

CHALICE & CHIMES

THE MONTHLY NEWSLETTER OF UUSB

NOVEMBER 2020

THIS MONTH IN WORSHIP

During November, our services will be held remotely via Zoom. Please follow the weekly E-News and UUSB Facebook group for login information for each service, which will have a unique login code.

Our theme this month is "**Healing.**"

November 1 - *What is Healing?* - This week, we will introduce a new all-congregation worship model involving more interaction and discussion around the topic of healing. This service will feature several opportunities for our youth to participate in the conversation, along with parents and adults. This service will be led by Rev. Drew Moeller and Karen Childs, Director of Spiritual Exploration, with Laurie Cartier as our technical coordinators, music provided by Molly J. Webster and Sojourner Hodges Crowley, and special puppetry provided by Linda and Jonathon Sisson.

November 8 - *Returning to Health of Soul* - In the wake of the 2020 national elections and All Souls Day, our service will explore how to rebuild our hearts, democracy, and souls, after have experienced loss and grief. This service will be led by Rev. Drew Moeller, with John Arimond as our worship associate and music provided by Molly J. Webster and Sojourner Hodges Crowley.

November 15 - *TBA* - This service will be led by Phyllis Havens as our worship associate, with John Arimond as our technical coordinator, and music by Molly J. Webster and Sojourner Hodges Crowley.

November 22 - *New Member Sunday* - This week, Rev. Drew and the Membership-Fellowship Committee will introduce and welcome our new members. This service will be led by Rev. Drew Moeller, with support from the Membership-Fellowship Committee and music by Molly J. Webster and Sojourner Hodges Crowley.

November 29 - *Grace* - This service will be led by Phyllis Havens, our worship associate, with Kim McKeage as our technical coordinator, and music by John Arimond.

The theme for December will be **Stillness**. If you have ideas for readings, stories, or music to use with this theme, please let Rev. Drew or Molly Webster know.

UNITARIAN UNIVERSALIST SOCIETY OF BANGOR

120 PARK ST
BANGOR, ME 04401

SUNDAYS AT 10:00 AM

(207) 947-7009

WWW.UUBANGOR.ORG

UUBANGOR@GMAIL.COM

HIGHLIGHTS:

- 2 - DREW'S VIEWS
- 3 - MINISTER'S SCHEDULE
- 4 - POST ELECTION VIGIL
- 5 - OFFICE BULLETIN BOARD
- 6 - COUNCIL CRIER
- 7 - TREASURER'S REPORT
- 8 - LOOKING AHEAD WITH
MEMBERSHIP-FELLOWSHIP
- 9 - COMMUNITY CORNER
- 10 - COMMUNITY OUTREACH
- 11 - WORSHIP WEAVINGS
- 12 - SPIRITUAL EXPLORATION
- 15-16 - FUNDRAISER UPDATES
- 17 - UPCOMING EVENTS
- 18 - CALENDAR
- 19-20 - REMINDERS

Dear Ones,

Autumn is one of my favorite times of year. It's a season full of beauty and splendor, while still being a season of sadness and melancholy. Such is the paradox of the season - a paradox that our ancestors knew well. They celebrated the season of harvest, but also the coming of winter. There is heaviness in our souls, as we remember loved ones and the end of the way things used to be.

At this time of year, many of our ancestors believed that there was a thinning of the barrier that separated this life and the next. This is part of the origin of Halloween and one of the reasons that pagan rituals remembering ancestors were woven into this season.

Many of these celebrations, like All Souls' Day, create opportunities for us to heal. They allow us to remember the beauty of our loved ones who have passed, while we take the inspiration and hope that the harvest brings. Taking in the magnificent beauty of the season opens our heart and being, so we can look inward and outward. It helps us move toward wisdom, even when that wisdom comes at a cost like the loss of a loved one, or our precious democracy, that leave us feeling naked, raw, or uncertain.

I believe, just as our ancestors believed, that the veil between this world and the next is especially thin at this time of year - I also believe Fall is a season that is particularly auspicious for healing. Especially in this very contentious election year when all sorts of unusual things have happened in our world. My prayer is that after the election, we will have a time to reflect and heal and prepare for the journey forward in both a spiritual and practical sense because the journey continues.

In a spiritual sense, this is the time to remember our ancestors and allow our curiosity and love to reach out, so that it may move past that thin veil separating us from this existence and the next. It is also a time to take a deep breath and reflect

on the state of our beloved world and recognize the beauty that is still there, despite the many attempts to dismantle it.

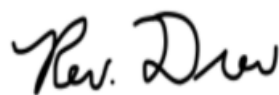
This month, our Soul Searchers program seeks awareness on several important barriers to racial healing. We are looking at how white superiority, white exceptionalism, anti-blackness, racial stereotypes, cultural appropriation, and color blindness have shaped our souls. As a congregation, we will also look at the concept of "healing" and how it affects our lives in many ways.

Healing, just like the leaves of autumn, requires us to let go of some things, while accepting that other things will re-emerge as the cycle of life continues. For that to happen, there is much that we can do internally and externally, but the process takes time. Not just *our* time, but Spirits' time or the universe's time. This means waiting and waiting is often hard to do.

I wonder if that is why the natural world makes itself so stunningly beautiful this time of year. With all the amazing beauty, we can't help but stop - if even for a moment - and just be awed by the brilliant colors of the leaves, the cooling of the air, the blowing of the wind, and the abundance of the harvest from plants that only months ago were starting to push forth from the earth seeking a chance to grow.

May each and everyone of you find time to pause and soak in the beauty of the season and the clearness of the crisp cool air, so that you can bring some of that energy with you into the winter. This winter may seem longer than most, with changes to familiar patterns and traditions around the holidays, when we won't be able to travel or visit families in the way we use to.

Peace, Love and Namasté,



Rev. Drew

Do you enjoy our online weekly worship services? Do you want to see them continue? Have your computers skills grown during the COVID pandemic?

If so, we need your help. The worship committee desperately needs as few good people who are willing to serve as our Zoom Techs during our worship services. While we have a good core of people on our worship committee, our online experience needs a worship associate, as well as someone to advance the PowerPoint slides, highlight people as they speak, and hit the button to play music. If you are familiar with Zoom or would like to learn more and are willing to serve as Zoom Coordinator at least once a month, we would love to train you on how you could contribute greatly to our online worship services.

Please contact Laurie Cartier amalauriec@gmail.com or Rev. Drew drewuu2@gmail.com to let us know if you're interested as soon as possible. Running the Zoom platform is a lot of fun without a huge effort.

Mindfulness Meditation



Returns
Oct 6

Starting November 17, Rev. Drew will be teaching a five session "Introduction to Mindfulness (Vipassana) Meditation" program online on Tuesday nights from 5:45 to 7:15 PM.

This program will provide basic instruction on basic mindfulness meditation concepts, through a combination of presentations, discussions, and experiential learning (meditation).

Students need to commit to attending all five sessions and fill out a feedback form as part of the requirements of this program.

This program is part of Rev. Drew's Mindfulness Meditation Teacher Certification program practicum.

If you have questions or wish to learn more about the program, please contact Rev. Drew at drewuu2@gmail.com.

To register contact Christine in the UUSB office.

Minister's Schedule - November 2020

Rev. Drew along with other UUSB staff will be working from home, until social distancing measures are withdrawn.

Mon - Minister's Sabbath Day (day off)

Tues - 10 AM to 1 PM - Office hours (ONLINE or by PHONE)
2 to 4 PM - by Apt.

Wed - 10 AM to 1 PM - Office hours (ONLINE or by PHONE)
2 to 4 PM - by Apt.

Thurs - Sermon Writing / Worship Planning Day
(not taking calls or answering emails)

Friday - 10 AM to 1 PM - Office hours (ONLINE or by PHONE)
2 to 4 PM - by Apt.

Saturdays - By appointment (ONLINE or by PHONE)

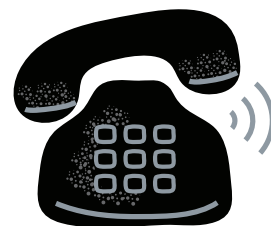
Sundays - (afternoon / evenings by appointment) (ONLINE or by PHONE)


Note: Rev. Drew will be taking comp-time weekend off on **November 8**.

Rev. Drew will be taking his regular monthly weekend off on **November 29**.

You can reach Rev. Drew directly at his local UUSB phone number!

You can reach him at **(207) 922-2956**





New to UU Class

November 7
9:00AM- 12:00 PM

The Membership-Fellowship Committee will be holding its semi-annual New to UU Class on Saturday, November 7 via Zoom.

This class is for everyone! Are you interested in becoming a member? Curious about UUism? Looking for a refresher? Join us for our one-day class!

If you are interested in attending, please email uubangor@gmail.com.

The Fall class is a one-day event, with a single three-hour class. Our Spring class takes place on two consecutive Wednesday evenings and lasts about one and a half hours, but both classes must be attended. The Spring class will take place on April 7 and 14.



Nov 4 Post Election Vigil

On November 4th, join Rev. Drew anytime between 11 AM and 1 PM for a post election vigil/hang out to be in community as we hear the results come in.

During this time we will hold a space to be quite together, share our feelings and light a virtual candle and listen to some music as we try to release some the the tension in our hearts and minds surrounding the post election. This is a drop-in vigil. Come for as much or as little time as you wish. We'll look forward to being together and holding a space for whatever happens.

Meeting ID: 850-0600-6511

Passcode: 643380



Open Mic Night LIVE!

presented by UUSB CoffeeHouse
Every Monday from 7:00-9:00PM on Zoom

Want to share a song or two? Or just hang out in the ZoomRoom and enjoy the talents of our amazing musical line up??

Please email Karen Childs at for the Zoom login info at karenchilds75@gmail.com.

Chalice Side Chat

Every Tuesday at 7:30 PM

Join Rev. Drew and other members of our community each week on Zoom. Each session is a chance to offer and receive support and check in with those we miss seeing in person.

Please check your weekly e-news and Sunday morning service reminders/announcements for login info. If you are not signed up for the e-news, please email uubangor@gmail.com.



Photo by Chris Montgomery via Unsplash



CHRISTINE SPRAGUE

Minister:

Rev. Andrew Moeller
drewuu2@gmail.com

Minister Emerita:

Rev. Becky Gunn

Music Director:

Molly J. Webster
uusbmusic@gmail.com

Director of SE:

Karen Childs
uubangorre@gmail.com

Office Administrator:

Christine Sprague
uubangor@gmail.com

Council Chair:

Will Seavey
william.seavey@gmail.com

Council Clerk:

Kate Dutra
kate.dutra70@gmail.com

Council Treasurer:

Rosemary Parsons
roxemary@gmail.com

Building Closed

Due to the COVID-19 pandemic and CDC recommendations, the UUSB building is closed until future notice. All staff are working from home. Please check the weekly e-news and monthly Chalice & Chimes for updates from the UUSB Council.

Contacting the Office

To contact me in the "office," I check email and receive voicemails from 10-2 Tuesday-Friday. I am unable to receive direct calls to the office at home, so please expect a delay in responses. The fastest method is to email and I will pass along the info or reply by email or phone, as you request. When leaving a voicemail, please provide any necessary info.

Primary Communication

Please check the weekly e-news and both the UUSB Facebook page and UUSB Community Group. These are our primary methods to communicate at this time. Please check these first, if you need any info.

Security Update

We will be starting to hand out the new electronic key fobs for building access. If you currently have a key and will need a new one, please contact the office or wait for me to send out key agreements. We will be re-keying the building in the somewhat near future.

Zoom Meeting Reservations

There is a UUSB Zoom account that can be used for remote meetings for committees and other UUSB hosted groups. Reservations must be made, just like with the building, since it functions as another UUSB room.

UPCOMING DEADLINES

CHALICE & CHIMES (DEC. ED.)
FRIDAY 11/20 - SOFT DEADLINE
WEDNESDAY 11/25 - HARD DEADLINE

E-NEWS (WEEKLY)
THURSDAYS AT 10:00AM
COMMITTEE NOTES FOR COUNCIL
WEDNESDAY, NOVEMBER 11

"OFFICE" HOURS

BY PHONE OR EMAIL
TUESDAY-FRIDAY, 10-2
OTHER TIMES AVAILABLE BY APPOINTMENT.

COUNCIL CRIER

BY KERRIE O'BRIEN

New Members Needed!

Due to unexpected circumstances, Council is looking for some new members! If you have ever been on Council, you know how important, challenging, and FUN it is! If you haven't, then consider joining us and help make our commUUnity grow and flourish! We have a great group that meets (via Zoom) the 3rd Wednesday of the month at 6:30 pm (the next meeting will be November 18th). If you are interested, or if you would like to nominate someone, please contact Will Seavey at william.seavey@gmail.com.

Fall FUNdraiser

There will be another raffle FUNdraiser this fall. The trip to Dinner Anywhere in the World was such a success last year that we wanted to do something very similar. But, with what is going on in the world right now we decided to make it more about home improvements! The raffle this year will be for home improvements of any kind, including painting, upgrading or adding new equipment or appliances up to \$5,000. We will start selling tickets on Sunday, November 8th and the winner will be announced January 3rd.

Housekeeping

Reminder to all Committee Chairs to send in their Monthly Meeting Minutes and Committee Reports to uusbclerk@gmail.com and uubangor@gmail.com for archival purposes.

Endowments

Council met with the general trustees and discussed how to best work with and use the recent endowment funds that were received. We will keep you updated as things progress.

zoom JUST ANOTHER ROOM BY CHRISTINE SPRAGUE

Are you hosting a meeting? Planning a UUSB hosted social event? Need to use the UUSB Zoom account?


The good news is that we have a UUSB Zoom account that can be used by our members to hold meetings and events, which we need more than ever in these socially distant times. This is available for committees, small groups, and planning meetings that are connected with UUSB.

To keep everything running smoothly, we need to know who needs the Zoom account and when. We can only host one meeting at a time, just like a regular room in the building.

You can submit your Zoom Room Reservation request at

<https://forms.gle/aYgiDGcgM9PeTZS87>

Thanks in advance for your cooperation!



TREASURER'S REPORT

BY ROSEMARY PARSONS

TREASURER'S REPORT FOR MONTH OF September written in October.

This report covers 25% of the year.

Income for the month of September was \$15,551. Expenses were \$16,964 leaving a net balance of (\$1,413) for the month. The net income for the 3 months ending 9/30/20 is \$7,758.

Income in September included pledge of \$6,171. Total pledges received through 9/30/20 is \$43,098 representing 36.8% of the budget. To keep on track, monthly pledges need to average \$7,864.

VANCO payments came from 16 people (same as last month) totaling \$1,246.25 gross in all categories with a net of \$1,207.50. Fees were \$38.75 and the offset paid in was \$28.25. VANCO is very convenient, but mailing a check is cheaper (says a penny pincher).

The September checking account balance was \$24,498 – down \$7,499 from August's \$31,997.

Plate contributions for September were a \$386, half of which will to UUSB Food Programs.

Expenses for the month break down as \$13,027 for Personnel, \$1,023 for Building, \$837 Fair Share to the UUA, \$593 Administrative, and \$1,484 for Congregational expenses.

I was asked to give a better description of what VANCO is and how it works. VANCO is a company that collects money for organizations and deposits it in their bank accounts. It is convenient, since it only requires a person to go to the UUSB website (anytime), and type in information which includes how the money is designated, and a credit card or bank account to charge. But, this convenience is not free. Each payment has a transaction fee of \$.22 and a discount rate of 2.5% to 2.75%, with a minimum of \$.01. For example, if you pay your pledge of \$50, the fees are $\$.22 + 1.25 = \1.47 deducted from the payment. Interestingly if you add an offset of less than .20 we actually lose money because of the fees. Thus, I would suggest that you do not make small payments as a second transaction.

Anyone curious about what rate is charged for their payments can email me. I see quite a variation in rates on the reports.

In Service,
Rosemary Parsons, Treasurer

New Options for Membership

Last year, the Membership-Fellowship Committee and Rev. Drew launched new options for friends and visitors who want to consider becoming a member of UUSB. Joining is now possible at any time. The new system consists of (1) completing an information request card, now available online, indicating interest in becoming a member; (2) reading through a Self-Study Guide describing UUism and UUSB; and (3) attending a new Monthly Minister's Tea or a New to UU Class. The Monthly Minister's Teas are on the UUSB's online calendar. **The next New to UU Class will be held Saturday, November 7 from 9:00-12:00 and will be held online via ZOOM due to COVID-19.** The next Minister's Tea is scheduled for December 13 and will be held online via ZOOM due to COVID-19. If you are interested in participating in the one of the Minister's Teas or becoming a member, you can email uubangor@gmail.com.

The Self-Study Guide can be found at uubangor.org/wp-content/uploads/2019/10/Self-Study-Guide-2019.pdf.

New Membership Signing Sundays

New members will continue to be introduced to the congregation at our semi-annual Membership Signing Sundays. The next Membership Signing Sunday is scheduled for November 22. We can also quickly reactivate the membership of a past UUSB member or initiate a new membership for a member of another UU congregation who wants to join UUSB.

Monthly Tea with Reverend Drew

Rev. Drew will be holding a monthly tea that will provide opportunities for informal conversation/questions and answers for UUSB members, friends, and visitors. Attending one of these teas meets one of the requirements for those wishing to become a UUSB member. The next Monthly Tea has been scheduled for December 13 at 11:30 and will be held online via ZOOM due to COVID-19. There is a limit of ten people per tea. If you are interested in attending, please email uubangor@gmail.com

Forming a Creative Group: CommUUnity Talents

As many of us are at home most hours of the day and won't be getting out as much as the days get shorter and colder, we are wondering if forming a creative group would be something people would be interested in. It could meet monthly or bi-monthly. It would be via Zoom, but could highlight a new member each time. If you have a creative talent you would like to share, maybe you could do a lesson on water coloring. Or a quick demo of a knitting project. Or maybe you write poetry or short stories, we could have one month where you could read something of our own, or a piece that inspired or touched you. Maybe you know how to felt, or arrange flowers, or quilt, and would like to share some of your talents! If anything like this interests you or you would like to know more, please contact Kerrie O'Brien at kerriekat48@yahoo.com. We have a lot of very talented people in our congregation, let's share these special gifts with one another!

MORE LOOKING AHEAD WITH MEMBERSHIP-FELLOWSHIP

BY KERRIE O'BRIEN

Auction Dinner Updates

If you bid on and won a dinner at last year's Annual Auction, please check in with your host to find out the status of that dinner. Some hosts are trying to arrange for a socially-distant dinner in person and some are working out ways to deliver boxed up versions of the dinner you won.

COMMUNITY CORNER

Greetings from the Membership-Fellowship Committee and welcome to our Community Corner!

We can't gather in the Dorothy for Fellowship Hour, but we can keep in touch in other ways. We asked some folks to tell us what hobbies or skills they have honed during the pandemic. Here is what we learned. If you would like to share what you have been up to, in 75 words or less, send your story to cathyelliott25@gmail.com. Thanks!

Linda Koehler and Rissa Moore

Rissa's made many masks (Linda's made a few) and donated them to the bean supper, St Joe's, and individuals, and now festive masks for sale at wreath time! Linda's garden was very successful, with an especially bountiful crop of tomatoes from two new beds in a patch of sunshine that made all the difference. Our new dog Poppy has relaxed into life here and is a delight. Karl is in grad school (marine biology at San Diego State) and living in an old sailboat. Ben has been raft guiding in Millinocket and is now heading west to work at a ski mountain.

Defiance Klingensmith

My family has gone from homeless to thriving in our own apartment, and from knowing few people to having a great support network. I have been able to honor myself and I am honing my authenticity. Healing unacknowledged wounds, reading more, photographing memories, prioritizing self-care, silent growth of my person, expanding knowledge, and nurturing relationships creatively. I have faith my hurt won't hurt others on the other side of COVID, and I'll help others too.



Buy Groceries, Support UUSB

Ongoing Church Fundraiser Hannaford Grocery Cards

Grocery Cards are still available!

Convenient to carry!

Every purchase helps UUSB!!

Cards are available in increments of \$25, \$50 or \$100.

Email or call for pick-up or delivery.

Cash or checks made out to UUSB are accepted.

Buy for your own grocery shopping!

Buy cards for gifts!

Buy to donate to a local food bank!

For purchase and pickup or delivery, contact:

Tim & Judy Martin

942-2696,

jamandtj@myfairpoint.net

10 Highland Ct off Union St.

OR delivery ANYWHERE.

Rosemary Parsons

327-1045

roxemary@gmail.com.

Delivering in the Orono/Old Town/Hudson area.



Ringling Bells and Feeding Souls

November 8 at 12:00 PM

Open Air Chimes Concert & Food Collection



On Sunday, November 8th, UUSB will once again host our Second Sunday Food Drive and Open Air Concert, the church's monthly community food collection, from 12:00 noon - 1:00 p.m. There will be drop off bins on the Park Street sidewalk in front of the church for those wishing to donate.

In addition, from 12:00 - 12:30 p.m., the church will offer a 30-minute bell/chimes concert from the church's historic bell tower. One of only 6 genuine tower bell instruments in Maine, and the only manually-played chime in Bangor (installed 1919), the 10-bell, Meneely "C Chime" instrument will be played.

We invite all within the Bangor community to step outside and take a listen. You are welcome to enjoy from the church lawn and surrounding areas, but please be absolutely certain to observe social distancing practices of at least 6 feet, or listen from the comfort of your enclosed car. People driving by or listening outside should wear cloth masks for the safety of all.

The food donations will be contributed to the Ecumenical Food Pantry in Bangor. So far this year, this curbside food drive has collected over 2,000 pounds of food. In October, we were able to collect 237 pounds of food. We hope that we can exceed the earlier record of over 400 pounds collected this past May!

In these trying and uncertain times, with many people affected by the COVID virus and its many social/economic impacts, it is certainly a gift to be able to experience a sense of unity and celebration through music.



SHARE THE PLATE



In November, half of the undesignated funds in the plate will go to the Penquis Fuel Assistance Program. Fuel Assistance (Home Energy Assistance Program, HEAP) assists income-eligible households in Penobscot, Piscataquis, and Knox counties with high winter heating costs. Homes may be heated with oil, kerosene, coal, pellets, wood, LP gas, or electricity. For more information on their program, you can visit <https://www.penquis.org/services/heating-utilities/heating-assistance-liheap/>.

In September, we were able to share \$193 with our UUSB Food Programs. And, in October, we shared our plate with Ferry Beach.

You can give to the collection plate through the UUSB website and Vanco or by mailing a check to the church office.



Photo by Will Mallot via Unsplash

WORSHIP WEAVINGS

BY LAURIE CARTIER

Hello from your Worship Committee!

We are working hard to bring you the absolutely best services possible during this time of Pandemic. I think the team is amazing and we have accomplished so much. That being said, we are getting stretched pretty thin and finding that so much of what we need to do is very time consuming! We are once again asking for your help. We need Worship Associates and especially Tech Coordinators! Tech Coordinators are the ones who are behind the scenes putting us through the slide show/PowerPoint presentation. The commitment would be some time on Saturday for a quick run-through, a bit of time to make sure the PP doesn't have any typos, etc., and a couple of hours on Sunday morning managing the Zoom service. We can provide on the job training and even if you only want to commit to doing something once a month, it would be a big help! It really is fun and we have a system going that works amazingly well. Please let Laurie Cartier (amalauriec@gmail.com) know if you want to join this dynamic team!

This past month we brought you wonderful services from Dwayne Tomah for Indigenous Peoples Day and our own Caleigh Grogan on Reclaiming Our Religion as well as many wonderful services from Rev Drew. We are so pleased to report that the homilies/reflections from these services are now available on the UUSB Website, uubangor.org. So if you missed anything over the past few months, you can now watch this part of the service on demand! This is a big step forward as we try our best to make our UU message available to all who would like to hear!!

As we move forward, we will be enjoying a family service with Rev Drew and SEE Director Karen Childs and we'll celebrate a New Member Sunday. During this month of Thanksgiving, we want to send a message of hope and blessing to you all.

Laurie Cartier, Chair, for the Worship Committee: John Arimond, Phyllis Havens, Kim McKeage, and Tim Martin

G	T	E	O	Y	N	O	I	T	C	E	L	E	E
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a word search for november

healing

- Healing
- Member
- Election
- Vigil
- Talents
- Apple
- Wreath
- Swag
- Basket
- Solidarity

Words can be up, down, left, right, diagonal, forward, and/or backward.



The *Soul Matters* theme for November is **Healing**. This might bring to mind something being cured, or getting better, or being healthy. But it could also be restoring a thing to a new kind of wholeness – stronger than before, or laid out differently, or reconfigured into something entirely different. How are the ways that we've practiced different kinds of healing? The healing of our bodies? The fixing of a chair? The healing of our land?

Be sure to check your inboxes or your mailboxes for this month's edition of *Soulful Home* – a newsletter chock-full of fun games, activities, and conversation starters for you and your family.

We are so excited about seeing our friends online during our Spiritual Exploration Experience ZoomRooms and during the church service. Here is a peek at what our ZoomRooms have been exploring:



PreK-K - *Rainbow Connection* - a story book curriculum highlighting our seven principles and racial justice.

1st-3rd Grade - *In Your Shoes* - a story book curriculum that helps our kids see other's perspective.

4-6th Grade - *Cart-UU-ns* - this class uses animated shorts from Pixar and Disney as the basis for discussion about the values inherent in Unitarian Universalism.

7-9th Grade - *Fifth Dimension* - this class uses episodes of *The Twilight Zone* as the basis for in-depth discussions of a wide variety of topics.

10-12th Grade - *Youth Group* - our high-schoolers will be engaging in a monthly online D&D Campaign providing connection, community, and the opportunity to problem solve together.

If you haven't had the opportunity to sign your family up for our Programming, please take a moment to do so online: <https://forms.gle/NwSEun3cUexAVuwn6>

In comm-UU-nity,

A handwritten signature in black ink, appearing to read 'Karen Childs'.

Karen Childs
UUSB Director of Spiritual Exploration
(207) 949-0733 ~ uubangorre@gmail.com

Schedule changes happen - please keep up to date through the [UUSB Google Calendar](#), our [SEE Google Calendar](#), our [UUSB Community FB Page](#), or our all new [SEE Community Page](#).

Spiritual Exploration Experience (CONT.)



Photo by Ivy Butera

We are excited to SEE together - SEE into our own hearts, minds, and spirits. SEE things from another's point of view. SEE what we can do to make our world a better place. SEE how love can change the world we live in.

On October 4, 2020, we gathered together in Karen Childs' back yard to enjoy our Annual Apple Chapel. Chris Packard shared an old apple legend, we crushed and squished apples, decorated cloths with apple stamps, and shared a mindful Apple Cider Communion.



Photo by Karen Cashman



Photo by Natalie Degerstrom



Photo by Ivy Butera



Photo by Karen Childs

Spiritual Exploration Experience

Fall Schedule:



Sept 20th - **Outdoor Family Event**: 1st day of SEE - Welcome Back

11:30AM, Fielder's Choice Ice Cream

Sept 27th - **ZoomRooms** - Online - 11:15AM

Oct 4th - **Outdoor Family Event**: Apple Chapel

11:45AM-1:30PM - Karen's Yard - 5 Laurel Cir, Bangor

Oct 11th - NO CLASSES

Oct 18th - **ZoomRooms** - Online - 11:15AM

Oct 25th - **ZoomRooms** - Online - 11:15AM

Oct 31st - **Outdoor Family Event**: Pumpkin Decorating

2PM-4PM - Karen's Yard - 5 Laurel Cir, Bangor

Nov 1st - **All Church Experience (ACE)** - Zoom - 10AM

Nov 8th - **ZoomRooms** - Online - 11:15AM

Nov 15th - **ZoomRooms** - Online - 11:15AM

Nov 22nd - **Outdoor Family Event**: Solidarity Harvest

12pm - 2pm - Food & Medicine, Brewer

Nov 29th - NO CLASSES

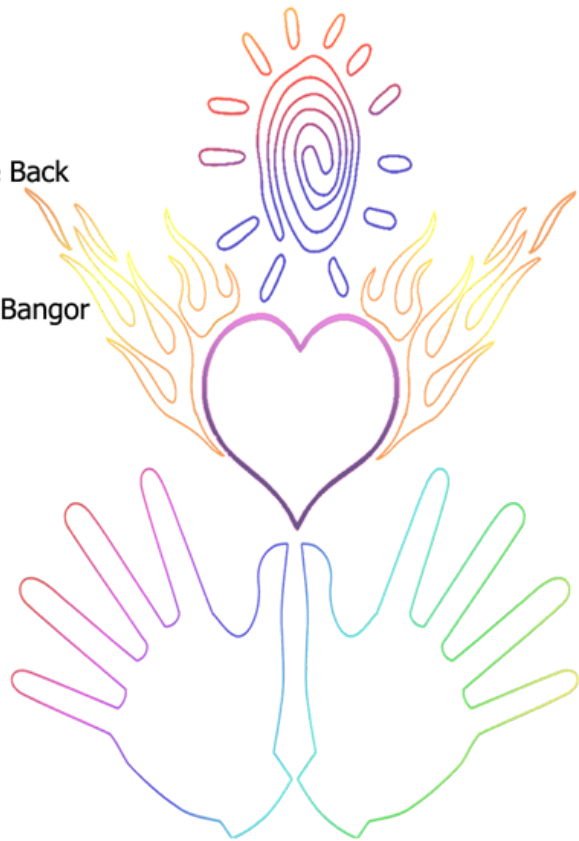
Dec 6th - **All Church Experience (ACE)** - Zoom - 10AM

Dec 13th - **ZoomRooms** - Online - 11:15AM

Dec 20th - **Outdoor Family Event**: Solstice Walk

11:45-1:30PM - Location TBA

Dec 27th - NO CLASSES



MUUSAN MAINE UNITARIAN UNIVERSALIST STATE ADVOCACY NETWORK

Network Meeting: Are UU Ready? Horizon 2021

Saturday, November 14 ~ 10:00-11:30 AM

via Zoom

Debrief the Election and Get Ready for the Maine Legislative Session

Presenters include:

The Honorable Chellie Pingree, U.S. Representative for Maine's 1st CD (Invited)

National Election Insights - 2021 Congressional Landscape

Beth Ahearn, Director of Government Affairs, Maine Conservation Voters

Maine Legislative Session 2021 - Parameters, Pandemic, Progressive Possibilities

John Hennessy, Director of Advocacy and Networks, Episcopal Diocese of Maine and
Co-chair, Public Policy Committee, Maine Council of Churches (MCC)

Maine Legislative Session 2021- Interfaith Advocacy Priorities

Register Online

UUSB Holiday Gift Basket Auction



It's a go!! And easier than ever! You don't even have to leave the comfort of your own home ☺

Although we will not be displaying baskets in the Dorothy this year, we will be doing the auction, live! Under Suzanne Kelly's leadership, a small team is working to get donations of baskets from UUSB committees, groups, and individuals. Our goal is to have about 30 high quality baskets to be auctioned. Read on to see what we have so far, and who the contact person is for each basket.

If you are on a committee or in a small group ministry, you have likely been contacted to contribute. There are two other ways for you to participate:

- First, you could create a basket for the auction! It can include both new and very gently used items, with a minimum value of about \$40. Just contact Suzanne Kelly with the theme or name of your basket, and whether or not you would like others to donate items for your basket.
- Second, you can donate new and very gently used items to be included in other baskets. Just be sure to let the contact person for that basket know what items you have to donate. These items can be delivered to the contact person, or dropped off at UUSB on Nov 8 during the Second Sunday food drive.

So far, we have folks who are putting together baskets with these themes:

Adult Games (Karen Cashman)	Holiday Gathering in a Basket (Judy Martin)
Backpack & Supplies for Walkers (Suzanne Kelly)	Hors d'oeuvres (Cindy Todd)
Bread Baking (Patti Woolley)	Indoor Plants (Cindy Todd)
Care and Comfort (Gail Bickford)	Italian Wine & Dinner for Four (Suzanne Kelly)
Dessert Extravaganza (Connie McVey)	Lavender Blue (Suzanne Kelly)
Fair Trade Goodies (Natalie Norton)	Meditation (Suzanne Kelly)
Gardening (Valerie Carter)	RBC: Justice in Motion (Suzanne Kelly)
Goodies for Cats (Kate Dutra)	Snowy Day (Karen Cashman)
Goodies from the Garden (Cathy Elliott)	Souper Sunday (Tracy Haskell)
Green Cleaning (Connie McVey)	Supporting Downtown Bangor (Suzanne Kelly)
Growing Assets (Natalie Norton)	Sweet Little Lambs for Baby (Judy Martin)
Handyperson's Special (Bob Kelly)	Sweetness (Mike Grondin)
High Tea (Cindy Todd)	Worship (Laurie Cartier & Phyllis Havens)

If you need some inspiration, these are some themes that have done well in previous auctions: Bath Time; Bird Watching or Bird Feeding; Birthday Party; Fancy Breakfast; Goodies for Dogs; Mexican Cooking; Thai Cooking; Kitchen Gadgets and Tools; Movie Night; and Pool Party.

How the auction will work:

By Nov 21, those doing baskets will send a picture of their basket and a list of the contents to Cathy Elliott. In early December, the pictures and lists will be posted online, and paper copies will be available to those without internet. At 7:00 pm on Saturday, Dec 12, we will have a live Zoom auction, just as we did for the spring auction, with Sue McKay as our auctioneer extraordinaire! You can pay online or by mailing in a check, and your basket will be delivered to you or you can arrange to pick it up.

So stay tuned!! More information and details will be coming soon! And many thanks to those who have already agreed to contribute!!

Holiday Wreath & Swag Sale

Celebrate the holidays with a beautiful UUSB-decorated wreath or swag!

All wreaths and swags will be **pre-order only!**

Wreaths will be **\$22** each.

Swags will be **\$10** each.

You can pick up your wreaths and swags on

December 5th from **10:00-12:00** in the
Dorothy Memorial Hall.

Contact Kerrie O'Brien to place your order at
kerriekat48@yahoo.com or (207) 521-6330.



Photo by Ellie Lord via Unsplash

Because each wreath is unique, you can pick out your wreath or swag on a "first come, first served" basis. Because of COVID 19, we have a pre-selected team of decorators. Everyone participating will be masked and we will gladly bring a wreath out to your vehicle if you don't want to enter the building. If you would like to come in and look at them all, we can arrange for that to happen as well. Just let us know when you arrive that is what you would like and we can determine when you can enter based on number of people in the building. As in years past, we will accept cash and checks payable to UUSB.

In order to try and maintain adequate distancing during pick ups, we ask that when you place your order you also let us know about what time you would be arriving between the hours of 12:00 and 2:00 PM.



Photo by Vera Davidova via Unsplash

NEW this year!

We will also be selling face masks celebrating various holiday themes: Solstice, Winter, Christmas, and UU themed.

These masks created by UUSB members will be for sale for **\$5**. If you can sew, and would like to be one of our elves to make some of these masks, please let us know! You can email Kerrie O'Brien at kerriekat48@yahoo.com.



Solidarity Harvest: Sponsor-A-Meal

\$40 for a Thanksgiving basket for 8-10 people

Your donation gives a locally-sourced Thanksgiving meal basket to Mainers who may otherwise go without. Funds raised are used to purchase the produce from Maine farms. Help us reach our \$55,000 fundraising goal by Sponsoring a Meal.

This year will be different due to COVID-19. Packaging meals will be done in smaller spread out groups outside and **must be scheduled**. We will get more details out about the scheduling as it unfolds. Our UUSB bus group won't be traveling by bus, but we would still like to participate as a group. Let Suzanne Kelly know if you're interested.



Donate and/or volunteer! For More Info call (207) 989-5860. Mail checks payable to Food AND Medicine, 20 Ivers Street, Brewer, ME 04412.

UPCOMING EVENTS

The Who, What,
Where, & When to
find UU online

HOSTED BY UUSB WEEKLY

Sundays @10:00 AM

Worship Service

Join us weekly on Zoom. Find the link, meeting ID, and password in the weekly e-news.

Mondays @7:00 PM

Zoom Open Mic

Join our online CoffeeHouse Open Mic for some community music every Monday. To receive the login info, please email karenchilds75@gmail.com.

Tuesdays @5:45 PM

Intro to Mindfulness Meditation

Join Rev. Drew for a five session introduction to Mindfulness (Vipassana) Meditation. See page 3 for more details.

Tuesdays @7:30 PM

Chalice Side Chat

Join us on Zoom to check in and find support. Find the link, meeting ID, and password in the weekly e-news.

HOSTED BY OTHER UU GROUPS WEEKLY

Sundays @8:00 PM

Church of the Larger Fellowship (CLF) Online Worship

Join CLF for a weekly worship service on Zoom. CLF is the largest UU congregation, exclusively meeting online. Check the e-news for the registration link weekly.

Thursdays @11:00 AM

The VUU by CLF

A live Unitarian Universalist talk show discussing today's topics from an anti-racist, anti-oppressive, and multicultural perspective. Visit their Youtube page or check the weekly e-news for the newest link.

SPECIAL MEETINGS & SERVICES

Wednesday, November 4 @11:00 AM

Post Election Online Vigil

Join Rev. Drew anytime between 11:00 and 1:00 for a vigil/hang out, to be in community as we hear the election results come in. Come for as much or as little time as you wish.

Saturday, November 7 @9:00 AM

New to UU Class

This class is for anyone interested in becoming a member, curious about UUism, or just wanting a refresher. If you would like to attend the class, send an email of inquiry to uubangor@gmail.com.

Sunday, November 8 @12:00 PM

Ringing Bells & Feeding Souls

Join us for an open-air concert with UUSB's historic bells and our monthly food collection for the Ecumenical Food Cupboard. Since December 2019, we've collected over 2,000 lbs. of food!

Sunday, November 15 @12:00 PM

New Member Sunday

Join us to meet and welcome our newest members in this special worship service!

Saturday, November 28 @4:00 PM

Bean Supper Served

Our only in-person event this month, the Bean Supper will be served in take-out containers with social distancing precautions taken.

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NOVEMBER

UUSB CALENDAR

SUN	MON	TUE	WED	THU	FRI	SAT
1 10:00 AM Service 4:30 PM OWL	2 7:00 PM Zoom Open Mic	3 9:45 AM Staff Meeting 5:45 PM Meditation 7:30 PM Chalice Side Chat	4 11:00 AM Post Election Online Vigil	5 6:00 PM Zoom Choir	6	7 9:00 AM New to UU Class
8 10:00 AM Service 12:00 PM Ringing Bells & Feeding Souls	9 7:00 PM Zoom Open Mic	10 5:45 PM Meditation 7:30 PM Chalice Side Chat	11 Committee Reports Due 6:30 PM Membership-Fellowship	12 6:00 PM Zoom Choir 6:30 PM Executive Committee	13 10:00 AM B&F Cmte	14 10:00 AM MUUSAN Network Meeting
15 10:00 AM Service 11:45 AM Social Justice 4:00 PM MMYG	16 7:00 PM Zoom Open Mic	17 9:45 AM Staff Meeting 5:45 PM Meditation 7:30 PM Chalice Side Chat	18 2:00 PM Pastoral Care Team 6:30 PM Council Meeting	19 6:00 PM Zoom Choir 7:45 PM Comm. Committee	20 C&C Soft Deadline	21
22 New Member Sunday 10:00 AM Service	23 7:00 PM Zoom Open Mic	24 5:45 PM Meditation 7:30 PM Chalice Side Chat	25 C&C Hard Deadline	26 Thanksgiving 6:00 PM Zoom Choir	27	28 10:00 AM Bag Lunch Prep 3:00 PM Bean Supper Prep 4:00 PM Bean Supper
29 10:00 AM Service	30 7:00 PM Zoom Open Mic	All Meetings & Services are currently being held on Zoom until further notice. Please subscribe to our newsletter or join the UUSB community group on Facebook to get up-to-date info on meetings and services.				

REMINDERS

ABOUT US

Unitarian Universalist Society of Bangor

Our Mission Statement

The Unitarian Universalist Society of Bangor is an historically liberal religious community, celebrating diversity and supporting spiritual growth and social responsibility in each child and adult.

A Welcoming Congregation

We welcome individuals and families of all religious upbringings, racial and ethnic backgrounds and sexual orientations. We, a member of the Unitarian Universalist Association, covenant to affirm and promote the inherent worth and dignity of every person.

A Green Sanctuary

The UU Society of Bangor, recognized as a Green Sanctuary by the Unitarian Universalist Association, endeavors to incorporate care for the Earth into its worship and religious education while working to promote environmental justice and sustainable living. We covenant to affirm and promote respect for the interdependent web of all existence, of which we are a part.



Do you have a **CLYNK** Bag?? Be sure to have one handy, so you can easily be collecting bottles and cans to help raise money for our UU Youths' Social Justice Service Trip. The bags are in the Dorothy Memorial Room. Please see Laura Santilli for details. Thank you for your support!!!

UUSB is always in need of volunteers – for fundraisers, childcare, teaching, and to fill positions on our active committees. The great perks of volunteering are not just the satisfaction of contribution, but the sense of community we all feel when we accomplish important tasks with others. Since we don't always know who is able to take part, please contact a council or committee member if you are open to volunteering in any large or small way.

The **UUSB Worship Committee** is looking for more member participation in our worship services and is extending an INVITATION to one and all of you to consider if you might be interested in joining our services as READERS.

Collection Plate & Pledge Reminders

One way you can help continue our outreach efforts is to keep up with your financial pledge. Without our weekly passing of the collection plate, we still need to make sure that we can pay our bills. Keeping up with your pledge allows our staff and leadership to focus on providing services to members, friends, and guests. There are three options to make is easy to keep up with your pledge:

1. Mail a check to the church office at 120 Park St, Bangor, ME 04401
2. Contact Rosemary Parsons, our treasurer, to set up a direct withdrawal from your paycheck or bank account
3. Donate online through Vanco. This option will be available on our website, as well as shared in our weekly e-news



Thank you for your continued support as we all work to provide for our community.

ABOUT THE *CHALICE & CHIMES*

Church Council:

Will Seavey, Chair
Kate Dutra, Clerk
Rosemary Parsons, Treasurer
Becky Anderson
Tom Bickford
Valerie Carter
Gail Foss
Francis Grey
Kerrie O'Brien

Council meets at 6:30 PM
on the third Wednesday
of each month.

UUSB Staff Contact:

Rev. Andrew Moeller, Minister
(207) 922-2956
Christine Sprague, Office Admin.
(207) 947-7009
Karen Childs, Director of SE
(207) 949-0733
Molly J. Webster, Music Director
(207) 947-7009

Due to delays caused by working
remotely during the COVID-19,
please be patient with responses.
We will get back to you as quickly
as possible.

About Our Newsletter

The *Chalice and Chimes* is published ten times a year (Sept-June). The hard deadline for submissions is the 25th day of each month. Please notify the office of your intent to contribute by the 20th of each month, on the soft deadline. Contributions are solicited and should be sent to the Administrator/Editor at the church office. An email reminder is sent out to all member and friends on the church's database mailing list when the newsletter has been posted to the church website, where it may be viewed or down-loaded. It is also available in paper format on the table by the sanctuary entrance and by US mail (request from the Church Office).

Editorial Policy

Articles submitted for publication in the *Chalice & Chimes* must strive to include, in an unbiased way, only that information that is consistent with the UU faith. Articles should deal with issues of a spiritual nature meant to inspire, encourage, educate, or inform. Although every effort will be made to be inclusive, the Editor reserves the right to determine which articles are accepted for publication. The Editor has the right to edit for space, availability, libelous remarks, or unwarranted personal attacks. The Editor also reserves the right to refuse any item that may affect our Tax Exempt Status.



Newsletter Submissions Next Newsletter Deadline: November 25, 2020

The next issue will be December 2020.
We value your contributions and very much
appreciate submissions. When sending email
contributions to The *Chalice & Chimes*:
uubangor@gmail.com