

CHALICE & CHIMES

THE MONTHLY NEWSLETTER OF UUSB

JANUARY 2022

THIS MONTH IN WORSHIP

This month, our worship services will continue to be held via Zoom due to the elevated levels of the COVID-19 omicron variant. Currently, our online platform is the safest way we can serve the greatest number of our members, friends, and guests. Please check the weekly e-news and Facebook posts for all service and COVID updates. We hope to begin multi-platform services in February!

Our theme this month is **Living with Intention**.

January 9 - *The Power of Intention* - The beginning of the New Year is a time when many people look forward to the promise of the year that lies ahead. It is a time when many people make resolutions and set goals. In this service, Rev. Drew will reflect on setting New Year's intentions instead of resolutions as a means of charting out spiritual growth for the year ahead. This service will be led by Rev. Drew Moeller, with Sue McKay as our worship associate, Ben Goff or Jennifer Rodriguez as our Zoom tech, and music provided by Molly J. Webster.

Meeting ID: 922 3039 4980 Passcode: 075567 [Zoom Link](#)

January 16 - *Embracing the Spirit of MLK* - In honor of Rev. Dr. MLK's birthday, our service will reflect on how groups in the greater Bangor community are working, living the legacy of Rev. Dr. MLK's dream by working for justice locally. This service will be led by Rev. Drew Moeller and Laurie Cartier, with Sue John Arimond our worship associate, with Jennifer Rodriguez as our Zoom tech, and music provided by Molly J. Webster.

Meeting ID: 929 5828 1403 Passcode: 506503 [Zoom Link](#)

January 23 - *Awakening Authentic Intention* - Please join worship leader Leah Boyd and worship associate Laurie Cartier in an exploration of awakening authentic intention. Useful for groups and for personal intention setting, this service will guide us through a process to set authentic intentions. Leah will also be providing music for this service.

Meeting ID: 910 9842 8247 Passcode: 554993 [Zoom Link](#)

January 30 - *Learning from Pauli Murray* - In this last week of January, where our theme has been living with intention, join me in exploring the life and lessons to be learned from someone who lived with great intention. Pauli Murray, a lawyer, civil rights and women's rights activist, writer, and Episcopal priest broke countless boundaries in pursuit of a more just world. This service will be led by Caleigh Grogan, with Phyllis Havens as our worship associate, and music provided by Molly J. Webster and Jacob LaMontagne

Meeting ID: 949 9091 3006 Passcode: 867910 [Zoom Link](#)

**UNITARIAN
UNIVERSALIST
SOCIETY OF
BANGOR**

120 PARK ST
BANGOR, ME 04401

SUNDAYS AT 10:00 AM
(207) 947-7009

WWW.UUBANGOR.ORG

UUBANGOR@GMAIL.COM

HIGHLIGHTS:

- 2 - DREW'S VIEWS
- 3 - MINISTER'S SCHEDULE
- 4 - COUNCIL CRIER
- 5 - OFFICE BULLETIN BOARD
- 6 - TREASURER'S REPORT
- 7 - MEMBERSHIP-FELLOWSHIP
- 8 - SPIRITUAL EXPLORATION
- 12 - SOCIAL JUSTICE
- 13 - SMALL GROUPS
- 14 - UPCOMING EVENTS
- 15 - JANUARY CALENDAR

Dear Ones,

Something is promising about the beginning of a new year - particularly after a turbulent one.

When I was much younger, the New Year was a time for setting goals and resolutions for the years to come. For example: "This is the year that I will: stop smoking, lose 20 pounds, or cease that nagging old habit that makes me feel self-conscious." For years I kept setting lofty resolutions, and for many years they never seemed to work.

Usually, in late summer or fall, I felt a sense of failure or inadequacy because I never seemed to achieve those resolutions. So I carried a sense of failure because I never lived up to those unreasonable expectations. Finally, I accepted that making New Year's resolutions was not a productive endeavor, so I gave them up for good.

About ten years ago, one of my meditation teachers introduced what I now feel is a more productive new year tradition of setting intentions. Since then, setting intentions at the beginning of the new year has become one of my yuletide practices. To accomplish this, I mindfully review the past year and intentionally let go of what I wish to leave behind in the past year. I call this exercise "spiritual housekeeping." Once I complete that housekeeping process, I start setting intentions for the new year.

Intentions are different from housekeeping or resolutions. Goals and resolutions are particular and binary. One either achieves the goal or not.

Intentions, on the other hand, are general aspirations. Instead of "I am going to lose 30 pounds" (goal), an aspiration might be "I will be more aware of what I eat, how often I eat, or why am I eating? The intention is not specific as a goal, but more importantly, it builds awareness of self and the causes and conditions of how food relates to my state of being. Intentions build relationships instead of judgment. Relationship makes connections, but judgment creates separation.

Last year I was happy to say we accomplished a lot as a congregation. Thanks to our volunteers and staff, we created: quality online worship services with fantastic music and sharing from our members, engaging Spiritual Exploration Experiences (SEE) for our youth, while continued outreach to the Bangor community through our bean suppers and monthly food collection, and meditation group. We also provided a tremendous caring network for people struggling with sickness and losing loved ones, both near and far. In addition, we have made several upgrades to our building and put together a new infrastructure to enable our offering multiplatform worship with an in-person component starting in February.

I am not saying that 2021 was easy - it was not. Yet despite all the challenges, we accomplished a lot together; even when many congregations are experiencing fall out from the pandemic, UUSB has remained active, engaged, and relevant to our times.

Moving into the new year 2022, I hope and pray we continue to find new ways to set intentions to deepen our relationship with each other. May the Spirit that of all we hold dear, be with us as we continue to find new and relevant ways to serve our mission and ride the waves of change into the new year. Just as pray for the end of the pandemic, healing, equality, and justice for all!

Many happy blessings and intentions for the New Year!

Love & Namasté,



Rev. Drew

Minister's Schedule - January 2022

Rev. Drew along with other UUSB staff will be working from home, until social distancing measures are withdrawn. He is reachable during the office hours listed below either online or via phone.

Mon - Minister's Sabbath Day (day off)

Tues, Wed, Fri - 10 to 1 PM - Office hours (ONLINE or by PHONE)
2 to 4 PM - by Apt.

Thurs - Sermon Writing / Worship Planning Day
(not taking calls or answering emails)

Saturdays - By appointment (ONLINE or by PHONE)

Sundays - (afternoon / evenings by appointment) (ONLINE or by PHONE)



Note: **January 21-31** - Rev. Drew will be away at a professional development retreat and unable to check emails or phone messages. If you need to reach someone immediately, you can reach out to the Pastoral Care Team or a UUSB Council member.

You can reach Rev. Drew directly at his local UUSB phone number **(207)922-2956** or at his personal cell phone number **(860)655-5890**

February's worship theme is "Widening the Circle."

If this theme makes you think of a poem, reading, or piece of music that speaks to this theme please share it with Rev. Drew, Molly Webster, or a member of the Worship Committee. Your suggestions inform and enhance our worship services.

2021-2022 Worship Themes

March: Renewing Faith

April: Awakening

May: Nurturing Beauty

June: Celebrating Blessings

UUSB Mindfulness Meditation Group

Tuesdays, 5:45 - 7:00 PM

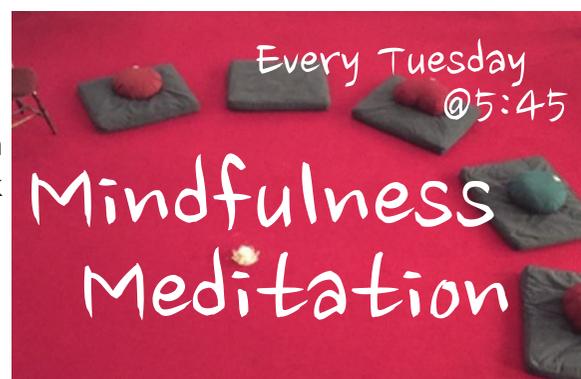
This month, the 1st and 3rd Tuesdays of the month will include a dharma lesson based on chapter 6 from *The Wise Heart* by Jack Kornfield. In the 2nd and 4th weeks, the group will have slightly longer walking and sitting meditation and check-in and group discussion.

Our meditation is an open/drop-in style group. No previous meditation experience is required. People joining the group for the first time are highly encouraged to contact Rev. Drew (drewuu2@gmail.com) and make arrangements to sign in at 5:30 on their first night. This provides space for newcomers to become familiar with our process and receive a brief meditation instruction to make the first meeting experience more enjoyable. Other students have found this helpful. Once the building is opened up, we will return to in-person meetings, but still provide a Zoom option. Stay tuned to the *Chalice & Chimes* and e-news for updates and links to our online sessions.

This program is free of charge. If one wishes to make a free-will offering (dana) to the group, one can donate by contributing to UUSB with "Meditation Group" in the memo line.

Please check your email for the login link or use the code **794 704 8437** to call in!

Note - The January 25 meeting may be cancelled, please look to the weekly e-news for updates.





Church Reopening & COVID Policy Reminder

We are aiming to begin a multi-platform (hybrid) approach to services starting February 6. This would allow for a limited number of attendees to join the services in-person. Please be on the lookout for more information on our reopening plan and expectations coming soon. We'd also like to remind all to remain mindful of our COVID-19 Policy for in-person meetings in the church, which includes safety measures intended to keep our congregation safe and healthy. If you are not familiar with our policy, please reach out to the main office. You can find a summary of the current policy below.

Council Retreat

The Council will be meeting on Saturday, January 8 for their mid-year Council Retreat from 9 am - 10:20 with a special Council COVID-19 reopening discussion to follow. The Council will be reaching out to Committee Chairs to join us during the day and will provide further details.

Going Green & Possibly Saving Green with Ampion

We are currently in discussions with Ampion, a Maine shared solar company, about a potential contract. This arrangement would provide a credit on the church's Versant bill. Therefore, not only will we buy into a greener energy source, but we may possibly gain savings on our electric bill. The sub-group exploring this potential arrangement is still conducting their due diligence and also soliciting the feedback of other UU communities. For more information on these discussions, please reach out to Valerie Carter or Kate Dutra. For more on Ampion, go to www.ampion.net.

UUSB COVID-19 Policy

Please keep in mind that the COVID-19 guidelines are evolving with the number of local cases, as well as CDC guidelines. This is a monthly topic at council meetings, with input from official sources and our own people working on the front lines. Updates and changes should be expected, so please check for updates in the weekly e-news, especially as we prepare to begin multi-platform services. If you have more detailed questions, please contact the office.

- Masks are required for all people using the UUSB building, whether or not they are vaccinated.
- Sign-in sheets with names and contact info, phone and/or email are required for contact tracing purposes.
- Committees and small groups may meet in the building, with restrictions.
 - Spaces MUST be reserved through the office.
- Number of participants is limited based on the space being used and ventilation available.
- No food or drinks may be served in the building.
- Additional restrictions may be applied, depending on the risk-level of the activity.
- UUSB committees and small groups should base their decisions on the safety and comfort of their participants, being as inclusive of those with health concerns as possible.
- Proof of vaccination or a negative COVID test within the past 72 hours is required for all attendees at SEE events, now including children 5 and up.
- Participation in any in-person events is at the risk of the individual.
- **If guidelines are not followed, building access privileges can and will be revoked.**
- This is subject to change, as we are monitoring the situation on a monthly basis.
- If you are experiencing any symptoms of illness, please choose to stay home for the safety of everyone at events and meetings.

small groups
@UUSB?
Good to Go!

Staff Working
from Home

Call
or
Email
~
all calls go to
voicemail

Use Vestry
door during
school hours

Photos to Feature
on Website or in
C+C ALWAYS
WELCOME

Committee
meetings OK
for in-person



Minister:

Rev. Andrew Moeller
drewuu2@gmail.com

Minister Emerita:

Rev. Becky Gunn

Music Director:

Molly J. Webster
uusbmusic@gmail.com

Director of SE:

Karen Childs
uubangorre@gmail.com

Office Administrator:

Christine Sprague
uubangor@gmail.com

Tech Coordinator:

Jennifer Rodriguez
uubangortechcoor@gmail.com

Council Chair:

Kerrie O'Brien
kerriekat48@yahoo.com

Council Vice Chair:

Valerie Carter
vcgardener@gmail.com

Council Clerk:

Kate Dutra
kate.dutra70@gmail.com

Council Treasurer:

Rosemary Parsons
roxemary@gmail.com

Building Partially Closed

Due to the COVID-19 pandemic, the UUSB staff are working primarily from home. Small groups and committees may meet in the office, but **must** contact the office to schedule time, receive approval, and verify required safety guidelines. Please check the weekly e-news and monthly *Chalice & Chimes* for updates. Committees and small groups may meet at UUSB, but no food or drink may be served. Masks are required for all people at all times. Proof of COVID-19 vaccination or a negative test result within 72 hours before are required for attendance at SEE events.

"Office" hours with contact by voicemail or email from 10-2, Tues-Fri

If there is some delay, please be patient with the complexities of working from home. I check for incoming messages from 10-2 Tuesday-Friday. I am unable to receive direct calls to the office at home, so please expect a delay in responses. The fastest method is email and I will pass along the info or reply by email or phone, as you request. When leaving a voicemail, please provide all necessary info.

WPS has moved downstairs, Dorothy now open during school hours

The school has moved downstairs to their planned classroom, so the Dorothy is now available during school hours. Reservations must still be made to use the space, even for returning groups. Please be aware that the Dorothy doors are still their primary point of entry, so do not block the doors and be aware that the school may pass through during the day. For scheduled meetings in the Dorothy, I will inform the school to prevent as much interruption as possible.

UPCOMING DEADLINES

CHALICE & CHIMES (JAN. ED.)
THURSDAY 1/20 - SOFT DEADLINE
TUESDAY 1/25 - HARD DEADLINE

E-NEWS (WEEKLY)
THURSDAYS AT 10:00AM
COMMITTEE NOTES FOR COUNCIL
WEDNESDAY, JANUARY 12

"OFFICE" HOURS

BY VOICEMAIL OR EMAIL
TUESDAY-FRIDAY, 10-2
OTHER TIMES AVAILABLE BY
APPOINTMENT.

TREASURER'S REPORT

BY ROSEMARY PARSONS

TREASURER'S REPORT FOR MONTH OF NOVEMBER This report covers 42% of the year.

Total income for the month of November was \$17,096. YTD income is \$104,575, 45% of the year's budget In November 2020 income was \$13,845. Last year's YTD income was \$94,851, 40% of the year's budget.

Expenses were \$18,163. leaving a loss of (\$1,067) for the month. YTD expenses are \$87,824, 37% of the budget. In November 2020 expenses were \$17,463 and last year's YTD expenses were \$86,210, 37% of the budget.

November income included pledge of \$6,477. Plate donations were \$1,304. Half of that amount goes to the Penquis Fuel Assistance Program. Endowments were \$3,164, Raffle ticket sales brought in \$4,780. Rental income was \$605. General Fund was \$297.

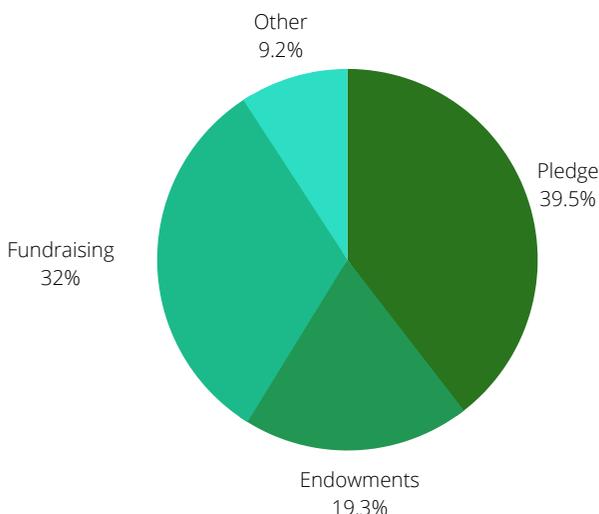
VANCO: In November: 17 people used the Vanco link to make payments totaling \$3,137.93 gross in all categories with a net of \$3,067.12. Fees were \$70.81 and the offset paid was \$19.93. Additional charges invoiced were \$19.49. Donations were: General Fund for \$167, pledges for \$1,437, Share the Plate for \$1,052, Raffle \$380, SE Renovations \$50 and Minister's Discretionary \$2.

Expenses for the month break down as Personnel \$12,498 (99% of total costs), Building \$1,472 (8%), Fair Share to the UUA \$845 (5%) , Administrative \$1094 (6%) and Congregational expenses for \$2,254 (12%) Total expenses for 5 months was 37% of the year's budget.

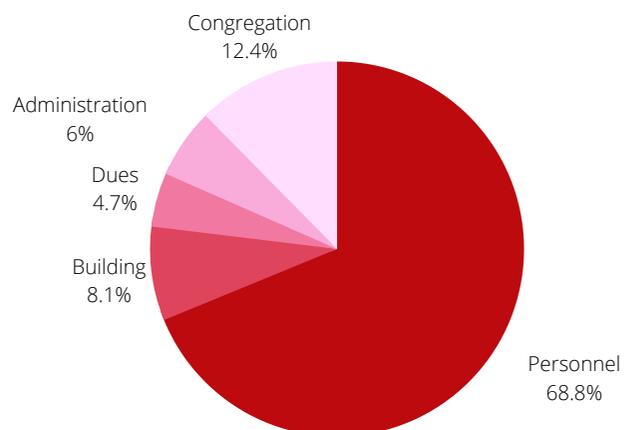
Notes: The Elevator inspection cost us \$1,700 last year, but only \$371 this year because nothing needed to be fixed (which makes a second inspection necessary). Congregational expenses are up because several months of food program receipts were paid. The Raffle brought in about \$15,767, compared to \$10,817 last year, plus expenses will be much lower. More details next month.

In Service,
Rosemary Parsons

November Income



November Expense



Looking for Friendly People to Help as Sunday Greeters

Although we don't yet know when we will be back for in-person services, the Membership-Fellowship Committee is getting ready to welcome all your smiling faces. To do this, we need your help! We like to have at least two people in the Dorothy to greet everyone as they arrive for Sunday services, as well as provide information to those who are new to UUSB. This is a wonderful way to meet folks and share our wonderful community. If you would like to help out, contact Cathy Elliott at cathyelliott25@gmail.com. We will be in touch to schedule dates. Thanks!

Options for Membership

Any friends and visitors who want to consider becoming a member of UUSB can now join at any time, not just twice a year! The joining system consists of (1) completing an information request card, now available online, indicating interest in becoming a member; (2) reading through a [Self-Study Guide](#) describing UUism and UUSB; and (3) attending a new Monthly Minister's Tea or a New to UU Class. The Monthly Minister's Teas are on the UUSB's online calendar. The next Minister's Tea is scheduled for January 9th. The next New to UU Class will be held in the Spring. If you are interested in participating in the one of the Minister's Teas or becoming a member, you can email uubangor@gmail.com.

Monthly Tea with Reverend Drew

Rev. Drew holds a monthly tea via Zoom immediately following Fellowship Hour after service. Attending one of the teas meets one of the requirements to becoming a UUSB member. This is a little less formal and is a good way to ask any questions you may have about Unitarian Universalism, the UUSB and our commUUnity. The next Minister's Tea will be Sunday, January 9th and February 20th, just after fellowship. If you would like to attend, please send an email to uubangor@gmail.com.

GET INVOLVED!

MEMBERSHIP-FELLOWSHIP NEEDS YOU!

Let's have some fun together!!!

Are you new to UUSB or just looking for a new, fun way to participate in our ComUUnity?

The most awesome committee is looking for new members!!!

This committee doesn't require a lot of time, we meet once a month, the second Wednesday of each month roughly 6:30-8:00PM. We help greet all of the people coming for in-person services. We also help to connect with all visitors, people generally interested in UUSB, and those wanting to become members. Truly, this is one of the most fun and most important committees of our congregation.

If you are interested in joining, please contact Cathy Elliot, Kerrie O'Brien, Even Richert or Linda Koehler.

SPIRITUAL EXPLORATION EXPERIENCE

The Soul Matters theme for January is *Living with Intention*. New Year's Eve is a traditional time of year to set resolutions, or intentions. While it is all well and good to set goals for the upcoming year - let us wonder together for a moment - what do we hope to achieve? what is the purpose? and also, what are the necessary actions to reach those goals?

Probably, it's best to start somewhere near the beginning... Let's be curious together about what sort of changes, or add-ons, or subtractions would make an impact on you and your family's lives this year? Need some ideas? Check out the "At the Table" section of our *Soulful Home* packet - it's loaded with great conversation starters to get this process started!

And be sure to take a few moments to flip through the rest of this month's activity pack! It is chock-full of fun games and activities, new podcasts, outdoor family activities, games, and stories. All wonderful tools to help you and your family find ways to fully live with intention throughout the month.

In comm-UU-nity,



Circle of Trees

Sunday, Jan 16th @2PM
LOCATION TBA

Join our Community for a family-style Spiritual Exploration Experience amongst the trees...



FALL SESSION SCHEDULE

January

Sun 1/2 - No S.E.E.

Sun 1/9 @11:15 - Zoom Rooms
Online

Sun 1/16 @2:00 - Circle of Trees
Outdoor Family Event

Sun 1/23 @11:15 - Zoom Rooms
Online



Karen Childs
UUSB Director of Spiritual
Exploration
(207) 949-0733
uubangorRE@gmail.com

WHAT TO EXPECT: WINTER SESSION

Due to the ongoing complexities of planning in this Covid-age, we continue to plan our programming with safety and flexibility as our top priority. For the second session of our programming, Jan 9th - Mar 27th, our coldest, wettest months - we will be modifying our multi-platform programming. At this moment in time, we are hoping to have partial reopening, beginning on February 6th. We'll be stretching our imaginations to find ways to create healthy and safe community experiences.

We are hoping to slowly reintegrate by shifting our Zoom-Room Classes into In-Person Classroom Experiences. And, as the weather allows, we will continue to Circle-up in the Trees to experience some fun and interactive outdoor time. Our high schoolers will continue to meet up to do a variety of activities with our local crew as well as to participate with our regional mid-coast youth group for larger projects. We hope to see you and your families both online and in person events this Winter!

We are committed to the safety of our community, and we will continue to practice these important safety precautions in an effort to reduce risk while participating at In-Person Events.

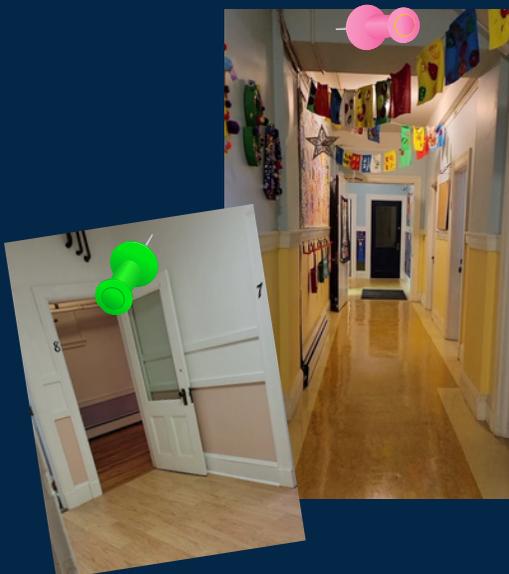
Masks must be worn, except when eating/drinking, during all UUSB In-Person Events. For S.E.E. specific events, proof of vaccination or proof of a negative COVID test within 72 hours, for all folks 5 years of age and older, must be presented to the DSE at the first In-Person S.E.E. event you and your family attend. Please continue to practice physical distancing when interacting with folks outside of your pod.

CONSTRUCTION UPDATES



We are so thankful for the time and talents of Wendy Erickson and her crew of volunteers for all the hard work they have put into renovating our Spiritual Exploration Wing!

Here are just a few of the highlights:



Dear UUSB Grade 9-12 Parents & Youth:

This year's Youth Group experience explores the theme of service and volunteerism.

Participants are not only helping out with food collection and SEE wing renovations, but are also discussing and reflecting on important questions related to the act of giving time, labor, or other resources.

- Why serve?
- How do I decide whom or what to serve? Or how much?
- What do I get out of service?
- Is it still volunteerism if I get something out of it?
- Is it volunteerism if I was coerced into it?
- What are the examples of service in our lives and what have they taught us?
- How do we remain mindful of power differences and healthy boundaries while volunteering or serving others?
- In what ways can we foster connection and inspiration when we serve, rather than alienation?

Youth Group would benefit from more opportunities to accrue context and experience for these discussions by donating time and talents. If you know of an appropriate volunteer opportunity, please contact [Chuck McKay@chuckrates@gmail.com](mailto:ChuckMcKay@chuckrates@gmail.com)

Mid Maine YoUth Group

There was not enough interest in participating in the January Mid Maine Youth Event. In February, we will be checking in with our youth to assess interest in the Spring event. All UUSB Youth ages 15 - 18 are eligible to participate. Contact Rev. Drew or Chuck McKay if your teen is interested in participating. Remember that this year's Mid-Maine YoUth programming is open to *all* high school-age youth; no commitment to attending all events is required. Our last scheduled event of the year is:

April 22-23 - Overnight in Bangor or Ellsworth - with a Wabanaki REACH workshop and working to help with Bean Supper or in a local shelter or food pantry. The deadline to sign up for this event is February 28, so there is enough time to plan and coordinate with other congregations and Wabanaki Reach workshop leaders.

COA Program

Our Coming of Age program is for 7-9th graders. This program will involve six 1 1/2 hour sessions discussing and developing our youth's ideas and beliefs around religion and spirituality.

They will be connected with mentors that they will meet with to share ideas and put shape to their beliefs. The program is an amazing way for youth to team up with guiding adults to put form the the thoughts and ideas that they are trying to sort through as they enter adulthood.

Meetings:

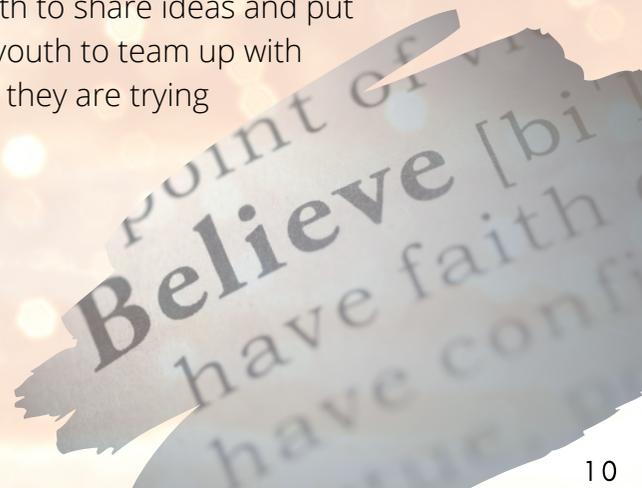
January 2nd - 3:30-5pm - Vestry

January 30th - 3:30-5pm - Vestry

If you have interest in being an youth participant or mentor, please contact Erin Seavey @ erinseavey1@gmail.com

Important Dates & Times

- January 9, 11:45 to 12:30 - Food Collection @ UUSB
- February 13, 11:45 to 12:30 - Food Collection @ UUSB
- March 13, 11:45 to 12:30 - Food Collection @ UUSB
- April 10, 11:45 to 12:30 - Food Collection @ UUSB
- April 22-23 - Mid-Maine YoUth service project





Ringling Bells and Feeding Souls



January 9th at 12:00 PM

Open Air Chimes Concert & Food Collection

On Sunday, January 9, UUSB will once again host our Second Sunday Food Drive & Open Air Concert, the church's monthly community food collection, from 12:00-12:30. There will be drop off bins on the Park Street sidewalk in front of the church for those wishing to donate.

From 12:00-12:30, there will also be a concert from the church's historic bell tower. UUSB's 10-bell, Meneely "C Chime" is one of only 6 genuine tower bell instruments in Maine and the only manually-played chime in Bangor (installed 1919).

We invite all within the Bangor community to step outside and take a listen. You are welcome to enjoy from the church lawn, surrounding areas, or your car, but please wear masks and social distance.

The food collected is given to the Ecumenical Food Pantry in Bangor. They can also take monetary donations, which buys up to six pounds of food for every dollar given. Make checks out to Bangor Ecumenical Food Cupboard (Bangor EFC), and we'll keep feeding souls.

In 2020, you gave 2,833.5 pounds of food, more than one and one quarter metric tons. **In 2021, you contributed 3,193 pounds!!!** You are making a difference!

What Are Grocery Cards? And, Why Buy Them?



So, you want to know, "What are grocery cards?" Good question!

Grocery cards are Hannaford gift cards that UUSB sells as a type of fundraiser. We purchase the gift cards in bulk directly from Hannaford with a 5% discount. This means that, by purchasing grocery cards from UUSB, you are able to donate 5% of your grocery bill to UUSB without increasing your grocery bill!

The Hannaford gift cards, aka grocery cards, can be used for almost all purchases at Hannaford. The very limited exceptions being money orders, money transfer services, utility bills, and returned check fees. Most grocery cards purchased through UUSB also can not be used for tobacco or alcohol.

Now that you know what they are and how easy it is to give a few extra dollars to UUSB without any extra spending, I bet you want to know how you get your grocery cards. No need to worry because it is easy to start getting your cards at any time, using the following info.

Grocery Cards are available! Convenient to carry!
Every purchase helps UUSB!!

Cards are available in increments of
\$25, \$50 or \$100.

Email or call for pick-up or delivery. Cash or checks
made out to UUSB are accepted.

Buy for your own grocery shopping! Buy cards for
gifts! Buy to donate to a local food bank!

Cards are also available at the monthly
Ringing Bells & Feeding Souls events.
The next will be November 14th at 12:00.

For purchase and pickup or delivery, contact:

Tim & Judy Martin
942-2696

jamandtim@myfairpoint.net
10 Highland Ct off Union St.
OR delivery ANYWHERE

Rosemary Parsons
327-1045

roxemary@gmail.com

Delivering in the Orono/Old Town/Hudson area.

SOCIAL JUSTICE COMMITTEE

Faith Linking in Action - Food Security & Interfaith Alliances

You are invited to our first convening of 2022 on Sunday, January 23 from 1:30-3:30. We will share the creative ways our faith communities are working to battle food insecurity and explore how our interfaith alliance strengthens and broadens our efforts.

If we are able, this will be a live dessert, coffee, and sharing event held at the First United Methodist Church at 703 Essex St. in Bangor. If not, we will meet via Zoom.

Current efforts will be presented by representatives of each congregation:

- Peg Olson, St. Patrick's Episcopal Church: Holyoke Street Neighborhood Garden
- Rev. Andrew Moeller, UUSB: Ringing Bells & Feeding Souls
- Pastor Steve Smith, First United Methodist Church of Bangor: Drive-by Community Meal
- Rita Worster, Hammond Street Congregational Church: Ecumenical Food Pantry

This will be followed by a time for all participants to brainstorm other possible interfaith food security projects and create action plans.

For more information, contact Peg Olson at peg.olson@faithlinkinginaction.org.

To register for this convening, click [here](#). The more the merrier, so bring a friend! We will notify all registrants about the location, in-person or online, on January 20.

Food AND Medicine Free Workshop: Pressure Canning

Join Food AND Medicine for a free workshop on pressure canning featuring carrots. All materials will be provided. You can participate in-person at the UMaine Coop Extension Kitchen in Bangor or via Zoom. Please RSVP by emailing johnny@foodandmedicine.org.

MUUSAN - Maine Unitarian Universalist State Advocacy Network!

Next MUUSAN Network Meeting: Saturday, January 8, 10:00-12:30 via Zoom

This month's meeting will have a special focus on the Maine Tribal Sovereignty bill (LD 1626) with Passamaquoddy Tribal Representative Rena Newell as our guest speaker. In preparation for the meeting, please visit MUUSAN's new [Stand with Wabanaki](#) page.

Please register [here](#) to attend.

Peace & Justice Center Fundraiser: Frybreads Made by Dawn Neptune Adams of Penobscot Nation

Dawn Neptune Adams is a member of the Penobscot Nation and a filmmaker with Upstander Project and Sunlight Media Collective. She has been a tireless advocate for environmental justice and Indigenous rights at the tribal, local, state, and national levels. She is a Racial Justice Consultant to the Peace & Justice Center of Eastern Maine on top of many other positions. When not battling polluters, plutocrats, and patriarchy, Dawn spends her time raising a pre-teen and building fine furniture. She dreams of a day when we can all eat Salmon from the Penobscot River and live together in peace.

Join the Peace & Justice Center and Dawn Neptune Adams for a day of delicious frybread and a celebration of resilience! Dawn's Magic frybread will be available to-go on a donation basis. Proceeds will go towards the Peace & Justice Center to continue and grow their important community work.

Contact peacectr@gmail.com to pre-order or for larger orders.

Pickup your frybreads January 12 from 11:00AM-2:00PM or 5:00-7:00PM. You can find Dawn and P&J in the Dorothy Memorial Hall at UUSB for pickup.



JANUARY 9 @12:30

Spirit of Drumming

On the second Sunday each month, we will be meeting in the sanctuary for drumming!

Note that we will be masked, distanced, proof of vaccination is mandatory, and there will be a sign-in sheet. Drums are available to share and/or bring your own. We will not do any singing.

We hope you will be able to join us. Contact Laurie at 944-0650 with any questions.

Chalice Side Chat

Tuesdays at 7:30 PM

Join Sue Henri-Mackenzie and other members of our community each week on Zoom. Each session is a chance to offer and receive support and check in with those we miss seeing in person.

Please check your email for the login link or use the following info to call in!

Meeting ID: 881 4667 4374 Passcode: 137985



Photo by Chris Montgomery via Unsplash

I	S	L	A	N	I	K	E	E	O	N	A	L	A
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A	L	I	N	N	W	Y	L	E	I	H	R	L	W
U	L	N	G	I	J	I	N	I	H	I	A	A	Y
T	E	V	L	N	A	G	L	W	S	N	E	I	E
H	N	O	N	E	N	G	E	N	W	N	V	A	A
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I	E	D	Y	A	Y	I	I	C	E	U	U	N	H
C	J	L	O	F	H	L	N	E	F	N	N	D	M
L	L	T	V	E	R	E	G	I	L	I	J	O	T
H	I	N	E	C	A	R	B	M	E	E	A	E	A

a word search for january

*living
with
intention*

- | | |
|-----------|------------|
| January | Awakening |
| New Year | Learning |
| Living | Embrace |
| Intention | Involved |
| Authentic | Fellowship |

Words can be up, down, left, right, diagonal, forward, and/or backward.

UPCOMING EVENTS

The Who, What,
Where, & When to
find UU online

HOSTED BY UUSB REGULARLY

Sundays @10:00 AM

Worship Service

Join us weekly on Zoom. Find the link, meeting ID, and password in the weekly e-news.

Tuesdays @5:45 PM

Mindfulness Meditation Group

Join Rev. Drew for our regular Mindfulness (Vipassana) Meditation Group. Open to all!

Tuesdays @7:00 PM

Chalice-Side Chat

Join us on Zoom to check in and find support. Find the link, meeting ID, and password in the weekly e-news.

HOSTED BY OTHER UU GROUPS WEEKLY

Sundays @8:00 PM

Church of the Larger Fellowship (CLF) Online Worship

Join CLF for a weekly worship service on Zoom. CLF is the largest UU congregation, exclusively meeting online. Check the e-news for the registration link weekly.

Thursdays @11:00 AM

The VUU by CLF

A live Unitarian Universalist talk show discussing today's topics from an anti-racist, anti-oppressive, and multicultural perspective. Visit their Youtube page or check the weekly e-news for the newest link.

SPECIAL MEETINGS & SERVICES

Sunday, January 9 @12:00 PM

Ringling Bells & Feeding Souls

Join us for an open-air concert with UUSB's historic bells and our monthly food collection for the Ecumenical Food Cupboard. In 2021, we've collected over 3,000 lbs. of food!

Sunday, January 9 @12:30PM

Spirit of Drumming

Join Laurie and LyAnn in the sanctuary for the return of our drum circle

Saturday, January 22 @4:00 PM

Bean Supper Served

The Bean Supper will be served in take-out containers with social distancing precautions taken.

Saturday, January 29 @4:00 PM

Bean Supper Served

The Bean Supper will be served in take-out containers with social distancing precautions taken.

2022

JANUARY

UUSB CALENDAR

SUN	MON	TUE	WED	THU	FRI	SAT
2 10:00 AM Service	3	4 5:45 PM Meditation Group 7:00 PM Chalice-Side Chat	5	6 5:30 PM Choir	7	8 9:00 AM Mid-Year Council & Committee Chair Retreat
9 10:00 AM Service 11:30 AM Minister's Tea 12:00 PM Food Collection 12:30 PM Drumming	10	11 12:00 PM Staff Lunch 5:45 PM Meditation Group 7:00 PM Chalice-Side Chat	12 Committee Reports Due 6:30 PM Mem-Fel Committee	13 6:30 PM Executive Committee	14 10:00 AM Budget & Finance	15
16 10:00 AM Service 11:30 AM Social Justice Committee	17	18 5:45 PM Meditation Group 7:00 PM Chalice-Side Chat	19 11:30 AM Guild Meeting 6:30 PM Council	20	21 9:00 AM Shared Ministry	22 10:00 AM Bag Lunch Prep 3:00 PM Supper Prep 4:00 PM Bean Supper
23 10:00 AM Service	24	25 9:45 AM Staff Meeting 5:45 PM Meditation Group 7:00 PM Chalice-Side Chat	26 5:30 PM Worship Committee	27	28	29 10:00 AM Bag Lunch Prep 3:00 PM Supper Prep 4:00 PM Bean Supper
30 10:00 AM Service 3:30 PM Coming of Age Meeting	31	<p>All Meetings & Services are currently being held on Zoom until further notice.</p> <p>Please subscribe to our e-news or join the UUSB community group on Facebook to get up-to-date info.</p>				

REMINDERS

ABOUT US

Unitarian Universalist Society of Bangor

Our Mission Statement

The Unitarian Universalist Society of Bangor is an historically liberal religious community, celebrating diversity and supporting spiritual growth and social responsibility in each child and adult.

A Welcoming Congregation

We welcome individuals and families of all religious upbringings, racial and ethnic backgrounds and sexual orientations. We, a member of the Unitarian Universalist Association, covenant to affirm and promote the inherent worth and dignity of every person.

A Green Sanctuary

The UU Society of Bangor, recognized as a Green Sanctuary by the Unitarian Universalist Association, endeavors to incorporate care for the Earth into its worship and religious education while working to promote environmental justice and sustainable living. We covenant to affirm and promote respect for the interdependent web of all existence, of which we are a part.



Do you have a **CLYNK** Bag?? Be sure to have one handy, so you can easily be collecting bottles and cans to help raise money for our UU Youths' Social Justice Service Trip. The bags are in the Dorothy Memorial Room. Please contact Laura Santilli for details. Thank you for your support!!!

UUSB is always in need of volunteers – for fundraisers, childcare, teaching, and to fill positions on our active committees. The great perks of volunteering are not just the satisfaction of contribution, but the sense of community we all feel when we accomplish important tasks with others. Since we don't always know who is able to take part, please contact a council or committee member if you are open to volunteering in any large or small way.

The **UUSB Worship Committee** is looking for more member participation in our worship services and is extending an INVITATION to one and all of you to consider if you might be interested in joining our services as READERS.

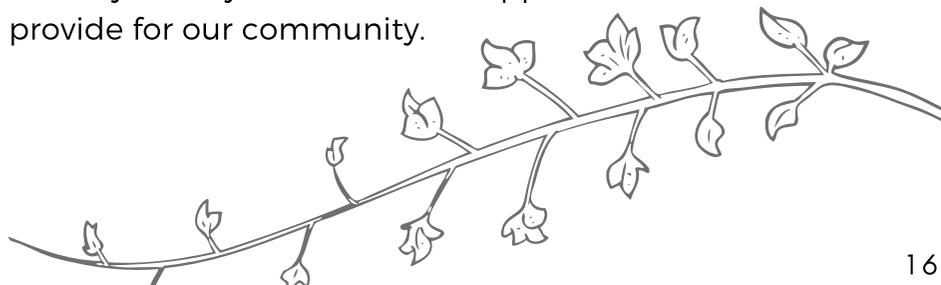
Collection Plate & Pledge Reminders

One way you can help continue our outreach efforts is to keep up with your financial pledge. Without our weekly passing of the collection plate, we still need to make sure that we can pay our bills. Keeping up with your pledge allows our staff and leadership to focus on providing services to members, friends, and guests. There are three options to make is easy to keep up with your pledge:

1. Mail a check to the church office at 120 Park St, Bangor, ME 04401
2. Contact Rosemary Parsons, our treasurer, to set up a direct withdrawal from your paycheck or bank account
3. Donate online through Vanco. This option will be available on our website, as well as shared in our weekly e-news



Thank you for your continued support as we all work to provide for our community.



ABOUT THE *CHALICE & CHIMES*

Church Council:

Kerrie O'Brien, Chair
Valerie Carter, Vice Chair
Kate Dutra, Clerk
Rosemary Parsons, Treasurer
Becky Anderson
Karen Cashman
Nero Fyler
Francis Grey
Ali Khavari

Council meets at 6:30 PM
on the third Wednesday
of each month.



UUSB Staff Contact:

Rev. Andrew Moeller, Minister
(207) 922-2956
Christine Sprague, Office Admin.
(207) 947-7009
Karen Childs, Director of SE
(207) 949-0733
Molly J. Webster, Music Director
(207) 947-7009

Due to delays caused by working
remotely during the COVID-19,
please be patient with responses.
We will get back to you as quickly
as possible.

About Our Newsletter

The *Chalice and Chimes* is published ten times a year (Sept-June). The hard deadline for submissions is the 25th day of each month. Please notify the office of your intent to contribute by the 20th of each month, on the soft deadline. Contributions are solicited and should be sent to the Administrator/Editor at the church office. An email reminder is sent out to all member and friends on the church's database mailing list when the newsletter has been posted to the church website, where it may be viewed or down-loaded. It is also available in paper format on the table by the sanctuary entrance and by US mail (request from the Church Office).

Editorial Policy

Articles submitted for publication in the *Chalice & Chimes* must strive to include, in an unbiased way, only that information that is consistent with the UU faith. Articles should deal with issues of a spiritual nature meant to inspire, encourage, educate, or inform. Although every effort will be made to be inclusive, the Editor reserves the right to determine which articles are accepted for publication. The Editor has the right to edit for space, availability, libelous remarks, or unwarranted personal attacks. The Editor also reserves the right to refuse any item that may affect our Tax Exempt Status.



Newsletter Submissions Next Newsletter Deadline: January 25, 2022

The next issue will be February 2022.
We value your contributions and very much
appreciate submissions. When sending email
contributions to The *Chalice & Chimes*:
uubangor@gmail.com

