



**Unitarian  
Universalist  
Society of Bangor**

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## The Chalice and Chimes Newsletter January 2018

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### Unitarian Universalist Society of Bangor

#### Minister:

Rev. Andrew Moeller  
drewuu2@gmail.com  
Schedule at right,  
or by appointment

#### Minister Emerita:

Rev. Becky Gunn

**Director of Religious  
Education:** Karen Childs  
uubangorre@gmail.com  
Available by appointment

#### Office Administrator:

Susan Vernal  
uubangor@gmail.com  
Office Hours Tues-Fri, 10-1

#### Council Chair:

Eric Olson  
olsonea@gmail.com

#### Pastoral Care:

Phyllis Havens  
Cell 944-0181  
or leave message at  
Church Office  
947-7009

### SUNDAY SERVICES AT 10:00 A.M.

#### January 7

#### "The Dissolution Solution" - Rev. Andrew Moeller

During advent we heard the words of Buddhist nun and teacher Pema Chödrön who said, "If we want there to be peace in the world, we have to be brave enough to soften what is rigid in our hearts, to find the soft spot and stay with it." This Sunday we will engage in a "Dissolution" ritual to help us enter into the new year with softer hearts and greater awareness. Music: John Arimond. Worship Associate: Laurie Cartier.

#### January 14

#### Topic to be determined

Music: LyAnn Grogan. Worship Associate: Phyllis Havens. Logistics Coordinator: Wendy Erickson.

#### January 21

#### Labyrinth Service - Rev. Andrew Moeller

Following the success of our Labyrinth service last year, this year we will once again offer an opportunity for people to walk through our UUSB labyrinth and engage in mindful activities as a means of centering and connecting with Soul and Spirit. Co-led by Karen Childs, Chris Packard and Rev. Drew. Music: Robin Wood.

#### January 28

#### Topic to be determined

Music: Rissa Moore. Worship Associate: Laurie Cartier. Logistics Coordinator: John Arimond.

### Minister's Schedule ~ January 2018

Mon - Minister's day off  
Tues - 10 AM to 1 PM, appointments & meetings  
2 to 4 PM, office hours (walk-in time)  
Wed - 10 AM to 1 PM, appointments & meetings  
2 to 4 PM, office hours (walk-in time)  
Thurs - Sermon writing day (not in office, limited email & phone)  
Fri - 10 AM to 1 PM, appointments & meetings  
Sat - By appointment  
Sun - Afternoon / evening by appointment

Note: Rev. Drew will be away from the afternoon of January 21 through January 29, to attend to family business and his mom's memorial service.

## Drew's Views

Dear Ones,

It is good to be back with you after my six weeks away supporting my mother through her dying process. I missed you all. I am grateful for all your support through this time.

Caring for mom through her dying process was a profound experience full of practical and spiritual lessons that were not always easy to learn. Despite all of my mom's careful planning, the five weeks that I spent with her were full of unpredicted twists and turns. While it would have been great to be prepared for all those twists and turns, not knowing about them meant that I had to stay quick, nimble and fully present to the many changes that were happening. It was as rewarding as it was exhausting. Some lessons from those experiences are still presenting me with their wisdom, as I have the distance of time reflect on them as I move through my grieving process.

The holidays can be a difficult time for people who have lost loved ones and in this I know I am not alone. Many of you have shared your experiences of loss around the holidays too. I continue to hold you all in my thoughts and prayers. I am here if you need me.

Now that the holidays are behind us, we have the opportunity to look to the New Year and open ourselves to the possibility of what the New Year has to offer. Will it be a good year? Will it be a year of prosperity? Will it be a year of growth or year of treading water? The truth is we can't know.

What we can do is to prepare ourselves spiritually, mentally and physically to be nimble and open to the possibilities of what the new year brings. The effort is to find ways

to grow in our being centered, to support one another, to strive to be true to ourselves and our values, and to show up for each other with compassion and love.

A great example of change for our community in the New Year is occurring as we say goodbye to our beloved Music Director, Nancy Lewis, who stepped down from her position effective January 1st. It is sad to see her go. We will miss her and all that she shared with our congregation. As we experience this significant loss for our community, being centered will help us mourn her absence and open us up to a new possibility of what our music program might look like in the future. Council has already begun the work of forming a search committee which will be looking for input from the congregation for their perspectives.

One of my favorite sailing quotes is the adage "A ship at harbor is safe, but that is not what ships are for." As a congregation, and as individuals, the wisdom still applies. It would be nice to know how things were going to turn out in the coming year *and*, in many ways, it is the not knowing—the unpredictability—that makes life so interesting even in the midst of that uncertainty and even when it involves joy and pain.

I wish you all a good launch into the mystery of 2018. May it be a good year and may it be a year where we continue to grow closer as a congregation as we move into a space of growing, learning, and finding meaning together in the possibilities of the coming year.

Peace, Love and Gratitude to you all,

*Rev. Drew*



This photo, taken at the Equality Maine's Community Holiday Celebration and Awards event on December 15th, shows UUSBers and Lois Reed accepting the *Equality of Maine's Pioneer Award* for the Congregation's work for LGBTQ rights in the aftermath of Charlie Howard's murder.

## Social Justice

### Social Justice (SJ) Committee: Fresh Start, Be Alert, Get Energized

**2018** will be a crucial year for us to get and stay involved. We have had some local successes in 2017: helping to improve our *Community Connector* bus service; helping to support **Medicaid expansion**; advocating for “the other” in our community by participating in the development and ongoing activities of the **Multicultural Center**, **protesting the Travel Ban**, **lending support to the Islamic Center**, becoming educated about **Wabanaki Reach**, learning about our own hidden racism and seeking ways to become better allies in the **Black Lives Matter movement**; participating in **MUUSAN** (Maine Unitarian Universalist State Action Network) by **working for environmental and health care legislation** that aligns with our UU principles; and, of course, working for **food security for Mainers** [including **gleaning** (see update below)\*], **Ecumenical Food Cupboard**, **Solidarity Harvest**, **UUSB bean suppers and bag lunches**, and **Dorothy Day Soup Kitchen**. As UUs, we try to keep alert and ready to act for justice when we can.

Looking ahead, we will try to do more of the same and do it more effectively, educating and engaging our congregation and participating in ongoing efforts in our community where we can be of help. Opportunities in January include: 1) the UU Service Committee’s **Guest at Your Table** program. Donations support worldwide projects that strive for human rights and justice. **Money will be collected on Sunday, January 7th**; 2) the Peace & Justice Center’s **MLK Birthday Commemoration** event to be held on Sunday, January 14<sup>th</sup> at the UU church, 3-5 PM, followed by potluck and singing. This event has been endorsed by the UUSB SJ Committee; 3) the NAACP’s **Martin Luther King Breakfast** on Monday, January 15<sup>th</sup>. Last year UUSB sponsored a table at the event. There is a **sign-up sheet at the SJ table**. Seats are \$20 per person and spots fill up fast. We’ll probably have two tables this year, since there are already 12 people signed up! Last year, in addition to a delicious breakfast, there was an inspirational program with Angus King as the keynote speaker and an amazing Gospel Choir from Destiny Church. **Funds from the breakfast help to support the local NAACP chapter**; 4) **presenting a prayer rug to the Islamic Center** that was donated by Bill and Judy Simms. The Simmses would like to have the rug be a gift from our UUSB community. We’ll keep you all posted, so you can be there for the presentation.

\*Charlie Boothby is our Maine Harvest for Hunger Volunteer. He tells us that in 2017 the program raised over \$22,715.29 worth of produce (approximately 11, 200 meals) donated by local farmers’ markets. Check out the details of the 2017 success of this program at the SJ table. Thanks to Charlie and the other UUSB volunteers for making this happen.

Check out the SJ table in the Dorothy Memorial Hall to see what’s happening and how *you* can become involved.

Joy in working towards justice in 2018,  
**Suzanne Kelly, Chair**

### Special Collections Reminders

The second Sunday of the month is **Food Cupboard Collection Sunday**. Donations of non-perishables may be placed in the plastic tubs by the entrance to the sanctuary. Cash/check donations are also gratefully accepted in the collection. On the third Sunday of each month, we have a **Personal Items Collection** for the area needy taken during the service. Please give what you can (paper products, soaps and hygiene products, etc.) or money donations gratefully accepted! Any Sunday, please consider donating to the **Bangor Homeless Shelter Laundry Fund**. Imagine only washing your clothing once a month! Please help and contribute any change (bills work too!) in the jug as you are leaving the Sanctuary on Sundays. *Thank you for your continued generosity and caring!*

# Treasurer's Report - Rosemary Parsons

July 1, 2017 thru November 30, 2017 41.7% of Year

INCOME	Year to Date	Budget for 5 Months	% Rec'd	\$ Ahead (Behind)
Pledge	\$ 58,668	51,866	47%	\$ 6,802
Balance - Previous Year	\$ 8,481	3,333	106%	\$ 5,148
Endowment Income	\$ 24,929	23,831	44%	\$ 1,098
Fundraising Income	\$ 5,460	9,563	24%	\$ (4,103)
Friends & Members Income	\$ 3,236	5,708	24%	\$ (2,472)
<b>Total Revenues</b>	<b>\$ 100,774</b>	<b>94,301</b>	<b>45%</b>	<b>\$ 6,473</b>

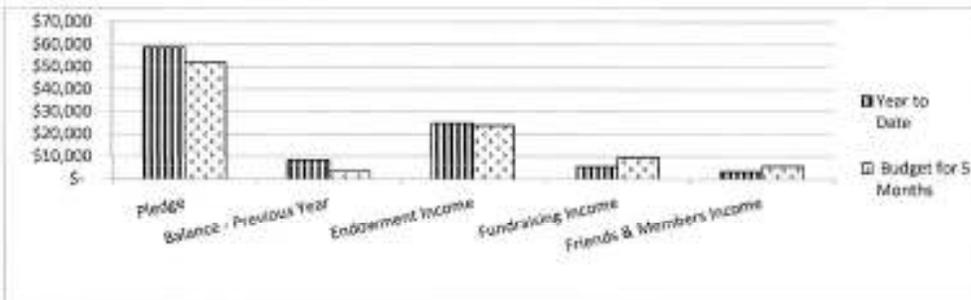
EXPENSES	Year to Date	Budget for 5 Months	% Spent	\$ Ahead (Behind)
Payroll	\$ 67,278	67,884	41%	\$ (606)
Building Expenses	\$ 9,103	13,466	28%	\$ (4,363)
Dues to UUA & NINED	\$ 3,683	3,683	42%	\$ -
Congregational & Office	\$ 7,418	9,268	33%	\$ (1,850)
<b>Total Expenses</b>	<b>\$ 87,482</b>	<b>94,301</b>	<b>39%</b>	<b>\$ (6,819)</b>

NET INCOME as of 11/30/17 \$ 13,292

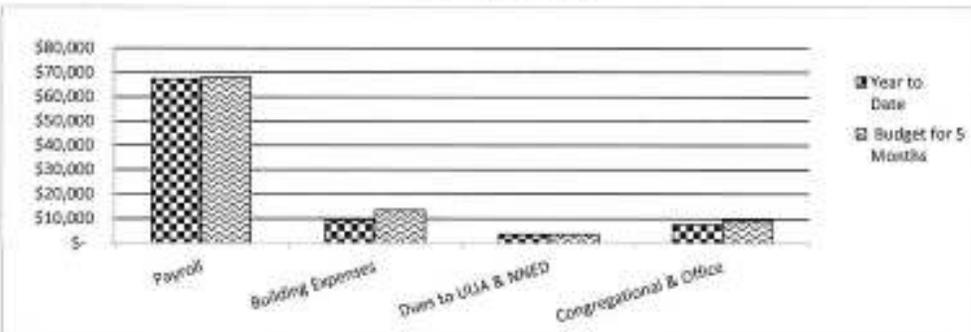
Heating season has just begun, but the window inserts in the Sanctuary will make us more comfortable, and save money

Rosemary Parsons, Treasurer

### FY 2018 INCOME



### FY 2018 EXPENSES



## Hannaford Grocery Cards — A Church Fund-raiser



Sold every Sunday during fellowship time in the Dorothy. Convenient to carry! No fees! Every card purchase helps UUSB!! Cards are available in increments of \$25, \$50 or \$100. Cash, or checks made out to UUSB are accepted. Buy cards for your own grocery shopping, or buy cards for gifts, or even donate a card to a local food bank.



## Reminders

The *Guest at Your Table* campaign ends Jan. 7th. FMI or questions, see Suzanne Kelly.

A Word About the Plate Offering: During the month of January, half of the un-designated plate offering will go to the **Maine Health Equity Alliance**, an organization envisioning a world in which all people are valued and celebrated, and health disparities such as HIV, Hepatitis C and AIDS-related deaths are nonexistent. By facilitating collaboration, education, advocacy and action, HEAL empowers those communities most affected by HIV to improve their health and well-being and affect social and cultural change.

Collection Plate Reminder: If you use a check for anything other than your pledge, please indicate on the check's memo line for what your donation is intended. Thanks!

Envelopes available for cash pledges: If you pay your pledge with cash, it is important that we know it came from you! You can use your own envelope and write your name on the outside; or, you can pick up envelopes from the table to your left as you enter the sanctuary; or, you are welcome to take several or a whole box of 50 envelopes. If you can't find them, or have questions, please speak with Cathy Elliott. Thank you.

**Happenings & Reminders**



**Joyful, Yet Poignant...**

Voices and hearts co-mingled during and after UUSB’s annual Christmas Eve Candlelight Service 2017. This wonderous intergenerational service was followed by a farewell gathering and gifts for Nancy Lewis, our music director of many years, who has resigned her position effective Jan. 1st, 2018. We wish her well and thank her greatly for her dedication of service, quality musical guidance, choir directing skills, along with the sharing of her awesome talents with this congregation.

***Put this fun date on your calendar:  
February 3, 6:00-8:00 PM.***

To help shake loose to winter doldrums, this is an intergenerational event to come and play. Bring a favorite snack and/or game to share if you want. It is always fun, and some popular games are Banana-grams, Apples to Apples, Uno and Dominos.



## Happenings & Reminders - *cont'd*

### General

The AUW Guild has been planning a couple of projects for the upcoming year, and the Congregation's help would be most appreciated. 1) We will be making cushions for the pews and would like to spend a day sometime after Christmas sewing the cushions. If you like to sew, please plan to join us. 2) We are also planning an evening celebrating Latino culture with food, music and dance, probably some time in February. This event will be open to the public as a fundraiser, and we will be recruiting volunteers to help with this effort. More details are forthcoming, as we progress in our planning. Please talk to Balenda Ganem, Phyllis Havens or Cindy Todd, if you would like to assist with these project.

### Social Justice

UUSC **Guest at Your Table** drive draws to a close Jan. 7th. GAYT is an annual fundraising and education program that supports the UU Service Committee's human rights work. We still invite you to take part. A last minute contribution is welcome, too! For more info, see Suzanne Kelly.

There will be a **Martin Luther King, Jr. special event** by Peace & Justice Ctr of EM, on Sunday, January 14, 2018, co-sponsored by the UUSB Soc. Justice Cmte. Discussion session 3-5 PM; potluck dinner and singing 5-7 PM. (Snow date: Monday 1/15/18.) FMI or any questions, contact: Karen Marysdaughter, P&J Ctr, 942-9343.

Also, the annual **MLK Candlelight Vigil** hosted by the Maine Human Rights Coalition will take place in the UUSB Sanctuary on Monday, Jan. 15th, at 6:00 PM.

### Fellowship

The first **Souper Sunday** of the year will be after the worship service Sunday, Jan. 28th. is a potluck lunch following the service. People are encouraged to bring a soup, bread or a dessert. Not everyone needs to bring food every time. On average we have 15 soups, lots of bread and several desserts. It is a great chance to "break bread" together. We usually serve about 90 Church attendees. Join in the fun!

### Fellowship - *cont'd*



**Open Mic CoffeeHouse ~ Jan 2, 9, 16, 23, & 30th**  
Fun for the whole family! We are here every Tuesday night from 7-10 PM, in the Vestry. We enjoy a variety of acoustic music and poetry, and we welcome what ever family-friendly acts you might come up with. Come join the fun!

The "**U.U.S.B. Monthly Social**" outing that was cancelled in December—lunch at the Umami Noodle Bar in Bangor—has been rescheduled for Saturday, January 13<sup>th</sup> at 1:00 PM at Umami's. Any questions, contact Renee Montillo

### Religious Education

The next **RE Action League** meeting will be in the Vestry on Sunday, Jan. 14 at 8:45 AM (*not Jan.7, as originally planned*). All are welcome and encouraged to attend! Please let Connie McVey know by Jan 10, if you can come and if you need childcare.

**RE Ferry Beach Meeting ~ January 7, 2018**  
Come learn what's new for Ferry Beach this year and learn how to sign up for a week of communing on the beach with other UU's from all over. We'll be meeting in the Vestry at 11:30 AM. You may sign your child(ren) up for a Kids Camp week using the online form, but you must meet with DRE Karen Childs before signing up for family camps.

Do you have a **CLYNK** Bag??  
Be sure to have one handy, so you can easily be collecting bottles and cans that help raise money for our upcoming service trips. The bags are in the Dorothy Memorial Room. Please see Laura Santilli for details. Thank you!!!



# JANUARY 2018

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	<b>1</b> <b>New Year's Day</b>	<b>2</b> 6:30pm - Buddh/Medit. Affin. Group 6:30pm - Gen'l Trustees mtg. 7pm - Open Mic / Coffee-house	<b>3</b> 5:30pm - Worship Cmte 6:30pm -Shaw' Ministry	<b>4</b> <b>12 Noon Deadline for Submitting E-News and OOW announce-ments</b> 5:45pm - Choir Rehearsal 7pm - Women with Wings	<b>5</b> 12:30pm - Knitting Circle 7pm - SCA Sat. event set-up	<b>6</b> 8am - Synch. Chron. Assn. Event (all day)
	<b>7</b> <b>Guest At Your Table Campaign Ends</b> 10am - Worship 11am - Fellowship 11:30am - Legacy Gifting Team 11:30am - RE/Ferry Beach mtg. 11:45am - Pastoral Care Team 4:30pm - RE Jr. OWL	<b>8</b> <i>Office Closed</i>	<b>9</b> 7pm - Open Mic / Coffee-house	<b>10</b> <b>Deadline for Committee Reports to Council</b> 10am - Northern ME UU Cluster mtg. 6pm - Bldg & Grds Cmte 6:30pm - Membership Cmte	<b>11</b> <b>12 Noon Deadline for Submitting E-News and OOW announce-ments</b> 5:45pm - Choir Rehearsal 7pm - Women with Wings 7:15pm - Exec. Cmte mtg.	<b>6pm—COA Sleep-over</b> 10am - Budget & Fin. Cmte. 7pm - Women with Wings
<b>14</b> <b>Food Cupboard Collection Sunday</b> 8:45am - RE Action 10am - Worship 11am - Fellowship 11:30 - Legacy Gifting (snow date only) 11:30am - Financial Stewardship Cmte 11:45am - Spirit of Drumming 3pm - P&J Ctr's MLK Event 4:30pm - RE Jr. OWL	<b>15</b> <i>Office Closed</i>	<b>16</b> 6pm - Faith Linking Action (Brewer) 6:30pm - Buddh/Medit. Affin. Group 7pm - Open Mic / Coffee-house	<b>17</b> 11:30am - AUW Guild 6:30pm - Council mtg.	<b>18</b> <b>12 Noon Deadline for Submitting E-News and OOW announce-ments</b> 5:45pm - Choir Rehearsal 7pm - Women with Wings 7pm - Humanist Affinity Group	<b>19</b> 12:30pm - Knitting Circle 7pm - Bangor Contradance	<b>20</b> <b>Deadline for Feb. Chalice &amp; Chimes Articles to Office</b> 11am - Cmte Shared Ministry (snow date) 11am - Maine Common Good event (tentative)
<b>21</b> <b>Personal Care Items Collection Sunday</b> 10am - Worship 11am - Fellowship 11:30 - Soc. Justice Cmte. 11:45am - Commun. & Marketing Cmte 4:30pm - RE Jr. OWL	<b>22</b> <i>Office Closed</i>	<b>23</b> 7pm - Open Mic / Coffee-house	<b>24</b> 5:30pm - Worship Cmte (alternate time) 7pm - Worship Cmte	<b>25</b> <b>12 Noon Deadline for Submitting E-News and OOW announce-ments</b> 5:45pm - Choir Rehearsal 7pm - Women with Wings	<b>26</b>	<b>27</b> 10am - Bag Lunch Prep 3pm - Bean Supper Prep 4pm - Bean Supper Served
<b>28</b> 10am - Worship 11am - Fellowship & <b>SOUPER SUNDAY</b> 11:30 - Financial Stewardship Cmte 4:30pm - RE Jr. OWL	<b>29</b> <i>Office Closed</i> 10am - Maine Wabanaki Conference	<b>30</b> 5pm - Wabankai Public Health 5:30pm - FLIA Conven. Mtg. 7pm - Open Mic / Coffee-house	<b>31</b>	 <div style="background-color: #e0e0e0; padding: 10px; border: 1px solid #ccc;"> <p>Please check the <a href="http://www.uubangor.org">www.uubangor.org</a> website for calendar updates!</p> </div>		

## ABOUT US

### Unitarian Universalist Society of Bangor

#### Our Mission Statement

The Unitarian Universalist Society of Bangor is an historically liberal religious community, celebrating diversity and supporting spiritual growth and social responsibility in each child and adult.

#### A Welcoming Congregation

We welcome individuals and families of all religious upbringings, racial and ethnic backgrounds and sexual orientations. We, a member of the Unitarian Universalist Association, covenant to affirm and promote the inherent worth and dignity of every person.

#### A Green Sanctuary

The UU Society of Bangor, recognized as a Green Sanctuary by the Unitarian Universalist Association, endeavors to incorporate care for the Earth into its worship and religious education while working to promote environmental justice and sustainable living. We covenant to affirm and promote respect for the interdependent web of all existence, of which we are a part.



## UUSB Church Cancellation Guidelines

In the case of bad weather, the most important thing is for everyone to be safe. Please do not travel to the UUSB for morning worship if you feel that doing so would be unsafe.

UUSB may need to be cancelled due to no lights, no heat, no water, disasters, and other unforeseen circumstances. The decision to cancel worship and religious education will be made by Sue McKay, Rev. Drew Moeller and Laurie Cartier—who will make such decision by 7:00 a.m. Sunday morning.

An announcement will be put on the outgoing phone message of the church office (207-947-7009); announcements will also go out to the local network television and radio stations; if possible (power permitting), one will be sent out via email, on the UUSB Facebook page, and posted on the UUSB website ([www.uubangor.org](http://www.uubangor.org)).



### Church Council:

Eric Olson, Chair

Chris Packard, Acting Vice Chair

Rosemary Parsons, Treasurer

Sarah Thornton, Clerk

Rebecca Anderson

Catherine Foxson

Cary Jenson

Robin Wood

Gayle Zydlewski

*Council meets at 6:30 PM on the third Wednesday of each month.*

### About Our Newsletter

*The Chalice and Chimes* is published ten times a year (Sept-June). The deadline for submissions is the 20th day of each month. Contributions are solicited and should be sent to the Administrator/Editor at the church office. An email reminder is sent out to all member and friends on the church's database mailing list when the newsletter has been posted to the church website, where it may be viewed or down-loaded. It is also available in paper format on the table by the sanctuary entrance and by US mail (request from the Church Office).

### Editorial Policy

Articles submitted for publication in the *Chalice & Chimes* must strive to include, in an unbiased way, only that information that is consistent with the UU faith. Articles should deal with issues of a spiritual nature meant to inspire, encourage, educate, or inform. Although every effort will be made to be inclusive, the Editor reserves the right to determine which articles are accepted for publication. The Editor has the right to edit for space, availability, libelous remarks, or unwarranted personal attacks. The Editor also reserves the right to refuse any item that may affect our Tax Exempt Status.