



Unitarian
Universalist
Society of Bangor

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Bangor, ME 04401-5024
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Chalice & Chimes

January 2020

SUNDAY SERVICES AT 10:00 A.M.

Integrity

- the quality of being honest and having strong moral principles
- the state of being whole and not divided

January 5 - *A Matter of Integrity* - People often ask, "Are Unitarian Universalists Christian?" To answer this question Rev. Drew and long time Unitarian Universalist, Charlie Boothby, who came out of the Christian Universalist tradition, will explore our faith's historical roots and present day connection to Christianity. Can we really call our selves Christian? Can we totally deny that we aren't Christian too? Our worship associate this week will be Phyllis Havens, with technical coordinator Wendy Erickson. Music will be provided by the UUSB choir and led by Molly Webster, UUSB Music Director.

January 12 - *Labyrinth Service* - Looking at our monthly theme of integrity through the lens of our fourth UU Principle, "The free and responsible search for truth and meaning," our annual intergenerational labyrinth will focus on the journey of the soul through art, story telling, and, of course, walking the labyrinth created in our sanctuary. Alternative activities will be available for anyone preferring not to walk the labyrinth. This week's service will be led by Rev. Drew and Karen Childs, director of RE, with our worship associate, Laurie Cartier, and technical coordinator, Wendy Erickson. Music will be provided by John Arimond and friends.

January 19 - *Living in the Legacy of Martin Luther King Jr.* - This Sunday we will have UUSB members sharing their convictions and callings that motivate them to work for social justice. Join us as we honor the legacy of Rev. Dr. Martin Luther King, through reflection on our own work to make the world a fairer place for all. This week's service will be led by Rev. Drew and the Social Justice Committee, with our worship associate, John Arimond, and technical coordinators, Judy & Tim Martin. Music will be provided by the UUSB choir and led by Molly Webster, UUSB Music Director.

January 26 - *Meaghan Malone, from the DA Office, on Justice and Sentencing* - We welcome Meaghan Malone as our guest speaker to talk about our justice system. This week's service will be led by our worship associate, Phyllis Havens, with technical coordinators, Judy & Tim Martin. Music will be provided by Molly Webster, UUSB Music Director, and Jessica Mehre.

In February, our theme will be "Resilience." If you have any special stories, readings, or ideas on next month's theme please let Rev. Drew or a member of the worship committee know. We appreciate your ideas.

Drew's Views

Dear Ones,

Happy New Year and welcome into the new decade of the 2020s. Slowly, as the daylight hours grow longer, often, we find ourselves about the year ahead. What will the New Year bring? What mysteries will the next year hold?

There is something in this time of year, when the natural world goes into hibernation, that lends itself to looking within. Reflection and self-awareness are essential for spiritual life. They help us learn, grow, and adapt to the changing world. During this time of year, it is often useful to make a little extra space to contemplate where we have come from, where we are now, and where we hope to go in the New Year.

Many people at this time of year set new goals and make resolutions, but behavioral scientists tell us that most of these won't ever come to fruition. One might think that, after a while, we'd stop trying to set these goals because, often, they are so unrealistic. Still, many of us are enticed to make our New Year's Resolutions every year and, every year, those resolutions disappoint us. So, why do we do it? Why expend the energy to try that new diet, make plans for developing new habits - if the odds are against us?

For me, it has to do with our human desire to grow. We are instinctually programmed to learn and make the most of our environment, just as we are also creatures of habit, who find safety in familiar, comfortable places. This is the paradox of our evolutionary way of being: we won't grow, if we don't learn and adapt, but we don't want to adapt, unless we have to.

Learning experts tell us that we learn best when we are slightly challenged, but not stressed. Many years ago, I decided to let go of setting New Year's resolutions because that practice seemed ineffective. What those resolutions caused was a great deal of stress from the blame/shame cycle of setting lofty goals for the coming year and then blaming myself for not achieving those unrealistic goals.

Instead, I started developing the art of setting inten-

tions.

Intentions, in my way of thinking, are not narrowly defined paths to specific goals. Intentions are what happens when we dream and then take the next step to wonder, "What sorts of things would support those dreams?" Intentions are subtle nudges that help us move towards learning and curiosity. They are encouragement, without being pressured or bullied by blame and shame. Intentions are nurturing to the spirit and sensitive to the changing conditions of life. They help us cultivate an awareness of learning and opportunities for growth, so that we can take advantage of those changes, when they present themselves.

This month our worship theme is integrity: that quality of being honest and moral that brings wholeness. Integrity is an essential aspect of venturing on the "free and responsible search for truth and meaning." It is also perhaps one of the hardest aspects of being a person of faith and conviction: we want to be consistent, yet, as human beings, we are consistently inconsistent. It is a bit of a conundrum.

We have all had those challenging moments, where we hear the words of a politician or family member with whom we strongly disagree. We react. We think to ourselves, "I don't know if I can respect that person's inherent worth and dignity, when they are disrespecting the truth and dignity of others who have less privilege." Does that mean we should give up? No. Instead, I think this is one of those opportunities to work with our best intentions. We might say instead, "I have a hard time respecting this person's worth and dignity, but I will try. I will do my best to respectfully question and counter that person's perspective." We can do both. Intentions allow us to hold our values with integrity, while being present with those whom we disagree and without denying our own experiences and emotions.

So, in this time of beginning, as we start a new year and a new decade, let us be present with our past, aware of our present, and set intentions for the New Year that are true to the convictions and intentions of the Unitarian Universalist faith. Let our intentions

help us remain accountable to our values of uplifting and nourishing our spirits, while maintaining integrity in the year to come.

Happy New Year!

Namasté,

Rev. Drew



YOU'RE INVITED!

Monthly Tea with Rev. Drew

January 12, 2020 at 11:30 AM

Join Rev. Drew to have an informal conversation and Q&A about the UU and what we are about.

Grab a coffee or tea and snack from coffee hour and head on down.

This fulfills one of the membership requirements.

Rev. Drew's Schedule for January

Monday	Minister's Sabbath Day (day off)
Tuesday	10 AM -1 PM - Office Hours 2 PM - 4 PM by Appt
Wednesday	10 AM -1 PM - Office Hours 2 PM - 4 PM by Appt
Thursday	Sermon Writing / Worship Planning (Not in office / Not checking email)
Friday	10 AM -1 PM - Office Hours 2 PM - 4 PM by Appt
Saturday	By Appointment
Sunday	Afternoons / Evenings by Appointment



Rev. Drew will be visiting family in Michigan from December 25-January 2.
Rev. Drew's weekend off this month is January 25-26.

If you wish to meet with Rev. Drew, please contact via email (drewuu2@gmail.com) or cell phone (1-860-655-5890), to set up an appointment.



Hello all!

December was a busy and fun time with all the fundraisers and holidays. I am looking forward to starting the new year with this supportive and positive community. Things have slowed down a little in the office, so if you need anything or just want to stop by for a few minutes, please reach out.

~ Christine Sprague, Office Admin



Directory: The Directory is done! I have a full color version that is available digitally. It is formatted to print on regular copy paper, if you want your hard copy in color. I also have the black & white edition, which I can email or you can pick up hard copies at the church. There are limited copies, but if we run out, let me know and I will do a second printing.

Committees: I need up-to-date information on committee members and responsibilities. If you are the primary person to contact regarding committee work or if you are responsible for the articles for the Chalice & Chimes, please let me know.

Chalice & Chimes Deadlines: To give committees a better chance to get articles in, I have made a change to the C&C deadline. Generally, on the 20th of each month is the *soft deadline*: I need to know you are submitting an article. On the 25th of each month is the *hard deadline*: this is the cut-off, if I haven't received it, it is not going to be in the C&C.

Office Hours: Tuesday-Friday, 10-2

Office Closed: 12/31, 1/1

Other times for meeting are available by appointment.

Deadlines for January

Chalice & Chimes (Jan. ed.)

Monday 1/20 - soft deadline

Saturday 12/25 - hard deadline

E-News (weekly)

Every Thursday by 10:00am

Committee Notes for Council

Wednesday, 1/8

Unitarian Universalist Society of Bangor

Minister:

Rev. Andrew Moeller
drewuu2@gmail.com

Minister Emerita:

Rev. Becky Gunn

Music Director:

Molly P. Webster
uusbmusic@gmail.com

Music Accompanist:

Jessica Mehre

Director of Religious Education:

Karen Childs
uubangorre@gmail.com

Office Administrator:

Christine Sprague
uubangor@gmail.com

Council Chair:

Tom Bickford
bickford@mainerobotics.org

Council Clerk:

Will Seavey
william.seavey@gmail.com

Council Treasurer:

Rosemary Parsons
roxemary@gmail.com

Council Crier Notes ~ December 2019

Submitted by Catherine Foxson

Greetings and best wishes for the New Year!

Our Dinner Anywhere in the World Raffle was a resounding success. We sold 935 tickets to over 600 people. Many thanks to all who helped make this fundraising a community-wide success. Congratulations to Francois Amar, our grand prize winner. We look forward to hearing all about his dream come true.



Council held an online video conference with Rev. Olivia Holmes to clarify issues surrounding the dissolution of the NNED, especially around funding and where historical documents would be conserved. We need to send delegates to the April 24th meeting to ensure that we have a voice regarding these and other issues. Volunteers?

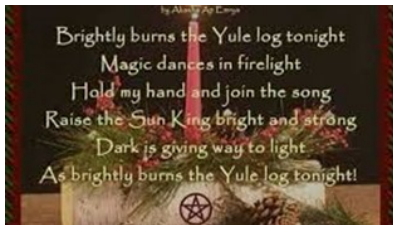
We have had 6 new security cameras installed, with more security upgrades to follow.

Council hopes to meet with all committee chairs on Saturday, January 11, 2020 from Noon to 4 PM. In order to best serve the congregation, we need input from as wide a perspective as possible. Four chairs have committed to attending already, but we would appreciate wider participation. We need to hear your goals and aspirations. Our first get-together with committee chairs earlier this year went very well and we welcome continuing feedback from that experience. A potluck lunch will be provided by Council. Please let us hear from you.

Collection Plate Reminders:

- 1) If you use a check for anything other than your pledge, please indicate on the check's memo line for what your donation is intended.
- 2) If you pay your pledge with cash, it is important that we know it came from you! You can use your own envelope and write your name on the outside; you can pick up envelopes from the table to your left as you enter the sanctuary; or you are welcome to take several or a whole box of 50 envelopes. If you can't find them or have questions, please speak with Amy Starkey-Lam. Thank you.

Treasurer's Report for December 2019



TREASURER'S REPORT FOR MONTH OF NOVEMBER written in December.

The report through November covers 42% of the year.

November Pledge Income slacked off a bit to \$8,128. This brings our 5-month total to \$58,334 which is 47% of the budget. Since we had prepayments of 11% of the total amount pledged, we should continue to be ahead of the curve, which we are.

The October checking account balance was \$19,005, down from last month's \$22,164. The gifts in memory of Jane McGlaflin of \$10,410 are still in the bank, but will be moved to our investment firm Morgan Stanley in January. Council and trustees have not determined a final use for the money, but it will appreciate as an investment.

The Dinner Anywhere Raffle had brought in \$12,232 as of November 31. We ended the raffle selling 935 tickets for a total of \$18,700, surpassing our budget goal. (YAAAAAH) The raffle was an essential part of our fundraising to cover the budget and your Treasurer is very happy to not be faced with cutting programs and services.

Again in December, the wreath sales totaled \$1,750, and the baskets and Wendy's Wonderful bags will bring in another \$1,800. Another fundraising project exceeding budget expectations. Fuel expenses are just beginning. Our bill for 12/13/19 was \$1,242.51. Last year the amount was \$2,012.67, which shows the result of not having a deep freeze in November this year. We received the check from the Pittman Fund for \$3,035 in December. This fund pays twice a year, and is budgeted for \$5,995 this fiscal year.

Back to November: rental income is also doing well with \$3,503 which is 44% of the budget of \$7,750. The cost of guests in the pulpit is now at 50%, or \$600, which covered the two summer months when Rev Drew is away. This budget item was increased in FY 2020 to show the actual cost of outside speakers.

Income for the month of November was \$20,835. Expenses were \$17,084 leaving a balance of \$3,748 for the month. The net income for the 5 months ending 11/30/19 is \$17,084.

In service,
Rosemary Parsons

Mid-Maine YoUUtH Group

The Mid-Maine YoUUtH Group's fundraiser was a great success from November's mailing! Thank you to everyone for your generosity and support. As our trip gets closer, we continue to need your help in fundraising for their trip to Guatemala! Every bit is helpful. It is especially crucial that UUSB support this trip because over half of the group - six of our youth - are among the participants.

Donate using one of two methods:

1. Sending a check to the UU Church of Ellsworth - 121 Bucksport Rd, Ellsworth, ME 04605 (Please make checks out to UUCE (the UU Church of Ellsworth) with "Safe Passage & UUSB" in the memo line
2. Online through the UUCE website using your bank account information. Visit www.uuellsworth.org and fill in the donation form at the bottom of their home page.

Thank you all for supporting our youth in this significant multicultural learning and growth opportunity.

Namasté,



Rev. Drew





in'teg'rity
/in'tegrədē

NOUN

the quality of being honest and having strong moral principles; moral uprightness.

UUSB has subscribed to Soulful Home, a section within the Soul Matters theme-based ministry, that is meant to help families find fun and inspirational ways to explore our monthly themes. Integrity is the theme for January. This month, our Soulful Home packet reminds us the future of our communities, our nations, and our planet depend on our ability to live as a people who value doing the right thing and the hard work to figure out what that is – and it begins with our families.

Each month there will be several theme-based activities that families can do together. To start off the month, is a scavenger hunt. Be sure to keep your eyes open for emails and facebook posts with different activities throughout the month.

A Treasure Hunt for Integrity: The Places that Make Us (see next page)

Around the Neighborhood activities engage families with their surroundings through the lens of the theme. It's about perceiving your well-known world in new ways. Take our monthly treasure hunt list with you on your trips to the grocery, walks around the neighborhood or bike rides, and transform your everyday travel into a family adventure.

**K-1 Class Update
December 2019**

We continue with our curriculum *World of Wonder*. The entire curriculum is a celebration and study of our 7th Principle: Respect for the interdependent web of all existence of which we are a part.



This month we learned the story of Noah's Ark and its implication regarding climate change. On December 29, 2019, the entire worship service will be a celebration of the children and youth in our congregation. Along with the Grades 2 and 3 class, we will tell an interactive version of the Noah's Ark story.



A Treasure Hunt for Integrity: The Places that Make Us

Introducing This Month's Hunt

The places in our neighborhoods have profound impacts on how our integrity (values and wholeness) develops, even if that influence seems invisible while we're living there. So, in this month's Treasure Hunt, we've listed below various types of places that shape us. Your family's task is to name as many places you can think of under each type. It's all a way of acknowledging that our integrity is not built alone, but in our communities of familiar people and places. In your travels around your neighborhood during the month, pay special attention to these places you named--they are places where you and your family are being formed!

Name as many places as you can where...

1. your family buys good and nourishing food for your meals:

2. you like to go to celebrate special occasions

3. you learn interesting things:

4. you meet up with people who affirm you:

5. you gather with others to show your government what you want to be happening in your community and our shared world

6. you play, move your body in the sunshine, and deepen your connection to the natural world:

7. there are people being kind to animals:

8. people help each other feel joyful:

9. you get to learn about people different than you:

10. you get a chance to help people who need support:



Upcoming Events

The next Social Justice Committee meeting will be January 19th

Democracy in Action Task Force

Jean Adamson went to the Maine Inaugural Human Rights Summit at the Augusta Civics Center on December 10, 2019, to hear a presentation by the Poor People's Campaign. The presenters discussed how the right to vote in our country is being restricted, preempted, and nullified, especially for the poor, youth, and elderly. In response, the PPC has come up with a set of demands related to voting rights including the following: the full restoration and expansion of the Voting Rights Act; an end to racist gerrymandering and redistricting; early registration of 17 and 18 year olds; the implementation of automatic registration to vote at the age of 18; early voting in every state; same-day registration; the enactment of Election Day as a holiday, and a verifiable paper record. In addition, the PPC demands voting rights for the more than 690,000 people in Washington, D.C., and a timely citizenship process for immigrants that guarantees the right to vote.

Local Justice Task Force

The UUSB social justice committee teamed up with Transportation For All (TFA) for November Ride the Bus Month. Congregation members volunteered at TFA's Election Day celebration in Pickering Square, handing out hot drinks and riding together to the polls on the Community Connector trolley. Members also took the bus to do a shift at the 17th annual Solidarity Harvest, a tradition which UU's have been doing for several years now. Transportation For All organizer (and UUSB member) Darcy Cooke recently wrote an Op Ed: [Experts agree Bangor bus hub belongs in Pickering Square](#), regarding the placement and construction of a new bus hub, which was just published in the Bangor Daily News. 2019 was a big year for our bus, and 2020 promises to be even bigger, with new technology and a new transit center both on the horizon!

Transportation For All is a coalition of bus riders, bus drivers, faith groups and other allies working together for a stronger bus system in Greater Bangor. For more information, contact Darcy Cooke at darcy@foodandmedicine.org

Environment/Climate Change Task Force

Christina Diebold, Jean Adamson, Nancy Jacobson, Jeff Jones, and Glen Koehler attended a meeting of the Bangor Chapter of Citizens' Climate Lobby on December 21, and learned that there are now seven carbon pricing bills being considered in the House of Representatives, with the one endorsed by CCL, the Energy Innovation and Carbon Dividend Act (HR 763) having 73 cosponsors. We also learned that a study by Columbia University has shown that if HR 763 is enacted soon, we will exceed current US commitments to the Paris Agreement by 2030. **So now is the time to contact Rep. Jared Golden**, 6 State St., Suite 101, Bangor, ME 04401, (207) 249-7400. To find out more about CCL and carbon pricing as a solution, talk to any of those who attended the meeting, listed above.

The 2020 elections provide an incredible opportunity for UUs to speak with courage, clarity and determination. We speak and act to ensure that our UU values, our work for social justice, our efforts to preserve the health of our planet and the communities we love thrive and prosper. Our UU Principles call upon us to create a "world community with peace, liberty and justice for all."

The **UU the Vote** campaign invites all UUs to join forces to #VoteLove and to #DefeatHate. The UUSB community has an opportunity to participate in the official launch of this important campaign. We invite you to join us in a Congregational Watch Party.

January 12 @4:00PM 2020 CAMPAIGN LAUNCH PARTY

The online launch will provide us with an opportunity to hear about the national plans for **UU the Vote**, strategies being deployed, examples of current on-the-ground work and how we, individually and as a congregation, might become engaged with this campaign.

To quote the UUA campaign website: Let's "move boldly together, making our faith relevant and effective in bending the arc of the universe toward justice in this political moment."

If you are planning to attend this event please email or call Tracy Haskell, thaskell@mac.com or (207)288-3548, to let her know you are coming, so that we may plan accordingly.

SOCIAL JUSTICE COMMITTEE NEWS

SATURDAY, JANUARY 11 10-12

MUUSAN Meeting

UNITARIAN UNIVERSALIST CHURCH OF AUGUSTA
SATURDAY, JANUARY 11 10-12

To Carpool from Bangor, Contact Suzanne Kelly

The guest speaker for January's MUUSAN Network Meeting will be Rep. Seth Berry, D-Bowdoinham. He will discuss bill (LD 1646) to establish a consumer-owned utility to replace Emera Maine and Central Maine Power. Berry said his proposed consumer-owned utility, dubbed Maine Power Delivery Authority, would function like Maine's eight existing consumer-owned utilities and fill the gaps between existing companies. The bill will go before the Energy, Utilities and Technology Committee in March.

The Local Justice Task Force Invites You to ...

Come learn from area experts about local resources available (food pantries, SNAP, Senior Meals, etc.) and how to eat on a budget!

All Are Welcome!

Please Join Us For A Food Security Forum

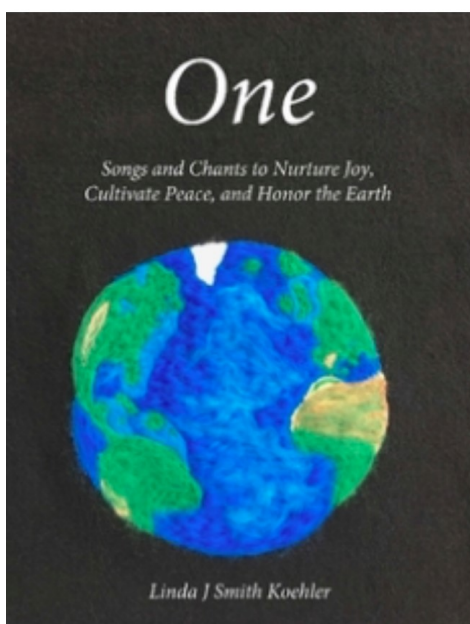
January 9th, 2020
10 am-12 pm
Orono Council Chambers
59 Main Street Orono
(Snow Date: January 23rd)



This forum will provide information that many can benefit from, whether you are a senior, a person with disabilities or other chronic conditions, a professional working in the field, a caregiver, or community members.

For more information, please contact either:

Mitch Stone, Town of Orono, at 866-2556 & mstone@orono.org
or Catherine Thibedeau, Independence Advocates of Maine,
at 866-3769 & cthibedeau@iamsupports.org



Songbook Release Party

Come celebrate the release of Linda Koehler's songbook!

January 18th at 7:00 PM in the UUSB Vestry

One - Songs and Chants to Nurture Joy, Cultivate Peace, and Honor the Earth

Everyone is welcome; I would be honored by your presence. Eat dinner before you come and we will feed you dessert. There will be singing for those who like, and you can make requests of which songs from the book we sing.

Please RSVP to lindakoehler29@gmail.com

Looking Ahead with Membership-Fellowship

New Options for UUSB Membership

The Membership-Fellowship Committee and Rev. Drew have launched new options for Friends and Visitors who want to consider becoming a member of UUSB.

Until now, joining has been possible only twice a year, following New to UU classes in the spring and fall. Now, joining will be possible at any time. The *new system* consists of (1) completing an *information request card* indicating interest in becoming a member; (2) reading through a Self-Study Guide describing UUism and UUSB; and (3) attending a new *Monthly Minister's Tea* or a New to UU Class. The Monthly Minister's Teas are on the UUSB's online calendar. The next Minister's Teas are Jan. 12 and Feb. 23. The information request cards will be available in the Sanctuary and at the Guest Book Table in the Dorothy. They can be dropped in the box at the door to the Sanctuary.

New members will continue to be introduced to the congregation at our semi-annual Membership Signing Sunday. The next Membership Signing Sunday is April 26. We can also quickly reactivate the membership of a past UUSB member or initiate a new membership for a member of another UU congregation who wants to join UUSB.

New to UU Classes

The Membership-Fellowship Committee will continue to hold its semi-annual New to UU Classes in the Dorothy Memorial Hall. The spring classes will be held during the evenings of April 8 and 15 from about 6:30 PM to 8 PM. Whether you are interested in becoming a member, just curious about UUism, or want a refresher, these classes are for all interested parties. A sign-up sheet will be posted on the bulletin board in the Dorothy Memorial Hall. Child care will be available if needed. (Please let us know in advance.)

Monthly Tea with Reverend Drew

Rev. Drew will be holding a monthly tea that will provide opportunities for informal conversation/questions and answers for UUSB members, friends, and visitors. Attending one of these teas meets one of the requirements for those wishing to become a UUSB member. The next dates for the teas are Jan. 12, Feb. 23, March 22, and May 10. There will be a limit of ten people per tea. Each participant can bring tea or coffee and a snack from the Fellowship Hour table and come down to Rev. Drew's office.

Souper Sundays

Super Sundays are pot-luck style luncheons during Fellowship Hours (after the worship services) featuring soups, breads, desserts, and other complementary items. If you have a soup or other dish you would like to share, please bring it and an ingredient list on an index card with you (as many members have allergy or dietary restrictions).

The next Souper Sunday dates are Jan. 26, and Feb. 23.

Looking Ahead with Membership-Fellowship (cont.)

Save the Date!

The Annual Live and Silent Auction starts Saturday, April 4th in the Dorothy Memorial Hall

This is our church's largest FUNdraiser! Are there any quality items in your home that you would like to donate? Are you a great (or even good) chef or an amazing artisan? You can donate things such as meals, custom or hand-made items in "like-new" condition, or services (like an hour or two of yard-work or gardening, cooking, or art/crafting work). Be creative! Donate! It's FUN!

The event begins at 6 PM, Saturday, April 4th. Enjoy some hors d'oeuvres while checking out this year's silent auction items. The silent auction will continue until 11:30 AM, Sunday, April 12th. Cash and checks are accepted.

The exciting, live auction will start at 7 PM!!!

Please contact Sue McKay at suemckay@midmaine.com with items, meals, or services you would like to donate. There will also be a donation list posted on the Dorothy Memorial Hall bulletin board for you to list your items.

Family Game Night

It is almost time for us to get together and play board or card games, enjoy snacks, and laugh a LOT! Our annual Family Game Night is coming on Saturday, February 8th from 6 PM to 8 PM in the Dorothy Memorial Hall. Bring a game and a snack and share in the fun!

A big note of thanks:

Our annual Holiday Gift Basket and Wreath Sales were a huge success. All of the wreaths and baskets were sold. Thanks to the many elves and committee members who contributed items and helped decorate the wreaths and put the baskets together. Without your hard work, none of this would have been possible!

FROM THE FINANCIAL STEWARDSHIP COMMITTEE



MONEY MATTERS



In last month's message we focused on some of the things your pledges are already helping to accomplish, so to welcome the New Year we asked staff and committee chairs to envision our future and come up with a wish list – to imagine what could we do as a UUSB community if we had more funds in the future? Here are some of the ideas that came to us!

Website support to keep us up-to-date & engaging

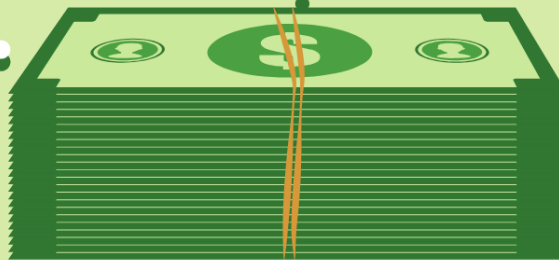
Get the word out about UUSB with professional promotional videos & images

Childcare at all church activities, so that all people of all ages feel welcome and nurtured

Update our banners & signs for outside the church & in parades!

Recording equipment to share sermons and readings online, for those who can't make it to a service

Yearly funding for OWL facilitator training



More Audio/Visuals in services to keep people engaged

PLEDGE SUNDAY IS MARCH 1ST

STAY TUNED FOR ADDITIONAL DETAILS & ANNOUNCEMENTS!

(SNOW DATE MARCH 8TH)

UUSB Sanctuary
Mindfulness Meditation

We will meet this month on January 7th & 21st (the first and third Tuesdays).

Meetings start at 5:45 PM and end at 7:00 PM.


Our topic this month is "equanimity."



New participants are welcome. We encourage you to arrive at 5:30 PM for a quick introduction

1ST & 3RD TUESDAYS 5:45-7:00 PM
UPCOMING: DEC 3RD & DEC 17TH



 UUSB Vestry
CoffeeHouse | Open Mic

1st & 3rd Tuesdays 7-10PM
January 7th & January 21st

We enjoy a variety of acoustic music and poetry and welcome any family-friendly acts you might come up with. Come join the fun!

Spirit of Drumming
with Laurie & LyAnn



MONDAY, JANUARY 13TH
AT 6:00PM

WE INVITE YOU TO JOIN US AND ACCESS YOUR INNER RHYTHM; RELEASE TENSION AND STRESS; AND HAVE A GOOD TIME. WE WILL LEARN EASY RHYTHMS, PLAY DRUMMING GAMES, AND JAM TO THE MONTHLY THEME.

FOR MORE INFO CONTACT LAURIE.
AMALAURIEC@GMAIL.COM OR 944-0650

FOOD CUPBOARD & PERSONAL CARE COLLECTION

2020 collection dates

January 12th

February 9th

March 8th

April 12th

May 10th

June 14th

July 12th

August 9th

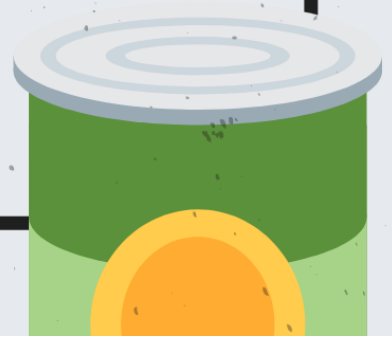
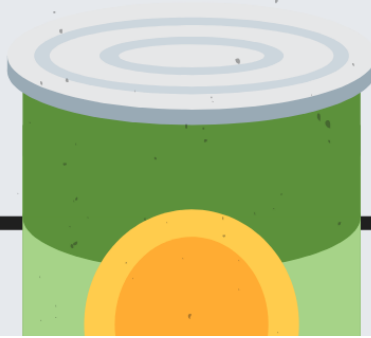
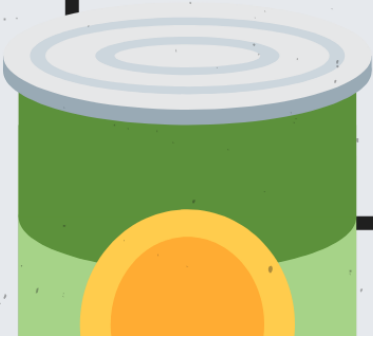
September 13th

October 11th

November 8th

December 13th

items can be dropped off any day in
the baskets



1

JANUARY

UUSB CALENDAR

SUN	MON	TUE	WED	THU	FRI	SAT
			1 Office Closed	2 5:15 PM Choir	3	4
5 8:45 AM R.E.A.L. 10:00 AM Service 11:00 AM Fellowship	6 9:00 AM Soup Kitchen 6:00 PM Glitter Done	7 5:45 PM Meditation 6:30 PM Trustees 7:00 PM Stewardship 7:00 PM CoffeeHouse	8 Committee Reports Due 5:30 PM Worship 6:00 PM B&G Cmte 6:30 PM Mem-Fel	9 5:15 PM Choir 6:30 PM Executive Committee	10 10:00 AM B&F Cmte 12:30 PM Knitting Circle 7:00 PM Labyrinth Setup	11 10:00 AM MUUSAN 11:30 AM Council & Committee Chair Meeting
12 Food Collection 10:00 AM Service 11:00 AM Fellowship 12:00 PM Minister's Tea	13 6:00 PM Glitter Done 6:00 PM Spirit of Drumming	14 10:30 AM Staff Meeting 7:00 PM COM on Shared Ministry	15 11:30 AM AUW Guild 2:00 PM Pastoral Care Team 6:30 PM Council	16 5:15 PM Choir	17	18 6:30 PM Linda Koehler's Songbook Release Party
19 10:00 AM Service 11:00 AM Fellowship 11:45 AM Social Justice 4:00 PM MLK Service	20 C&C Soft Deadline 8:00 AM MLK Breakfast 6:00 PM Glitter Done	21 5:45 PM Meditation Group 7:00 PM CoffeeHouse	22 6:00 PM Stewardship	23 5:15 PM Choir	24 C&C Hard Deadline 12:30 PM Knitting Circle	25 10:00 AM Bag Lunch Prep 3:00 PM Bean Supper Prep 4:00 PM Bean Supper
26 10:00 AM Service 11:00 AM Souper Sunday	27 6:00 PM Glitter Done	28 10:30 AM Staff Meeting 5:30 PM Shared Ministry 7:00 Humanist Affinity	29 5:30 PM Worship	30 5:15 PM Choir	31	

Do you have a **CLYNK** Bag?? Be sure to have one handy, so you can easily be collecting bottles and cans to help raise money for our UU Youths' Social Justice Service Trip. The bags are in the Dorothy Memorial Room. Please see Laura Santilli for details. Thank you for your support!!!

UUSB is always in need of volunteers – for fundraisers, childcare, teaching, and to fill positions on our active committees. The great perks of volunteering are not just the satisfaction of contribution, but the sense of community we all feel when we accomplish important tasks with others. Since we don't always know who is able to take part, please contact a council or committee member if you are open to volunteering in any large or small way.

The **UUSB Worship Committee** is looking for more member participation in our worship services and is extending an INVITATION to one and all of you to consider if you might be interested in joining our services as READERS.

Collection Plate Reminders:

1. If you use a check for anything other than your pledge, please indicate on the check's memo line for what your donation is intended.
2. If you pay your pledge with cash, it is important that we know it came from you! You can use your own envelope and write your name on the outside; or, you can pick up envelopes from the table to your left as you enter the sanctuary; or, you are welcome to take several or a whole box of 50 envelopes.
3. If you can't find them, or have questions, please speak with Amy Starkey-Lam.



Ongoing Church Fundraiser



Hannaford Grocery
Cards are sold every Sunday during fellowship time. Convenient to carry! Every card purchase helps UUSB!! Cards are available in increments of \$25, \$50 or \$100. Cash, or checks made out to UUSB are accepted. Buy cards for your own grocery shopping, or buy cards for gifts, or even donate a card to a local food bank.

Friends and Frequent Visitors

Please take a moment to make a name tag!
To avoid holes in your shirt, hook the pin to a necklace, lanyard, or tie. Wear it while you are here, and you can leave it in the rack when you leave. If you plan on being a regular attendee, name buttons are now an option for anyone. Ask the Sunday greeter for info!



ABOUT US

Unitarian Universalist Society of Bangor

Our Mission Statement

The Unitarian Universalist Society of Bangor is an historically liberal religious community, celebrating diversity and supporting spiritual growth and social responsibility in each child and adult.

A Welcoming Congregation

We welcome individuals and families of all religious upbringings, racial and ethnic backgrounds and sexual orientations. We, a member of the Unitarian Universalist Association, covenant to affirm and promote the inherent worth and dignity of every person.

A Green Sanctuary

The UU Society of Bangor, recognized as a Green Sanctuary by the Unitarian Universalist Association, endeavors to incorporate care for the Earth into its worship and religious education while working to promote environmental justice and sustainable living. We covenant to affirm and promote respect for the interdependent web of all existence, of which we are a part.

Church Council:

Tom Bickford, Chair

Will Seavey, Clerk

Rosemary Parsons, Treasurer

Francis Grey

Gayle Zydlewski

Catherine Foxson

Kate Dutra

Becky Anderson

*Council meets at 6:30 PM
on the third Wednesday
of each month.*

UUSB Church Cancellation Guidelines

In the case of bad weather, the most important thing is for everyone to be safe. Please do not travel to the UUSB for morning worship if you feel that doing so would be unsafe. UUSB may need to be cancelled due to no lights, no heat, no water, disasters, and other unforeseen circumstances. The decision to cancel worship and religious education will be made by Sue McKay, Rev. Drew Moeller and Laurie Cartier—who will make such decision by 7:00 Sunday morning.

An announcement will be put on the outgoing phone message of the church office (207-947-7009); announcements will also go out to the local network television and radio stations; if possible (power permitting), one will be sent out via email, on the UUSB Facebook page, and posted on the UUSB website (www.uubangor.org).



About Our Newsletter

The Chalice and Chimes is published ten times a year (Sept-June). The hard deadline for submissions is the 25th day of each month. Please notify the office of your intent to contribute by the 20th of each month, on the soft deadline. Contributions are solicited and should be sent to the Administrator/Editor at the church office. An email reminder is sent out to all member and friends on the church's database mailing list when the newsletter has been posted to the church website, where it may be viewed or downloaded. It is also available in paper format on the table by the sanctuary entrance and by US mail (request from the Church Office).

Editorial Policy

Articles submitted for publication in the *Chalice & Chimes* must strive to include, in an unbiased way, only that information that is consistent with the UU faith. Articles should deal with issues of a spiritual nature meant to inspire, encourage, educate, or inform. Although every effort will be made to be inclusive, the Editor reserves the right to determine which articles are accepted for publication. The Editor has the right to edit for space, availability, libelous remarks, or unwarranted personal



Newsletter Submittals Next Newsletter Deadline: January 25, 2020

The next issue will be February 2020. We value your contributions and very much appreciate submittals. When sending email contributions to *The Chalice and Chimes*:

uubangor@gmail.com