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November 2019

SUNDAY SERVICES AT 10:00 A.M.

We look forward to your joining us this month for Sunday morning worship. This month our worship theme is "Attention." Come and explore this theme with us.

November 3 - "Spiritual Infrastructure" - Today, we welcome Dr. Krishna Bhatta to talk about the importance of cultivating spiritual infrastructure in our lives through the intersection of eastern wisdom and western discoveries. Our worship associate this week will be Phyllis Havens, with technical coordinators Tim & Judy Martin. Music will be provided by the UUSB choir and led by Molly Webster, UUSB Music Director.

November 10 - Veteran's Day - Guest Speaker to be announced. This week's service will be led by our worship associate, John Arimond, with technical coordinator Wendy Erickson. Music will be provided by Molly Webster, UUSB Music Director; Jessica Mehre; and John Arimond.

November 17 - New Member Sunday - In keeping with our theme of "attention," we will focus our attention on welcoming newcomers into membership and reflecting on the importance of being a member of our congregation. Our worship associate this week will be Phyllis Havens, with technical coordinator, Wendy Erickson. Music will be provided by Molly Webster, UUSB Music Director, and the UUSB choir.

November 24 - "Taking Notice" - In preparing for the holiday season, we are often overwhelmed by all the "shoulds" and "oughts" of holiday celebrations and family traditions. At this time of Holy Hub-Bub, we will take a moment to look beyond the noise of the holiday season and focus on what is calling for our

attention. Our worship associate this week will be Phyllis Havens, with technical coordinators, Tim & Judy Martin. Music will be led by LyAnn Grogan.

In December, our theme will be "Awe." If you have any special stories, readings, or ideas on next month's theme please let Rev. Drew or a member of the worship committee know. We appreciate your ideas.



- notice taken of someone or something; the regarding of someone or something as interesting or important.
- the action of dealing with or taking special care of someone or something.

Drew's Views

Dear Ones,

There is an old comedy schtick where a spry upcoming musician asks an accomplished performer, "How do you get to Carnegie Hall?" The accomplished performer replies, "Practice, man, practice!"

I like this story because I think it relates to our spiritual theme of "Attention" this month. I often get questions about this in the context of teaching Vipassana meditation, where there is an emphasis on developing a regular and consistent meditation practice. The misconception, however, is that meditation (or any spiritual practice for that matter) somehow makes one become perfect or at least accomplished enough to perform at Carnegie Hall, which once was one of the highest accomplishments a musician could aspire to.



Musicians playing at Carnegie Hall

The reality is that no matter how long one practices - be it music, meditation, or any other aspect of living - we will never be perfect. "So," you might ask, "What is the point of putting in all that practice and repetition, if it doesn't lead to perfection?"

The best answer that I've heard so far came from an interview with a jazz musician on NPR. The interviewer asked, "I guess all that practicing makes you perfect?" The musician paused for a moment and then said, "No! There is no amount of practice that will ever make me or anyone perfect. What practicing does do is it makes you present. It makes one present to the music, to your instrument, to the scene, and to the audience. That is what practice does. It allows you to be present in the moment."

I like this answer.

Often, we hear people tell us that if we try hard enough, we can be perfect. But that is not part of the human experience. We also sometimes hear people say that if we pray enough, meditate enough, exercise enough, all our worries will magically disappear. We know they won't, so why bother doing all that practice?

Like the jazz musician, we must say "No!" to perfection and instead engage in being present. We need to keep regularly practicing, so that we can be present with our selves in a kind and intentional manner. Being fully present means that we are giving all our attention to what is happening in the moment. If we are happy, we are happy. If we are angry, we are angry. Being present helps us understand the moment: its causes and its effects. It helps us not get caught up in the drama or in false, misleading narratives that arise and distract us from the experience in the moment.

Having that level of attention and awareness allows us to respond in ways that are more compassionate and skillful, instead of merely reacting. It is in that way that one can pay attention and learn from our experiences and discover what is most important.

(cont. on page 3)

Drew's Views (cont.)

Think about it! Isn't what being part of a spiritual Love and Peace to you all. community like ours is all about? Especially in an intentional spiritual community like ours. Here, we practice our social and organizational skills. We develop our ability to be kind and compassionate. We find ways to listen to one another and look for creative responses that are supportive and inclusive. We learn to be present in our joys and present to our sorrows. We learn to speak up and be heard. We learn to listen for and hear other voices that may be drowned out and need our attention. So Dear Ones, in this month as the world moves through this season of transition, may you find a space to pause and be present to everything alive and stirring within you. Pay attention the feelings, the stories we attach to our interactions with ourselves and others. And when you can take a moment to pause, take a deep breath in the moment, notice all that is present, and then choose to respond in a way that honors your emotions and is skillful, kind and compassionate. And if you make it to Carnegie Hall, take a deep breath and be present there too!

Namasté.

Rev. Drew

Rev. Drew

P.S. One of the ways that I wish to pay attention to our young people is to offer resources to parents and children on important topics. In the last several months I have had some requests for resources about how to talk to children about death and dying. In response to that request I have purchased several books recommend by some of my minister collogues. I have those books available to loan out from my of-

fice. Please let me know if you'd like to borrow a book or two.



Rev. Drew's Schedule for November

Monday	Minister's Sabbath Day (day off)				
Tuesday	10 AM -1 PM - Office Hours 2 PM - 4 PM by Appt				
Wednesday	10 AM -1 PM - Office Hours 2 PM - 4 PM by Appt				
Thursday	Sermon Writing / Worship Planning				
	(Not in office / Not checking email)				
Friday	10 AM -1 PM - Office Hours 2 PM - 4 PM by Appt				
Saturday	By Appointment				
Sunday	Afternoons / Evenings by Appointment				



Rev. Drew will take his weekend off this month October 10-12

If you wish to meet with Rev. Drew, please contact via email (drewuu2@gmail.com) or cell phone (1-860-655-5890), to set up an appointment.

October 2019

The Chalice and Chimes



Facility Use Forms: I have completed the Internal Facility Request Form AKA the Blue Form. There are copies in the office on blue paper, so that you can easily find it. I can also send it to you digitally to fill out as a PDF.

Directory: The *Directory of Members & Friends* is in the process of being updated. There is a copy of last year's directory to check if you need any updates. If you are unsure and don't get a chance too check, please reach out to me in the office or to the Membership-Fellowship Committee.

Committees: I need up-to-date information on committee members and responsibilities. If you are the primary person to contact regarding committee work or if you are responsible for the articles for the Chalice & Chimes, please let me know.

Hello all!

I have finished updating the facility use forms and am now focused on the new directory. I am working on some fun and useful updates, so I hope everyone will like them.

As ever, if I can help with anything, please let me know and I will provide whatever assistance I can.

~ Christine Sprague, Office Admin

Office Hours: Tuesday-Friday, 10-2.

Other times for meeting are available by appointment.

Deadlines for November

Chalice & Chimes (Dec. ed.)

Wednesday 11/20 - soft deadline

Monday 11/25 - hard deadline

E-News (weekly)

Every Thursday by 10:00am

Committee Notes for Council

Wednesday, 11/13

Chalice & Chimes Deadlines: To give committees a better chance to get articles in, I have made a change to the C&C deadline. On the 20th of each month is the *soft deadline*: I need to know you are submitting an article. On the 25th of each month is the *hard deadline*: this is the cutoff, if I haven't received it, it is not going to be in the C&C.

Unitarian Universalist Society of Bangor

Minister: Rev. Andrew Moeller drewuu2@gmail.com Minister Emerita: Rev. Becky Gunn

Music Director: Molly P. Webster uusbmusic@gmail.com Music Accompanist: Jessica Mehre

Director of Religious Education: Karen Childs uubangorre@gmail.com Office Administrator: Christine Sprague uubangor@gmail.com Council Chair: Tom Bickford bickford@mainerobotics.org Council Clerk: Will Seavey william.seavey@gmail.com Council Treasurer: Rosemary Parsons roxemary@gmail.com

Council Crier Notes ~ November 2019

The "Dinner Anywhere in the World" raffle is now in full swing! For the bargain price of twenty (\$20) U.S. dollars, participants can have the chance for an overnight and dinner for two anywhere in the world, up to \$5,000 worth. Cairo, Egypt, anyone? Adults 18 and over are eligible to participate. Restaurant, hotel, and airfare are included. Tell your friends! Sell a ticket, buy a ticket, then sell another ticket! All right, we'll try to calm down. There's a lot of excitement over this deal, but we'll try to contain ourselves!

The Council is in the midst of an ongoing effort of, for lack of a better term, outreach to our various committees. Our various and sundry committees are absolutely essential to the work of sustaining and growing our beloved communi-

ty. The only problem is, it can get lonely at the top! The Council is including one or two committees in our monthly meetings every month to try and make sure we are all communicating beyond our "silos." It's always a good idea for the left hand to know what the right hand is doing. If you see an opportunity where the church could be doing better, speak up! Your input is needed. It's like most things -- you get out of it what you put into it!

Churchgoers voted during coffee hour a few weeks for which organizations they'd like to see as recipients of our "Share the Plate" collections. The following six organizations received the most votes: Shaw House, Food AND Medicine, Bangor Area Homeless Shelter, Health Equity Alliance, Partners for Peace, and the Bangor Humane Society. Yay, us, and yay, them!

The new UUSB web site is now live. Check it out! Of course, it needs a few minor tweaks, as is commonly expected with these types of projects. But the new site is there, and the new architecture will serve us well for years to come, with improved functionality and update-ability for our site moderators.

The Church building security upgrades are around the corner. This has been a project with a few twists and turns led by much hard work and research by the Buildings and Grounds Committee. The result will be a much safer and more secure building, with better monitoring at the Church's entrances, better control over key access with less future expense associated with changing door locks, and simplified procedures associated with the security codes when locking and unlocking the building.

And those are just the highlights! I'm probably leaving out something that I should have mentioned!

Respectfully submitted,

Francis Grey



Treasurer's Report for October 2019



September Pledge Income continued to be strong, totaling \$9,212. This bring our 3-month total to \$40,713, which is 33% of the budget.

Pledge statements have gone out for the first quarter. Please check to see if you are up to date. There are several easy ways to make automatic payments either through payroll deduction or having your bank send a check to the church.

The September checking account balance was \$12.228. Last month it was \$10,249.

September income was \$19,635. Expenses were \$18,247 leaving a balance of \$1,388 for the month. The year to date net income is \$10,456. In 2018 our balance at the end of September was \$2,382. Looking good!

We received our semi-annual payment of \$5,172 from the Roberts Fund, an endowment that was established at the Universalist Church and is held by Bank of America. In prior years, we have received the payments in November and May, but I worked with the fund's trustees to change the dates so that we now get the payments in September and March. This helps with our cash flow during the heating months when our bills are highest.

Just an October update on the Raffle project. We are off and running. As of 10/17 we have deposited \$1,680 and given out about 300 tickets for members to sell. The expected net income from this project is \$10,000 - \$14,000 and is crucial to our community.

In service,

Rosemary Parsons

Collection Plate Reminders:

- 1) <u>If you use a check</u> for anything other than your pledge, please indicate on the check's memo line for what your donation is intended.
- 2) <u>If you pay your pledge with cash</u>, it is important that we know it came from you! You can use your own envelope and write your name on the outside; or, you can pick up envelopes from the table to your left as you enter the sanctuary; or, you are welcome to take several or a whole box of 50 envelopes. If you can't find them, or have questions, please speak with Cathy Elliott.



Mid-Coast YoWth Group

Last month, MMYG held a meet-and-great in Belfast to get to know one another. We began learning about Guatemala, in preparation for our trip there in July 2020. This year we have a total of thirteen youth participating from four UU Congregations. UUSB has the largest group - a total of six youth - which makes us the largest congregation participating.

Our next meeting will be an overnight at UUSB on November 15 -16. At this meeting, our youth will continue learning about Guatemala, as well as prepare for our fall fundraiser, which is a letter-writing campaign. This fundraiser is crucial. In addition to the required dues for individuals, we need to raise over \$10,000 by the middle of December to purchase air-line tickets. If we don't raise the \$10,000 by mid-December, our trip could be in jeopardy.

When you receive the fundraising letter from the MMYG, please respond as quickly as possible, so we can meet our deadline. Mail your donations directly to the UU Church in Ellsworth. Make checks out to "UUCE" (UU Church of Ellsworth) and add Mid-Maine Youth Group to the memo line.

It is inspiring to see our youth interested and engaged in learning about other cultures and applying their UU values in the greater world. At our worship service last month, it was exciting to see and hear how last year's participants grew as part of MMYG. I can't wait to see how they grow as we prepare for and experience next year's trip to Guatemala.

Thank you in advance for your support of this remarkable group. Rev. Drew



More information about the Safe Passage Support Team program can be found at <u>https://</u> <u>www.safepassage.org/take-action/support-team/</u>





Upcoming Events

The next Social Justice Committee meeting will be November 17th

Democracy: be sure to vote and GOTV

Check out the UUA web page and/or MUUSAN web page for GOTV suggestions Learn about local candidates

VOTE ON November 5th – ELECTION DAY – <u>Join other UUSB folks at Pickering Square</u> at 9:00 AM to take the FREE Trolley to the Cross Center to VOTE.

FLIA (Faith Linking in Action) opportunities:

- **Volunteer at Solidarity Harvest** Each year Food AND Medicine (of which FLIA is a part) puts together and distributes Thanksgiving Baskets (this year it's 1300) to families and individuals in need in the Bangor area.
- **UUSB has played a big part in this program for the past several years. R.E.** (Religious Education) classes head over and work to put baskets together on the Sunday before Thanksgiving. Some of us from the Social Justice Committee ride the bus to help out on the Friday before Thanksgiving. If you're part of R.E. you'll hear about what they're doing. If you want to ride the bus on Nov. 22nd (Friday before Thanksgiving) contact Suzanne Kelly (745-3157). If you want to help in some other way contact Adam Thiesen at Food and Medicine (adam@foodandmedicine.org).
- **Pumpkin Bread Baking.** Last year the AUW Guild baked **MANY** pumpkin breads to put in the baskets. Bread tins and a recipe are provided. **Anyone interested** in making breads should contact Susan Olson, President of the Guild: 478-5044.
- **Our Social Justice Committee pledges to Take Action and Fight Hunger** along with other faith communities. At the FLIA convening in October the Food Justice action group asked us to pledge to intensify our efforts in fighting hunger. In addition to UUSB participation in Solidarity Harvest our SJ committee pledges to improve congregational awareness and involvement in our food collection and distribution to the Ecumenical Food Cupboard. The 2nd Sunday of each month will continue to be the official gathering day with collection happening at the worship service. This will be for both personal hygiene and food contributions. People can drop off donations in the baskets outside of the sanctuary any other time and the SJ committee will be responsible for dropping them off at the Ecumenical Food Cupboard at Hammond Street Congregational Church on the last Monday of each month.

Share the Plate

Each month, half of our undesignated funds from the collection plate get donated to a local organization that shares our values as Unitarian Universalists. In September, these donations went to the Mabel Wadsworth Center, with one Sunday specially donated to the UU Disaster Relief Fund after Hurricane Dorian.

In November, we will "Share the Plate" with MUUSAN - Maine Unitarian Universalist State Advocacy Network.

Dear Rev. Drew & Friends at UUSB,

Thank you for your recent donation of \$197.00 to Mabel Wadsworth Center. Your support helps to fulfill our mission to provide feminist healthcare focused on sexual and reproductive health through education, clinical services, and advocacy.



Feminist. Local. Independent.

Because of you, women in northern and eastern Maine have a compassionate and nonjudgmental place to access quality abortion care. LGBTQ+ people have a safe space to seek healthcare. People who are uninsured and low income are able to get affordable healthcare and be treated with dignity. For more than 34 years, community support helped to build and sus-

tain Mabel Wadsworth Center. Your support helps keep our doors open. We can't do this without you.

Again, thank you so much for your generous gift! Together we are creating social change and cultural change, one action, one person at a time. Together we are stronger.

Sincerely, Kate M. Waning **Director of Finance & Operations**



Mindfulness Meditation

Our topic this month is "equanimity."



New participants are welcome. We encourage you to 1ST & 3RD TUESDAYS 5:45-7:00 PM UPCOMING: NOV 5TH & NOV 19TH



CALLING ALL

YOUTH &

SUNDAY, DECEMBER 29TH

THEIR TAL

TUUSB Vestry

CoffeeHouse | Open Mic

1st & 3rd Tuesdays 7-10PM November 5th & November 19th

We enjoy a variety of acoustic music and poetry and welcome any family-friendly acts you might come up with. Come join the fun!



MARK YOUR CALENDARS! **UUSB FALL CLEANUP**

BRING YOUR RAKES FOR OUTSIDE AND CLEANING SUPPLIES FOR INSIDE

WE WILL ALSO INSTALL WINDOW INSERTS

Do you sing? Play an instrument? Dance? Paint? Take photos? Act?

The service on 12/29 will be dedicated to our children and their gifts.

If you have a talent you are willing to share or artwork to display during the service, please contact Wendy Erickson at wendylynnerickson@gmail.com

Looking Ahead with Membership-Fellowship

New Options for UUSB Membership

The Membership-Fellowship Committee and Rev. Drew have launched new options for Friends and Visitors who want to consider becoming a member of UUSB.

Until now, joining has been possible only twice a year, following New to UU classes in the spring and fall. Now, joining will be possible at any time. The *new system* consists of (1) completing an *information request card* indicating interest in becoming a member; (2) reading through a Self-Study Guide describing UUism and UUSB; and (3) attending a new *Monthly Minister's Tea* or a New to UU Class which occurs either in the spring or fall. The Monthly Minister's Teas are on the UUSB's online calendar. The next tea will be on December 15th at 11:30. The information request cards are available in the Sanctuary and at the Guest Book Table in the Dorothy. They can be dropped in the box at the door to the Sanctuary.

New members will continue to be introduced to the congregation at our semi-annual Membership Signing Sunday.

The next one is scheduled for Nov. 17. We can also quickly reactivate the membership of a past UUSB member or initiate a new membership for a member of another UU congregation who wants to join UUSB.

New to UU Classes

The Membership-Fellowship Committee will continue to hold its semi-annual New to UU Classes in the Dorothy Memorial Hall. The fall class will be on Nov. 2 from 9 AM to 3 PM (lunch will be served), and the spring classes will be held during the evenings of April 8 and 15 from about 6:30 PM to 8 PM. Whether you are interested in becoming a member, just curious about UUism, or want a refresher, these classes are for all interested parties. A sign-up sheet will be posted on the bulletin board in the Dorothy Memorial Hall. Childcare will be available if needed. (Please let us know in advance.)

Monthly Tea with Reverend Drew

Rev. Drew will be holding a monthly tea that will provide opportunities for informal conversation/ questions and answers for UUSB members, friends, and visitors. Attending one of these teas meets one of the requirements for those wishing to become a UUSB member. The next dates for the teas are Dec. 15, Jan. 12, Feb. 23, March 22, and May 10. There will be a limit of ten people per tea. Each participant can bring tea or coffee and a snack from the Fellowship Hour table and come down to Rev. Drew's office. Please contact the office at <u>uubangor@gmail.com</u> or one of the Membership-Fellowship Committee members to sign up for one of these teas.

Looking Ahead with Membership-Fellowship (cont.)

New Member Sunday

New Membership Signing Sunday will be November 17. If you want to become a UUSB member and have fulfilled two of the requirements (New to UU Class; Monthly Tea with Reverend Drew; reading the Self Study Guide), then you will be eligible to sign the Member Book and be welcomed into our Beloved Community on Sunday, November 17. We ask that you write a brief biography that will be read aloud by one of our members during the service so our community can get to know you a little better. Here are two examples:

"Amy lived in Maine her entire life and grew up Pentecostal before eventually becoming an atheist. She missed the sense of community and support that a congregation can provide so was happy to learn about Unitarian Universalism where she's free to pursue her own path. In her spare time, she enjoys cooking (and eating!), as well as gardening, raising backyard chickens, and beekeeping."

"Matt was born and raised outside of Waterville and moved to the Bangor area in 2014. He has a wonderful son, a loving partner, and a degree in Mental Health and Human Services. He enjoys spending time with family, baseball, tea, and music."

You can email your bio to Cathy Elliot at <u>cathyelliot25@gmail.com</u> or you can neatly write it out on an index card and give it to her just prior to the service that Sunday morning.

Souper Sundays Are Back!!!

We are continuing our long tradition of hosting several Souper Sundays throughout the year. This is a pot-luck style luncheon during Fellowship Hour (after the worship service) featuring soups, breads, desserts, and other complementary items. Do you have a soup or other delicious dish you would like to share? If so, please bring it and an ingredient list on an index card with you (as many members have allergy or dietary restrictions).

The next Souper Sunday dates are Nov. 24, Jan. 26, and Feb. 23.

Annual UUSB Holiday Wreath Making and Gift Basket Silent Auction

Both activities will take place in the Dorothy Memorial Hall on Saturday, December 7, from 8 AM to Noon. Wreath decorating will take place from 8 AM to 10 AM, and sales will be from 10 AM to Noon. The cost for each wreath is \$22.00. Volunteers are needed to help decorate the wreaths which go fast – **Helping elves get first choice!** Contact Sue McKay (<u>suemckay@midmaine.com</u>) for more information or if you would like to volunteer.

The Holiday Gift Basket Assembly will take place from 8 AM to Noon. The Silent Auction will continue to run until December 15 at Noon. This is a reminder to all UUSB committees to assemble and provide a gift basket from your team. Do you have any items that you would like to donate to put into a basket? If so, please bring them by on Friday afternoon or Saturday morning. Volunteers are also very much needed to help assemble the gift baskets. Contact Suzanne Kelly (<u>suziekrm@gmail.com</u>) for more information or to volunteer.

The Chalice and Chimes

Unitarian Universalist Society of Bangor



We are blessed at UUSB with many active volunteers that share their time with our youth. Recently one of our community members, Jessica Bloom Foster, attended one of the weekend long OWL training in Yarmouth to become our newest OWL facilitator.



Wondering just what OWL is? Our Whole Lives is a comprehensive, lifespan sexuality education curricula that offers honest, accurate information about sexuality. It dismantles stereotypes and assumptions, builds self-acceptance and self-esteem, fosters healthy relationships, improves decision making, and has the potential to save lives.

According to Jessica, "the OWL training took place over 22 hours in one weekend. The focus is learning how to be a facilitator, with lots of experiential training through parts the curriculum. There were people from UU churches all over New England. We learned the core values of OWL, practiced "Question Box" answers, and explored our own reactions to stories and videos about sexuality. Everyone was paired up and given some time to prepare a 20-minute lesson/workshop from the curriculum to conduct with a small group, and then receive feedback from the trainers and other

participants."

Our OWL program is such an integral part of our religious education program and we can't offer it without the generous support of our community members. If you think you might be interested in becoming a trained OWL facilitator, please contact our DRE, Karen Childs, for more information.

YOUTH GROUP

Our Youth Group, for grades 9-12, meets Sunday mornings during the church service. Our vibrant and conscientious teens are working to devise short-term social justice projects that they can coordinate throughout the year



Some of their ideas include:

Working with the Building and Grounds Committee to reduce our carbon footprint at church. Creating artistic pieces to raise awareness about various social inequities

Creating Personal Care Products bags for our community members to share with panhandlers in the greater Bangor area - Props to the 4-5th grade class who came up with this idea last year!

Our teens also enjoy a monthly trip to Queen City Cinema Club, where they can relax, bond as a group, and unwind from their very busy and productive lives!

IMPORTANT SAFETY MESSAGE from the Building and Grounds Committee:

Dear UUSB members, committees, and guests,

It is extremely important for safety reasons that you never block a doorway, a hallway, or a stairway in the church. Even if you don't think a doorway or stairway is used much, it is still a safety hazard and a fire code violation to block any of these.

Remember, we have to plan for the worst, not the normal. That means we must <u>always</u> keep doorways, hallways, and stairways clear and open. This includes the Narthex!

In October, one of the doorways on the first floor was accidently blocked when someone leaned a sign against one side of it. I'm sure it didn't seem like a big deal, the door wasn't used very often, but when the door was accessed from the other side, the sign became wedged in the door panels and prevented the door from opening, even a little bit. Not the end of the world, we were able to go out and around parts of the building to find out what was blocking it, but we were lucky it wasn't an emergency.

So **PLEASE**, keep these simple actions in mind when you are at the church.

Open stairways Open hallways Unblocked doorways

We need your help to keep everyone safe, thanks.

Introducing the new Internal Facility Use Request Form

There is a new version of our facility use form for internal use. They are available online and can be filled out in the PDF and emailed to the office or picked up in the office. They are the Blue Forms available on the admin's desk.

To keep things running smoothly, all groups should also submit a form for building use, excluding regular committee meetings. This allows me to keep the calendar accurate and up-to-date. The form is still 4-pages long, but is much clearer and less crowded.

Some examples for when to use the new form:

- small group restarts for the year
- committee or small group event
- member events, per the member event policy

If you have any feedback or suggestions regarding the form, please email or call during office hours, 10-2 Tues-Fri.

Note: External groups will still fill out the full request form, including groups connected to church members.

The Chalice and Chimes



Please join us for lunch on Saturday, November 9th at 1:00 pm. Although this is the last time before the "UUSB Monthly Social" group hibernates during the cold months ahead, we hope you will join us for some good company and good food with your fellow UUs. This is a family friendly event for everyone.

> FOR MORE INFORMATION CONTACT RENEE MONTILLO The UUSB Monthly Social will return March 2020

COMMON READ

The next Common Read is coming soon. Books will be available starting in November. This year's book is An Indigenous Peoples' History of the United States. There will also be a youth common read with an adaptation of the same book. For more information, contact Rev. Drew.



ECUMENICAL FOOD CUPBOARD & PERSONAL CARE COLLECTION



During the service, one the 2nd Sunday each month upcoming collection dates November 10th December 8th items can be dropped off any day in the baskets **SANCTUARY VESTIBULE** items are taken to the food pantry on the Monday after the last Sunday each month



The Chalice and Chimes

Spirit of Drumming

with Laurie and LyAnn

Monday, November 11th, 6-7:30pm We invite you to join us and access your inner rhythm, release tension and stress, and generally have a good time. We will learn easy rhythms, play drumming games, and jam to the monthly theme. Attention



No experience required. We have lots of drums to share or you can bring your own. Hope to see you there!

For more information you can contact Laurie at <u>amalauriec@gmail.com</u> or 944-0650. Children 10 and over who are there to drum are welcome, but parental supervision is expected, so the circle is not disrupted.

MUUSAN ~ Maine UU State Advocacy Network



The next state-wide MUUSAN gathering will take place on Saturday, November 9, at the UU Church in Augusta. There will be time for our issue groups to meet (Climate Change; Democracy; Health Care; and Racial, Native and Immigration Justice). We also hope to have a keynote speaker to talk more about the Poor People's Campaign - A National Call for Moral Revival.

If you've never been to a MUUSAN meeting, consider coming. It's a great group of organized and dedicated UU's working to represent our UU values at the Maine state house.

To see all the legislation they have influenced during this year's legislative sessions, please visit <u>https://www.muusan.org/</u> current-muusan-legislative-agenda.html.

Rev. Drew

SOCIAL JUSTICE COMMITTEE NEWS SATURDAY, NOVEMBER 9TH 10-12

MUUSAN Meeting

UNITARIAN UNIVERSALIST CHURCH OF AUGUSTA SATURDAY, NOVEMBER 9TH 10-12

To Carpool from Bangor, Contact Suzanne Kelly

DINNER FOR 2 ANYWHERE IN THE WORLD

We're three weeks into getting the raffle tickets out there and sold! But we still need your help. As a member of the Raffle Committee this year I've heard a lot of questions about the Raffle and I wanted to take a minute and give you some of the Q & A.

Do you have to buy tickets? No, no one has to buy tickets. Ticket sales are entirely voluntary. But we'd love it if you got one for yourself.

Do you have to sell tickets? No, no one is required to sell tickets. But if they aren't sold, we may be short in our annual budget for the year. If you remember from the annual meeting, we "plugged a gap" by taking on this raffle. No raffle will mean that we will have to cut funding or raise money elsewhere.

Is it hard to sell tickets? Not really. You have to keep to things in mind.

1) All the proceeds go to the church and the church outreach programs.



2) It is as much about selling the rights to dream as it is actually winning the prize. I know a LOT of people who have been thinking about; talking about; and dreaming about where they would go. It's hard to go to the movies for \$20 now, so how is that any different? Except, see 1) above, all the proceeds go to the church programs.

And the winner gets to go anywhere in the world and have dinner and accommodations for free!

How do I sell the tickets? Well, you either visit the office during office hours and get some tickets from Christine, or you find us in the Dorothy Memorial either before or after service on Sundays. What you get is an envelope; a simple "how to" sheet; and anywhere from 1 to 10 tickets. As you sell them you record who they are sold to and put the ticket stub (with their name on it) and their cash or check into the envelope and turn it back in at church. If you don't sell all the tickets, just turn those back in too.



How are we doing so far? Well, we've distributed about 550 of the 1000 tickets so far and we've received back the money from about 150 sold tickets. Not bad, but we have to keep it up and try and sell ALL of the tickets.

When is the drawing? December 7th, 2019 will be the big raffle drawing at church. We'll have snacks and the big event, along with some runner up prizes. And you don't even have to be present to win.





UUSB Annual Wreath-Decorating

A UUSB FUNdraiser The wreaths you decorate will be sold for \$22 (Elves get first choice!) See Sue McKay for details.

HELP BUILD THE BASKETS FOR THIS YEAR'S AUCTION



UUSB HOLIDAY GIFT BASKETS

Do you have basket-worthy items, including baskets, that you can donate to the Silent Auction??

> DECEMBER 7 • SATURDAY • 8:00 TO 12:30 • FOR MORE INFORMATION CONTACT SUZANNE KELLY

New or like-new items needed for the basket, including baskets! From cookbooks to teapots to scarves to tools, anything that makes a good gift basket is welcome! Additional help on Friday, December 6 would be appreciated to set up for Saturday's activities. The Chalice and Chimes

November 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1 7:00 - Temple of the Feminine Divine	2 9:00 - New to UU Class
3 10:00 - Worship 11:00 - Fellow- ship 11:45 - Pastoral Care Team Meeting	4 Office Closed 9:00 - Soup Kitchen (off-site) 6:00 - Glitter Done	5 9:00 - Ride to the Polls 5:45 - Medita- tion Group 7:00 - Open Mic / Coffee- House	6 6:30 - Shawl Ministry	7 5:15 - Choir 7:00 - New Ren. Singers 7:00 - Women with Wings	8 10:00 - Bdgt & Fin. Cmte 12:30 -Knitting Circle	9 10:00 - MUUSAN (off- site)
10 Food Cupboard & Personal Care Item Col- lection 10:00 - Worship 11:00 - Fellow- ship	11 Office Closed 6:00 - Glitter Done 6:00 - Spirit of Drumming Veterans Day	12 10:30 - Staff Meeting 6:00 - Cmte for Shared Ministry	13 Cmte Reports Due to Council 6:00 - Bldg & Grounds Cmte 6:30 - Mem/Fell Cmte	14 5:15 - Choir 6:30 - Executive Council 7:00 - New Ren. Singers 7:00 - Women with Wings	15 6:00 - Mid- Maine Youth Group Overnight	16 9:00 - UUSB Fall Cleanup 5:00 - Mid- Maine Youth Group Overnight Pickup
17 New Member Welcome Sun- day 10:00 - Worship 11:00 - Fellow- ship 11:45 - Social Justice Commit- tee	18 Office Closed 6:00 - Glitter Done	19 5:45 - Medita- tion Group 7:00 - Open Mic / Coffee- House	20 11:30 - AUW Guild Meeting 2:00 - Pastoral Care Team 6:30 - Council Meeting C&C Soft Deadline	21 5:15 - Choir 7:00 - New Ren. Singers 7:00 - Women with Wings	22 12:30 -Knitting Circle	23 10:00 - Bag Lunch Prep 3:00 - Bean Sup- per Prep 4:00 - Bean Sup- per Served
24 10:00 - Worship 11:15 - Souper Sunday	25 Office Closed 6:00 - Glitter Done C&C Hard Deadline	26 10:30 - Staff Meeting 7:00 - Humanist Affinity Group (off-site)	27	28 Office Closed Thanksgiving Day	29	30 10:00 - Bag Lunch Prep 3:00 - Bean Sup- per Prep 4:00 - Bean Sup- per Served

Do you have a **CLYNK** Bag?? Be sure to have one handy, so you can easily be collecting bottles and cans to help raise money for our UU Youths' Social Justice Service Trip. The bags are in the Dorothy Memorial Room. Please see Laura Santilli for details. Thank you for your support!!!

UUSB is always in need of volunteers – for fundraisers, childcare, teaching, and to fill positions on our active committees. The great perks of volunteering are not just the satisfaction of contribution, but the sense of community we all feel when we accomplish important tasks with others. Since we don't always know who is able to take part, please contact a council or committee member if you are open to volunteering in any large or small way.

The UUSB Worship Committee is looking for more member participation in our worship services

and is extending an INVITATION to one and all of you to consider if you might be interested in joining our services as READERS.

Collection Plate Reminders:

 If you use a check for anything other than your pledge, please indicate on the check's memo line for what your donation is intended.



- 2. If you pay your pledge with cash, it is important that we know it came from you! You can use your own envelope and write your name on the outside; or, you can pick up envelopes from the table to your left as you enter the sanctuary; or, you are welcome to take several or a whole box of 50 envelopes.
- 3. If you can't find them, or have questions, please speak with Cathy Elliott.

Ongoing Church Fundraiser



Hannaford Grocery

Cards are sold every Sunday

during fellowship time. Convenient to carry! Every card purchase helps UUSB!! Cards are available in increments of \$25, \$50 or \$100. Cash, or checks made out to UUSB are accepted. Buy cards for your own grocery shopping, or buy cards for gifts, or even donate a card to a local food bank.

Friends and Frequent Visitors

Please take a moment to make a name tag! To avoid holes in your shirt, hook the pin to a necklace, lanyard, or tie. Wear it while you are here, and you can leave it in the rack when you leave. If you plan on being a regular

attendee, name buttons are now an option for anyone. Ask the Sunday greeter for info!



ABOUT US

Unitarian Universalist Society of Bangor

Our Mission Statement

The Unitarian Universalist Society of Bangor is an historically liberal religious community, celebrating diversity and supporting spiritual growth and social responsibility in each child and adult.

A Welcoming Congregation

We welcome individuals and families of all religious upbringings, racial and ethnic backgrounds and sexual orientations. We, a member of the Unitarian Universalist Association, covenant to affirm and promote the inherent worth and dignity of every person.

A Green Sanctuary

The UU Society of Bangor, recognized as a Green Sanctuary by the Unitarian Universalist Association, endeavors to incorporate care for the Earth into its worship and religious education while working to promote environmental justice and sustainable living. We covenant to affirm and promote respect for the interdependent web of all existence, of which we are a part.

Church Council:

Tom Bickford, Chair Will Seavey, Clerk Rosemary Parsons, Treasurer Francis Grey Gayle Zydlewski Catherine Foxson Kate Dutra Becky Anderson

Council meets at 6:30 PM on the third Wednesday of each month.



UU Green Sanctuary Member

UUSB Church Cancellation Guidelines

In the case of bad weather, the most important thing is for everyone to be safe. Please do not travel to the UUSB for morning worship if you feel that doing so would be unsafe. UUSB may need to be cancelled due to no lights, no heat, no water, disasters, and other unforeseen circumstances. The decision to cancel worship and religious education will be made by Sue McKay, Rev. Drew Moeller and Laurie Cartier-who will make such decision by 7:00 Sunday morning. An announcement will be put on the outgoing phone message of the church office (207-947-7009); announcements will also go out to the local network television and radio stations; if possible (power permitting), one will be sent out via email, on the UUSB Facebook page, and posted on the UUSB website (www.uubangor.org).

About Our Newsletter

The Chalice and Chimes is published ten times a year (Sept-June). The deadline for submissions is the 20th day of each month. Contributions are solicited and should be sent to the Administrator/Editor at the church office. An email reminder is sent out to all member and friends on the church's database mailing list when the newsletter has been posted to the church website, where it may be viewed or down-loaded. It is also available in paper format on the table by the sanctuary entrance and by US mail (request from the Church Office).

Editorial Policy

Articles submitted for publication in the *Chalice & Chimes* must strive to include, in an unbiased way, only that information that is consistent with the UU faith. Articles should deal with issues of a spiritual nature meant to inspire, encourage, educate, or inform. Although every effort will be made to be inclusive, the Editor reserves the right to determine which articles are accepted for publication. The Editor has the right to edit for space, availability, libelous remarks, or unwarranted personal attacks. The Editor also reserves the right to refuse any item that may affect our Tax Exempt Status.



Newsletter Submittals Next Newsletter Deadline: September 20, 2019

The next issue will be October 2019. We value your contributions and very much appreciate submittals. When sending email contributions to *The Chalice and Chimes*: <u>uubangor@gmail.com</u>