THIS MONTH IN WORSHIP

This month, our worship services will continue to be held via Zoom due to the elevated levels of the COVID-19 delta variant. Currently, our online platform is the safest way we can serve the greatest number of our members, friends, and guests. Please check the weekly e-news and Facebook posts for all service and COVID updates. Let’s hope we can safely begin hybrid services soon!

Our theme this month is **Cultivating Relationships**.

October 3 - *The Sacred 'In-Between'* - Usually, we think of that Sacred as an entity or being to whom we turn to with reverence and devotion. But what if the Sacred and Holy is not a being or entity, but the space in-between? This service will be led by Rev. Drew Moeller, with Laurie Cartier as our worship associate, Jennifer Rodriguez as our Zoom tech, and music provided by Molly J. Webster.

Meeting ID: 969 3198 1289 Passcode: 299158

October 10 - *Indigenous Peoples’ Day* - Since the arrival of Europeans in North America, indigenous people have had to fight for sovereignty and recognition of the land, rights, and control taken from them. Today, we will be naming our congregation's relationship with indigenous people and discussing what we can do to grow our support for the Wabanaki People, including adding land acknowledgment as a regular part of our Sunday morning worship. This service will be led by Rev. Drew Moeller, with Sue McKay as our worship associate, Jennifer Rodriguez as our Zoom tech, and music provided by John Arimond.

Meeting ID: 999 9503 7631 Passcode: 960508

October 17 - *Creating a Caring Community - Supporting Mental Health in Our Congregation* - With all the focus in our society on physical health, we continue to struggle to recognize, accept, and support mental health as an important part of our well-being. Today Rev. Greg Bridges-Music, chaplain and mental health clinician at Acadia Hospital, will join us to talk about mental health and the role houses of worship can play to support people who are struggling with mental illness. This service will be led by Rev. Drew Moeller and Rev. Greg Bridges-Music, with Phyllis Havens as our worship associate, Jennifer Rodriguez as our Zoom tech, and music provided by Molly J. Webster.

Meeting ID: 962 1794 8003 Passcode: 620723

Worship descriptions continued on [page 3](#).
Dear Ones,

Fall is a special time of the year when nature puts on a spectacular show of brilliant bright colors and cooler, more comfortable weather. Maine is a great place to experience Fall. I find great joy in going to the local farmer’s markets and taking long drives in the countryside at this time of year.

Fall also brings an exciting paradox. In all the splendor of the natural bright show, there is also an element of melancholy in that awareness. The melancholy comes from knowing that just beyond all the Fall’s brilliance and beauty, it will be followed by declining, growing old, dying, and laying in dormancy for the winter. What a contrast!

Still, I love this time of year and watching the season change. During this time of year, I find that the reflections of my heart often bring with them an awareness of connection to friends, family, mentors, and ancestors whose ripening had informed and nourished my being before they succumbed to their decline and death. My reflections also remind me of the changes that are taking place in my body and the world. I pray that as I grow older, I also grow another year older and hopefully wiser.

It is that awareness of the ripening of relationships in early Fall that reminds me that our lives are all about relationships: relationship with our ancestors, relationship with family and friends, relationships with our fellow creatures and human beings, and relationship with the earth itself. Like it or not, we are all bound to one another in relationships.

It is, therefore, fitting that our theme for the month is “Cultivating Relationships.” Relationships are a significant part of what makes the world go round. Our principles are the suggestions or seeds of our faith that help us create a place where all can discover, learn and grow into the fullness of our beauty and wisdom, just as we strive to cultivate that full potential in others. Ultimately our UU principles are values that help us find ways to be in a healthy relationship with ourselves, each other, and to the “interconnected web of which we are all apart.”

During October, may your heart be open to feel, hear, see, taste, touch, all the abundance that shares itself to our senses at this time of year. May we remember to soak up as much of this season as we can to draw on in the days ahead. For there is so much stress and strain in the world. So many things are vying for our attention. In pausing to see what is right in the world, I hope that in this change of season, we will be able to remember that even when things are challenging - there is beauty in the world, and our work is to call ourselves back to that beauty when times a tough going.

Our collective work as a people of faith is to embrace all things and hold them with reverence so they might reach their ripening and, in doing so, achieve our own.

May you find time to pause and appreciate this time of year so that it nourishes and feeds your soul.

Namasté & Love!

Rev. Drew
October 24 - We Would Be One - United Nations Service - Unitarian Universalist involvement in the United Nations dates back to its founding on Oct 24, 1945. This Sunday, we will learn about the many UU connections to the UN and the ongoing work of the Unitarian Universalist United Nations' Office to bring UU values to the international community at the UN. This service will be led by Rev. Drew Moeller, with Vyvyenne Ritchie as our worship associate, John Arimond as our Zoom tech, and music provided by Molly J. Webster.
Meeting ID: 9946 8785 2454 Passcode: 261451

October 31 - TBA - This service will be led by Laurie Cartier, with Caleigh Grogan as our worship associate, and music provided by Molly J. Webster. Meeting ID: 994 4916 7447 Passcode: 601989

Minister's Schedule - October 2021
Rev. Drew along with other UUSB staff will be working from home, until social distancing measures are withdrawn. He is reachable during the office hours listed below either online or via phone.

**Mon - Minister's Sabbath Day (day off)**

**Tues** - 12 to 2 PM - Office hours (ONLINE or by PHONE)
2 to 4 PM - by Apt.

**Wed** - 10 AM to 1 PM - Office hours (ONLINE or by PHONE)
2 to 4 PM - by Apt.

**Thurs** - Sermon Writing / Worship Planning Day
(not taking calls or answering emails)

**Friday** - 10 AM to 1 PM - Office hours (ONLINE or by PHONE)
2 to 4 PM - by Apt.

**Saturdays** - By appointment (ONLINE or by PHONE)

**Sundays** - (afternoon / evenings by appointment) (ONLINE or by PHONE)

**Note: October 31 - Rev. Drew away, guest preaching in Castine, ME.**

You can reach Rev. Drew directly at his local UUSB phone number.
You can reach him at (207) 922-2956

Keeping our SEE Kids Safe
In light of the fact that many of the children in our congregation are not eligible to be vaccinated, Council discussed what safety measures should be taken to protect our children during in-person SEE events. In line with UUA guidelines, it was decided that all people over the age of 12 who are eligible to be vaccinated and are participating in in-person SEE events for UUSB will need to be vaccinated. Karen Childs will verify that anyone 12 and older has been fully vaccinated on the first occasion they attend an in-person event. Additionally, since we'll be gathering in groups, all participants will be expected to wear masks as well as practice social distancing.

Continuation of Remote Services
We've heard feedback from our community regarding the decision to continue to keep Sunday Services remote at this time. While we understand that this is not the message we all hoped to hear this fall, this decision was made to better ensure the safety and wellness of our congregation. Penobscot County has been hit exceptionally hard by the COVID-19 Delta variant surge, and we are doing what we can to protect our most vulnerable community members. As the state of the pandemic is always evolving, we will monitor the situation monthly and follow state and Federal guidelines to make informed decisions. The health and safety of our congregation members is always our top priority.
Dare to Dream

Get your raffle tickets starting October 5

Value of up to $5,000

Looking to travel? Renovate? Maybe in need of a new car? Looking to pay off your loans?

$20 per ticket - only 1,000 tickets

Full details are available at uubangor.org/raffle2021

Tickets on sale until December 3rd
Drawing on December 4th

We need everyone's help to make this fundraiser a success!

You can pick up tickets to sell at the 2nd Sunday food collection in October & November or at the church office Tues-Fri by appointment
Due to the COVID-19 pandemic, the UUSB building is closed until future notice. All staff are working from home. Small groups and committees may NOT meet in the building. Please check the weekly e-news and monthly Chalice & Chimes for updates.

"Office" hours with contact by voicemail or email from 10-2, Tuesday-Friday. If there is some delay, please be patient with the complexities of the building being closed and having an infant around. I check for incoming messages from 10-2 Tuesday-Friday. I am unable to receive direct calls to the office at home, so please expect a delay in responses. The fastest method is to email and I will pass along the info or reply by email or phone, as you request. When leaving a voicemail, please provide all necessary info.

Outside Groups Using the UUSB Building
There are a few groups that are continuing to use the UUSB building, despite the building closure. All approved groups are expected to use appropriate safety precautions to continue using the space. If you have any questions, please contact the office.

SEE Wing Reno & AVS System Nearing Completion
The masons have finished working on the bricks outside the SEE Wing and the room renovations are coming along. The AVS system is in progress and we hope it will be ready to go soon. We hope that all these big updates will be completed this month.
TREASURER’S REPORT FOR MONTH OF AUGUST. This report covers 16.7% of the year.

Total income for the month of August was $17,181. Expenses were $17,222 leaving a net income of ($41) for the month. In August 2020 there was a net income of ($4,696). YTD income is $19,071. In FY21 YTD was $9.172

August income included pledge of $12,387. Plate donations were $285 Half of that amount goes to FLIA, Faith Linking in Action, a Bangor group of faith communities...Endowments $3,547,

VANCO: In August:12 people used the Vanco link to make payments totaling $1,884.93 gross in all categories with a net of $1,835.62 Fees were $49.31 and the offset paid was $55.93 Additional charges invoiced were $20.75. Donations were General Fund for $127, pledges for $545, SE Renovations $1,000, Share the Plate for $155 and Minister’s Discretionary $2.

Expenses for the month break down as Personnel $15,671 (83% of total costs), Building $1.129 (7%), Fair Share to the UUA $845 (5%) , Administrative $568 (3%) and Congregational expenses for $432(3%) Total expenses for 2 months was 15.3% of the year’s budget.

In Service,
Rosemary Parsons
LOOKING AHEAD WITH
MEMBERSHIP-FELLOWSHIP
BY KERRIE O’BRIEN

Looking for Friendly People to Help as Sunday Greeters
Although we don’t yet know when we will be back for in-person services, the Membership-Fellowship Committee is getting ready to welcome all your smiling faces. To do this, we need your help! We like to have at least two people in the Dorothy to greet everyone as they arrive for Sunday services, as well as provide information to those who are new to UUSB. This is a wonderful way to meet folks and share our wonderful community. If you would like to help out, contact Cathy Elliott at cathyelliott25@gmail.com. We will be in touch to schedule dates. Thanks!

Options for Membership
Any friends and visitors who want to consider becoming a member of UUSB can now join at any time, not just twice a year! The joining system consists of (1) completing an information request card, now available online, indicating interest in becoming a member; (2) reading through a Self-Study Guide describing UUism and UUSB; and (3) attending a new Monthly Minister’s Tea or a New to UU Class. The Monthly Minister’s Teas are on the UUSB’s online calendar. The next Minister’s Tea is scheduled for October 24th and will be held online via ZOOM. The next New to UU Class will be held Saturday, November 6th from 9:00-1:00. If you are interested in participating in the one of the Minister’s Teas or becoming a member, you can email uubangor@gmail.com.

Monthly Tea with Reverend Drew
Rev. Drew holds a monthly tea via Zoom immediately following Fellowship Hour after service. Attending one of the teas meets one of the requirements to becoming a UUSB member. This is a little less formal and is a good way to ask any questions you may have about Unitarian Universalism, the UUSB and our commUUnity. The next Minister’s Tea will be Sunday, October 24th, just after fellowship. If you would like to attend, please send an email to uubangor@gmail.com.

Member & Friend Directory Updates Needed by November 1
We will be updating the UUSB Directory of Members & Friends. Please email uubangor@gmail.com or call the office with any changes to your information. This can include phone numbers, addresses, emails, photos, and even what you want listed or unlisted. If you have updates, but do not wish to have your information appear in the directory, you should still update your information for UUSB to be able to reach you; just include what information you are comfortable with having shared, if any.

For photo updates, please use a portrait orientation to fit the directory layout. Photos can be individuals or households.

You can check your entry in last year’s directory.

Note: November’s worship theme is "Holding History"
If this theme makes you think of a poem, reading or piece of music the speaks to this theme we encourage you to share it with Rev. Drew or Molly Webster or a member of the Worship Committee. Your suggestions often inform and enhance our worship experiences.

2021-2022 Worship Themes
December: Opening to Joy
January: Living with Intention
February: Widening the Circle
March: Renewing Faith
April: Awakening
May: Nurturing Beauty
June: Celebrating Blessings
The Soul Matters theme for October is Cultivating Relationships. We have relationships with all kinds of people and animals and things, but sometimes we forget where we really should really start - with ourselves. Our first principle - honoring the worth and dignity of each and every person - has much more impact when we’ve spent time internalizing and applying first to one’s self! Consider practicing this mantra each morning - “I honor the inherent worth and dignity of every person, beginning with myself.”

Cultivating our own sense of value and self worth creates a firm and sturdy foundation for spreading that love and validation to our loved ones and those in our friend circles, and then out into the greater community. Our monthly activity pack, Soulful Home, is chock-full of fun games, activities, and conversation starters to help you and your family finding ways to cultivate relationships with those both near and far, family and friends, community members, as well as plants and animals, and our lifegiving waters.

In comm-UU-nity,

Karen Childs
UUSB Director of Spiritual Exploration
(207) 949-0733
uubangorre@gmail.com

**FALL SESSION SCHEDULE**

**October**
- Sun 10/3 @2 - Apple Chapel
  Outdoor Family Event
  5 Laurel Cir
- Sun 10/10 - No S.E.E.
- Sun, 10/17 @2 - Circle of Trees
  Outdoor Family Event
  Location TBA
- Sun 10/24 @11:15 - Zoom Rooms
  Online
- Sun 10/31 @2 - Halloween Hullabaloo
  Outdoor Family Event
  Location TBA

**November**
- Sun 11/7 @11:15 - Zoom Rooms
  Online
- Sun 11/14 @2 - Circle of Trees
  Outdoor Family Event
  Location TBA
- Sun 11/21 - Solidarity Harvest
  **TENTATIVE**
- Sun 11/28 - No S.E.E.

**December**
- Sun 12/5 @11:15 - Zoom Rooms
  Online
- Sun 12/12 @11:15 - Zoom Rooms
  Online
- Sun 12/19 @1:30 - Circle of Trees
  Outdoor Family Event
  Location TBA
- Sun 12/26 - No S.E.E.
WHAT TO EXPECT THIS FALL

Due to the complexities of planning in this Covid-age, we are designing our program with safety and flexibility as our top priority. For the first session of our programming, Sept 26-Dec 26, we are going to have a mash-up of Zoom-Room Classes, to be held after the Zoom Church Service at around 11:15AM - Noon-ish, as well as a number of Outdoor, Covid-Conscious, In-person Events. You are welcome to join either or both types of experiences!

We are committed to the safety of our community. We have put into place some important safety precautions in an effort to reduce risk while participating at In-Person Events.

Masks must be worn, except when eating, during all UUSB In-Person Events. ***Proof of vaccination for all folks 12 years of age and older must be presented to the DSE at the first In-Person S.E.E. Event you and your family attend.*** Please continue to practice physical distancing when interacting with folks outside of your pod.

---

UUSB Mindfulness Meditation Group
Tuesdays, 5:45 - 7:00 PM

Our weekly meditation group is back! We are again meeting every Tuesday evening from 5:45 till 7 PM.

This Fall, we will be following a different format: first and third Tuesdays of the month will include a lesson related to a topic from the book. In the second and fourth weeks, the group will have slightly longer walking and sitting meditation and check-in and group discussion.

Our meditation is an open/drop in style group. No previous meditation experience required though first time attendees are encouraged to check-in with Rev. Drew (drewuu2@gmail.com) beforehand for a quick briefing. Given that the UUSB Building is closed to in-person meetings, it is likely that our first meetings will be on Zoom, but this is subject to change as COVID-19 conditions allow. Login information can be found weekly in the e-news.

---

Chalice Side Chat
Every Tuesday at 7:30 PM

Join Rev. Drew and other members of our community each week on Zoom. Each session is a chance to offer and receive support and check in with those we miss seeing in person.

Please check your weekly e-news and Sunday morning service reminders/announcements for login info. If you are not signed up for the e-news, please email uubangor@gmail.com.

---

Photo by Chris Montgomery via Unsplash
Alpha Omega (the masonry company) has finished their replacement and repointing of the bricks on the lower half of the Dorothy Memorial. We can now complete the rebuilding and repairing of the exterior facing walls in two classrooms and the floors in one classroom and the supply room.

Two of the classrooms are partially painted, two need to be completely painted, one needs the trim only painted, and two rooms are completely done. Also the walls and trim in the hallways and bathroom are partially done.

The PreK-K classroom and the Library have been completed.
GREAT PUMPKIN YARD SALE
Donated Items Needed!
Saturday, October 23, 2021

Please donate clean usable goods. Popular items include: Kitchenware, small furniture pieces such as chairs and tables, garden tools, sports equipment (no downhill skis), books, toys and more. Please no clothing or electronics. Items may be brought Sunday, October 17 and stored in the Narthex downstairs. Kate will also be at UUSB accepting items from 4-6PM Monday-Thursday.

We will need volunteers Friday, October 22 for set up and to help run the yard sale on Saturday, October 23. To provide ventilation, doors will be left open so come prepared with a jacket and mask. Please contact Sue McKay or Kate Dutra to volunteer.

Note: This is assuming that it is safe to have the yard sale, based on the COVID-19 cases in our area and the ability to safely invite the community in to participate in the yard sale.

Holiday Gift Baskets
ITEMS & THEMES NEEDED!

The UUSB annual gift basket auction is coming up Dec. 4, and the basket committee needs all UUSB committees, interested individuals or families to put on their thinking caps. The committee is looking for baskets with a minimum value of $40. They can include new or lightly used gift-basket-worthy items. Consumables (breads, soups, candies, etc.) have been very popular in the past. Share your ideas or any treasures you wish to donate by reaching out to committee members Cathy Elliott (cathyelliott25@gmail.com), Suzanne Kelly (suziekrm@gmail.com) or Judy Martin (martinsinmaine@gmail.com). This auction is an important fund-raiser for UUSB, so let’s get basketing and make this year’s auction a record-breaker.

Buy Groceries, Support UUSB

Grocery Cards are available! Convenient to carry! Every purchase helps UUSB!!
Cards are available in increments of $25, $50 or $100.
Email or call for pick-up or delivery. Cash or checks made out to UUSB are accepted.

Buy for your own grocery shopping! Buy cards for gifts! Buy to donate to a local food bank!
Cards are also available at the monthly Ringing Bells & Feeding Souls events. The next will be October 10th at 12:00.

For purchase and pickup or delivery, contact:
Tim & Judy Martin
942-2696
jamandtim@myfairpoint.net
10 Highland Ct off Union St.
OR delivery ANYWHERE

Rosemary Parsons
327-1045
roxemary@gmail.com
Delivering in the Orono/Old Town/Hudson area.
Social Justice Committee

Item Collection for FLIA & Greater Bangor Area Housing Coalition on October 10
At our second Sunday food collection, we are also looking for items requested by FLIA and the Greater Bangor Area Housing Coalition. Please only donate the items requested.

- pencil cases & other hard plastic containers
- gallon sized Ziploc bags
- hand warmers
- face masks
- adult socks
- adult gloves
- adult hats
- tooth brushes
- combs & hair brushes
- pads & tampons
- travel-sized hygiene products
  - deodorant
  - hand sanitizer
  - soap - bar or liquid
  - shampoo
  - conditioner
  - tooth paste
  - baby powder

FLIA Independent Update
Faith Linking in Action (FLIA)'s purpose is to encourage congregations, regardless of religious affiliation, and the members of communities they serve to work together to address root causes of poverty. They strive to educate the broader public and elected officials about how we can work together to seek sustainable solutions to these problems. FLIA focuses on issues relating to childcare, food access, home security and reduction of homelessness, and transportation for all.

To find more information, check out the FLIA website: [www.faithlinkinginaction.org](http://www.faithlinkinginaction.org)

Ringing Bells and Feeding Souls
October 10th at 12:00 PM
Open Air Chimes Concert & Food Collection

On Sunday, October 10, UUSB will once again host our Second Sunday Food Drive and Open Air Concert, the church’s monthly community food collection, from 12:00 – 12:30 p.m. There will be drop off bins on the Park Street sidewalk in front of the church for those wishing to donate.

In addition, from 12:00 – 12:30 p.m., the church will offer a bell/chimes concert from the church’s historic bell tower. One of only 6 genuine tower bell instruments in Maine, and the only manually-played chime in Bangor (installed 1919), the 10-bell, Meneely “C Chime” instrument will be played.

We invite all within the Bangor community to step outside and take a listen. You are welcome to enjoy from the church lawn and surrounding areas, but please be absolutely certain to observe social distancing practices of at least 6 feet, or listen from the comfort of your enclosed car. People driving by or listening outside should wear cloth masks for the safety of all.

The food donations are contributed to the Ecumenical Food Pantry in Bangor. Want to help feed souls, but don’t have time to shop or can’t lug around heavy groceries? The Ecumenical Food Cupboard does take money, which buys up to six pounds of food for every dollar given. Please don’t make checks out to UUSB. Instead, write them out to Bangor Ecumenical Food Cupboard (Bangor EFC if you like alphabet soup), and we’ll keep feeding souls.

In 2020, you gave 2,833.5 pounds of food, more than one and one quarter metric tons. In 2021, to date, you have contributed 2,017 pounds. You are making a difference.
In October, half of the undesignated funds in our plate collection will go to support the Bangor Area Homeless Shelter. Bangor Area Homeless Shelter is one of the organizations that the UUSB congregation voted to support with our share the plate money this year. The Bangor Area Homeless Shelter is open 365 days a year, providing Overnight Shelter, Day Services, a daily Soup Kitchen, Food Pantry, and an overnight Winter Warming Center. For more information, you can visit www.bangorareashelter.org/ or call (207) 947-0092.

In August, we were able to share $143 with Faith Linking in Action.

In September, we shared our plate with our UUSB food programs and the UUA disaster relief fund.

You can give to the collection plate through the UUSB website and Vanco or by mailing a check to the church office.

---

**RETRIEVE & REUSE**

**HANNAFORD 2 GO PAPER BAGS**

The Bean Supper Crew would like to retrieve and reuse your used “HANNAFORD 2 GO” paper bags.

If you can part with any, call Carol Veits at 947-1232 and leave a message. She’ll be glad to pick them up.

---

Rev. Moeller,

Thank you for your plate donation of $118. We have used your funds to create “Heal Hope” bags for our clients experiencing homelessness. Each week we are serving approximately 50 people. I hope your transition inside has gone well and let’s continue to stay in touch as we both are reaching those in need.

Blessings, Jennifer Thompson
Saying goodbye to our collaborative pianist, Sojourner!

We have been so blessed to have the amazing Sojourner Hodges-Crowley grace us with her talent over this past year. Unfortunately, Sojourner has decided to step back as our Collaborative Pianist due to difficulties in scheduling for her family during these overwhelming and difficult times. We are so sorry to see her go, but are hopeful that she and her family will be able to join us for services in the future! Feel free to reach out with a kind note of thanks to let her know how much she meant to us here at UUSB! Her mailing address can be found in the directory. Any questions can be directed to our Music Director - Molly J. Webster at uusbmusic@gmail.com

Dear Ones,

With a heavy heart, I share the news the Sue Majeau, beloved and long-time member of our congregation. Sue passed away on Tuesday, September 21 - just a few hours shy of the Autumnal Equinox. Sue had just turned 88 last month.

She was well cared for by her family, who had a least one family member staying with her during her final days at Northern Light (Eastern Maine Medical Center).

Many of you will remember Sue’s unique gift of storytelling with puppets and her fuzzy story companion, a stuffed toy monkey. Sue was also a regular attendee of our services. Even the last couple of weeks of her life, her family set her up with an iPad to attend worship service from her hospital bed.

Sue will be deeply missed, though her memories and commitment to UUSB will live in our memories.

The family is asking that memorial donations be made to UUSB. Cards of condolence can be sent to her family at:
59 Monroe Rd.
Hampden, ME 04444

and also Rosemary Parsons (who was very close to Sue) at:
167 Old Town Rd.
Hudson, ME 04449

May we all hold Sue’s family and friends in our thoughts and prayers,
Rev. Drew

Honoring the life of Sue Majeau

AUGUST 23, 1933 • SEPTEMBER 21, 2021
Guild members had been looking forward to getting together on September 15th for an outdoor picnic after our summer break, but had to fall back to a zoom gathering when the weather report predicted rain. It was still great to see each other, even if it was on a screen and we look forward to a good year of plenty of Guild activities and fun. Although we wish we could meet in person, we have decided that the safest way to meet, at least for the next couple of months, is via Zoom. When we are able to meet in person, it is usually in the Dorothy Memorial for a brief business meeting and a social time shared over lunch. We enjoy our time together and make each monthly gathering special by featuring a raffle, door prizes and a homemade dessert served with coffee by the hostesses of the month.

We have re-instituted planned monthly programs as an element of our meetings and have scheduled a slate of speakers for the season, all talented UUSBers! We are eager to hear from Christina Diebold in October as she recounts her time as a copy editor at the Bangor Daily News. In November we will hear Chris Packard talk about his journey of becoming a published author. If you are interested in hearing the speakers or learning more about the Guild, please call or text Cindy Todd at 207 944-9375, for more information and a Zoom link for our next meeting which is at 11:30 on October 20th.

Hope to see you there!

As we start our new church year, I want to share some information about UUSB’s Shawl Ministry, and how you can request a shawl for someone, or help by creating a shawl. Janet Bristow and Victoria Galo created the original Shawl Ministry in 1998, and since March 2005 we have been knitting and crocheting shawls and giving them to members and friends of our congregation who need support. Shawls are given for joyous occasions, in times of sorrow or illness, to say thank you, or to celebrate a life transition. Each shawl is created with intention and mindfulness, putting love, good wishes, and healing energy into each stitch, so that the recipient is wrapped in the caring arms of our community. The design of the shawls varies, but is often in repeats of stitches in groups of three, a number that is symbolic or sacred in many religions and cultures, and there is also symbolism in the colors of the shawls. Each shawl is blessed with an appropriate prayer or poem. As of September 2021, we have presented 463 shawls!

Although we are not meeting at this time, we welcome anyone who would like to join in the creating of shawls. We have yarn and needles available, or you can use your own. It is a wonderful way to contribute to the on-going “weaving together” of our church community. I have patterns for both knit and crochet shawls if you need them.

There are two ways everyone can contribute to the Shawl Ministry. First, and most importantly, by letting us know when someone you know needs a shawl. Please don’t hesitate to ask ... it continues to amaze us that there is almost always a shawl ready, in just the right color and style, whenever there is a need. And second, we welcome donations to purchase yarn to keep our yarn cupboard stocked and ready to go. Thank you.

Blessed Be!
Cathy Elliott
HOSTED BY UUSB REGULARLY

Sundays @10:00 AM
**Worship Service**
Join us weekly on Zoom. Find the link, meeting ID, and password in the weekly e-news.

Tuesdays @5:45 PM
**Mindfulness Meditation Group**
Join Rev. Drew for our regular Mindfulness (Vipassana) Meditation Group. Open to all!

Tuesdays @7:00 PM
**Chalice-Side Chat**
Join us on Zoom to check in and find support. Find the link, meeting ID, and password in the weekly e-news.

HOSTED BY OTHER UU GROUPS WEEKLY

Sundays @8:00 PM
**Church of the Larger Fellowship (CLF) Online Worship**
Join CLF for a weekly worship service on Zoom. CLF is the largest UU congregation, exclusively meeting online. Check the e-news for the registration link weekly.

Thursdays @11:00 AM
**The VUU by CLF**
A live Unitarian Universalist talk show discussing today’s topics from an anti-racist, anti-oppressive, and multicultural perspective. Visit their Youtube page or check the weekly e-news for the newest link.

SPECIAL MEETINGS & SERVICES

Sunday, September 12 @10:00 AM
**Water Communion Sunday**
Water is the Universal stuff that supports all life as we know it. In keeping with our UUSB Tradition, we will kickoff our new program year with our annual ritual of Water Communion. Everyone attending is encouraged to share a sample of water from some place they found spiritual wisdom or connection during the summer. See page 8 for more info on adding your water or receiving some of the communal water.

Sunday, October 10 @12:00 PM
**Ringing Bells & Feeding Souls**
Join us for an open-air concert with UUSB’s historic bells and our monthly food collection for the Ecumenical Food Cupboard. In 2021, we’ve already collected over 2,000 lbs. of food!

Saturday, October 23 @8:00 AM
**Great Pumpkin Yard Sale**
Stop by for the return of the Great Pumpkin Yard Sale from 8:00-2:00!

Saturday, October 23 @4:00 PM
**Bean Supper Served**
Our only in-person event this month, the Bean Supper will be served in take-out containers with social distancing precautions taken.

Saturday, October 30 @4:00 PM
**Bean Supper Served**
Our only in-person event this month, the Bean Supper will be served in take-out containers with social distancing precautions taken.
### 2021 OCTOBER

<table>
<thead>
<tr>
<th>SUN</th>
<th>MON</th>
<th>TUE</th>
<th>WED</th>
<th>THU</th>
<th>FRI</th>
<th>SAT</th>
</tr>
</thead>
<tbody>
<tr>
<td>3</td>
<td>4</td>
<td>5</td>
<td>6</td>
<td>7</td>
<td>8</td>
<td>9</td>
</tr>
</tbody>
</table>
| 10:00 AM Service  
2:00 PM SEE Apple Chapel | 5:45 AM Staff Meeting  
5:45 PM Meditation Group  
7:00 PM Chalice-Side Chat | Committee Reports Due  
6:30 PM Mem-Fel Committee | 6:30 PM Executive Committee | 9:00 AM Cmte on Shared Ministry | 8:30 AM Social Justice Committee Retreat |
| 10:00 AM Service  
12:00 PM Ringing Bells & Feeding Souls | 12:00 PM Woodland Pond School  
No School |
| 11   | 12   | 13    | 14   | 15   | 16   |
| 10:00 AM Service  
11:45 AM SJ Committee  
2:00 PM SEE Circle of Trees | 9:45 AM Staff Meeting  
5:45 PM Meditation Group  
7:00 PM Chalice-Side Chat | Committee Reports Due  
6:30 PM Mem-Fel Committee | 6:30 PM Executive Committee | 9:00 AM Cmte on Shared Ministry | 8:30 AM Social Justice Committee Retreat |
| 17   | 18   | 19   | 20   | 21   | 22   | 23   |
| 10:00 AM Service  
11:15 AM SEE Zoom Rooms  
11:30 AM Minister's Tea | 9:45 AM Staff Meeting  
5:45 PM Meditation Group  
7:00 PM Chalice-Side Chat | 6:30 PM Council |
| 24   | 25   | 26   | 27   | 28   | 29   | 30   |
| 10:00 AM Service  
11:15 AM SEE Zoom Rooms  
11:30 AM Minister's Tea | 5:45 PM Meditation Group  
7:00 PM Chalice-Side Chat | 5:30 PM Worship | All Meetings & Services are currently being held on Zoom until further notice. Please subscribe to our e-news or join the UUSB community group on Facebook to get up-to-date info. | 10:00 AM Bag Lunch Prep  
3:00 PM Bean Supper Prep  
4:00 PM Bean Supper | 10:00 AM Bag Lunch Prep  
3:00 PM Bean Supper Prep  
4:00 PM Bean Supper | 10:00 AM Bag Lunch Prep  
3:00 PM Bean Supper Prep  
4:00 PM Bean Supper |
ABOUT US
Unitarian Universalist Society of Bangor
Our Mission Statement
The Unitarian Universalist Society of Bangor is an historically liberal religious community, celebrating diversity and supporting spiritual growth and social responsibility in each child and adult.

A Welcoming Congregation
We welcome individuals and families of all religious upbringings, racial and ethnic backgrounds and sexual orientations. We, a member of the Unitarian Universalist Association, covenant to affirm and promote the inherent worth and dignity of every person.

A Green Sanctuary
The UU Society of Bangor, recognized as a Green Sanctuary by the Unitarian Universalist Association, endeavors to incorporate care for the Earth into its worship and religious education while working to promote environmental justice and sustainable living. We covenant to affirm and promote respect for the interdependent web of all existence, of which we are a part.

Do you have a CLYNK Bag?? Be sure to have one handy, so you can easily be collecting bottles and cans to help raise money for our UU Youths' Social Justice Service Trip. The bags are in the Dorothy Memorial Room. Please contact Laura Santilli for details. Thank you for your support!!!

UUSB is always in need of volunteers – for fundraisers, childcare, teaching, and to fill positions on our active committees. The great perks of volunteering are not just the satisfaction of contribution, but the sense of community we all feel when we accomplish important tasks with others. Since we don’t always know who is able to take part, please contact a council or committee member if you are open to volunteering in any large or small way.

The UUSB Worship Committee is looking for more member participation in our worship services and is extending an INVITATION to one and all of you to consider if you might be interested in joining our services as READERS.

Collection Plate & Pledge Reminders
One way you can help continue our outreach efforts is to keep up with your financial pledge. Without our weekly passing of the collection plate, we still need to make sure that we can pay our bills. Keeping up with your pledge allows our staff and leadership to focus on providing services to members, friends, and guests. There are three options to make is easy to keep up with your pledge:

1. Mail a check to the church office at 120 Park St, Bangor, ME 04401
2. Contact Rosemary Parsons, our treasurer, to set up a direct withdrawal from your paycheck or bank account
3. Donate online through Vanco. This option will be available on our website, as well as shared in our weekly e-news

Thank you for your continued support as we all work to provide for our community.
Church Council:
Kerrie O'Brien, Chair
Valerie Carter, Vice Chair
Kate Dutra, Clerk
Rosemary Parsons, Treasurer
Becky Anderson
Karen Cashman
Nero Fyler
Francis Grey
Ali Khavari

Council meets at 6:30 PM on the third Wednesday of each month.

About Our Newsletter
The Chalice and Chimes is published ten times a year (Sept-June). The hard deadline for submissions is the 25th day of each month. Please notify the office of your intent to contribute by the 20th of each month, on the soft deadline. Contributions are solicited and should be sent to the Administrator/Editor at the church office. An email reminder is sent out to all member and friends on the church’s database mailing list when the newsletter has been posted to the church website, where it may be viewed or down-loaded. It is also available in paper format on the table by the sanctuary entrance and by US mail (request from the Church Office).

Editorial Policy
Articles submitted for publication in the Chalice & Chimes must strive to include, in an unbiased way, only that information that is consistent with the UU faith. Articles should deal with issues of a spiritual nature meant to inspire, encourage, educate, or inform. Although every effort will be made to be inclusive, the Editor reserves the right to determine which articles are accepted for publication. The Editor has the right to edit for space, availability, libelous remarks, or unwarranted personal attacks. The Editor also reserves the right to refuse any item that may affect our Tax Exempt Status.

Newsletter Submissions
Next Newsletter Deadline: October 25, 2021

The next issue will be November 2021. We value your contributions and very much appreciate submissions. When sending email contributions to The Chalice & Chimes: uubangor@gmail.com

Due to delays caused by working remotely during the COVID-19, please be patient with responses. We will get back to you as quickly as possible.