

120 Park Street Bangor, ME 04401-5024 Tel. 207-947-7009 uubangor@gmail.com www.uubangor.org



October 2019

SUNDAY SERVICES AT 10:00 A.M.

Belonging: close or intimate relationship

This month we will be exploring the theme of "Belonging" in our weekly worship services. We hope you'll join us.

October 6, 2019 - *Animal Blessing & Apple Chapel* - For many of us, pets are not just furry companions; they are also beloved members of our family. They provide us comfort and companionship and unconditional love. Join us this Sunday, as we honor our pets and all animals for the love, wisdom, and comfort they provide. Please bring your pet or picture of your pet to be blessed as part of the service. The service will be led by Rev. Drew and assisted by John Arimond, Worship Associate; Wendy Erickson, Technical Coordinator; and our talented UUSB Choir.

October 13, 2019 - *Indigenous People's Day* - Speaker, TBD. The service will be led by Phyllis Havens, Worship Associate; Judy & Tim Martin, Technical Coordinators; with music by Molly Webster and Jessica Mehre.

October 20, 2019 - *Longing for Belonging* - Engaging our worship theme this month - Rev. Drew will look at our the deep universal yearning for belonging. The service will be led by Rec/ Drew and assisted by Laurie Cartier, Worship Associate; Phyllis Havens, Technical Coordinator; and music led by John Arimond.

October 27, 2019 - *Honoring Our Ancestors* - Many religious traditions celebrate this unique time of year, when the veil between this world and the next is believed to be the thinnest. During this Sunday's service, we will create space to honor our ancestors. It will include visits from a couple of UUSB benefactors, whose gifts have left an enduring impact. Attendees are encouraged to bring a photo or memento of a deceased loved one to add to our altar of remembrance. This service is a collaboration between Rev. Drew, Karen Childs, and many others and assisted by Laurie Cartier, Worship Associate; Wendy Erickson, Technical Coordinator; and music by our celestial UUSB Choir.

Drew's Views

Dear Ones,

Fall is officially upon us, and some of the swamp maples are already changing colors. This is one of my favorite times of the year: a time of transition and beauty.

I don't know what it is, but something about the fall air and the changing of the leaves leads to reflection and remembrance. It is no surprise that many cultures around the world honor their ancestors and loved ones during this season. It's a natural thing to do, as we gather the harvest and prepare for winter.

All the rituals and winter preparations remind us of many things, but at their core, I think they remind us of our sense of belonging. Belonging to the people who claim us. Belonging to the people with whom we share with our everyday experiences. Belonging to those whom we feel a sense of connection and attachment. It reminds us that we are not alone, that we are connected to each other, the world, the spirit, and the mystery of life.

Belonging. Acceptance. Inclusion.

We all yearn for it. It is something so important to growth and survival. Belonging is an essential aspect of life, especially in our current culture of rapid change and displacement. It seems trivial, at times, to ask the question, "To whom do I belong?" But, it is powerful because it makes up the very foundation of our identity. It provides us with clarity and motivation; reminds us of who we are; and teaches us what we are willing to work for, live for, and sacrifice for. It brings purpose to our lives.

Even people who seem to have all the necessities of life often suffer when they are unsure of or separated from their connection to something greater. Therapists tell us that isolation is one of the leading causes of depression, anxiety, and suicide. Belonging is not a miracle drug. However, it does have the ability to bring out our best and to support us, when the travails of the world come knocking at our door.

Belonging is one of the greatest gifts that we offer each other as a Congregation. It provides a sense of kinship, a place of inclusion, and a community of acceptance. We all belong. We all are valued. Together, we learn and make mistakes. We create a space, where we can *be* ourselves.

Sometimes, it may seem like a small thing, but it is just as essential to a full life as food, clothing, and shelter. Some of the greatest stories of human endurance, struggle, and survival are stories about belonging. They are stories of finding the way home, the place they belong, whether it is a family, a lover, the truth, or even the Divine.

A primary goal of our community is to create a place where people belong. A place where people can be themselves. A place to *be* and place to fulfill our *longing* for connection.

As we head into the Fall, may we all find ways to enjoy the beauty within and around us. May we connect to our longing for belonging within ourselves, our families, and our beloved UUSB Community.

Love and Peace to you all.

Namasté,

Rev. Drew

Rev. Drew



Fall colors - a connection to the cycles of the earth...

Rev. Drew's Schedule for October

Monday
TuesdayMinister's Sabbath Day (day off)
10 AM -1 PM - Office Hours | 2 PM - 4 PM by Appt
10 AM -1 PM - Office Hours | 2 PM - 4 PM by Appt
Sermon Writing / Worship Planning
(Not in office / Not checking email)Friday10 AM -1 PM - Office Hours | 2 PM - 4 PM by Appt
Saturday
SaturdayFriday10 AM -1 PM - Office Hours | 2 PM - 4 PM by Appt
Afternoons / Evenings by Appointment



Rev. Drew will be attending the Northern New England - UU Ministers Association Retreat on Sept 30 - October 3 Rev. Drew will take his weekend off this month October 11-13

If you wish to meet with Rev. Drew, please contact via email (<u>drewuu2@gmail.com</u>) or cell phone (1-860-655-5890), to set up an appointment.



Climate Strike, Broadway Park in Bangor

September 20, 2019

UUSB was well-represented at this year's Climate Strike. The Climate Strike was/is a global protest and Bangor students and community members showed up to make their voices heard.





October 2019

The Chalice and Chimes



Facility Use Forms: I am now requesting forms for all reservations, including long-term groups. Recurring groups only need one once per year. I am also working on a simpler internal request form and an online option.

Event Sponsorship: Committees are the only ones who can sponsor an event for a discounted price. All other discounts or waivers must be approved by Council. Established small groups are not eligible for the sponsor discount.

Office Hours: Tuesday-Friday, 10-2. Other times for meeting are available, with prior request.

Directory: The *Directory of Members & Friends* will be updated in November. We will have forms to update or verify your information, so please keep an eye out. Also, think about your photo and if you want to update that as well.

Committees: I would appreciate it if committees could get me the most up-to-date list of members and contacts. The new website looks good, but needs some updating. Plus, it would help me out to know who I am reaching out to.

Hello all!

Christine here! I want to thank everyone for all the support during my first month as the office admin. You have been so supportive and informative; I couldn't have asked for more.

I want to use this space to give people updates, especially as I learn more about the policies and procedures. I will also make sure to try and include any changes or updates I may make.

If you ever have questions, or just want to say hi, please feel free to call or stop by!

~ Christine Sprague, Office Admin

Deadlines for October

Chalice & Chimes (Nov. ed.)

Friday 10/18

E-News (weekly)

Every Thursday by 10:00am

Committee Notes for Council

Wednesday, 10/9

Unitarian Universalist Society of Bangor

Minister:

Rev. Andrew Moeller drewuu2@gmail.com Minister Emerita: Rev. Becky Gunn

Music Director: Molly P. Webster uusbmusic@gmail.com Music Accompanist: Jessica Mehre

Director of Religious Education: Karen Childs uubangorre@gmail.com Office Administrator: Christine Sprague uubangor@gmail.com Council Chair: Tom Bickford bickford@mainerobotics.org Council Clerk: Will Seavey william.seavey@gmail.com Council Treasurer: Rosemary Parsons roxemary@gmail.com

Treasurer's Report for August 2019



August Pledge Income was great: \$9,440. This bring our 2-month total to \$31,501, which is 25% of the budget. To stay on track, we need to bring in \$9,150 a month.

The August 31 checking account balance was \$10,249. Last month it was \$14,354.

August income was \$16,144. Expenses were \$20,409 leaving a deficit of (\$4,265) for the month. At the end of July, we were ahead \$13,330 so cash flow is fine. Expenses were high in August because there were three payrolls. This added roughly \$5,000 to our costs. We have only 2 months a year with 3 payrolls.

We received our quarterly payment of \$720 from the French Fund, an endowment that was established at the Universalist Church and is held by Bank of America.

On October 1st, the Dinner for 2 Anywhere Raffle begins. The expected net income from this project is \$10,000 - \$14,000 and is crucial to our community.

With the hiring of Christine Sprague as Office Administrator, we follow our trend of adding terrific people to the staff. So very glad to have you Christine. She has now taken over all the duties that were shared when we had no Office administrator, including any rental transactions.

In service,

Rosemary Parsons

Collection Plate Reminders:

- 1) If you use a check for anything other than your pledge, please indicate on the check's memo line for what your donation is intended.
- 2) If you pay your pledge with cash, it is important that we know it came from you! You can use your own envelope and write your name on the outside; or, you can pick up envelopes from the table to your left as you enter the sanctuary; or, you are welcome to take several or a whole box of 50 envelopes. If you can't find them, or have questions, please speak with Cathy Elliott. Thank you.



Mid-Coast YoWth Group

This year's Mid Maine YoUUth Group (MMYG) is off to a great start. At our September 15 meeting, adult leaders for Bangor, Belfast, Ellsworth, and Rockland outlined the MMYG program for this year, including our trip next July to Safe Passage in Guatemala. This year we have six youth participating in the program: Zachary Chalila, Simone Grosswiler, Zoë lobst, Lilie Sites, Ericka Symonds, and Franny Wilson-Charuk.

At the end of November, youth from all four congregations will be sending out letters to their respective congregations asking for donations to help raise the approximate cost of \$1,800 per person. Our UUSB youth will also be holding additional fundraisers throughout the year to help cover the cost of their trip. Your support for this program is much appreciated.

In preparation for the MMYG trip to Guatemala, participants are meeting monthly to learn about the history and culture of Guatemala; the Guatemala City dump; and challenges that the students at the Safe Passage school experience daily. This amazing program gives our UU Youth a unique opportunity to learn about other cultures in an emersion setting.



Right: Safe Passage Support Team posing at their facility.

More information about the Safe Passage Support Team program can be found at <u>https://</u> www.safepassage.org/takeaction/support-team/







Monthly Tea with Reverend Drew

For UUSB members, friends and visitors Informal conversation and Q&A with Rev. Drew Meets one of the requirements for those wishing to become a UUSB member

Next tea – *Sunday, Oct. 20, 11:30 am to Noon*. Bring tea or coffee and a snack from the Fellowship Hour table and come down to Drew's Office

Limit of 10 people per monthly tea

Check out UUSB's online calendar for each monthly tea, September through June.

COMING Saturday, October 19th Great Pumpkin Yard Sale

8:00 a.m.-2:00 p.m. (Vestry)



This is one of our big "fun"draisers. Please start looking for items you can donate--books, toys and games, CDs & DVDs, household goods, gardening tools, and other items you believe will sell and that are clean and in good working order. (Please, no clothes, downhill ski equipment, text books, computer equipment or really heavy items.) Drop-off hours in vestry: Friday, Oct. 18, 1:15 - 5:30 p.m. If that time frame doesn't work for you, you can drop off items in the Narthex (accessible via the Vestry entrance) that week, when the church office is open (Tues-Fri, 10am-2pm), but please make sure your donations do not block the fire exits! Volunteers will also be needed to help with set up on Friday afternoon, to help tag and display items. It's going to be a fun project, so join Sue McKay for a shift or two!

Contact Sue for more information or if you have a question.

Mark Your calendars



UUSB Fall Cleanup Saturday, Nov 16, 2019 9AM until noon Bring your rakes for outside and cleaning supplies for inside We will also install window inserts

Looking Ahead with Membership-Fellowship

New Options for UUSB Membership

The Membership-Fellowship Committee and Rev. Drew will launch new options for Friends and Visitors who want to consider becoming a member of UUSB.

Until now, joining has been possible only twice a year, following New to UU classes in the spring and fall. Now, joining will be possible at any time. The *new system* consists of (1) completing an *information request card* indicating interest in becoming a member; (2) reading through a Self-Study Guide describing UUism and UUSB; and (3) attending a new *Monthly Minister's Tea* or a New to UU Class which occurs either in the spring or fall. The Monthly Minister's Teas are on the UUSB's online calendar. The first tea will be on September 29 at 11:30. The information request cards will be available starting at the beginning of October in the Sanctuary and at the Guest Book Table in the Dorothy. They can be dropped in the box at the door to the Sanctuary.

New members will continue to be introduced to the congregation at our semi-annual Membership Signing Sunday. The next one is scheduled for Nov. 17.

Questions? Just ask a member of the Membership-Fellowship Committee who is wearing an "Ask Me" button.

We can also reactivate the membership of a past UUSB member or initiate a new membership for a member of another UU congregation who wants to join UUSB.

New to UU Classes

The Membership-Fellowship Committee will continue to hold its semi-annual New to UU Classes. Whether you are interested in becoming a member, just curious about UUism, or want a refresher, these classes are for all interested parties.

A sign-up sheet will be posted on the bulletin board in the Dorothy.

Fall Class: November 2, 9:00 AM to 3:00 PM (lunch will be served)

Spring Classes: April 8 &15, 6:30 PM to 8:00 PM.

Child care will be available if needed; please let us know in advance.

Monthly Tea with Reverend Drew

Rev. Drew will be holding a monthly tea that will provide opportunities for informal conversation/ questions and answers for UUSB members, friends, and visitors. Attending one of these teas meets one of the requirements for those wishing to become a UUSB member. Visit the UUSB's online calendar for each monthly tea which will occur September through June. The first tea is Sunday, Sept. 29 from 11:30 AM to Noon. There will be a limit of ten people per tea. Each participant can bring tea or coffee and a snack from the Fellowship Hour table and come down to Rev. Drew's office.

Wrapping Up the Pledge Campaign

As of the middle of September, there were still 26 UUSB members (24 pledge units) who have not responded with a pledge or a request for a full or partial waiver, which is a requirement to remain an Active Member of UUSB. Letters will be mailed in early October with a request for a response

October 2019

The Chalice and Chimes



Open Mic CoffeeHouse

Fun for the whole family!

We are here 1st and 3rd Tuesday nights from 7pm 'til 10pm in

We enjoy a variety of acoustic music and poetry, and we welcome whatever family-friendly acts you might come up with!

Spirit of Drumming with Laurie and LyAnn

Monday, October 14th, 6-7:30pm

We invite you to join us and access your inner rhythm, release tension and stress, and generally have a good time. We will learn easy rhythms, play drumming games, and jam to the monthly theme.

Belonging

No experience required. We have lots of drums to share or you can bring your own. Hope to see you there!

For more information you can contact Laurie at amalauriec@gmail.com or 944-0650.

Children 10 and over who are there to drum are welcome, but parental supervision is expected, so the circle is not disrupted.

Shamanic Journeying

October 21st, 7-9pm Chris Packard will lead a special class on Shamanic Journeying, as an extension of the Spirit of Drumming. Drums will be available to use or feel free to bring your





Mindfulness Meditation

October 15th

Our group has started back up again this fall and we are blessed with many new participants. This month we will turn our focus to the concept and state of "equanimity" and its role in sustaining our practice. We meet the on first and third Tuesdays of the month, 5:45-7:00. New comers to meditation are encouraged to arrive 15 minutes early for a quick introduction to mindfulness meditation.

There is no cost to attend. A free-will donation is appreciated but not expected.

PLEASE NOTE THAT THERE WILL NO LONGER BE RECYCLING CONTAINERS IN EITHER OF THE UUSB KITCHENS

The City of Bangor now has <u>zero sort</u> trash pickup so all items not being kept go into <u>one trash bag</u>. The new facility in Hampden has capabilities for sorting through all trash and separating the recycle-able items. This new method promises to be more cost effective and more thorough.



If you are taking out trash the three bins will still be beside the church to the right of the Dorothy Memorial doors. Bags can go into any of the containers; the labeling is no longer appropriate.



Sunday, October 6 - 12:00-2:00 UUSB Vestry

The Social Justice Committee will screen **Paris to Pittsburgh**, a film on grassroots work to confront climate change. Made by National Geographic and funded by the Bloomberg Foundation, the film is an encouraging look at the way forward after US withdrawal from the Paris Climate Accord. Glen Koehler will lead the discussion afterwards, and light refreshments will be offered.

For more information, contact Christina Diebold or Jean Adamson

DINNER FOR 2 ANYWHERE IN THE WORLD

Yes, the UUSB will be hosting a MEGA raffle this fall.

Other UU churches have been able to pull this off successfully and now it's time for us!

Each ticket will be just \$20 and only 1,000 tickets will be sold. Raffle starts on October 1st and will run until December 7th (Saturday) with the drawing at 6:30 pm at the church. You need not be present to win.

The winner gets a dinner for two anywhere in the world, airfare to the location, and overnight accommodations for the two travelers.

Full details are available at http://uubangorraffle.weebly.com/

Value of the prize? Up to \$5,000

Imagine dinner on the Seine in Paris (see below) Or perhaps a 7-course dinner at Île Flottante in Montreal Or Sausage and mash at the Philharmonic in Liverpool and imagine hearing the Beatles playing there back in the '60s

We're going to need everyone's help selling those tickets, so start thinking about who you want to share this great opportunity with.



October 2019

SUN	MON	TUE	WED	THU	FRI	SAT
		1 5:45 - Medita- tion Group 6:30 - Trustees 7:00 - Open Mic / Coffee- House	2 6:30 - Shawl Ministry	3 5:15 - Choir 7:00 - New Ren. Singers 7:00 - Women with Wings	4	5
6 Apple Chapel Animal Blessing 8:45 - REAL 10:00 - Worship 11:00 - Fellowship 11:45 - Pastoral Care 12:00 - Paris to Pittsburgh Screening	7 Office Closed 9:00 - Soup Kitchen (off-site) 6:00 - Glitter Done	8 10:30 - Staff Meeting	9 Cmte Reports Due to Council 6:30 - Mem/Fell Cmte	10 5:15 - Choir 6:30 - Executive Council 7:00 - New Ren. Singers 7:00 - Women with Wings	11 10:00 - Budget & Finance Cmte 12:30 -Knitting Circle	12
13 Food Cup- board Collection RE Community Sunday 10:00 - Worship 11:00 - Fellowship 3:30 - MMYG	14 Office Closed 6:00 - Glitter Done 6:00 - Spirit of Drumming	15 12:00 - REACH 5:45 - Medita- tion Group 7:00 - Open Mic / Coffee- House	16 11:30 - AUW Guild Meeting 6:30 - Council Meeting	17 5:15 - Choir 7:00 - New Ren. Singers 7:00 - Women with Wings	18 October News- letter Deadline 1:15 - Great Pumpkin Yard Sale Prep	19 8:00am - Great Pumpkin Yard Sale
20Personal Care Items Collection InterGen All Souls 10:00 - Worship 11:00 - Fellowship 11:30 - Tea w/Rev. Drew 11:45 - Social Jus- tice Cmte	21 Office Closed 6:00 - Glitter Done 7:00 - Shamanic Journeying	22 10:30 - Staff Meeting 7:00 - Humanist Affinity Group (<i>off-site</i>)	23 5:30 - Worship Cmte	24 5:15 - Choir 7:00 - New Ren. Singers 7:00 - Women with Wings 7:45 - Comm. Cmte	25 12:30 -Knitting Circle	26 10:00 - Bag Lunch Prep 3:00 - Bean Supper Prep 4:00 - Bean Supper Served 5:30 - RE Halloween Party
27 10am - Worship 11am - Souper Sun- day	28 Office Closed 6pm - Glitter Done	29	30	31 5:15 - Choir 7:00 - New Ren. Singers 7:00 - Women with Wings	www.uu website updates & t	check the bangor.org for calendar he latest UUSB happenings!

Do you have a **CLYNK** Bag?? Be sure to have one handy, so you can easily be collecting bottles and cans to help raise money for our UU Youths' Social Justice Service Trip. The bags are in the Dorothy Memorial Room. Please see Laura Santilli for details. Thank you for your support!!!

UUSB is always in need of volunteers – for fundraisers, childcare, teaching, and to fill positions on our active committees. The great perks of volunteering are not just the satisfaction of contribution, but the sense of community we all feel when we accomplish important tasks with others. Since we don't always know who is able to take part, please contact a council or committee member if you are open to volunteering in any large or small way.

The UUSB Worship Committee is looking for more member participation in our worship services

and is extending an INVITATION to one and all of you to consider if you might be interested in joining our services as READERS.

Collection Plate Reminders:

 If you use a check for anything other than your pledge, please indicate on the check's memo line for what your donation is intended.



- 2. If you pay your pledge with cash, it is important that we know it came from you! You can use your own envelope and write your name on the outside; or, you can pick up envelopes from the table to your left as you enter the sanctuary; or, you are welcome to take several or a whole box of 50 envelopes.
- 3. If you can't find them, or have questions, please speak with Cathy Elliott.

Ongoing Church Fundraiser



Hannaford Grocery

Cards are sold every Sunday

during fellowship time. Convenient to carry! Every card purchase helps UUSB!! Cards are available in increments of \$25, \$50 or \$100. Cash, or checks made out to UUSB are accepted. Buy cards for your own grocery shopping, or buy cards for gifts, or even donate a card to a local food bank.

Friends and Frequent Visitors

Please take a moment to make a name tag! To avoid holes in your shirt, hook the pin to a necklace, lanyard, or tie. Wear it while you are here, and you can leave it in the rack when you leave. If you plan on being a regular

attendee, name buttons are now an option for anyone. Ask the Sunday greeter for info!



ABOUT US

Unitarian Universalist Society of Bangor

Our Mission Statement

The Unitarian Universalist Society of Bangor is an historically liberal religious community, celebrating diversity and supporting spiritual growth and social responsibility in each child and adult.

A Welcoming Congregation

We welcome individuals and families of all religious upbringings, racial and ethnic backgrounds and sexual orientations. We, a member of the Unitarian Universalist Association, covenant to affirm and promote the inherent worth and dignity of every person.

A Green Sanctuary

The UU Society of Bangor, recognized as a Green Sanctuary by the Unitarian Universalist Association, endeavors to incorporate care for the Earth into its worship and religious education while working to promote environmental justice and sustainable living. We covenant to affirm and promote respect for the interdependent web of all existence, of which we are a part.

Church Council:

Tom Bickford, Chair Will Seavey, Clerk Rosemary Parsons, Treasurer Francis Grey Gayle Zydlewski Catherine Foxson Kate Dutra Becky Anderson

Council meets at 6:30 PM on the third Wednesday of each month.



UU Green Sanctuary Member

UUSB Church Cancellation Guidelines

In the case of bad weather, the most important thing is for everyone to be safe. Please do not travel to the UUSB for morning worship if you feel that doing so would be unsafe. UUSB may need to be cancelled due to no lights, no heat, no water, disasters, and other unforeseen circumstances. The decision to cancel worship and religious education will be made by Sue McKay, Rev. Drew Moeller and Laurie Cartier-who will make such decision by 7:00 Sunday morning. An announcement will be put on the outgoing phone message of the church office (207-947-7009); announcements will also go out to the local network television and radio stations; if possible (power permitting), one will be sent out via email, on the UUSB Facebook page, and posted on the UUSB website (www.uubangor.org).

About Our Newsletter

The Chalice and Chimes is published ten times a year (Sept-June). The deadline for submissions is the 20th day of each month. Contributions are solicited and should be sent to the Administrator/Editor at the church office. An email reminder is sent out to all member and friends on the church's database mailing list when the newsletter has been posted to the church website, where it may be viewed or down-loaded. It is also available in paper format on the table by the sanctuary entrance and by US mail (request from the Church Office).

Editorial Policy

Articles submitted for publication in the *Chalice & Chimes* must strive to include, in an unbiased way, only that information that is consistent with the UU faith. Articles should deal with issues of a spiritual nature meant to inspire, encourage, educate, or inform. Although every effort will be made to be inclusive, the Editor reserves the right to determine which articles are accepted for publication. The Editor has the right to edit for space, availability, libelous remarks, or unwarranted personal attacks. The Editor also reserves the right to refuse any item that may affect our Tax Exempt Status.



Newsletter Submittals Next Newsletter Deadline: September 20, 2019

The next issue will be October 2019. We value your contributions and very much appreciate submittals. When sending email contributions to *The Chalice and Chimes*: <u>uubangor@gmail.com</u>