Service 10:00 AM Youth Chapel 3:30 PM COA Meeting	4	5 9:45 AM Staff Meeting 5:45 PM Meditation 6:30 PM Trustees 7:00 PM Chalice-Side Chat	6 6:30 PM New to UU on Zoom 7:45 PM Comm. Committee	7 5:30 PM Choir	8 10:00 AM Budget & Finance	9 1:00 PM Jessica Smith Memorial
10 10:00 AM Service 12:00 PM Ringing Bells Feeding Souls	11	12 5:45 PM Meditation Group 7:00 PM Chalice-Side Chat	13 Committee Reports Due 6:30 PM New to UU In-Person	14 5:00 PM Building Needs Task Force 6:30 PM Executive Committee	15	16
17 10:00 AM Service 11:30 AM Social Justice	18	19 9:45 AM Staff Meeting 5:45 PM Meditation Group 7:00 PM Chalice-Side Chat	20 Annual Reports Due 11:30 AM Guild Meeting 2:30 PM Pastoral Care 6:30 PM Council	21	22 9:00 AM Shared Ministry	23 10:00 AM Bag Lunch Prep 3:00 PM Supper Prep 4:00 PM Bean Supper
24 10:00 AM New Member Service 11:00 AM Budget Hearing	25	26 5:45 PM Meditation Group 7:00 PM Chalice-Side Chat	27 5:30 PM Worship Committee	28	29 2:00 PM Charlie Boothby Memorial	30 10:00 AM Bag Lunch Prep 3:00 PM Supper Prep 4:00 PM Bean Supper

REMINDERS

ABOUT US

Unitarian Universalist Society of Bangor

Our Mission Statement

The Unitarian Universalist Society of Bangor is an historically liberal religious community, celebrating diversity and supporting spiritual growth and social responsibility in each child and adult.

A Welcoming Congregation

We welcome individuals and families of all religious upbringings, racial and ethnic backgrounds and sexual orientations. We, a member of the Unitarian Universalist Association, covenant to affirm and promote the inherent worth and dignity of every person.

A Green Sanctuary

The UU Society of Bangor, recognized as a Green Sanctuary by the Unitarian Universalist Association, endeavors to incorporate care for the Earth into its worship and religious education while working to promote environmental justice and sustainable living. We covenant to affirm and promote respect for the interdependent web of all existence, of which we are a part.



Do you have a **CLYNK** Bag?? Be sure to have one handy, so you can easily be collecting bottles and cans to help raise money for our UU Youths' Social Justice Service Trip. The bags are in the Dorothy Memorial Room. Please contact Laura Santilli for details. Thank you for your support!!!

UUSB is always in need of volunteers – for fundraisers, childcare, teaching, and to fill positions on our active committees. The great perks of volunteering are not just the satisfaction of contribution, but the sense of community we all feel when we accomplish important tasks with others. Since we don't always know who is able to take part, please contact a council or committee member if you are open to volunteering in any large or small way.

The **UUSB Worship Committee** is looking for more member participation in our worship services and is extending an INVITATION to one and all of you to consider if you might be interested in joining our services as READERS.

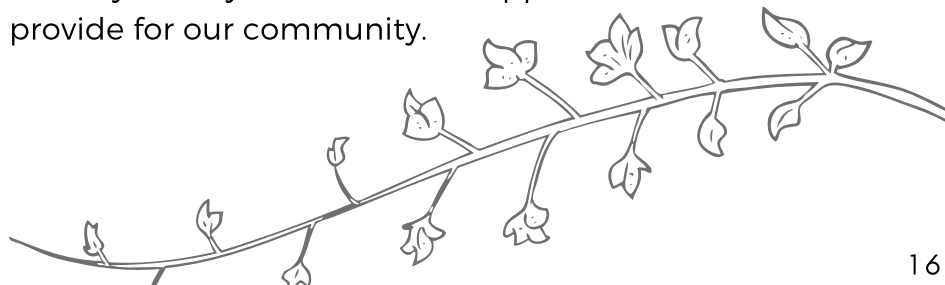
Collection Plate & Pledge Reminders

One way you can help continue our outreach efforts is to keep up with your financial pledge. Without our weekly passing of the collection plate, we still need to make sure that we can pay our bills. Keeping up with your pledge allows our staff and leadership to focus on providing services to members, friends, and guests. There are three options to make is easy to keep up with your pledge:

1. Mail a check to the church office at 120 Park St, Bangor, ME 04401
2. Contact Rosemary Parsons, our treasurer, to set up a direct withdrawal from your paycheck or bank account
3. Donate online through Vanco. This option will be available on our website, as well as shared in our weekly e-news



Thank you for your continued support as we all work to provide for our community.



ABOUT THE *CHALICE & CHIMES*

Church Council:

Kerrie O'Brien, Chair
Valerie Carter, Vice Chair
Kate Dutra, Clerk
Rosemary Parsons, Treasurer
Karen Cashman
Nero Fyler
Francis Grey
Ali Khavari

Council meets at 6:30 PM
on the third Wednesday
of each month.



UUSB Staff Contact:

Rev. Andrew Moeller, Minister
(207) 922-2956
Christine Sprague, Office Admin.
(207) 947-7009
Karen Childs, Director of SE
(207) 949-0733
Molly J. Webster, Music Director
(207) 947-7009

Due to delays caused by working
remotely during the COVID-19,
please be patient with responses.
We will get back to you as quickly
as possible.

About Our Newsletter

The *Chalice and Chimes* is published ten times a year (Sept-June). The hard deadline for submissions is the 25th day of each month. Please notify the office of your intent to contribute by the 20th of each month, on the soft deadline. Contributions are solicited and should be sent to the Administrator/Editor at the church office. An email reminder is sent out to all member and friends on the church's database mailing list when the newsletter has been posted to the church website, where it may be viewed or down-loaded. It is also available in paper format on the table by the sanctuary entrance and by US mail (request from the Church Office).

Editorial Policy

Articles submitted for publication in the *Chalice & Chimes* must strive to include, in an unbiased way, only that information that is consistent with the UU faith. Articles should deal with issues of a spiritual nature meant to inspire, encourage, educate, or inform. Although every effort will be made to be inclusive, the Editor reserves the right to determine which articles are accepted for publication. The Editor has the right to edit for space, availability, libelous remarks, or unwarranted personal attacks. The Editor also reserves the right to refuse any item that may affect our Tax Exempt Status.



Newsletter Submissions Next Newsletter Deadline: April 25, 2022

The next issue will be May 2022.
We value your contributions and very much
appreciate submissions. When sending email
contributions to The *Chalice & Chimes*:
uubangor@gmail.com

