

CHALICE & CHIMES

THE MONTHLY NEWSLETTER OF UUSB

MAY 2021

THIS MONTH IN WORSHIP

During May, our services will be held remotely via Zoom. Please follow the weekly E-News and UUSB Facebook group for login information for each service, which will have a unique login code.

Our theme this month is "**Stories.**"

May 2 - The Stories We Tell - Stories are among the most potent ways humans share wisdom, values, and knowledge. They have the power to lift us, bring us down, and define our lives. We will look at stories and the role they play in creating the narratives of our lives. This service will be led by Rev. Drew Moeller, with Caleigh Grogan as our worship associate, Jennifer Rodriguez as our Zoom tech, and music provided by Molly J. Webster and Sojourner Hodges-Crowley.

May 9 - Spiritual Exploration Recognition Sunday - Join us as we hear from our young people and their teachers about their adventures this year in both our virtual/online and monthly in-person social distancing programs. Music will include special performances from our UUSB youth, and we will be holding our annual bridging ceremony for our UUSB Seniors. This service will be led by Rev. Drew Moeller and Karen Childs, with John Arimond as our worship associate, Jennifer Rodriguez as our Zoom tech, and music provided by Molly J. Webster, Sojourner Hodges-Crowley, and John Seavey.

May 16 - Out of One - Many - In celebration of our annual meeting, we will reflect on the power of our Shared ministry model and thank our congregational leaders for all their work over the last year in keeping our congregation running smoothly during the pandemic. The UUSB - Annual Meeting will follow immediately after worship. This service will be led by Rev. Drew Moeller, with Sue McKay as our worship associate, Jennifer Rodriguez as our Zoom tech, and music provided by Molly J. Webster and Sojourner Hodges-Crowley.

May 23 - Guest Speaker: Robin Wood - Robin will speak about her new book *The Field House: A Writer's Life Lost and Found on an Island in Maine*. This service will be led by our guest speaker Robin Wood, with Phyllis Havens as our worship associate, LyAnn Grogan as our Zoom tech, and music provided by Molly J. Webster and Sojourner Hodges-Crowley.

May 30 - TBA - This service will be led by Laurie Cartier as our worship leader, with John Arimond as our Zoom tech, and music provided by Molly J. Webster.

The theme for June will be **Play**. If you have ideas for readings, stories, or music to use with this theme, please let Rev. Drew or Molly Webster know.

UNITARIAN UNIVERSALIST SOCIETY OF BANGOR

120 PARK ST
BANGOR, ME 04401

SUNDAYS AT 10:00 AM

(207) 947-7009

WWW.UUBANGOR.ORG

UUBANGOR@GMAIL.COM

HIGHLIGHTS:

- 2 - DREW'S VIEWS
- 3 - MINISTER'S SCHEDULE
- 4 - OFFICE BULLETIN BOARD
- 5 - COUNCIL CRIER
- 7 - SMALL GROUPS
- 8 - ANNUAL SPRING AUCTION
- 9 - TREASURER'S REPORT
- 10 - MEMBERSHIP-FELLOWSHIP
- 12 - WORSHIP WEAVINGS
- 13- SPIRITUAL EXPLORATION
- 16 - SOCIAL JUSTICE
- 18 - UPCOMING EVENTS
- 19 - CALENDAR

Dear Ones,

Our theme for the month is "Stories."

Stories are perhaps the oldest forms of human communication. Stories, from the great cave paintings that tell the stories of the successful hunt to the heartbreaking novel or the news story of some human tragedy, have always surrounded us.

Stories capture more than just simple facts and data. They also involve interpretation, judgment, and meaning-making wrapped up into a neat package. While data speaks to the mind - stories speak to the heart. Since we are a species that tend to make decisions based more on our hearts than our heads, stories connect us to emotional intelligence and wisdom.

Last night, as I watched President Biden deliver his annual presidential address to the American people, I noticed his cadence - frame the issue, share the facts - seal the message with a story, and then call for action. It was a powerful and engaging technique.

Stories are so powerful that they have the potential to define our lives, if we are not mindful of how they can help us or harm us depending on what we do with those stories in our lives.

Being mindful of the stories we repeatedly tell often reinforces and informs how we see ourselves and others in the world. The more we tell a story, the more ingrained it becomes in our psyche.

There is a great folk story about a wise old sage sitting by the side of a road that led into a town. As the Sage sat by the side of the road enjoying the day, a traveler on the road approached the Sage and asked, "What are the people like in this town where I am going?" The Sage paused and thought for a moment and replied, "Hum... what are the people like where you come from?"

"Oh," the traveler replied, "the people where I

come from are mean and nasty. They are always trying to cheat and deceive you. The main reason I am on the road is to find a place where the people are different. So if you'd answer my question, I'll ask again, what are the people like in this town I am about to enter?"

The Sage replied, "Well, I think you are going to find that the people in this town are just like the ones in the place that you came from." The traveler muttered some disparaging words and quickly went on their way.

About an hour later, another traveler passed by the Sage... "Dear friend," the traveler said, "I am new to this area, and I am curious, what are the people like in the town that I am about to enter?" The Sage once again replied, "What are the people like where you come from?" "Oh!" said the traveler. "They are kind, beautiful, and compassionate people. If you need help, they offer it, and they are so friendly!"

"Ah," replied the Sage, "I think you are going to find that the people in this town are very similar to where you come from."

"Thank you!" the traveler replied, "I can't wait to meet them!"

And the traveler went on their way.

The same town, two different stories, two separate pieces of advice - the point is that each of us has stories that we like to tell about ourselves.

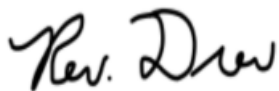
The stories we tell are compelling and revealing about who we are and how we relate to the world around us. If we find ourselves re-telling the same story over, we tend to live into the prophecy. Sometimes that is good - like when we are trying to develop a new habit or skill. And it can become destructive when the story we tell is full of blame, shame, or judgment.

As spiritual seekers, it behooves us to listen and reflect on the stories we tell because those stories reveal to us and reinforce what we are becoming.

The facts of those stories might remain the same, but our interpretation and awareness allow us to change the narrative, if we allow ourselves that amount of power and equanimity.

So this month, as we consider the significance of the stories in our lives, I encourage you to reflect on the stories that you tell yourself and ask, "Are the stories that I am telling about myself reflective of what it is I want to become?" If not, you might ask, "How can I change the narrative?"

Namasté,



Rev Drew
860-655-5890 (cell / text / messages)
207-922-2956 (office)



Photo by Social Cut via Unsplash

Minister's Schedule - May 2021

Rev. Drew along with other UUSB staff will be working from home, until social distancing measures are withdrawn. He is reachable during the office hours listed below either online or via phone.

Mon - Minister's Sabbath Day (day off)

Tues - 12 to 2 PM - Office hours (ONLINE or by PHONE)

2 to 4 PM - by Apt.

Wed - 10 AM to 1 PM - Office hours (ONLINE or by PHONE)

2 to 4 PM - by Apt.

Thurs - Sermon Writing / Worship Planning Day

(not taking calls or answering emails)

Friday - 10 AM to 1 PM - Office hours (ONLINE or by PHONE)

2 to 4 PM - by Apt.

Saturdays - By appointment (ONLINE or by PHONE)

Sundays - (afternoon / evenings by appointment) (ONLINE or by PHONE)

Note: Rev. Drew will be taking his regular weekend off **May 21-23.**

Rev. Drew will be taking a comp week off **May 24-June 2.**

You can reach Rev. Drew directly at his local UUSB phone number.

You can reach him at **(207) 922-2956**



Christine
is
back!

Building Closed
&
Staff Working
from Home

Call
or
Email
~
all calls go to
voicemail

Annual Report
Expected Publication Date
May 5

Photos to Feature
on Website or in
C+C ALWAYS
WELCOME

Worship
Committee:
looking for
volunteers



- Minister:
Rev. Andrew Moeller
drewuu2@gmail.com
- Minister Emerita:
Rev. Becky Gunn
- Music Director:
Molly J. Webster
uusbmusic@gmail.com
- Director of SE:
Karen Childs
uubangorre@gmail.com
- Office Administrator:
Christine Sprague
uubangor@gmail.com
- Tech Coordinator:
Jennifer Rodriguez
uubangortechcoor@gmail.com
- Council Chair:
Will Seavey
william.seavey@gmail.com
- Council Clerk:
Kate Dutra
kate.dutra70@gmail.com
- Council Treasurer:
Rosemary Parsons
roxemary@gmail.com

Building Closed

Due to the COVID-19 pandemic, the UUSB building is closed until future notice. All staff are working from home. Please check the weekly e-news and monthly *Chalice & Chimes* for updates.

Contacting the Office

To contact the "office," please email or leave a voicemail. I check for incoming messages from 10-2 Tuesday-Friday. I am unable to receive direct calls to the office at home, so please expect a delay in responses. The fastest method is to email and I will pass along the info or reply by email or phone, as you request. When leaving a voicemail, please provide any necessary info.

Christine is back from family leave. "Office" hours will resume, with contact by voicemail or email from 10-2, Tuesday-Thursday.

If there is some delay, please be patient with the complexities of the building being closed and having an infant around.

Key Fobs

The building locks were changed in February. You will need to fill out the new key agreement and schedule a time to pick up a new key fob in order to have access to the building.

You can download the updated Key Agreement and either send it to the office by email or drop it off in person, when you come to pick up your key fob. Please complete the entire form, as we try to improve security and limit the number of keys with general access.

UPCOMING DEADLINES

CHALICE & CHIMES (JUNE ED.)
TUESDAY 5/20 - SOFT DEADLINE
MONDAY 5/26 - HARD DEADLINE

E-NEWS (WEEKLY)
THURSDAYS AT 10:00AM
COMMITTEE NOTES FOR COUNCIL
WEDNESDAY, MARCH 14

"OFFICE" HOURS

BY VOICEMAIL OR EMAIL
TUESDAY-FRIDAY, 10-2
OTHER TIMES AVAILABLE BY
APPOINTMENT.



Annual Meeting

The annual meeting will be held via Zoom on Sunday May 16th at 11:15 (just after service). Joe Zydlewski will be the Moderator this year (thank you, Joe). We will be discussing some By-Law changes and need to hear from you. One is regarding the wording of the Membership Pledge Requirement, here is a proposed change:

By Law Change: An Active Member regularly engages and participates in congregational life activities, including, but not limited to: worship; spiritual exploration; and social justice programs or leadership. An active member also makes an annual pledge of record, except when making such a pledge creates an undue hardship. In the case of hardship, an active member shall respond to the annual pledge campaign indicating they are unable to make a pledge commitment at that time.

General Assembly

GA will be held via Zoom on June 23- 27th. We are looking for 3 delegates to participate and represent UUSB. The registration cost for this is \$110. If you would like to participate, but finances are a deterrent for you, please contact Revered Drew.

Committee Chairs

Please remember to always submit your Committee Minutes to both uusbclerk@gmail.com and uubangor@gmail.com each month for archival purposes.

Policy Reviews

Periodically we review some of the UUSB Policies to make sure they are staying current and are accurate. We will be sharing some with you each month for review. All UUSB Policies & Procedures can be found under the Governance portion of the UUSB website, if you wish to read through any of the current policies.

This month we are reviewing the UUSB Animal Policy, which can be found on the next page.



Pledges

Pledges are coming in! We are still shy of our Pledge Goal. We continue to have financial obligations due, even with COVID. As many of us are getting our stimulus checks, please consider paying your entire 2021 - 2022 pledge in full. Then you no longer need to worry about it and could potentially be able to put a little more to the Share the Plate recipients each month. Thank you for this consideration.

UUSB ANIMAL POLICY

ADOPTED JANUARY 2003; REVIEWED 2014

Even though religious organizations are not required to allow service dogs in their facilities, UUSB endeavors to be welcoming and accommodating to all persons. The following guidelines indicate what is expected of a person bringing a service dog into the church, and what is expected of members of the congregation in helping to make the experience positive for everyone involved.

With the exception of service dogs, the presence of animals (e.g., pet dogs and cats) in the church building shall be limited to special occasions, organized and supervised by members of the church.

Service dogs shall have free access to the building. The Americans with Disabilities Act (ADA) defines a service animal as any guide dog, signal dog, or other animal individually trained to provide assistance to an individual with a disability. Dogs that are not trained to perform tasks that mitigate the effects of a disability, including dogs that are used purely for emotional support, are not service animals. UUSB and any group renting this facility will have the right to exclude any service animal when the animal's behavior poses a direct threat to the health or safety of others. UUSB and anyone renting this facility shall have the right to automatically exclude an animal and owner from the premises if the animal disrupts the normal course of business by barking and/or being aggressive in any way. Under the MAINE REVISED STATUTES, Title 5: ADMINISTRATIVE PROCEDURES AND SERVICES, Part 12: HUMAN RIGHTS, Chapter 337: HUMAN RIGHTS ACT, Subchapter 5: PUBLIC ACCOMMODATIONS, Section 8. SERVICE ANIMALS, "For any public accommodation or any person who is the owner, lessor, lessee, proprietor, operator, manager, superintendent, agent or employee of any place of public accommodation to refuse to permit the use of a service animal or otherwise discriminate against an individual with a physical or mental disability who uses a service animal at the public accommodation unless it is shown by defense that the service animal poses a direct threat to the health or safety of others or the use of the service animal would result in substantial physical damage to the property of others or would substantially interfere with the reasonable enjoyment of the public accommodation by others."

We are only permitted to ask the animal owner what tasks the animal is trained to perform that the human handler cannot do for themselves. We are not permitted to ask for information about the specific nature of the person's disability or other invasive questions. If an animal is not trained to perform tasks to mitigate the handler's disability, then it isn't a service animal under the ADA. Types of service dogs include dogs for the blind, hearing and signal dogs for the hearing impaired, and assistance dogs that help by picking things up, pulling wheelchairs, etc.

On UUSB premises, the service dog shall remain on the floor, adjacent to the person responsible. The service dog shall be kept on a leash, off the furniture, and under control of the individual using the dog. Regarding food service areas, common sense shall prevail, with consideration given to the guided person's right to utilize their dog to maintain independence and mobility.

The person bringing the service dog into the church building shall be financially responsible for any damage caused by the animal. It is expected that the person bringing the animal into the building will inform the minister or church officers of any safety issues, special considerations, or dangers the animal may pose to children or adults in attendance, so that these concerns can be addressed and shared with the congregation when appropriate. Since a service dog is a working dog, members of the congregation should not seek verbal or physical contact with the dog by beckoning or calling, or attempting to engage the dog in play, and should not pet the dog.

UUSB Mindfulness Meditation Group

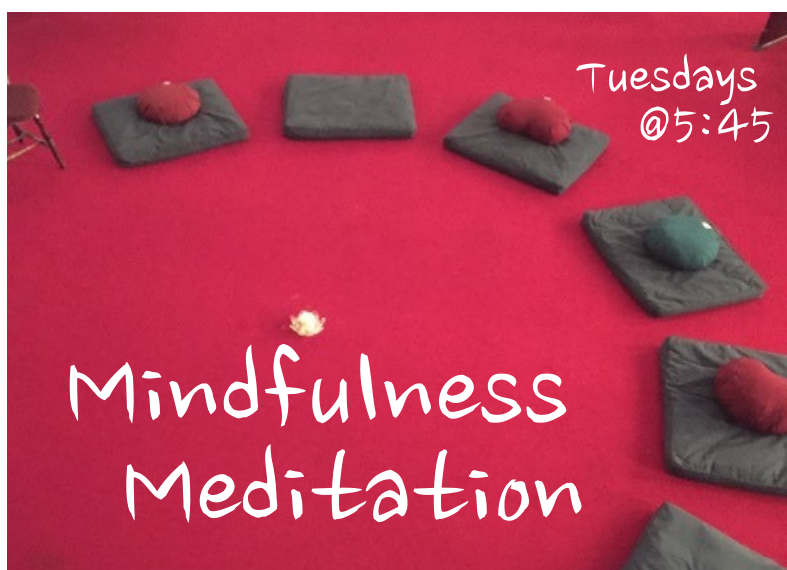
Every Tuesday 5:45 - 7:00 PM

This month the meditation group will continue to learn mindfulness-based skills for better living through the "Path of Freedom" curriculum from the Prison Mindfulness Institute. Some of the topics we hope to cover are Mindful Communication, conflict transformation, and forgiveness.

Each session consists of walking and sitting meditation, a review of previous meetings lesson, and a new lesson and dialogue. While regular participation is encouraged, each class covers one stand-alone topic.

There is no need to register - though first-timers are highly encouraged to check-in with Rev. Drew (drewuu2@gmail.com) beforehand to become familiar with the group's process.

We are setting up a separate email list for the Mindfulness Meditation Group to prevent repeat emails. If you are interested in being added to the list, please email uubangor@gmail.com



Open Mic Night LIVE!

presented by
UUSB CoffeeHouse
Every Monday
7:00-9:00PM
on Zoom

Want to share a song or two? Or just hang out in the ZoomRoom and enjoy the talents of our amazing musical line up??

Please email Karen Childs at for the Zoom login info at karenchilds75@gmail.com.

Chalice Side Chat

Every Tuesday at 7:30 PM

Join Rev. Drew and other members of our community each week on Zoom. Each session is a chance to offer and receive support and check in with those we miss seeing in person.

Please check your weekly e-news and Sunday morning service reminders/announcements for login info. If you are not signed up for the e-news, please email uubangor@gmail.com.



Photo by Chris Montgomery via Unsplash

ANNUAL SPRING AUCTION



MAY 1, 2021 | SATURDAY | 7-9 PM
ART. LESSONS. DINNERS. ARTISAN CRAFTS.
994 4629 0578
538071



Join your UUSB Auction team for another fun-filled Zoom event! There are a few of the prized dinner offerings, as well as a whole heap on amazing items and services. Tune in and bid well to get the item your dreaming of!

- 1) 10 Weeks of Banjo Lessons with Joan Richert
- 2) Flaming Chalice Wall Hanging by Sue Henri- MacKenzie
- 3) Sermon Topic of Your Choosing in consultation with Rev. Drew
- 4) 3 Margarita glasses, two limes and \$25 gift certificate to Miguel's courtesy of Suzanne Kelly
- 5) Afternoon Sail with Rev Drew.
- 6) Tapas Dinner by Mike Lam and Amy Starkey-Lam In Winterport August 7. 6 Seats available
- 7) Blue and White Tea and Cake Set (5) with Hurricane lamp
- 8) Journey to Possibilities by photographer Page Eastman, donated by Page Eastman
- 9) Handknit Socks by Cathy Elliott
- 10) Retire a Hymn for a Year
- 11) Vintage Rainbow Stemware Cordial Set (5) Donated by Catherine Foxson.
- 12) Funky Chalice in Felt designed by Tracy Haskell
- 13) Toddler's Wooden Chair donated by Glenn and Nancy Rampe
- 14) PI Dinner by Cathy Elliott and Mark M., March 12, 2022 8 seats in Hampden
- 15) Mark McCollough Custom Created Wildlife Painting
- 16) Pool Party & Barbecue up to 15 People at Joan and Kirby Ellis home in Hudson July 17th
- 17) Needlepoint of a Gardener's Bounty, framed picture, 16x18 inches donated by Nancy Rampe
- 18) Photo Shoot with Photographer Tom Grogan donated by Tom Grogan
- 19) Custom-Made Sweater by Marj Lawrence.
- 20) One Quart Maple Syrup, tapped, boiled, and canned by the Kelly's
- 21) 9 Soups for Your Family prepared by Patti Woolley
- 22) Hand Knitted Mittens by Linda Koehler
- 23) 2 Wooden Chalice created by Joe Zydlewski
- 24) French Dinner by Chef Mike Grondin December 5th in Bangor
- 25) Martin Backpack Guitar donated by John Arimond
- 26) Tracy Haskell Bird-Themed Felt Artistry
- 27) 6 Red Crystal Dessert Stemware donated by Catherine Foxson
- 28) Gevalia 8 Cup Coffee Maker donated by Suzanne Kelly
- 29) Michael Kors Fulton Flap Wallet Clutch donated by Suzanne Kelly

Keep an eye out for the Zoom login link in the weekly e-news and a solo email an hour before the "doors" open.

Contact Sue McKay at suemckay@midmaine.com or 207-478-4631

Team members: Sue McKay, Kate Dutra, Kerrie O'Brien, Laurie Cartier, and Rob Spreng

TREASURER'S REPORT

BY ROSEMARY PARSONS

TREASURER'S REPORT FOR MONTH OF March.

This report covers 75% of the year.

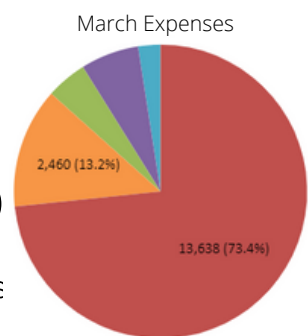
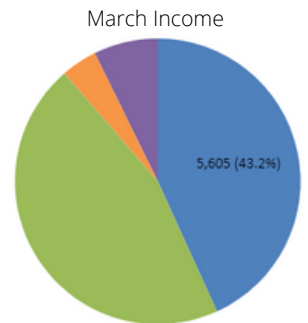
Total income for the month of March was \$1,635. Expenses were \$18,588 leaving a net income of (\$5,607) for the month. The net income for the 9 months ending 03/31/21 is \$21,772.

March income included pledge of \$5,605, \$3,000 less than last month. Total pledge received through 03/31/21 is \$95,533 representing 81.65% of what is budgeted. Plate donations were \$367. Half of that amount goes to UUSB Food Programs. Total Income for 9 months was 52% of the budget.

VANCO: In March, 17 people used the Vanco link to make payments totaling \$2,224 gross in all categories with a net of \$2,173 Fees were \$54.31 and the offset paid was \$51.00. Donations were General Fund for \$95.00, pledges for \$1,647: Share the Plate for \$206 and Minister's Discretionary for \$225.

Expenses for the month break down as Personnel \$13,638 (73% of total costs) Building \$2,460 (13%), Fair Share to the UUA \$837 (5%), Administrative \$1,195 (6%), and Congregational expenses for \$458 (2%) Total expenses for 8 months were 72% of the year's budget.

In Service,
Rosemary Parsons



UUSB Indigenous Land Acknowledgement

A committee is forming to help work toward creating a UUSB Indigenous Land Acknowledgement of our existence on Native Land. This is a process that will ask the entire congregation to work together from our hearts to find wording that we can fully stand behind as we read it at services and meetings.

The Native Governance Center Website has a wonderful page on "Indigenous Land Acknowledgement." We ask that you look at this website and start the inner process of opening your heart to the work. We will then be having one or more workshops in the Fall to help create the wording to be voted on by the entire congregation.

If you would like to join the committee, please contact Laurie Cartier at amalauriec@gmail.com or 944-0650.

New Options for Membership

The Membership-Fellowship Committee and Rev. Drew launched new options for friends and visitors who want to consider becoming a member of UUSB. Joining is now possible at any time. The new system consists of (1) completing an information request card, now available online, indicating interest in becoming a member; (2) reading through a [Self-Study Guide](#) describing UUism and UUSB; and (3) attending a new Monthly Minister's Tea or a New to UU Class. The Monthly Minister's Teas are on the UUSB's online calendar. The next Minister's Tea is scheduled for May 2nd and will be held online via ZOOM. The next New to UU Class will be held in the Fall, with date and time to be announced at a later time. If you are interested in participating in the one of the Minister's Teas or becoming a member, you can email uubangor@gmail.com.

Monthly Tea with Reverend Drew

Rev. Drew holds a monthly tea via Zoom immediately following Fellowship Hour after service. Attending one of the teas meets one of the requirements to becoming a UUSB member. This is a little less formal and is a good way to ask any questions you may have about Unitarian Universalism, the UUSB and our commUUnity. The next Minister's Tea will be Sunday, May 2nd, just after fellowship. If you would like to attend, please send an email to uubangor@gmail.com.



Greetings from the Membership-Fellowship Committee and welcome to our Community Corner!

We can't gather in the Dorothy for Fellowship Hour, but we can keep in touch in other ways. We asked some folks to tell us what hobbies or skills they have honed during the pandemic. Here is what we learned. If you would like to share what you have been up to, in 75 words or less, send your story to cathylliott25@gmail.com. Thanks!

Christine Sprague, our office admin, is happy to be back after her family leave. She, her husband Ryan, and her oldest child Danny were happy to welcome baby Eva to the family. Eva has thrived, with lots of cuddles from the entire family. The family garden is getting planted, with Eva's company and some help from Danny. Christine is excited to be "back" and even more excited to hopefully see some people in person in the coming months.

Coming of Age (COA)



Buy Groceries, Support UUSB



In April, the COA held its fourth meeting with our youth participants: Lilie Sites, Simon, Socolow, Zachary Spreng, and Franny Wilson.

Our theme for April was faith to gain some insight into each youth's faith. We all took the Belief-o-Matic quiz on Beliefnet and learned about some of our youth's personal faith leanings. Our group had quite an interesting mix. The group also began talking about creating their credo statements and visioning some of our June 6th COA service elements.

In May, our youth will look into their faith as they explore the wide variety of UU organizations and UU affinity faith organizational resources to continue deepening their spiritual growth. We will look at the rainbow of UU organizations that support faith development, including the UUA, The Church of the Larger Fellowship, and UU Buddhist, Christian, Jewish, Mystical, and Women's Fellowships. We will also look at UU groups working for Social Justice like UU Service Committee, and Black Lives UU (BLUU), Allies for Racial Equality (ARE), and the Maine UU State Advocacy Network (MUUSAN)

Please mark your calendars for our COA worship service on June 6th.

Special thanks to this year's COA mentors: Sue-Ann Gaiting's, Lynn Grogan, Mark McCollough, and Gayle Zydlewski.

And special to Dave Patterson for serving as group co-leader at our April Meeting.

Ongoing Church Fundraiser Hannaford Grocery Cards

Grocery Cards are still available!
Convenient to carry!
Every purchase helps UUSB!!

Cards are available in increments of \$25, \$50 or \$100.

Email or call for pick-up or delivery.

Cash or checks made out to UUSB are accepted.

Buy for your own grocery shopping!

Buy cards for gifts!

Buy to donate to a local food bank!

For purchase and pickup or delivery, contact:

Tim & Judy Martin
942-2696,

jamandtim@myfairpoint.net

10 Highland Ct off Union St.

OR delivery ANYWHERE.

Rosemary Parsons
327-1045

roxemary@gmail.com. Delivering in the Orono/Old Town/Hudson area.

Cards are also available at the monthly Ringing Bells & Feeding Souls events. The next will be December 13th at 12:00.

WORSHIP WEAVINGS

BY LAURIE CARTIER

Hello from your Worship Committee!

December was such an overwhelmingly busy month that I completely missed the deadline for the January Chimes, so I'll try to catch us up a bit here.

We are very pleased that we have two new Worship Associates! Vyvyenne Ritchie is able to join us from Canada because we are on Zoom. What a joy to see her face and hear her familiar voice. She has also recruited Balenda Ganem to do some readings and stories for us, which is a wonderful added bonus. Most recently Sue McKay has joined the team. Sue brings a wealth of talents and UUSB knowledge to the team. Welcome Vyv and Sue - and Balenda!

December brought you a lovely variety of services led by Rev Drew and the Worship Committee. We celebrated on many of the December holidays with a focus on the month's theme of Stillness. We were so pleased to bring you our abridged version of the Winter Solstice Singing Ritual again as well as the wonderful Christmas Eve service full of more fabulous music!

In January, we had the theme of Imagination and the services included a wonderful community service where we got to put together a puzzle online and learn all about Fairy Houses. We also had services on Epiphanies (where we welcomed the congregation of Portland's Allen Avenue UU Church, A2U2), Martin Luther King Jr., and guests in the pulpit that included Rosemary Parson's son James Roberts and the former intern from Belfast UU (et al), Ariel Aaronson Eves. We are so pleased to have many wonderful guests to enhance our service offerings!

In February, our theme is Beloved Community. Building meaningful services with this theme will be easy as we have one of the most loving and beloved communities I know right here at UUSB!

We are ecstatic to be able to announce that UUSB has hired a Tech Coordinator! She is Jennifer Rodriguez, a fairly new resident of Bangor, who has a tech and design background. An added bonus is that she is interested in the UU faith and has been joining us as a member of the congregation over the past few weeks. Welcome Jennifer!!

As always, if you have ideas for services or what to be involved, let me know at amalauriec@gmail.com.

Laurie Cartier, Chair
UUSB Worship Committee

**WORSHIP NEEDS
YOU
THIS SUMMER!**

Do you have an idea for a service?
Let us help you make it a reality!

CONTACT LAURIE CARTIER AT
AMALAURIEC@GMAIL.COM
(207) 944-0650



Spiritual Exploration

The Soul Matters theme for May is Story. We can look at story a couple different ways – one might see story as a collection of characters, themes, and occurrences from the past – real or imagined - or we might think of it as something that we are personally, actively participating in, are aware of, and are adding to the next chapter as we go along. Over the ages, stories have served to educate us, spark our imagination, and offer creative ways to entertain and delight, share important lessons, and remember events.

What is your favorite type of story? Do you enjoy a style of character, or a particular setting or story arc? Share some of your favorites on our [FaceBook Group](#).

Be sure to check your inboxes or your mailboxes for this month’s edition of Soulful Home – a newsletter chock-full of fun games, activities, and conversation starters for you and your family. I’ll be emailing your family a copy at the beginning of May. If you’d like a hard copy mailed to you, please let me know.

In comm-UU-nity,

Karen Childs
UUSB Director of Spiritual Exploration
(207) 949-0733 ~ uubangorre@gmail.com

Schedule changes happen - please keep up to date through the [UUSB Google Calendar](#), our [SEE Google Calendar](#), our [UUSB Community FB Page](#), or our FB [SEE Community Page](#)

Spiritual Exploration Experience

Spring Schedule

- April 4th - **All Church Experience (ACE)** - Zoom - 10AM
- April 11th - **ZoomRooms** - Online - 11:15AM
- April 18th - **NO CLASSES** School Break
- April 25th - **Outdoor Family Event**: Earth Day Event
- May 2nd - **Outdoor Family Event**: Spring Festival
- May 9th - **S.E. Celebration Sunday**
- May 16th - **Annual Meeting** - Zoom - 11:15AM
- May 23rd - **Teacher Appreciation Lunch** - 1:30PM
- June 6th - **Coming of Age Service** - Zoom - 10AM





Spiritual Exploration

April's Outdoor Experience

Earth Day 2021

We are excited to SEE together - SEE into our own hearts, minds, and spirits. SEE things from another's point of view. SEE what we can do to make our world a better place. SEE how love can change the world we live in.



On April 25th, folks from the S.E.E. program headed out to the Hirundo Wildlife Refuge in Old Town Maine to learn a bit about the forest eco system and how invasive plants affect the soil and local plant life.



We came to help eradicate a patch of Garlic Mustard, an invasive plant species brought over from Europe centuries ago. This plant affects surrounding native plants by changing the pH levels of the soil.



Along the the way, we learned about and saw so many fabulous things – how to identify a variety of conifer trees, learned about fresh water muscles, saw piles of lil frog eggs, saw evidence of pileated woodpeckers, and soooo much more!





Spiritual Exploration

April's Outdoor Experiences

Once arriving, we learned the differences between the native Blood Root plants and the Garlic Mustard and were given fair warning to give a wide berth to the pointy Hawthorn plants!

We were quite happy the rain held off long enough for us to collect and dispose of many, many tiny, fragrant plants. Great work team!



A huge thank you to Hirundo's naturalist, Gudrun Keszocze, for sharing her time and knowledge with our crew!

Hirundo Wildlife Refuge is protected area covering over 2400 acres along Pushaw and Dead streams in Penobscot County, Maine.

The refuge is a living laboratory where current and past scientific research has been conducted.

Hirundo is on the National Registry as being the site of a prehistoric Wabanaki Village with over 4,500 years of occupation.

Hirundo is open to the public daily from 9:00 am until sunset, and there is no fee for admission, but donations are gladly accepted.



SOCIAL JUSTICE COMMITTEE

New Leadership Update

Valerie Carter and Suzanne Kelly are now SJ Committee co-chairs.

Local Justice Task Force

Public bathrooms approved for the downtown. The SJ Committee unanimously endorsed the Greater Bangor Area Housing Coalition's (GBAHC) proposal to provide extra daily cleanings of 4 public bathrooms (porta potties) provided by the city, so that our homeless population and others needing facilities (e.g., tourists, local people out for a walk) will have somewhere to go. The SJ Committee sent a letter of support, penned by Joanie Ellis, to the Bangor City Council. The project was approved.

Faith Linking in Action (FLIA) has added a new issues team: Home Insecurity and Homelessness. Our primary focus will be helping at risk children with selfcare skills (e.g. meditation). We're hoping congregations that are FLIA members (and beyond) will want to join in our efforts. MORE TO COME.

MUUSAN Liaisons Update

Valerie Carter and Suzanne Kelly have also taken on the role of MUUSAN congregational liaisons. Congregational liaisons have a one hour weekly meeting for updates about state legislation that taskforces (Healthcare; Democracy in Action; Racial, Native American and Immigrant Justice; Environment and Climate Change) are working on.

The first meeting we attended on April 22 focused on Healthcare. For regular updates about healthcare legislation you can check in with Patty Alcott, our task force representative. At a recent workshop, LD 805, an Act to Allow Municipalities to Prohibit Firearms at Voting Places, was not supported by most of the members, with Joe Baldacci, the workshop chair, opposed to the LD. Anyone in Joe Baldacci's Senate District may want to contact him to let him know why you support the bill. It is a top priority for MUUSAN.

To check out legislation supported and opposed by MUUSAN you can "like MUUSAN" on Facebook or go to the MUUSAN web page.

MUUSAN Network Meeting ~ Preregister for the May 8 via Zoom 10:00-12:00

"Crossing the Finish Line" with Guest Speaker Senator Cathy Breen

Much of MUUSAN's legislative agenda has been moving through the Maine Legislature: bills are being printed, public hearings and work sessions are being held, and even some floor votes are being taken and bills signed into law (shout out to LD 2!).

Throughout this process, members have been tracking bills, testifying for or against them, attending advocacy events, and contacting their legislators. However, there is one last hurdle that any bill with a cost to implement must clear before it can be enacted: funding. How is a bill funded? How can MUUSAN members ensure that the bills we support clear that final hurdle instead of failing to cross the finish line due to a lack of funding? Senator Cathy Breen, the chair of the Appropriations and Financial Affairs Committee, will address these questions for us at our May 8th MUUSAN Network Meeting.



Ringling Bells *and* Feeding Souls

May 9 at 12:00 PM

Open Air Chimes Concert & Food Collection



On Sunday, May 9th, UUSB will once again host our Second Sunday Food Drive and Open Air Concert, the church's monthly community food collection, from 12:00 noon – 1:00 p.m. There will be drop off bins on the Park Street sidewalk in front of the church for those wishing to donate.

In addition, from 12:00 – 12:30 p.m., the church will offer a 30-minute bell/chimes concert from the church's historic bell tower. One of only 6 genuine tower bell instruments in Maine, and the only manually-played chime in Bangor (installed 1919), the 10-bell, Meneely "C Chime" instrument will be played.

We invite all within the Bangor community to step outside and take a listen. You are welcome to enjoy from the church lawn and surrounding areas, but please be absolutely certain to observe social distancing practices of at least 6 feet, or listen from the comfort of your enclosed car. People driving by or listening outside should wear cloth masks for the safety of all.

The food donations are contributed to the Ecumenical Food Pantry in Bangor. Want to help feed souls, but don't have time to shop or can't lug around heavy groceries? The Ecumenical Food Cupboard does take money, which buys up to six pounds of food for every dollar given. Please don't make checks out to UUSB. Instead, write them out to Bangor Ecumenical Food Cupboard (Bangor EFC if you like alphabet soup), and we'll keep feeding souls.



SHARE THE PLATE



In May, half of the undesignated funds in the plate will go to Hemophilia Alliance of Maine (HAM). HAM aims to advocate on behalf of people with bleeding disorders, as well as helping people advocate on behalf of themselves or loved ones. They also work to educate Maine's care providers on bleeding disorders and assist people in receiving the care they need. HAM works throughout New England as part of the New England Bleeding Disorders Coalition, to help empower all New England communities with tools, training, and resources.

In March, we were able to share \$184 with our UUSB Food Security Programs. And, in April, we shared our plate with Maine UU State Advocacy Network (MUUSAN).

You can give to the collection plate through the UUSB website and Vanco or by mailing a check to the church office.



UPCOMING EVENTS

The Who, What,
Where, & When to
find UU online

HOSTED BY UUSB WEEKLY

Sundays @10:00 AM

Worship Service

Join us weekly on Zoom. Find the link, meeting ID, and password in the weekly e-news.

Mondays @7:00 PM

Zoom Open Mic

Join our online CoffeeHouse Open Mic for some community music every Monday. To receive the login info, please email karenchilds75@gmail.com.

Tuesdays @5:45 PM

Mindfulness Meditation Group

Join Rev. Drew for the return of our regular Mindfulness (Vipassana) Meditation Group.

Tuesdays @7:30 PM

Chalice Side Chat

Join us on Zoom to check in and find support. Find the link, meeting ID, and password in the weekly e-news.

HOSTED BY OTHER UU GROUPS WEEKLY

Sundays @8:00 PM

Church of the Larger Fellowship (CLF) Online Worship

Join CLF for a weekly worship service on Zoom. CLF is the largest UU congregation, exclusively meeting online. Check the e-news for the registration link weekly.

Thursdays @11:00 AM

The VUU by CLF

A live Unitarian Universalist talk show discussing today's topics from an anti-racist, anti-oppressive, and multicultural perspective. Visit their Youtube page or check the weekly e-news for the newest link.

SPECIAL MEETINGS & SERVICES

Saturday, May 1 @7:00 PM

UUSB Spring Auction

Join this exciting annual FUNdraiser to support UUSB and get one of the amazing items up for auction. See full details on page 9.

Sunday, May 2 @11:30 AM

Minister's Tea

Join Rev. Drew and Membership committee members for a casual time to ask questions and learn about UUSB, UUism, and fill one of the membership requirements.

Sunday, May 9 @12:00 PM

Ringin' Bells & Feeding Souls

Join us for an open-air concert with UUSB's historic bells and our monthly food collection for the Ecumenical Food Cupboard. Since December 2019, we've collected over 2,800 lbs. of food!

Saturday, May 22 @4:00 PM

Bean Supper Served

Our only in-person event this month, the Bean Supper will be served in take-out containers with social distancing precautions taken.

Saturday, May 29 @4:00 PM

Bean Supper Served

Our only in-person event this month, the Bean Supper will be served in take-out containers with social distancing precautions taken.

2021

MAY

UUSB CALENDAR

SUN	MON	TUE	WED	THU	FRI	SAT
2 10:00 AM Service 11:30 AM Minister's Tea 1:30 PM SEE Event 3:00 PM Coming of Age	3 7:00 PM Zoom Open Mic	4 9:45 AM Staff Meeting 5:45 PM Meditation Group 7:30 PM Chalice Side Chat	5	6 6:00 PM Zoom Choir	7	8 10:00 AM MUUSAN Network Meeting
9 10:00 AM Service 12:00 PM Ringing Bells & Feeding Souls	10 7:00 PM Zoom Open Mic	11 5:45 PM Meditation Group 7:30 PM Chalice Side Chat	12 Committee Reports Due 5:30 PM Membership- Fellowship	13 6:00 PM Zoom Choir 6:30 PM Executive Committee	14 10:00 AM Budget & Finance	15
16 10:00 AM Service 11:15 AM Annual Meeting 11:45 AM Social Justice	17 7:00 PM Zoom Open Mic	18 9:45 AM Staff Meeting 5:45 PM Meditation Group 7:30 PM Chalice Side Chat	19 6:30 PM Council	20 C&C Soft Deadline 6:00 PM Zoom Choir 7:45 PM Comm. Committee	21	22 10:00 AM Bag Lunch Prep 3:00 PM Bean Supper Prep 4:00 PM Bean Supper
23 10:00 AM Service 1:30 PM Teacher Appreciation	24 7:00 PM Zoom Open Mic	25 C&C Hard Deadline 5:45 PM Meditation Group 7:30 PM Chalice Side Chat	26 5:30 PM Worship	27 6:00 PM Zoom Choir	28	29 10:00 AM Bag Lunch Prep 3:00 PM Bean Supper Prep 4:00 PM Bean Supper
30 10:00 AM Service	31 7:00 PM Zoom Open Mic	All Meetings & Services are currently being held on Zoom until further notice. Please subscribe to our e-news or join the UUSB community group on Facebook to get up-to-date info.				

REMINDERS

ABOUT US

Unitarian Universalist Society of Bangor

Our Mission Statement

The Unitarian Universalist Society of Bangor is an historically liberal religious community, celebrating diversity and supporting spiritual growth and social responsibility in each child and adult.

A Welcoming Congregation

We welcome individuals and families of all religious upbringings, racial and ethnic backgrounds and sexual orientations. We, a member of the Unitarian Universalist Association, covenant to affirm and promote the inherent worth and dignity of every person.

A Green Sanctuary

The UU Society of Bangor, recognized as a Green Sanctuary by the Unitarian Universalist Association, endeavors to incorporate care for the Earth into its worship and religious education while working to promote environmental justice and sustainable living. We covenant to affirm and promote respect for the interdependent web of all existence, of which we are a part.



Do you have a **CLYNK** Bag?? Be sure to have one handy, so you can easily be collecting bottles and cans to help raise money for our UU Youths' Social Justice Service Trip. The bags are in the Dorothy Memorial Room. Please contact Laura Santilli for details. Thank you for your support!!!

UUSB is always in need of volunteers – for fundraisers, childcare, teaching, and to fill positions on our active committees. The great perks of volunteering are not just the satisfaction of contribution, but the sense of community we all feel when we accomplish important tasks with others. Since we don't always know who is able to take part, please contact a council or committee member if you are open to volunteering in any large or small way.

The **UUSB Worship Committee** is looking for more member participation in our worship services and is extending an INVITATION to one and all of you to consider if you might be interested in joining our services as READERS.

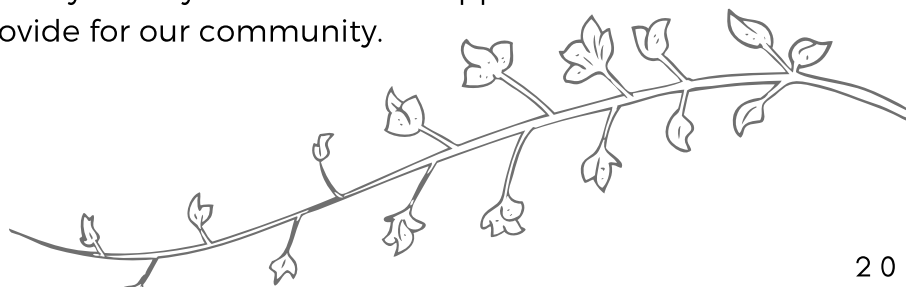
Collection Plate & Pledge Reminders

One way you can help continue our outreach efforts is to keep up with your financial pledge. Without our weekly passing of the collection plate, we still need to make sure that we can pay our bills. Keeping up with your pledge allows our staff and leadership to focus on providing services to members, friends, and guests. There are three options to make is easy to keep up with your pledge:

1. Mail a check to the church office at 120 Park St, Bangor, ME 04401
2. Contact Rosemary Parsons, our treasurer, to set up a direct withdrawal from your paycheck or bank account
3. Donate online through Vanco. This option will be available on our website, as well as shared in our weekly e-news



Thank you for your continued support as we all work to provide for our community.



ABOUT THE *CHALICE & CHIMES*

Church Council:

Will Seavey, Chair
Kate Dutra, Clerk
Rosemary Parsons, Treasurer
Becky Anderson
Tom Bickford
Valerie Carter
Gail Foss
Francis Grey
Kerrie O'Brien



Council meets at 6:30 PM
on the third Wednesday
of each month.



UUSB Staff Contact:

Rev. Andrew Moeller, Minister
(207) 922-2956
Christine Sprague, Office Admin.
(207) 947-7009
Karen Childs, Director of SE
(207) 949-0733
Molly J. Webster, Music Director
(207) 947-7009

Due to delays caused by working remotely during the COVID-19, please be patient with responses. We will get back to you as quickly as possible.

About Our Newsletter

The *Chalice and Chimes* is published ten times a year (Sept-June). The hard deadline for submissions is the 25th day of each month. Please notify the office of your intent to contribute by the 20th of each month, on the soft deadline. Contributions are solicited and should be sent to the Administrator/Editor at the church office. An email reminder is sent out to all member and friends on the church's database mailing list when the newsletter has been posted to the church website, where it may be viewed or down-loaded. It is also available in paper format on the table by the sanctuary entrance and by US mail (request from the Church Office).

Editorial Policy

Articles submitted for publication in the *Chalice & Chimes* must strive to include, in an unbiased way, only that information that is consistent with the UU faith. Articles should deal with issues of a spiritual nature meant to inspire, encourage, educate, or inform. Although every effort will be made to be inclusive, the Editor reserves the right to determine which articles are accepted for publication. The Editor has the right to edit for space, availability, libelous remarks, or unwarranted personal attacks. The Editor also reserves the right to refuse any item that may affect our Tax Exempt Status.



Newsletter Submissions Next Newsletter Deadline: May 25, 2021

The next issue will be June 2021.
We value your contributions and very much appreciate submissions. When sending email contributions to The *Chalice & Chimes*:
uubangor@gmail.com

