

CHALICE & CHIMES

THE MONTHLY NEWSLETTER OF UUSB

OCTOBER 2020

THIS MONTH IN WORSHIP

During October, our services will be held remotely via Zoom. Please follow the weekly E-News and UUSB Facebook group for login information for each service, which will have a unique login code.

Our theme this month is "**Deep Listening.**"

October 4 - *A Different Kind of Listening* - Listening is a primary element in communication. It helps us learn, interact, and engage with others. But, is there another way to "hear" what is happening in the world? This week, we will explore another way of listening that takes communication to another level. This service will be led by Rev. Drew, with Phyllis Havens as our worship associate, Laurie Cartier and Janel Worcester-Brown as our technical coordinators, and music provided by Molly J. Webster.

October 11 - *Indigenous People's Day* - This week Dwayne Tomah will join us. He is the youngest fluent Passamaquoddy speaker, who is translating and interpreting songs and stories from wax cylinders recorded nearly 130 years ago. He will bring us songs and language from his culture to teach us about their history and the lessons their songs have to teach us, if we take time to listen. This service will be led by Dwayne Tomah, with Laurie Cartier as our worship associate, Kim McKeage as our technical coordinator, and music provided by Rissa Moore.

October 18 - *What Was That?* - Being able to hear and listen has a huge effect on the quality of our lives. This Sunday, Rev. Drew explores the power of listening and hearing from a physical, mental, and spiritual perspective. This service will be led by Rev. Drew Moeller, with Phyllis Havens as our worship associate, John Arimond as our technical coordinator, and music by Molly J. Webster.

October 25 - *UUism* - This service will be led by Caleigh Grogan, with Laurie Cartier as our worship associate, Kim McKeage as our technical coordinator, and music by Molly J. Webster.

The theme for November will be **Healing**. If you have ideas for readings, stories, or music to use with this theme, please let Rev. Drew or Molly Webster know.

**UNITARIAN
UNIVERSALIST
SOCIETY OF
BANGOR**

120 PARK ST
BANGOR, ME 04401

SUNDAYS AT 10:00 AM

(207) 947-7009

WWW.UUBANGOR.ORG

UUBANGOR@GMAIL.COM

HIGHLIGHTS:

DREW'S VIEWS

MINISTER'S SCHEDULE

OFFICE BULLETIN BOARD

COUNCIL CRIER

TREASURER'S REPORT

WELCOMES & FAREWELLS

LOOKING AHEAD WITH

MEMBERSHIP-FELLOWSHIP

COMMUNITY OUTREACH

SPIRITUAL EXPLORATION NEWS

SOUL SEARCHERS

SOCIAL JUSTICE UPDATES

FUNDRAISER UPDATES

UPCOMING EVENTS

CALENDAR

REMINDERS

Dear Ones,

Fall seems to have come early this year - the cooler weather, the leaves changing color, and the days getting shorter. Often during this time of year, we'd be settling into old familiar habits of school, work, and preparing for holidays and harvest rituals. However, this year is very different between ever-changing plans, COVID disruptions, an incredibly intense election season, and natural disasters happening out West and down South. It's a struggle to find a place of comfort, certainty, or even room to breathe.

The good news is that while many things are pulling on our hearts, there is also a lot to celebrate in our congregation's life. Here are some highlights:

- Last month, our Council participated in an online leadership retreat. At the retreat, we identified some of our goals for the year. We began exploring how we might start a conversation about reviewing our past strategic plans and start a visioning process that will lead to an updated vision/action plan for our future.
- Last month, Karen Childs, our director of Spiritual Exploration - SE (formerly known as RE), began a completely re-imagined, hybrid SE for our young people.
- Our UUSB delegates participated in the historic Northern New England District (NNED) meeting. One-hundred-fifty-three delegates, from fifty-two congregations, voted to dissolve the NNED and give the district's remaining assets to the UUA to be used in a "substantially similar manner to their current usage." Thanks to Jean Adamson, Tracy Haskell, and Laura Noble, who served as our UUSB delegates to this historic event.
- This month I will begin offering two adult SE programs;
 - An Introduction to Mindfulness Meditation, which will last five sessions

- Soul Searchers Group - an ongoing group that will focus on looking inwards to become aware of our inner-relationship with race, and privilege, as we look to find ways to eliminate its effects and work towards healing ourselves and society

I am also very excited to introduce Sojourner Hodges Crowley, our new Collaborative Accompanist. Sojourner starts on October 4. I encourage you to take a moment to read over Sojourner's bio in this issue of the *Chalice & Chimes* on page six and welcome her to our UUSB Music Ministry Program!

WELCOME SOJOURNER TO UUSB!

As many of you know, this past August, we lost one of our oldest and dearest members, Teddy Weston. In August, I officiated a small graveside service for Teddy's family and close friends. Due to COVID restrictions and timing, our community was not able to be included in that service. Many of us are still mourning and need a place to say goodbye to Teddy. I have been working with Teddy's family and we have set up a special UUSB Memorial Service for Teddy on October 17 at 11 AM. We hope you can attend this online service of mourning and celebration. We are grateful to Teddy's family for supporting this effort.

We are also thankful to Teddy and her family, who have donated \$20K to UUSB in Teddy's memory. Our Council and Trustees are working to figure out the best way to utilize these funds in a way that we believe would make Teddy proud.

Fall is a time of many transitions. Even more so this year. As the season continues to share its unfolding wisdom, let us be reminded to keep turning and returning to the core of what matters in our lives.

May we remind ourselves that despite all the tumult and disruption, UU values and community continue to provide nourishment,

peace, and hope for the future.

May the beauty of nature remind us that while changes can be awkward in some ways, they can also be exquisitely beautiful, in others - like the fantastic color show of the northern forests and the bounty of the autumn harvest.

In this time of transition, my prayer for all of us is that find that needed place to pause, listen, and witness the beauty as it unfolds before our eyes.

Peace, Love and Namasté,

Rev. Drew

Pond in Newburgh, ME
October 14, 2019
by Christine Sprague



Mindfulness Meditation



Starting October 6, Rev. Drew will be teaching a five session "Introduction to Mindfulness (Vipassana) Meditation" program online on Tuesday nights from 5:45 to 7:15 PM.

This program will provide basic instruction on basic mindfulness meditation concepts, through a combination of presentations, discussions, and experiential learning (meditation).

Students need to commit to attending all five sessions and fill out a feedback form as part of the requirements of this program. The program is limited to twelve students some of whom may be from outside the UUSB Community. This program is part of Rev. Drew's Mindfulness Meditation Teacher Certification program practicum.

If you have questions or wish to learn more about the program, please contact Rev. Drew at drewuu2@gmail.com.

To register contact Christine in the UUSB office.

Minister's Schedule - October 2020

Rev. Drew along with other UUSB staff will be working from home, until social distancing measures are withdrawn.

Mon - Minister's Sabbath Day (day off)

Tues - 10 AM to 1 PM - Office hours (ONLINE or by PHONE)
2 to 4 PM - by Apt.

Wed - 10 AM to 1 PM - Office hours (ONLINE or by PHONE)
2 to 4 PM - by Apt.

Thurs - Sermon Writing / Worship Planning Day
(not taking calls or answering emails)

Friday - 10 AM to 1 PM - Office hours (ONLINE or by PHONE)
2 to 4 PM - by Apt.

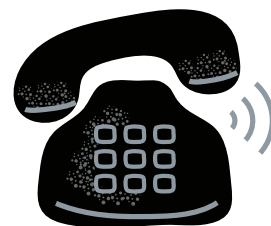
Saturdays - By appointment (ONLINE or by PHONE)

Sundays - (afternoon / evenings by appointment) (ONLINE or by PHONE)

Note: Rev. Drew will be away attending a memorial service in MI October 7-12. He will resume regular office hours starting October 13.

You can reach Rev. Drew directly at his local UUSB phone number!

You can reach him at **(207) 922-2956**





CHRISTINE SPRAGUE

- Minister:
 Rev. Andrew Moeller
 drewuu2@gmail.com
- Minister Emerita:
 Rev. Becky Gunn
- Music Director:
 Molly J. Webster
 uusbmusic@gmail.com
- Director of SE:
 Karen Childs
 ubangorre@gmail.com
- Office Administrator:
 Christine Sprague
 uubangor@gmail.com
- Council Chair:
 Will Seavey
 william.seavey@gmail.com
- Council Clerk:
 Kate Dutra
 kate.dutra70@gmail.com
- Council Treasurer:
 Rosemary Parsons
 roxemary@gmail.com

Building Closed

Due to the COVID-19 pandemic and CDC recommendations, the UUSB building is closed until future notice. All staff are working from home. Please check the weekly e-news and monthly Chalice & Chimes for updates from the UUSB Council.

Contacting the Office

To contact me in the "office," I check email and receive voicemails from 10-2 Tuesday-Friday. I am unable to receive direct calls to the office at home, so please expect a delay in responses. The fastest method is to email and I will pass along the info or reply by email or phone, as you request. When leaving a voicemail, please provide any necessary info.

Primary Communication

Please check the weekly e-news and both the UUSB Facebook page and UUSB Community Group. These are our primary methods to communicate at this time. Please check these first, if you need any info.

Security Update

We will be starting to hand out the new electronic key fobs for building access. If you currently have a key and will need a new one, please contact the office or wait for me to send out key agreements. We will be re-keying the building in the somewhat near future.

Zoom Meeting Reservations

There is a UUSB Zoom account that can be used for remote meetings for committees and other UUSB hosted groups. Reservations must be made, just like with the building, since it functions as another UUSB "room"

UPCOMING DEADLINES

- CHALICE & CHIMES (NOV. ED.)
- TUESDAY 10/20 - SOFT DEADLINE
- SUNDAY 10/25 - HARD DEADLINE

- E-NEWS (WEEKLY)
- THURSDAYS AT 10:00AM
- COMMITTEE NOTES FOR COUNCIL
- WEDNESDAY, SEPTEMBER 9

"OFFICE" HOURS

- BY PHONE OR EMAIL
- TUESDAY-FRIDAY, 10-2
- OTHER TIMES AVAILABLE BY APPOINTMENT.

COUNCIL CRIER

BY WILL SEAVEY

Fall FUNdraiser

There will be another raffle FUNdraiser this fall. The Dinner Anywhere in the World raffle was such a success last year that we wanted to do something very similar. With what is going on in the world right now, we decided to make it more about improving the stay-at-home experience! The raffle this year will be for home improvements of any kind, including painting, upgrading or adding new equipment, or appliances up to \$5,000. Due to the pandemic, last year's winner, Francois Amar, was unable to travel, so he purchased an amazing new Kitchen Aid and a pizza oven with his prize. Both appliances have arrived and are a delightful addition to his home.

We will start selling tickets on Sunday, November 8th and the winner will be announced January 3rd. More information on the number of available tickets and the price will be announced soon. Keep an eye out for updates in the e-news, UUSB website, and our next issue of the *Chalice & Chimes*.



TREASURER'S REPORT

BY ROSEMARY PARSONS

TREASURER'S REPORT FOR MONTH OF **August** written in Sept.

August covers 16.7% of the year.

Income for the month of August was \$10,845. Expenses were \$15,541 leaving a net balance of (\$4,696) for the month. The net income for the 2 months ending 8/31/20 is \$9,172.

Income in August included pledges of \$6,436. Because 13 people prepaid their pledges for a total of \$16,198, total pledges received through 8/31/20 is \$36,928, representing 31.5% of the budget. VANCO payments came from 16 people totaling \$1,359 gross in all categories with a net of \$1,349.

The August checking account balance was \$31,997- up from July's \$ 31,390. Our financial situation is looking very good.

Plate contributions for August were \$456, half of which was sent to Food AND Medicine.

Expenses for the month break down as \$12,625 for Personnel, \$1,331 for Building, \$837 Fair Share to the UUA, and all other \$748 for the total of \$15,541.

In Service,

Rosemary Parsons, Treasurer

Welcome our new collaborative pianist, Sojourner!



Sojourner Hodges Crowley has been performing, composing, and improvising since childhood.

Sojourner began studying composition in her hometown of Tallahassee, Florida with Czech-American composer Ladislav Kubik, and as a teenager performed two of her compositions on NPR's From The Top. Her music has most recently been performed at MATA Festival in New York City, the Nautilus Music-Theater/New Dramatists Composer-Librettist Studio in New York City, and Opera From Scratch in Halifax, Nova Scotia, and she is active in central and midcoast Maine as a private piano and composition teacher and collaborative pianist.

Sojourner holds degrees in Music Composition from the University of Georgia and New England Conservatory.

UUSB Memorial Service

SATURDAY • OCTOBER 17, 2020 • 11AM
ON ZOOM

Dear Ones,

Last summer, on August 9th, our dear friend and longtime UUSB member Teddy Weston passed away. At the time, the family held a small graveside service. Many of us, however, are still mourning the loss of Teddy, so we are going to offer a UUSB Memorial Service on Saturday, October 17 at 11 AM. The service will take place via Zoom. Please mark your calendars and join us as we remember Teddy and bid her a fond farewell.

Rev. Drew

Honoring the life of

Teddy Weston



FEBRUARY 17, 1921 • AUGUST 9, 2020



Dear Wye Izzit

AN OCCASIONAL COLUMN
PENNEED BY JUDITH BOOTHBY

Dear Wye Izzit,

How did it happen that there have been some recent and substantial special gifts to UUSB? I pay my pledge regularly, but I didn't know about other ways to help.

Yours in puzzlement,
Uni U.

Dear Uni U.,

When our dear Teddy Weston died in late summer, she made a generous bequest in her will to UUSB. Several of her family and friends did likewise in her memory, so can you.

Also, you too can include UUSB in your will and obituary. You'll be glad you did!

With gratitude
Wye Izzit

zoom JUST ANOTHER ROOM

BY CHRISTINE SPRAGUE

Are you hosting a meeting? Planning a UUSB hosted social event? Need to use the UUSB Zoom account?

The good news is that we have a UUSB Zoom account that can be used by our members to hold meetings and events, which we need more than ever in these socially distant times. This is available for committees, small groups, and planning meetings that are connected with UUSB.

To keep everything running smoothly, we need to know who needs the Zoom account and when. We can only host one meeting at a time, just like a regular room in the building.

You can submit your Zoom Room Reservation request at

<https://forms.gle/aYgiDGcgM9PeTZS87>

Thanks in advance for your cooperation!

O Z K G J A H P U B F F M R Q
H G N I N E T S I L V E A F L
Z L A U T I R I P S D X P H W
T H N G S T M M S I U U Y I C
K E M O W L O S T B T L L R T
V E O J I C S A I M I V A A I
O E O A Q T T M R C Q Z Z K N
A A Z C G I A D H A A I J B D
V K F P O K G R O T L R Y I I
D R T N I O C T O B E R J B G
D E U S M H S R X L E A D D E
P J E E Z S H R P H P B O A N
T G N P R L I Y H X M X S W O
Z P H L Z B V Y W C P Q E D U
M V Q I L H C C O P D D N J S

a word search for october

deep listening

- | | |
|------------|-------------|
| October | Racism |
| Deep | Meditation |
| Listening | Zoom |
| Indigenous | Spiritual |
| UUism | Exploration |

Words can be up, down, left, right, diagonal, forward, and/or backward.

New Options for Membership

Last year, the Membership-Fellowship Committee and Rev. Drew launched new options for friends and visitors who want to consider becoming a member of UUSB. Joining is now possible at any time. The new system consists of (1) completing an information request card, now available online, indicating interest in becoming a member; (2) reading through a Self-Study Guide describing UUism and UUSB; and (3) attending a new Monthly Minister's Tea or a New to UU Class. The Monthly Minister's Teas are on the UUSB's online calendar. **The next Minister's Tea is scheduled for October 25 and will be held online via ZOOM due to COVID-19.** If you are interested in participating in the one of the Minister's Teas or becoming a member, you can email uubangor@gmail.com.

The Self-Study Guide can be found at uubangor.org/wp-content/uploads/2019/10/Self-Study-Guide-2019.pdf.

New Membership Signing Sundays

New members will continue to be introduced to the congregation at our semi-annual Membership Signing Sundays. The next Membership Signing Sunday is scheduled for November. We can also quickly reactivate the membership of a past UUSB member or initiate a new membership for a member of another UU congregation who wants to join UUSB.

New to UU Classes

The Membership-Fellowship Committee will continue to hold its semi-annual New to UU Classes via Zoom. Whether you are interested in becoming a member, just curious about UUism, or want a refresher, these classes are for all interested parties. If you would like to attend any of the classes, email uubangor@gmail.com. **The Fall class takes three hours and will take place on Saturday, November 7th.** The Spring class meets twice on consecutive Wednesdays, each lasting about one and a half hours in April.

Monthly Tea with Reverend Drew

Rev. Drew will be holding a monthly tea that will provide opportunities for informal conversation/questions and answers for UUSB members, friends, and visitors. Attending one of these teas meets one of the requirements for those wishing to become a UUSB member. The next Monthly Tea has been scheduled for October 25 at 11:30 and will be held online via ZOOM due to COVID-19. There is a limit of ten people per tea.

CommUUunity Gatherings

There has been some interest in getting together, via Zoom, to socialize and share different talents. Do you have something you would like to share? Some of your poetry? Some words that have touched you? A talent? A hobby to demonstrate? These gatherings could have a variety of formats, depending on people's interest in attending and demonstrating. We are looking to find out how many people are interested in participating in this kind of monthly or bi-monthly event. If you are interested, please contact Kerrie O'Brien at kerriekat48@yahoo.com

MORE LOOKING AHEAD WITH MEMBERSHIP-FELLOWSHIP

BY KERRIE O'BRIEN

Auction Dinner Updates

If you bid on and won a dinner at last year's Annual Auction, please check in with your host to find out the status of that dinner. Some hosts are trying to arrange for a socially-distant dinner in person and some are working out ways to deliver boxed up versions of the dinner you won.

COMMUNITY CORNER

Greetings from the Membership-Fellowship Committee and welcome to our first Community Corner!

We miss greeting you as you enter the sanctuary and chatting before services and during coffee hour. The chat groups after Zoom services are great, but we only get to chat with a few people for just a few minutes. So we came up with the CommUUnity Corner, a place where you can share your news (and maybe a little gossip) and read about what others in our UUSB community have been doing.

To submit for the CommUUnity Corner, all you have to do is send an email to cathyelliott25@gmail.com or snail mail to Cathy Elliott, 25 Griffin Ave, Hampden, ME 04444 with your news - a sentence or two will do, and if you have a photo you would like to include please send that along as well. It will appear in the weekly e-news, in the Chalice & Chimes, or in the UUSB website blog, depending on how many submissions we receive.



Keep in Touch with UUSB!

Are you moving?
Going through a change?
Just updating your contact info?

Let us know, so we can keep in touch!

If you have a change in your address, phone number, email, or even name, contact a member of Membership-Fellowship or the church office with the new information.



Buy Groceries, Support UUSB

Ongoing Church Fundraiser Hannaford Grocery Cards

Grocery Cards are still available!
Convenient to carry!
Every purchase helps UUSB!!

Cards are available in increments of \$25, \$50 or \$100.

Email or call for pick-up or delivery.
Cash or checks made out to UUSB are accepted.

Buy for your own grocery shopping!
Buy cards for gifts!
Buy to donate to a local food bank!

For purchase and pickup or delivery, contact:

Tim & Judy Martin
942-2696,
jamandtim@myfairpoint.net
10 Highland Ct off Union St.
OR delivery ANYWHERE.

Rosemary Parsons
327-1045
roxemary@gmail.com.
Delivering in the Orono/Old Town/Hudson area.



Ringling Bells and Feeding Souls

October 11 at 12:00 PM

Open Air Chimes Concert & Food Collection



On Sunday, October 11th, UUSB will once again host our Second Sunday Food Drive and Open Air Concert, the church's monthly community food collection, from 12:00 noon - 1:00 p.m. There will be drop off bins on the Park Street sidewalk in front of the church for those wishing to donate.

In addition, from 12:00 - 12:30 p.m., the church will offer a 30-minute bell/chimes concert from the church's historic bell tower. One of only 6 genuine tower bell instruments in Maine, and the only manually-played chime in Bangor (installed 1919), the 10-bell, Meneely "C Chime" instrument will be played by Rissa Moore.

We invite all within the Bangor community to step outside and take a listen. You are welcome to enjoy from the church lawn and surrounding areas, but please be absolutely certain to observe social distancing practices of at least 6 feet, or listen from the comfort of your enclosed car. People driving by or listening outside should wear cloth masks for the safety of all.

The food donations will be contributed to the Ecumenical Food Pantry in Bangor. So far this year, this curbside food drive has collected over 1,684 pounds of food. We hope that we can exceed the earlier record of over 400 pounds collected this past May!

In these trying and uncertain times, with many people affected by the COVID virus and its many social/economic impacts, it is certainly a gift to be able to experience a sense of unity and celebration through music.



SHARE THE PLATE



In October, half of the undesignated funds in the plate will go to Ferry Beach, to support them and their outreach during the COVID-19 pandemic. Due to health and safety guidelines, many of the church camps that would usually occur were cancelled and Ferry Beach lost a lot of business. We have connected with them for summer camps and family camps, including yearly youth programs, for many years. To continue our support, even while apart, we are looking forward to sharing our plate funds with Ferry Beach this October.



You can give to the collection plate through the UUSB website and Vanco or by mailing a check to the church office.





The *Soul Matters* theme for October is **Deep Listening**. The kind of listening we do when we listen to our gut, or feel it in our bones, or sense a tingling on the back of our necks. Let us be mindful - of our stories, our symbols, our practices, and our traditions - as we head into the holiday season. And please check your inboxes or your mailboxes for this month's edition of *Soulful Home* - a newsletter chock-full of fun games, activities, and conversation starters for you and your family.

We'd like to share that we are shifting our youth programming name from "Religious Education" to *Spiritual Exploration* to better reflect our mission. You will see this new terminology throughout our literature, website, FB presence, and other online communications, though we request that you be patient as we all shift into this new terminology.



If you haven't had the opportunity to sign your family up for our programming, please take a moment to do so online: <https://forms.gle/NwSEun3cUexAVuwn6>

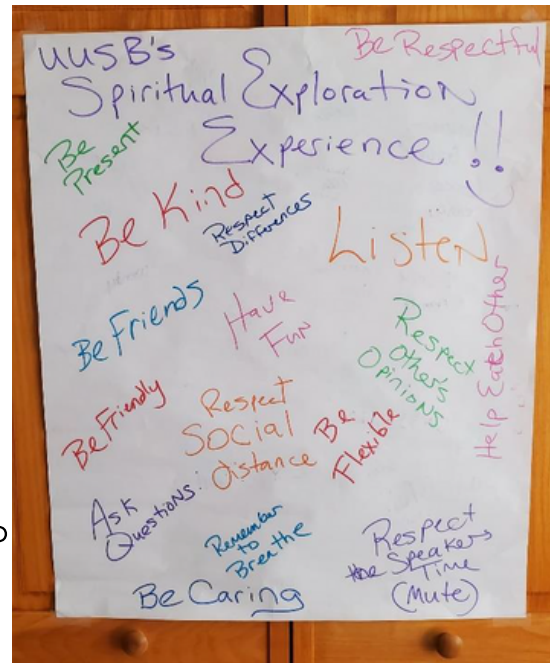
September 20, 2020 was a glorious day to meet up, in a covid-conscious manner, to celebrate the beginning of our Program Year! Many of our families came together at Fielder's Choice Ice Cream in Bangor to visit, pick up their SEE Loot Boxes, and help create our yearly SE Covenant.



If your youth has not received their SEE loot box, please contact Karen at uubangorre@gmail.com.

We are excited to *SEE* together - *SEE* into our own hearts, minds, and spirits. *SEE* things from another's point of view. *SEE* what we can do to make our world a better place. *SEE* how love can change the world we live in.

This year, we will be sharing a variety of online experiences, so we need to know how to get links, curricula, and supplies to our families. Registering for our program will help us streamline our communication experience.



Spiritual Exploration Experience (CONT.)

Please take a moment to register your children and youth for UUSB's Spiritual Exploration Experience. Registering will allow access to our online Zoom-Rooms, provide you information about upcoming outdoor, Covid-Conscious Events, as well the ability to sign up for a physical or online copy of Soulful Home, a thematic monthly mailing full of cool activities for your family to participate in.

The link to REGISTER: <https://forms.gle/NwSEun3cUexAVuwn6>

In comm-UU-nity,



Karen Childs
UUSB Director of Spiritual Exploration
(207) 949-0733 ~ uubangorre@gmail.com

Schedule changes happen - please keep up to date through the UUSB Google Calendar, our SEE Google Calendar, our UUSB Community FB Page, or our all new SEE Community Page.

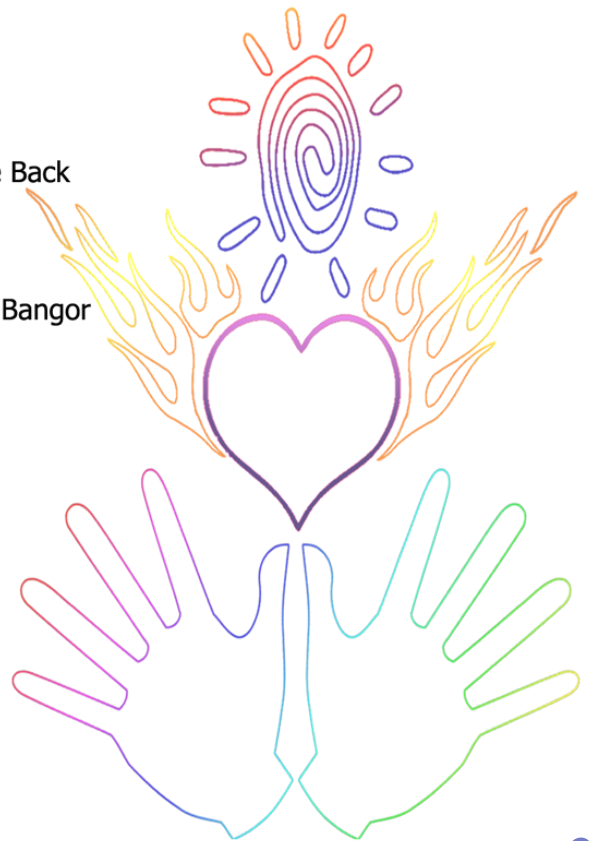


Spiritual Exploration Experience

Fall Schedule:



- Sept 20th - **Outdoor Family Event**: 1st day of SEE - Welcome Back
11:30AM, Fielder's Choice Ice Cream
- Sept 27th - **ZoomRooms** - Online - 11:15AM
- Oct 4th - **Outdoor Family Event**: Apple Chapel
11:45AM-1:30PM - Karen's Yard - 5 Laurel Cir, Bangor
- Oct 11th - NO CLASSES
- Oct 18th - **ZoomRooms** - Online - 11:15AM
- Oct 25th - **ZoomRooms** - Online - 11:15AM
- Nov 1st - **All Church Experience (ACE)** - Zoom - 10AM
- Nov 8th - **ZoomRooms** - Online - 11:15AM
- Nov 15th - **ZoomRooms** - Online - 11:15AM
- Nov 22nd - **Outdoor Family Event**: Solidarity Harvest
12pm - 2pm - Food & Medicine, Brewer
- Nov 29th - NO CLASSES
- Dec 6th - **All Church Experience (ACE)** - Zoom - 10AM
- Dec 13th - **ZoomRooms** - Online - 11:15AM
- Dec 20th - **Outdoor Family Event**: Solstice Walk
11:45-1:30PM - Location TBA
- Dec 27th - NO CLASSES



Soul Searchers: Reflections on Racism, Privilege, & Healing

A New Year-Long Spiritual Exploration Series

The issue of conditioned racism has led to many evils in our society and has affected our societal and spiritual well being. Talking about these issues can be hard. Talking about these issues is necessary if we are to grow and recognize our conditioning and develop a strategy to remove/decolonize some of those internal biases.

This Soul Searchers group, led by Rev. Drew and others, is a year-long program mixing a large group, small groups, and sincere individual reflections that seeks to provide the sacred space of the beloved community. We will focus on uncovering our own experiences and struggles with racial bias in a mindful and non-judgmental way to help us become more Woke and more sensitive to the power of racial bias in our hearts and minds. Our goal is to help each other develop skills to examine our assumptions and biases around racial issues, work towards becoming skilled practitioners of anti-racism and anti-oppression, and become healers of racial harm.

Owing to the nature of this work, we ask that participants make a year-long commitment, October through May, which will include:

- a monthly large group meeting, usually a Sunday afternoon, for 1.5 hours
- a monthly small group meeting of 5-6 people, day & time decided by the small group, for 1.5 hours
- weekly journaling with prompts on one's own relationship with issues of race and privilege

If you have questions about this program, please contact Rev. Drew by email.

If you wish to sign up for the program, please contact Christine in the UUSB office.

The registration deadline is October 11.



Image by Ehimetalor Akhere Unuabona
@theeastlondonphotographer
via Unsplash

SOCIAL JUSTICE COMMITTEE

Democracy Task Force

The Poor People's Campaign has launched a mass organizing project to get out the vote called MORE: Mobilize, Organize, Register, Educate. One part of the project includes phone-banking. Go to PPC.org to learn how to get involved. Another PPC goal called the 1000:1000 Prophetic Pledge is to get 1000 faith and community organizations to each pledge to turn out 1000 voters. They are asking for our endorsement. Whether formalized or not, there are many ways to get out the vote including our Social Justice Committee's proposal to have each congregation member talk with five persons you know and encourage each of them to talk to five other people. You can engage them in "relational" conversations about whether or not they plan to vote and if they have any questions like where to obtain and/or how to deliver an absentee ballot. These relational efforts support the national UU campaign to "UU the Vote" in line with our UU principles. Other ways to get involved include the campaigns of Food and Medicine, Maine Equal Justice, and the Maine League of Women Voters to get out the vote.

Wanted: UUSB Holiday Gift Basket Team



With COVID-19 changing so much about how we meet, we need a Holiday Gift Basket Team to create a new, improved Virtual Online Auction.

No yard sale selections to pick from. No cruising and touching the baskets. A limited premier selection of the best sellers through the years and more.

We'll have a list of possible baskets you can create at home and you may have one that you've already got percolating- like 2019's sewing basket by Laurie Cartier or Tim and Judy Martin's honey basket from this past year. We had some real bidding wars over the two cat baskets offered last December.

Safe delivery included to you or someone you love.

Let's get this team together, so we can create our list and raise some money for UUSB!

Contact Suzanne Kelly: call 745-3157 or e-mail suziekrm@gmail.com. We had our first virtual meeting in September. If you were unable to participate and are still interested, please reach out for more information.

Holiday Wreath & Swag Sale

Despite the COVID-19 pandemic, we will still be having our annual wreath and swag sale! There will be a few changes:

All wreaths and swags will be **pre-order only!**

Wreaths will be **\$20** each.

Swags will be **\$10** each.

You can pick up your wreaths and swags on

December 5th from **10:00-12:00** at the **Dorothy doors**.



We may not be able to have quite as much fun, with a smaller team of decorators and social distancing, but we want to keep as much holiday cheer as possible for everyone who wants to purchase a UUSB holiday wreath!

Great Pumpkin Yard Sale Cancelled for 2020



To maintain social distancing guidelines and keep our community safe, we have decided that the Great Pumpkin Yard Sale will be cancelled this year.

Keep an eye out for our other great FUNdrising opportunities throughout the year, as we get creative in supporting UUSB!

UPCOMING EVENTS

The Who, What,
Where, & When to
find UU online

HOSTED BY UUSB WEEKLY

Sundays @10:00 AM

Worship Service

Join us weekly on Zoom. Find the link, meeting ID, and password in the weekly e-news.

Tuesdays @5:45 PM

Intro to Mindfulness Meditation

Join Rev. Drew for a five session introduction to Mindfulness (Vipassana) Meditation. See page INSERT HERE for more details.

Tuesdays @7:30 PM

Chalice Side Chat

Join us on Zoom to check in and find support. Find the link, meeting ID, and password in the weekly e-news.

HOSTED BY OTHER UU GROUPS WEEKLY

Sundays @8:00 PM

Church of the Larger Fellowship (CLF) Online Worship

Join CLF for a weekly worship service on Zoom. CLF is the largest UU congregation, exclusively meeting online. Check the e-news for the registration link weekly.

Thursdays @11:00 AM

The VUU by CLF

A live Unitarian Universalist talk show discussing today's topics from an anti-racist, anti-oppressive, and multicultural perspective. Visit their Youtube page or check the weekly e-news for the newest link.

SPECIAL MEETINGS & SERVICES

Sunday, October 11 @12:00 PM

Ringing Bells & Feeding Souls

Join us for an open-air concert with UUSB's historic bells and our monthly food collection for the Ecumenical Food Cupboard. Since December 2019, we've collected over 1,600 lbs. of food!

Saturday, October 24 @4:00 PM

Bean Supper Served

Our only in-person event this month, the Bean Supper will be served in take-out containers with social distancing precautions taken.

Sunday, October 25 @11:30 AM

Tea with Rev. Drew

Join Rev. Drew and some of our Membership-Fellowship Committee for the first Minister's Tea of the year. This is one of the options on the path to membership at UUSB and is open to all who have questions or just want a refresher on Unitarian Universalism and UUSB.

Saturday, October 31 @4:00 PM

Bean Supper Served

Our only in-person event this month, the Bean Supper will be served in take-out containers with social distancing precautions taken.

10 OCTOBER

UUSB CALENDAR

| SUN | MON | TUE | WED | THU | FRI | SAT |
|---|-----|--|---|---|---|---|
| <p>All Meetings & Services are currently being held on Zoom until further notice.</p> <p>Please subscribe to our newsletter or join the UUSB community group on Facebook to get up-to-date info on meetings and services.</p> | | | | 1 | 2 | 3 |
| <p>4 10:00 AM Service 4:30 PM OWL</p> | 5 | <p>6 5:45 PM Meditation 7:30 PM Chalice Side Chat</p> | 7 | <p>8 6:30 PM Executive Committee</p> | <p>9 10:00 AM B&F Cmte</p> | 10 |
| <p>11 10:00 AM Service 12:00 PM Ringing Bells & Feeding Souls</p> | 12 | <p>13 5:45 PM Meditation 7:30 PM Chalice Side Chat</p> | <p>14 Committee Reports Due 6:30 PM Membership-Fellowship</p> | <p>15 7:45 PM Comm. Committee</p> | 16 | 17 |
| <p>18 10:00 AM Service 11:45 AM Social Justice 4:30 PM OWL</p> | 19 | <p>20 C&C Soft Deadline 5:45 PM Meditation 7:30 PM Chalice Side Chat</p> | <p>21 6:30 PM Council Meeting</p> | 22 | <p>23 C&C Hard Deadline</p> | <p>24 10:00 AM Bag Lunch Prep 3:00 PM Bean Supper Prep 4:00 PM Bean Supper</p> |
| <p>25 10:00 AM Service 11:30 AM Minister's Tea 4:30 PM OWL</p> | 26 | <p>27 5:45 PM Meditation 7:30 PM Chalice Side Chat</p> | <p>28 5:30 PM Worship Cmte</p> | 29 | 30 | <p>31 10:00 AM Bag Lunch Prep 3:00 PM Bean Supper Prep 4:00 PM Bean Supper</p> |

REMINDERS

ABOUT US

Unitarian Universalist Society of Bangor

Our Mission Statement

The Unitarian Universalist Society of Bangor is an historically liberal religious community, celebrating diversity and supporting spiritual growth and social responsibility in each child and adult.

A Welcoming Congregation

We welcome individuals and families of all religious upbringings, racial and ethnic backgrounds and sexual orientations. We, a member of the Unitarian Universalist Association, covenant to affirm and promote the inherent worth and dignity of every person.

A Green Sanctuary

The UU Society of Bangor, recognized as a Green Sanctuary by the Unitarian Universalist Association, endeavors to incorporate care for the Earth into its worship and religious education while working to promote environmental justice and sustainable living. We covenant to affirm and promote respect for the interdependent web of all existence, of which we are a part.



Do you have a **CLYNK** Bag?? Be sure to have one handy, so you can easily be collecting bottles and cans to help raise money for our UU Youths' Social Justice Service Trip. The bags are in the Dorothy Memorial Room. Please see Laura Santilli for details. Thank you for your support!!!

UUSB is always in need of volunteers – for fundraisers, childcare, teaching, and to fill positions on our active committees. The great perks of volunteering are not just the satisfaction of contribution, but the sense of community we all feel when we accomplish important tasks with others. Since we don't always know who is able to take part, please contact a council or committee member if you are open to volunteering in any large or small way.

The **UUSB Worship Committee** is looking for more member participation in our worship services and is extending an INVITATION to one and all of you to consider if you might be interested in joining our services as READERS.

Collection Plate & Pledge Reminders

One way you can help continue our outreach efforts is to keep up with your financial pledge. Without our weekly passing of the collection plate, we still need to make sure that we can pay our bills. Keeping up with your pledge allows our staff and leadership to focus on providing services to members, friends, and guests. There are three options to make is easy to keep up with your pledge:

1. Mail a check to the church office at 120 Park St, Bangor, ME 04401
2. Contact Rosemary Parsons, our treasurer, to set up a direct withdrawal from your paycheck or bank account
3. Donate online through Vanco. This option will be available on our website, as well as shared in our weekly e-news



Thank you for your continued support as we all work to provide for our community.

ABOUT THE *CHALICE & CHIMES*

Church Council:

Will Seavey, Chair
Kate Dutra, Clerk
Rosemary Parsons, Treasurer
Becky Anderson
Tom Bickford
Valerie Carter
Gail Foss
Francis Grey
Kerrie O'Brien

Council meets at 6:30 PM
on the third Wednesday
of each month.

UUSB Staff Contact:

Rev. Andrew Moeller, Minister
(207) 922-2956
Christine Sprague, Office Admin.
(207) 947-7009
Karen Childs, Director of SE
(207) 949-0733
Molly J. Webster, Music Director
(207) 947-7009

Due to delays caused by working
remotely during the COVID-19,
please be patient with responses.
We will get back to you as quickly
as possible.

About Our Newsletter

The *Chalice and Chimes* is published ten times a year (Sept-June). The hard deadline for submissions is the 25th day of each month. Please notify the office of your intent to contribute by the 20th of each month, on the soft deadline. Contributions are solicited and should be sent to the Administrator/Editor at the church office. An email reminder is sent out to all member and friends on the church's database mailing list when the newsletter has been posted to the church website, where it may be viewed or down-loaded. It is also available in paper format on the table by the sanctuary entrance and by US mail (request from the Church Office).

Editorial Policy

Articles submitted for publication in the *Chalice & Chimes* must strive to include, in an unbiased way, only that information that is consistent with the UU faith. Articles should deal with issues of a spiritual nature meant to inspire, encourage, educate, or inform. Although every effort will be made to be inclusive, the Editor reserves the right to determine which articles are accepted for publication. The Editor has the right to edit for space, availability, libelous remarks, or unwarranted personal attacks. The Editor also reserves the right to refuse any item that may affect our Tax Exempt Status.



Newsletter Submissions Next Newsletter Deadline: October 25, 2020

The next issue will be November 2020.
We value your contributions and very much
appreciate submissions. When sending email
contributions to The *Chalice & Chimes*:
uubangor@gmail.com